



Works with free Contour® DIABETES app.

Warranty information and online meter registration available at www.diabetes.ascensia.com/warranty or call our Customer Service.



Uses only Contour® NEXT blood glucose test strips.

USER GUIDE

Limitations

- System Use:** The system should not be used to test critically ill patients and should not be used by persons with reduced peripheral blood flow. Inaccurate results may occur in severely hypotensive individuals, those dehydrated or patients in shock. Inaccurate low results may occur for individuals experiencing a hypoxia state, or a hyperglycemic-hypersmolar state, with or without ketosis.^{3,4}
- Meter Operating Temperature Range:** 41°F–113°F
- Meter Storage Temperature Range:** 10% RH–93% RH
- Control Testing Temperature Range:** 59°F–95°F
- Test Strip Storage Conditions:** 41°F–86°F, 10%–80% Relative Humidity (RH)
- Second-Chance® sampling conditions:** Temperature Range 59°F–95°F, relative humidity 20%–55%
- Stroke Volume:** 0.6 mL
- Measuring Range:** 20 mg/dL–600 mg/dL of glucose in blood
- Altitude:** This system has not been tested at altitudes higher than 20,674 feet (6,301 meters).
- Hematocrit:** Contour next blood glucose test strip results are not significantly affected by hematocrit levels in the range of 20% to 55%.
- Xylose:** Do not use during or soon after xylose absorption testing. Xylose in the blood will cause an interference.
- Neonatal Use:** The Contour next GEN meter is not indicated for neonatal use.

PRECAUTIONS

- Read Your User Guide:** Read your Contour next GEN user guide, the lancing device package insert, if provided, and all instructional materials provided in your meter kit before testing.

CONTACT INFORMATION

Customer Service is available Monday through Thursday, 8:00 am through 12:00 Midnight, Eastern Time. If this is a medical emergency, please contact your health care professional or dial 911. To leave a message for Customer Service, remain on the line. One of our representatives will return your call as soon as possible.

Distributed by:
Ascensia Diabetes Care US Inc.
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Parisippany, NJ 07054
www.us.diabetes.ascensia.com
Customer Service: 1-800-348-8100

Patent or trademark of this product does not alone convey a license to use under any patent or trademark license, unless and extends only to, when the Contour next GEN meters and Contour next blood glucose test strips are used together. No test strip supplier other than the supplier of this product is authorized to grant such a license.

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INTENDED USE

The Contour next GEN blood glucose monitoring system is intended to be used for the quantitative measurement of glucose in fresh capillary whole blood drawn from the fingertips. The Contour next GEN blood glucose monitoring system is intended to be used by a single person and should not be shared. The Contour next GEN blood glucose monitoring system is intended for self-testing outside the body (in vitro diagnostic use) by people with diabetes at home as an aid in monitoring the effectiveness of a diabetes control program.

The system is intended for in vitro diagnostic use only. The Contour next GEN blood glucose meter is not intended for use with Alternative Site Testing (AST).

WARNING
The Contour next GEN blood glucose meter is not intended for use with Alternative Site Testing (AST).

NOTE: This document uses the term 'blood glucose' to mean 'blood sugar'.

IMPORTANT SAFETY INFORMATION

WARNING

If your blood glucose reading is under the critical level you have established with your health care professional, follow their advice immediately.

If your blood glucose reading is over the recommended limit set by your health care professional:

- Wash and dry your hands well.
- Rest with a new strip.
- If you get a similar result, follow your health care professional's advice immediately.
- Before setting any Target Ranges in your meter or in compatible Ascensia Diabetes Care software.
- Before changing your treatment or medication based on test results.
- If you obtain test results that are not consistent with the way you feel.
- Before making any other decision of medical relevance.

Potential Biohazard

Always wash your hands with antibacterial soap and water and dry them well before and after testing or handling the meter, lancing device, or test strips.

If your meter is being operated by a second person who is providing testing assistance to you, the meter and lancing device should be disinfected prior to use by the second person.

All parts of the kit are considered biohazardous and can potentially transmit infectious diseases, even after you have performed cleaning and disinfection.

For complete instructions on cleaning and disinfecting your meter, see Section 5 Help: Cleaning and Disinfection.

For more information about cleaning and disinfecting your meter or lancing device see: US Food and Drug Administration. Use of fingerstick devices on more than one person poses risk for transmitting bloodborne pathogens: initial communication. US Department of Health and Human Services; update 11/29/2010.

<http://wayback.archive-it.org/7993/20171110130140/http://www.fda.gov/MedicalDevices/Safety/AlertsNotices/ucm091053.htm>

"Centers for Disease Control and Prevention. Infection Prevention during Blood Glucose Monitoring and Insulin Administration. US Department of Health and Human Services; update June 8, 2017."

<http://www.cdc.gov/injectionsafety/blood-glucose-monitoring.htm>

The meter and testing device are for single patient use.

Keep out of reach of children. This kit contains small parts that could cause suffocation if accidentally swallowed.

Keep out of reach of children. Many types of batteries are poisonous. If swallowed, immediately contact your poison control center.

This device is not intended for use in healthcare or assisted-use settings such as hospitals, physician offices, or long-term care facilities because it has not been cleared by FDA for use in these settings, including for routine assisted testing or as part of glycemic control procedures.

