

1. RF Exposure Limit

According to the FCC rule 1.1310 table 1B, the limit for the maximum permissible RF exposure for an uncontrolled environment is 1mW/cm².

The electric field generated for a 1mW/cm² exposure is calculated as follows:

$$E = \sqrt{(30 * P * G) / d}, \text{ and } S = E^2 / Z = E^2 / 377, \text{ because } 1\text{mW} / \text{cm}^2 = 10\text{W} / \text{m}^2$$

$$S = \text{Power density in mW/cm}^2, Z = \text{Impedance of free space, } 377\Omega$$

$$E = \text{Electric field strength in Volts/m, } G = \text{Numeric antenna gain, and } d = \text{distance in meter}$$

Combining equations and rearranging the terms to express the distance as a function of the remaining variable

$$d = \sqrt{(30 * P * G) / (3770 * S)}$$

Changing to units of mW and cm, using $P (\text{mW}) = P (\text{W}) / 1000$, $d (\text{cm}) = 100 * d (\text{m})$

$$d = 0.282 * \sqrt{(P * G) / S}$$

$$d = \text{distance in cm, } P = \text{Power in mW, } G = \text{Numeric antenna gain, and } S = \text{Power density in mW/cm}^2$$

2. Calculated MPE Safe Distance

2.1 For 802.11b

According to above equation, the following result was obtained.

Peak Output Power		Antenna Gain		Safe Distance	Power Density (mW/cm ²)	FCC Limit
(dBm)	(mW)	Log	Linear	(cm)	@ 20cm Separation	(mW/cm ²)
13.30	21.38	3.5	2.24	1.952	0.009 5	1

According to above table, safe separation distance, $D = 0.282 * \sqrt{21.38 * 2.24} = 1.952 \text{ cm}$.

For getting power density at 20 cm separation in above table, following formula was used.

$$S = P * G / (4\pi * R^2) = 21.38 * 2.24 / (4 * 3.14 * 20^2) = 0.009 5$$

S = Power Density,

P = Power input to the external antenna (Output power from the EUT antenna port (dBm) – cable loss (dB)),

G = Gain of Transmit Antenna (linear gain), R = Distance from Transmitting Antenna

2.2 For 802.11g

According to above equation, the following result was obtained.

Peak Output Power		Antenna Gain		Safe Distance	Power Density (mW/cm ²)	FCC Limit
(dBm)	(mW)	Log	Linear	(cm)	@ 20cm Separation	(mW/cm ²)
13.50	22.39	3.5	2.24	1.997	0.009 98	1

According to above table, safe separation distance, $D = 0.282 * \sqrt{22.39 * 2.24} = 1.997 \text{ cm}$.

For getting power density at 20 cm separation in above table, following formula was used.

$$S = P * G / (4\pi * R^2) = 22.39 * 2.24 / (4 * 3.14 * 20^2) = 0.009 98$$

S = Power Density,

P = Power input to the external antenna (Output power from the EUT antenna port (dBm) – cable loss (dB)),

G = Gain of Transmit Antenna (linear gain), R = Distance from Transmitting Antenna