

WITHINGS

PRODUCT GUIDE

USER GUIDE

This guide explains how to use your Withings ScanWatch Light.

Important notice

Before using Withings ScanWatch Light, review the information in this guide. You may also find this guide online at: <https://www.withings.com/guides>

This product should not be used to diagnose or treat any medical conditions.

Your device contains magnets. Keep it away from any implanted medical devices, and other devices that may be affected by magnets. Keep your Withings

ScanWatch Light device more than 15 cm apart from any medical devices. Stop using your Withings ScanWatch Light if you suspect any interference with your medical device, and consult your physician or your medical device manufacturer as needed.

Retain this documentation for future reference. Please contact Withings if you are in need of assistance setting up, using or maintaining the device or need to report unexpected operations or events. Any serious incidents that occur in relation to Withings ScanWatch Light should be reported to Withings and appropriate authorities in your country of residence.

Disclaimer

Information in this guide may change without notice.

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Getting started

Box Content



ScanWatch Light



Charger and cable

Note: To recharge the battery, use the provided power cord.

Warranty

Withings Two (2) Year Limited Warranty - Withings ScanWatch Light
Withings, 2 rue Maurice Hartmann, 92130 Issy-les-Moulineaux, FRANCE
("Withings") warrants the Withings-branded hardware product ("Withings Product") against defects related to materials and workmanship when used normally in accordance with Withings' published guidelines for a period of TWO (2) YEARS from the date of original retail purchase by the end-user purchaser ("Warranty Period"). Withings' published guidelines include, but are not limited to, information contained in technical specifications, safety instructions and the Quick Start

Guide. Withings does not warrant that the operation of the Withings product will be uninterrupted or error-free. Withings is not responsible for damage arising from failure to follow instructions relating to the Withings product's use.

AU Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Installation instructions

Installation instructions are available in the Quick Start Guide provided with this

user guide.

Supported devices & minimum requirements

In order to install and use your **ScanWatch Light**, you will need a smartphone or tablet operating on iOS (15.0 or higher) or Android (9.0 and higher). Thereafter, the product can be used without your mobile device close by, thanks to Bluetooth connectivity. You will need your device to synchronize your results and view them in the Withings app.

Materials

List of materials that will potentially come into contact with the skin during usage: Fluoroelastomer, leather, sapphire glass, stainless-steel and rose gold.

Note that your wristband should be cleaned regularly.
For cleaning instructions, please visit withings.com/support/scanwatch-light
In case of skin irritation, we advise that you contact a dermatologist before you resume wearing your ScanWatch Light.

Skin reactions can also be caused by:
An allergic reaction to the materials used in the back casing of the watch.
A photosensitizing medication.

Note that ScanWatch Light is in compliance with the photobiological lamps standards (IEC EN 62471).

Need help?

<https://support.withings.com/>

Security

Withings recommends that you add a passcode (personal identification number [PIN]), Face ID or Touch ID (fingerprint) to your mobile device as an added layer of security. It is important to secure your mobile device since it will be storing personal health information. Users will also receive additional update notifications on the Withings app. Updates are delivered wirelessly, encouraging rapid adoption of the latest security fixes. Users are able to see the currently installed software version in the Withings app, under Devices > ScanWatch Light > About > More Information. This tab also indicates if an update is available. Do not install the device on a smartphone that you do not own. Do not use a public Wi-Fi network

you are unfamiliar with. Use a trusted Wi-Fi network with your personal device. Withings also recommends upgrading your Withings app when an upgrade is available. The Withings app is not intended to be used on a computer. No anti-virus software is needed. Only use official app stores to download the Withings companion app. If in doubt, use the link go.withings.com

EU & UK declaration of conformity

Withings hereby declares that the device Withings **ScanWatch Light** is in conformity with the essential requirements of applicable EU Directives. Moreover,

this product complies with all relevant and effective UK legislations. The declarations of conformity can be found at: withings.com/compliance.

Disposal

Actuation of European directive 2012/19/EU, for reduction in use of dangerous substances in electric/electronic devices and in garbage disposal. The symbol applied on the device or its packaging means that at the end of its useful life, the product must not be disposed of with domestic waste. At the end of the device's useful life, the user must deliver it to a collection center for electric/electronic garbage, or return it to the



retailer when purchasing a new device. Disposing of the product separately prevents possible negative environmental and health consequences related to inadequate disposal. It also allows for the recovery of materials to save energy and resources as well as to avoid negative effects on the environment. In case of incorrect disposal of devices by the user, administrative endorsements will be applied in compliance with current standards. The device and its parts must be disposed of as deemed appropriate, in accordance with national or regional regulations.

Frequency Range : 2402.0 - 2480.0 MHz
Maximum output power : 0.44 dBm

FCC Statement

FCC ID: XNAHWA11

Federal Communications Commission (FCC) Statement 15.21 You are cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

15.105(b) This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. | Increase the separation

between the equipment and receiver. | Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. | Consult the retailer or an experienced radio/TV technician for help. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: 1) this device may not cause harmful interference and 2) this device must accept any interference received, including interference that may cause undesired operation of the device.

Accessing the FCCID E-Label:

Open the Withings app, go to "Devices" > Select your ScanWatch Light > See more

FCC RF Radiation Exposure Statement:

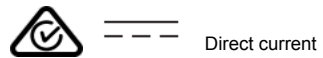
The product comply with the US portable RF exposure limit set forth for an uncontrolled environment and are safe for intended operation as described in this manual. The further RF exposure reduction can be achieved if the product can be kept as far as possible from the user body or set the device to lower output power if such function is available.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.



Serial
Number

For regulatory information about ScanWatch Light, go to Devices > Additional Regulatory Information



Additional languages

Find this guide in the following languages here:



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