Use of this device on multiple patients may lead to transmission of Human Immunodeficiency Virus (HIV), Hepatitis C Virus (HCV), Hepatitis B Virus (HBV), or other bloodborne pathogens.

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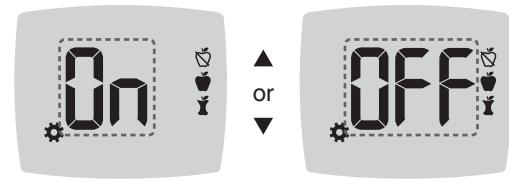
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Set Meal Marker Feature

1. From the Home screen, select the **Settings**  symbol and press **OK** to enter **Settings**.

2. When you are on the **Settings** screen, press the **▼** button repeatedly until the **Meal Marker**  symbols are blinking, then press **OK**.



Your meter comes with the **Meal Marker** feature turned **Off**.

3. To turn **Meal Markers** On or **Off**, press the **▲** or **▼** button.

4. Press **OK**.

NOTE: When the **Meal Marker** feature is **On**, you can select a **Meal Marker** during a blood glucose test.

Set Reminder Feature

When **Meal Markers** are **On**, you can set a **Reminder** to test your blood glucose after you mark a reading as **Before Meal**. If **Meal Markers** are **Off**, see Section 4 **Settings: Set Meal Marker Feature**.

1. From the Home screen, select the **Settings**  symbol and press **OK** to enter **Settings**.

2. When you are on the **Settings** screen, press the **▼** button repeatedly until the **Reminder**  symbol is blinking, then press **OK**.

Your meter comes with the **Reminder** feature turned **Off**.

3. To turn the **Reminder** feature **On** or **Off**, press the **▲** or **▼** button.

4. Press **OK**.

NOTE: When the **Meal Marker** feature is **On**, you can select a **Meal Marker** during a blood glucose test.

Change Overall Target Range

WARNING
Discuss your Target Range settings with your health care professional.

Your meter provides a pre-set **Overall Target Range**. You can change the **Overall Target Range** in **Settings**.

1. From the Home screen, select the **Settings**  symbol and press **OK** to enter **Settings**.

2. When you are on the **Settings** screen, press the **▼** button repeatedly until the **Target**  symbol is blinking, then press **OK**.

3. To change the **Overall Target Range**, press the **▲** or **▼** button.

4. Press **OK**.

NOTE: There is only 1 **Low** number for both the **Before Meal** and **After Meal** **Target Ranges**.

5. To change the **Overall Target Range**, press the **▲** or **▼** button.

6. Press **OK**.

Before Meal/After Meal Low Target

7. To change the **Low** end of the **Overall Target Range**, press the **▲** or **▼** button.

8. Press **OK**.

Before Meal High Target

9. To change the **High** end of the **Overall Target Range**, press the **▲** or **▼** button.

10. Press **OK**.

NOTE: The **Before Meal Target Range** is also the **Target Range** for a blood glucose reading marked as **Fasting**.

After Meal High Target

11. To change the **High** end of the **After Meal Target Range**, press the **▲** or **▼** button.

12. Press **OK**.

Set smartLIGHT target range indicator

Your meter comes with the **smartLIGHT** target range indicator turned **On**. When this feature is **On**, the test strip port displays a color that corresponds to your test result.

Yellow means **Above Target** 
Green means **In Target** 
Red means **Below Target** 

13. From the Home screen, select the **Settings**  symbol and press **OK** to enter **Settings**.

14. When you are on the **Settings** screen, press the **▼** button repeatedly until the **smartLIGHT**  symbol is blinking, then press **OK**.

15. To turn **smartLIGHT** **On** or **Off**, press the **▲** or **▼** button.

16. Press **OK**.

smartLIGHT Symbol: 

NOTE: The **smartLIGHT** feature is **On** or **Off**, press the **▲** or **▼** button to display the option you want.

17. Press **OK**.

Set Bluetooth Wireless Functionality

After pairing your meter with a mobile device, you can turn the **Bluetooth** setting **On** or **Off**. For pairing instructions, see Section 4 **Settings: Pairing Mode**.

18. From the Home screen, select the **Settings**  symbol and press **OK** to enter **Settings**.

19. When you are on the **Settings** screen, press the **▼** button repeatedly until the **Bluetooth**  symbol is blinking, then press **OK**.

20. To turn **Bluetooth** **On** or **Off**, press the **▲** or **▼** button.

21. Press **OK**.

Bluetooth Symbol: 

NOTE: The **Bluetooth** feature is **On** or **Off**, press the **▲** or **▼** button to display the option you want.

22. Press **OK**.

Transfer Results to a Personal Computer

CAUTION: Do not attempt to perform a blood glucose test when the CONTOUR NEXT GEN meter is connected to a computer.

You can transfer test results from the CONTOUR NEXT GEN meter to a computer where they can be summarized in a report with graphs and tables. To make use of this feature, you need diabetes management software and a 1-meter (or 3-foot) long USB-A to Micro USB-B cable. This type of cable is available in electronics retail stores.

USB Port

Ensure your meter's USB port is completely closed when not in use.

CAUTION: Use only approved equipment (for example, USB cable) from the manufacturer or certified body such as UL, CSA, TUV, or CE.

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