



Galaxy Fit3

Quick Start Guide
SM-R390

Printed in Korea
GH68-50109K Rev. 1.1
English (CA). 05/2019



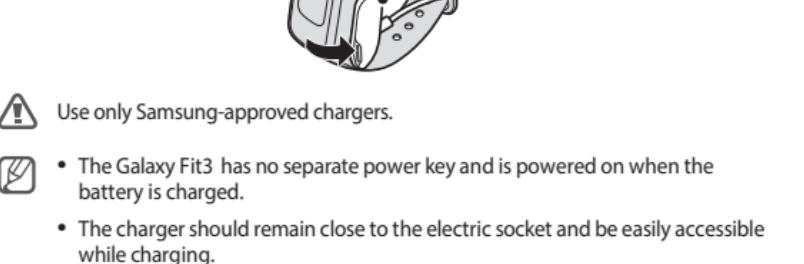
SAMSUNG

Package contents

- Galaxy Fit3
- Quick start guide
- USB cable charging dock

The items supplied with the Galaxy Fit3 and their images may vary by region.

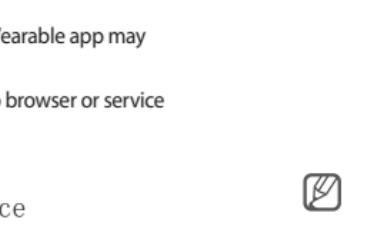
Device layout



Do not insert sharp objects into the pressure vent. Inner components of the Galaxy Fit3 may be damaged along with the water-resistance feature.

Charging the battery

After purchasing the Galaxy Fit3, connect the charger to turn on the power. You must first charge the battery sufficiently. After fully charging your Galaxy Fit3, pull on the handle of the charger to disconnect it.



USB cable charging dock

The heart rate sensor is located on the back of the Galaxy Fit3.

Connecting the Galaxy Fit3 to a mobile device

Use only Samsung-approved chargers.

The Galaxy Fit3 has no separate power key and is powered on when the battery is charged.

Connection methods and screen may vary depending on your mobile device and software version.

The charger should remain close to the electric socket and be easily accessible while charging.

The accuracy of the heart rate sensor can be affected depending on the user's movements, personal physiology, and the measurement conditions and surroundings. Take heart rate measurements when you are seated and relaxed.

Do not look directly at the heart rate sensor's light. Doing so may impair your vision.

If your device becomes hot to the touch, please remove it from its dock. Exposing skin to a hot surface of the device for long periods may cause skinburn.

An information that is obtained from use of the Galaxy Fit3 or the Fit software or an application preloaded with the device may not be suitable, accurate, complete, or reliable.

Accessing more information

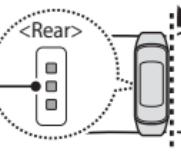
To view the full user manual and the full safety information, including device and battery disposal instructions, launch the Galaxy Wearable app on your mobile device and tap User manual. Or, visit www.samsung.com/ca.

The method for accessing the user manual from the Galaxy Wearable app may vary depending on your mobile device.

The user manual may not be available depending on the web browser or service provider.

Notice for measuring the heart rate

When taking off the Galaxy Fit3, pull down on the buckle and pull it out as shown in the figure below. Do not fasten the Galaxy Fit3 too tightly.



Heart rate sensor

The Galaxy Fit3 is not a medical device. It is a consumer product designed to measure heart rate and other fitness data.

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Taking off the Galaxy Fit3

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If the Galaxy Fit3 is frozen and unresponsive, connect the charger for more than 3 seconds to restart it.

FCC Part 15.19

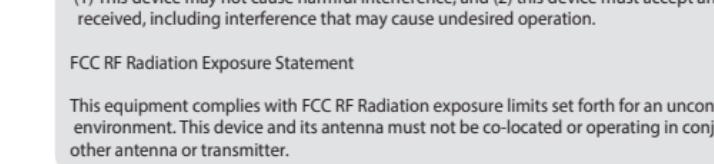
This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC RF Radiation Exposure Statement

This equipment complies with FCC RF Radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be co-located or operating in conjunction with any other antenna or transmitter.

