

Contour[®] next GEN[™]

Blood Glucose Monitoring System

Works with free CONTOUR[®]DIAbetes app.

Warranty information and online meter registration available at www.diabetes.asencia.com/warranty or call our Customer Service.

Second Chance[®]
available

Uses only CONTOUR[®]NEXT
test strips to check blood glucose.

USER GUIDE

Warnings: The system should not be used to test critically ill patients and should not be used by persons with reduced peripheral blood flow. Inaccurate results may occur in severely hypotensive individuals, those dehydrated or patients in shock. Inaccurate low results may occur in individuals experiencing a hypoxic state, or a hyperglycemic-hyperosmolar state, with or without ketosis.^{3,4}

Relative Humidity: 10%–90% RH

Meter Operating Temperature Range: 41°F–113°F

Meter Storage Temperature Range: -4°F–149°F

Meter Operating Humidity Range: 10% RH–93% RH

Control Testing Temperature Range: 59°F–95°F

Test Strip Storage Conditions: 41°F–86°F; 10%–80% Relative Humidity (RH)

Setpoint for sampling conditions: Temperature Range: 59°F–95°F, Hematocrit 20%–55%

Sample Volume: 0.6 µL

Measuring Range: 20 mg/dL–600 mg/dL of glucose in blood

Altitude: This system has not been tested at altitudes higher than 20,674 feet (6,301 meters)

Hematocrit: CONTOUR NEXT blood glucose test strip results are not significantly affected by hematocrit levels in the range of 20% to 55%.

Xylose: Do not use during or soon after xylose absorption testing. Xylose in the blood will cause an interference.


Neonatal Use: The CONTOUR NEXT GEN meter is **not indicated** for neonatal use.

PRECAUTIONS

Read your CONTOUR NEXT GEN user guide, the testing device package insert, if provided, and all instructional materials provided in your meter kit before

2 TESTING

Get Ready to Test

 Read your CONTOUR NEXT GEN user guide, the lancing device package insert, if provided, and all instructional materials provided in your meter kit before testing.

Examine the product for missing, damaged, or broken parts. If the test strip packaging is open or damaged, do not use those test strips. For replacement parts, contact Customer Service. See [Contact Information](#).

CAUTION: Only your CONTOUR NEXT GEN meter works only with CONTOUR NEXT blood glucose test strips and CONTOUR NEXT control solution.


Fingerprick Testing

Ensure that you have the materials you need before you begin testing:

- CONTOUR NEXT GEN meter.
- CONTOUR NEXT blood glucose test strips.
- Lancing device and lancets from your kit, if provided.


To perform a quality control check, see [Section 5 Help: Control Solution Testing](#).





Some supplies are sold separately. See [Section 6 Technical Information: Customer Service Checklist](#).



About Meal Markers

You can attach a **Meal Marker** to your blood glucose result when the **Meal Marker** feature is turned On.

Your **CONTOUR NEXT GEN** meter comes with **Meal Markers** turned Off. You can turn **Meal Markers** On and change **Target Ranges** in **Settings** . See **Section 4 Settings**.

Symbol	What It Means	Target Range
 Fasting	When using testing after fasting (no food or drink for 8 hours, except water or non-caloric beverages).	The meter compares your result against the Before Meal Target Range . (Pre-set to 70 mg/dL–130 mg/dL)
 Before Meal	Use when testing within 1 hour before a meal.	The meter compares your result against the Before Meal Target Range . (Pre-set to 70 mg/dL–130 mg/dL)
 After Meal	Use when testing within 2 hours after the first bite of a meal.	The meter compares your result against the After Meal Target Range . (Pre-set to 70 mg/dL–180 mg/dL)
 No Mark	Use when testing at times other than before or after a meal.	The meter compares your result against the Overall Target Range . (Pre-set to 70 mg/dL–180 mg/dL)

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3 LOGBOOK








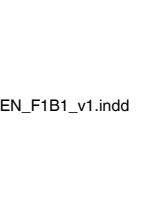
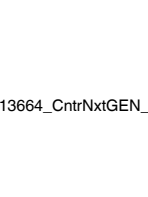



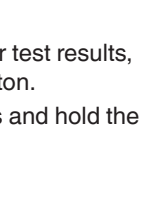
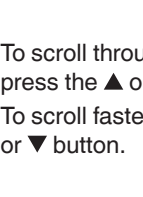

The **Logbook** contains blood glucose test results and their Meal Markers. When the **Logbook** reaches the maximum 800 results, the oldest test result is removed as a new test is completed and saved to the **Logbook**.

Review the Logbook

NOTE: To return to the **Home** screen while viewing the **Logbook**, press **OK**.

To review entries in the **Logbook**:

1. Press and hold **OK** until the meter turns on, about 3 seconds. The **Logbook**  is blinking on the Home screen.
2. To select the blinking **Logbook**  symbol, press **OK**.
3. To view your individual test results in the **Logbook**, press the **▼** button.
4. To scroll through your test results, press the **▲** or **▼** button.
To scroll faster, press and hold the **▲** or **▼** button.



CONTACT INFORMATION

Customer Service is available Monday through Sunday, 8:00 am through 1:00 Midwestern Eastern Time. If this is a medical emergency, please contact your health care professional or dial 911. To leave a message for Customer Service, remain on the line. One of our representatives will return your call as soon as possible.

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Ascensia Diabetes Care US Inc.
5 Wood Hollow Road
Parsippany, NJ 07054
www.diabetes.ascensia.com
Customer Service: 1-800-348-4100

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see www.patents.ascensia.com.


