

Power Density Based on 20 separation distance (cm)

2480	Frequency (MHz)
7	Power to Antenna (dBm)
3.4	Antenna gain (dBi)

**FCC**

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

<b>0.002181</b>	
Power Density (mW/cm <sup>2</sup> )	
Canada	FCC
0.547	1
0.545	0.998
0.004	0.002
Limit (mW/cm <sup>2</sup> )	
Margin	
MPE Ratio	

(General Population)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm <sup>2</sup> )	Averaging time (minutes)
<b>(A) Limits for Occupational/Controlled Exposure</b>				
0.3-3.0	614	1.63	*100	6
3.0-30	1842/f	4.89/f	*900/f <sup>2</sup>	6
30-300	61.4	0.163	1.0	6
300-1,500			f/300	6
1,500-100,000			5	6
<b>(B) Limits for General Population/Uncontrolled Exposure</b>				
0.3-1.34	614	1.63	*100	30
1.34-30	824/f	2.19/f	*180/f <sup>2</sup>	30
30-300	27.5	0.073	0.2	30
300-1,500			f/1500	30
1,500-100,000			1.0	30

Device FCC ID XV6AIDA  
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**Canada**

BLE Transmitter

Frequency Range (MHz)	Electric Field (V/m rms)	Magnetic Field (A/m rms)	Power Density (W/m <sup>2</sup> )	Reference Period (minutes)
0.003-10 <sup>21</sup>	83	90	-	Instantaneous*
0.1-10	-	0.73/f	-	6**
1.1-10	87/f <sup>0.5</sup>	-	-	6**
10-20	27.46	0.0728	2	6
20-48	58.07/f <sup>0.25</sup>	0.1540/f <sup>0.25</sup>	8.944/f <sup>0.5</sup>	6
48-300	22.06	0.05852	1.291	6
300-6000	3.142 f <sup>0.3417</sup>	0.008335 f <sup>0.3417</sup>	0.02619 f <sup>0.6834</sup>	6
6000-15000	61.4	0.163	10	6
15000-150000	61.4	0.163	10	616000/f <sup>1.2</sup>
150000-300000	0.158 f <sup>0.5</sup>	4.21 x 10 <sup>-4</sup> f <sup>0.5</sup>	6.67 x 10 <sup>-5</sup> f	616000/f <sup>1.2</sup>

**Note:** f is frequency in MHz.  
 \*Based on nerve stimulation (NS).  
 \*\* Based on specific absorption rate (SAR).

**POWER DENSITY ESTIMATIONS BASED ON POWER OUTPUT, ANTENNA GAIN, AND DISTANCE FROM ANTENNA**

$$( P G ) / ( 4 R^2 \pi ) = S$$

where: <b>S</b> =	maximum power density (mW/cm <sup>2</sup> )	<b>transmitter operating variables:</b>	must be blank if dB values are entered	
<b>P</b> =	power input to the antenna ----->>	=	<b>7</b> (dBm) - or -	(mW)
<b>G</b> =	gain of the antenna - worst case ----->>	=	<b>3.4</b> (dBi) - or -	(numeric gain)
<b>R</b> =	distance to the center of the radiation of the antenna -->>	=	<b>20</b>	(cm)

( <b>P</b> <b>G</b> ) / ( 4 * <b>R</b> <sup>2</sup> * <b>π</b> )	=	<b>S</b>	(mW/cm <sup>2</sup> )
( <b>5.01187234</b> <b>2.18776</b> ) / ( 4 * <b>20</b> <sup>2</sup> * <b>π</b> )	=	<b>S</b>	(mW/cm <sup>2</sup> )
( <b>10.96478196</b> ) / ( 4 * <b>400</b> * <b>π</b> )	=	<b>S</b>	(mW/cm <sup>2</sup> )
( <b>10.96478196</b> ) / ( <b>5026.548246</b> )	=	<b>0.002181</b>	(mW/cm <sup>2</sup> )