

# Smart Heart Rate Band

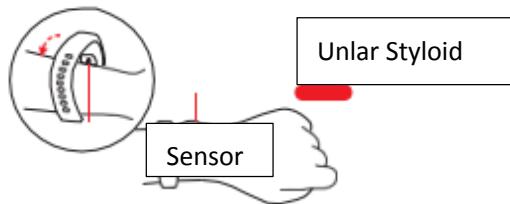
## User Guide (GE-W37H)

### Introduction of Davdavband

#### How to Wear

Best to wear the band after unlar styloid

and to adjust via Adjustment Hole.



Sensor should be close to skin

avoiding moving.

#### Band Charging

Please make sure the battery level is normal at first use. Low battery will cause shutdown and you need to charge the band for automatic power-on.

Gold-East Electronic Co.,Ltd

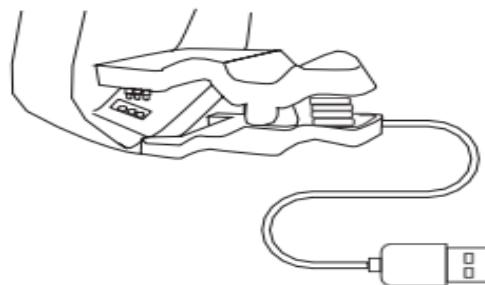
Model No. : GE-W37H FCC ID: XJT-W37H



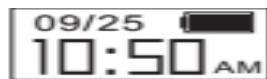
Product label

## How to Charge

Joint the USB-charging cable with Band at match point backside and USB port for charging.



## How to Use



### Startup interface

#### On/Off

In the shutdown state, long touch the function key over 3s to start up the device with Vibration.

In the state of power-on, long touch the function key over 3s to enter into shutdown interface and long touch again to shut down the device after choosing OFF.

## Operation

Shortly touch the function key can light up the screen or switch display page under the state of power-on.

NO operation in 5s will turn off screen by default, users are supported to modify the time by connecting phones' APP.

In Heart Rate interface, long touch the function key can start test. In the other interfaces, long touch will show ON/OFF options.

## Dayday Band APP on Phone

Scan the following QR code or enter the application market to download and install "Day Day Band"



Google Play



iOS

System requirements: Android 5.1 and above, iOS 8.0 and above, phone supports for bluetooth4.0.

## How to Connect

Connect the APP at first use to calibrate the band automatic sync time, otherwise steps and sleep data will be incorrect.

Open APP

Click Setting logo

My Device iOS/Search Device(Android)

Pull-down or Scan Device



Click to Connect

When band connects the phone successfully, APP will automatically save Bluetooth address. Once opened, APP will automatically search and connect band.

Manually syncs data by pull-down under Exercise, Sleep and Heart Rate interfaces.

Seven days offline- data is saved, the more the data is the longer it takes to sync maximum early 2 minutes. "Sync finished will be shown after syncing done.

Main APP Features and Settings

Personal Information and Exercise Goal

Please set personal information first after entering APP.

Setting → Personal Settings.

Editing your portrait, gender, age, height and weight included to increase data accuracy. Plan a daily exercise goal and a feasible plan links to a sound body.

### Notifications

This feature will be workable under:

1. Notifications enabled in Settings;
2. The band and phone APP keep connecting successfully. The band will vibrate reminder once got messages.



Incoming Call



Message



QQ



WeChat



Clock

Sedentary

Incoming Call: Vibrate and name or number displayed(Display name only if it's in your contacts, display number otherwise.)

Message: Vibrate reminder with name from Contacts or number if unknown.

QQ: Vibrating and QQ icon reminder.

Wechat: vibrating and Wechat icon reminder.

Alarm Clock: Up to 3 alarms with user-friendly vibration\_Support offline  
Clock alarming.

Sedentary: One hour default interval. Notified with  
vibration after sitting more than interval.

**Warn tips for Android users:**

Allow DayDayBand running in backstage when uses Notifications and  
add it to trust one in your privilege management.

## Other Features

More APP Notifications

Add more APP notifications in Settings, which support  
partial model only.

Against Lost

The connected state, the phone will alert when the  
band is away from the phone.

**For Android users, must allow Daydaybands floating  
Windows the display when use the function.**

Find Band

Click"Find band",band will vibrate when connected with phone

## Shake and Photograph

On Shake and Photograph interface, user can shake the hand which wears the band to take a picture after 3 seconds prompt.

## Firmware Upgrade

Detecting new version;

Upgrade must be bluetooth-connected;

Upgrade takes 2-3 minutes and avoid disconnecting with Bluetooth.

## Factory Date Reset

Zero cut all data from band and APP, then App rebooted.

## Symbol Description

### Clock Interface



Bluetooth Icon Lights always, indicating connected with phone successfully. Icon disappears otherwise.

Time calibrated automatically after syncing to phone.

## Steps Interface

Wear band to record steps every day.

Check out real-time steps constantly.



## Distance Interface

The band will calculate the total distance based



on steps and height of App's personal setting.

## Heart Rate Interface



Band switch to the Heart Rate interface to start test rate, the screen showing “\*\*” by default before test finish. Screen shows the last rate test value or “\*\*” while no heart rate test; Exit Heart Rate interface will stop testing

Or you can also connect phone APP to test heart rate, clicking on the “start”. (when testing, icon flickers and LED backside lights up.)

### Warn Tips:

Sensor must close to skin when test the heart rate to avoid testing from external light affecting. Heart rate test area are must keep clean. Sweat or stains will affect the test results.

### Sleep Mode

when sleep, Band will automatically monitor how long and how well you sleep, check data only on APP terminal. **Note: Please wear band so as to acquire sleep data.**



### FAQ

Why wait for 8 seconds to test heart rate?

The longer signal acquisition takes the more accurate Ir of testing will be.

Why wear band so tight in heart rate test?

According to Light Reflection Theory, light will reflect to sensor when there is a space between band and your skin, which will affect accuracy.

Why no notification after enabling it?

Android users: Make sure band connect with phone.

Then, open privilege and allow it to access Incoming Call, Message and Contacts at Settings in running backstage

If any security APP installed, add Daydayband to trust.

iOS users: No notification even connected. please reboot the phone and connect again. Then click Pair after Bluetooth Pairing Request.

#### Basic Parameters

Band type: Smart Heart Rate band

Screen type: 0.4 inches OLED

Host weight: 7.0g

Battery type: Lithium polymer

Battery capacity: 60mAh

Sync way: Bluetooth 4.1

Working temperature: -10

Standby time: 30days

Band Length: 240mm

Waterproof grade: P56

Wrist clasp material: Aluminum alloy

Wrist Strap material: silicone

### Safety Notice

1. Don't wear the band when shower or swimming.
2. The color of most skin test is normal, when goes on a normal temperature test.
3. For reference only, it cannot replace the medical equipment.
4. Please connect band when sync data.

S Use the built-in charging line for charging.

6. Don't exposure the band in higher moisture or extremely high or low temperature.
7. When band crashes, check phones memory sufficient and service close or not and then restart your phone and try again.

### Components Introduction

\*Host TPU wristband \* Charging line\* Instruction

**CAUTION**

**RISK OF EXPLOSION IF BATTERY IS REPLACED**

**BY AN INCORRECT TYPE**

**DISPOSE OF USED BATTERIES ACCORDING TO THE  
INSTRUCTIONS**

**FCC Statements:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause harmful interference, and
- 2) This device must accept any interference received, including interference that may cause undesired operation.

MODIFICATION: Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device.