- Some content may differ from your device depending on the region, service provider, or software version, and is subject to change without prior notice.
- This product includes certain free/open source software. To see the instructions for viewing the open source licence, go to the Samsung website (opensource.samsung.com).

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Follow the warning information provided below to prevent incidents such as fire or explosion

- Do not expose the device to physical impact or damage.
- Use manufacturer-approved chargers, accessories, and supplies.
- Prevent the battery terminals from contacting conductive elements, such as metal or liquids.
- If any part of the device, such as the glass or acrylic body, is broken, smokes, or emits a burning odour, stop using the device immediately. Use the device again only after it has been repaired at a Samsung Service Centre.

Correct disposal

This device contains a Li-Ion battery. For safe disposal options, contact your nearest service centre. For information on battery replacement, please contact your service provider. Do not disassemble, crush, or puncture the device. Do not dispose of it in a fire.

- Be sure to dispose of your device properly. In some areas, the disposal of batteries in household or business trash may be prohibited.
- For safety, do not handle the device if the Li-Ion battery is damaged or leaking.

For information on Samsung's environmental commitments and product regulatory obligations, visit our sustainability page available via www.samsung.com/ca.

Safety information

Read all safety information before using the device to ensure safe and proper use.



Follow the warning information provided below to prevent incidents such as fire or explosion

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- Use manufacturer-approved chargers, accessories, and supplies.
- Prevent the battery terminals from contacting conductive elements, such as metal or liquids.
- If any part of the device, such as the glass or acrylic body, is broken, smokes, or emits a burning odour, stop using the device immediately. Use the device again only after it has been repaired at a Samsung Service Centre.

Follow the warnings below to prevent injury to people or damage to the device

If the device is dropped or receives an impact, the water- and dust-resistant features of the device may be damaged.

- Do not allow children or animals to chew or suck the device.
- Some features may not work properly if the device is used in water.

Your device has been tested in a controlled environment and certified to be water- and dust-resistant in specific situations and conditions. (Meets the requirements of the water- and dust-resistance standards prevent the use of mobile devices that exceed a maximum exposure level for the Specific Absorption Rate, or SAR, of 1.6 W/kg (head and trunk) and 4.0 W/kg (limbs). More SAR information can be accessed online on ISED's website ic.gc.ca/eic/site/cebbntrfeng_0048.html.)

In normal use, the actual SAR is likely to be much lower, as the device has been designed to emit only the RF energy necessary to transmit a signal to the nearest base station. By automatically emitting lower levels when possible, your device reduces your overall exposure to RF energy.

Depending on the region or model, one device is required to receive approval from Innovation, Science and Economic Development Canada (ISED) or Federal Communications Commission (FCC). If your device is approved by the ISED/FCC, you can view the ISED/FCC ID of the device and the specific SAR levels at the following ISED website: ic.gc.ca/eic/site/cebbntrfeng_0048.html.

Removing the battery

- To remove the battery, contact an authorized service centre.

For your safety, you must not attempt to remove the battery. If the battery is not properly removed, it may lead to damage to the battery and device, cause personal injury, and/or result in the device being unsafe.

Maintaining water and dust resistance

Your device supports water- and dust-resistance. Follow these tips carefully to maintain the water- and dust-resistance of your device. Failure to do so may result in damage to your device.

- Do not expose the device to water moving with force.
- Samsung does not accept liability for any damage or loss (whether in contract or, including negligence) which may arise from failure to precisely follow these warning and instructions, other than death or personal injury caused by Samsung's negligence.

1. This device may not cause interference.

2. This device must accept any interference, including interference that may cause undesired operation of the device.

This device complies with ISED (Innovation, Science and Economic Development Canada) licence exempt RSS standards. Operation is subject to the following two conditions:

ISED Notice

- Do not expose the device to water moving with force.
- Do not use your device when you dive into the water, snorkel or try any water sports in fast-flowing water.
- If the device or your hands are wet, dry them thoroughly before handling the device.

If the device is exposed to fresh water, dry it thoroughly with a clean, soft cloth. If the device is exposed to other liquids, such as salt water, swimming pool water, soapy water, oil, perfume, sunscreen, hand cleaner, or chemical products such as cosmetics, rinse it with fresh water and dry it thoroughly with a clean, soft cloth. If you do not follow these instructions, the device's performance and appearance may be affected.