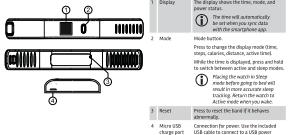


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<p><b>naxa</b> Your Reliable Connection</p> <p><b>LifeForce® Fitness Watch</b> HD-286</p>  <p><b>Instruction Manual</b> Please read carefully before use and keep for future reference.</p>	<p><b>Table of Contents</b></p> <table border="0"> <tr> <td><b>Thank You</b></td><td>3 Use with an iOS® Device</td><td>12</td></tr> <tr> <td><b>In the Box</b></td><td>4 Use with the Bluetooth Health Watch App</td><td>13</td></tr> <tr> <td><b>Features</b></td><td>5 Bluetooth Health Watch App</td><td>13</td></tr> <tr> <td><b>At a Glance</b></td><td>6 Tracker Modes</td><td>15</td></tr> <tr> <td><b>Getting Started</b></td><td>7 Specifications</td><td>19</td></tr> <tr> <td>What You'll Need</td><td>8 Support</td><td>19</td></tr> <tr> <td>Remove the Band from the Band</td><td></td><td></td></tr> <tr> <td>Charging the Module</td><td></td><td></td></tr> <tr> <td><b>Use with an Android™ Device</b></td><td>9</td><td></td></tr> <tr> <td>Get the Bluetooth Health Watch App</td><td>9</td><td></td></tr> <tr> <td>Using the Bluetooth Health Watch App</td><td>9</td><td></td></tr> </table>	<b>Thank You</b>	3 Use with an iOS® Device	12	<b>In the Box</b>	4 Use with the Bluetooth Health Watch App	13	<b>Features</b>	5 Bluetooth Health Watch App	13	<b>At a Glance</b>	6 Tracker Modes	15	<b>Getting Started</b>	7 Specifications	19	What You'll Need	8 Support	19	Remove the Band from the Band			Charging the Module			<b>Use with an Android™ Device</b>	9		Get the Bluetooth Health Watch App	9		Using the Bluetooth Health Watch App	9		<p><b>Thank You</b></p> <p>We know you have choices when it comes to technology, thank you for choosing us here at Naxa. We are a company that is dedicated to our customers, we are dedicated to producing products that are safe, reliable, and easy to use.</p> <p>We trust that you will be happy with your purchase. Please read this manual carefully and save it for future reference. If you have any questions, contact us or visit our website and other product material at our website. Come visit us on the web at <a href="http://www.naxa.com">www.naxa.com</a> and see all that we have to offer.</p> <p><b>In the Box</b></p> <p>Please take a moment to make sure that you have everything in the box below. Although we make every effort to ensure that you receive the correct items, we are not responsible for any damage or loss. If any item is missing or damaged, please contact us or your local retailer to get immediate assistance. If you can't find help, please contact our Naxa Support team at <a href="http://www.naxa.com">www.naxa.com</a> or <a href="http://www.naxa.com/contact">www.naxa.com/contact</a>.</p> <ul style="list-style-type: none"> <li>• Naxa HD-286</li> <li>• N9N-10 module</li> <li>• Adjustable fitness band</li> <li>• USB-charge cable</li> </ul>	<p><b>Features</b></p> <ul style="list-style-type: none"> <li>• Fitness track and watch with companion app for your smartphone</li> <li>• OLED screen with time display and call notifications</li> <li>• Step counter and calorie tracking helps to keep you active and healthy</li> <li>• Get energized Sleep monitoring helps you improve your sleep quality</li> <li>• GPS location companion app for your iPhone® or Android™ smartphone</li> </ul>
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<p><b>At a Glance</b></p>  <p>1. <b>Display</b> The display shows the time, date, and step count.</p> <p>2. <b>Mode</b> The mode changes the display mode, time, calendar, distance, active timer, and step count. It also allows you to switch between active and sleep modes.</p> <p>3. <b>Reset</b> Press the band to turn the band off.</p> <p>4. <b>Move 100</b> Connect the band to the phone to charge the band.</p> <p>5. <b>Charge port</b> Connect the band to the phone to charge the band.</p>	<p><b>Getting Started</b></p> <p><b>What You'll Need</b></p> <p>To start using your LifeForce® Fitness watch, you'll need the following:</p> <ul style="list-style-type: none"> <li>• A fully charged N9N-10</li> <li>• A supported smartphone or tablet that has the following:</li> <ul style="list-style-type: none"> <li>• Bluetooth® 4.0</li> <li>• Android™ 4.0 or iOS®</li> </ul> </ul> <p><b>Removing the Module from the Band</b></p> <p>You will need to remove the module from the band in order to charge the band.</p> <ol style="list-style-type: none"> <li>1. Turn the band so that the back is facing you.</li> <li>2. Grip either end of the module at the point where the module meets the band.</li> <li>3. Gently bend one end of the band away from you.</li> </ol> <p><b>①</b> To ensure proper fit, fully charge the band before you use the band.</p>	<p><b>Use with an Android™ Device</b></p> <p><b>Getting the Bluetooth Health Watch App</b></p> <p>The fitness band will work with the following Android™ devices:</p> <ul style="list-style-type: none"> <li>• SAMSUNG GALAXY S5, Android 4.3</li> <li>• SAMSUNG GALAXY S4, Android 4.3</li> <li>• SAMSUNG GALAXY S3, Android 4.3</li> <li>• SAMSUNG GALAXY NOTE 10.1, Android 4.3</li> </ul> <p>The fitness band may work with other devices, but the compatibility cannot be guaranteed with all devices. Just compatibility cannot be guaranteed with all devices.</p>	<p><b>Get the Bluetooth Health Watch App</b></p> <p>1. Tap the search bar on the home screen. In the search bar, type "Naxa Health Watch".</p> <p>2. Tap the search bar again to search for the app.</p> <p>3. Tap the search result for the Naxa Health Watch app.</p>																																	
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