Purchase of this product does not alone confer a license to use under any patents. Such a license only arises, and extends only to, when the **CONTOUR NEXT GEN** meters and **CONTOUR NEXT blood glucose test strips** are used together. No test strip supplier other than the supplier of this product is authorized to grant such a license.

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Diabetes Care

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- testing. Follow all instructions for use and care exactly as described to avoid inaccurate results.
- **Examine the product for missing, damaged, or broken parts.** If the test strip packaging is open or damaged, do not use those test strips.
- **For replacement parts, contact Customer Service.** See *Contact Information*.
- **Your CONTOUR NEXT GEN meter works ONLY with CONTOUR NEXT blood glucose test strips and CONTOUR[®] NEXT control solution.**
- **Always keep the CONTOUR NEXT blood glucose test strips in their original bottle or foil packet. Tightly close the bottle immediately after removing a test strip. The bottle is designed to keep the test strips dry. Do not place or store the strips in water or medicine in the test strip bottle. Avoid exposing meter and test strips to excessive humidity, heat, cold, dust, or dirt. Exposure to room humidity by leaving the bottle open or not storing the strips in their original bottle or foil packet can damage your test strips. This could lead to inaccurate results. Do not use a test strip that appears damaged or has been used.**
- **Do not use expired materials.** Using expired material can cause inaccurate results. Always check the expiration dates on your test materials.

NOTE: If this is the first time you are opening the control solution, write the date on the bottle.

- **Do not use control solution that is more than 6 months past the expiration date.** First open the control solution bottle.
- **If your control solution test result is out of range, contact Customer Service.** See *Contact Information*. Do not use the meter for blood glucose testing until you resolve this issue.
- **The meter is designed to give accurate blood glucose results at temperatures between 41°F and 113°F.** If the meter or test

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WARNING: Potential Biohazard

All parts of the kit are considered biohazardous and can potentially transmit infectious diseases, even after you have performed cleaning and disinfection. See Section 5 *Help: Cleaning and Disinfection*.

- Always wash your hands with antibacterial soap and water and dry them well before and after testing or handling the meter, lancet device, or test strips.
- If your meter is being operated by a second person who is providing testing assistance to you, the meter and lancet device should be disinfected prior to use by the second person.
- For complete instructions on cleaning and disinfecting your meter, see Section 5 *Help: Cleaning and Disinfection*.

High / Low Blood Glucose

Symptoms of High or Low Blood Glucose

You can better understand your test results by being aware of the symptoms of high or low blood glucose. According to the American Diabetes Association (www.diabetes.org), some of the most common symptoms are:

Low blood glucose (Hypoglycemia):

• shakiness	• passing out
• sweating	• seizure
• fast heartbeat	• irritability
• blurred vision	• extreme hunger
• confusion	• dizziness

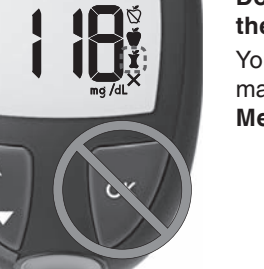
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Add a Meal Marker to a Reading

During a blood glucose test, if **Meal Markers** are On, you can select a **Meal Marker** when the meter displays your result. **You cannot select a Meal Marker in the Settings screen.**

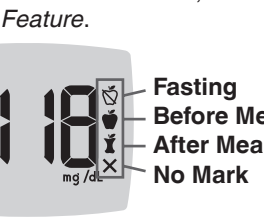
For more information, see Section 2 *Testing: About Meal Markers*.

Example:



Do not press OK or remove the test strip yet. You can select the blinking marker or choose a different Meal Marker.

To turn **Meal Markers** On, see Section 4 *Settings: Set Meal Marker Feature*.




— Fasting
X — Before Meal
| — After Meal
● No Mark

1. If the blinking **Meal Marker** is the one you want, press **OK** or
2. To select a different **Meal Marker**, press the **▲** or **▼** button on the meter to scroll between markers.



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If you scroll past the oldest entry, the meter displays the **End** screen.


If you see a **LO** or **HI** test result, go to Section 2 *Testing: LO or HI Results* for more information.

To go back to the beginning to review entries, press **OK** to go to the **Home** screen, then select the **Logbook**  symbol.

View Averages

- To enter the **Logbook** from the Home screen, press **OK** while the **Logbook**  is blinking.
- To view your Averages, press the  button on the *first Logbook* screen.

7-day	Number
Avg	of tests
1d	8
7d	196
mg/dL	

- To scroll through your 7-, 14-, 30-, and 90-day Averages, press the **A** button.
- To return to your Logbook readings, press the  button on the **7 d Avg** (7-day Average).

To exit Averages and return to the **Home** screen at any time, press **OK**.

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strip is outside this range, you should not test until the meter and test strip are within this range. Whenever the meter is moved from one location to another, allow approximately 20 minutes for the meter to adjust to the temperature of the new location before performing a blood glucose test.

Do not attempt to perform a blood glucose test when the CONTOUR NEXT GEN meter is connected to a computer.

- Use only approved equipment (for example, USB cable) from the manufacturer or certified body such as UL, CSA, TÜV or CE.

• Your CONTOUR NEXT GEN meter has been preset and locked to display results in mg/dL (milligrams of glucose per deciliter of blood).

- ❖ Results in mg/dL do not have a decimal point.
- ❖ Results in mmol/L have a decimal point.

Example: 

- ❖ Check your display screen to be sure the results are shown correctly (mg/dL). If not, contact Customer Service. See *Contact Information*.

• The CONTOUR NEXT GEN blood glucose monitoring system has a measuring range of 20 mg/dL to 600 mg/dL.

- ❖ For results under 20 mg/dL, or over 600 mg/dL:
 - o If your meter does not display a value and displays the LO screen, **contact your health care professional immediately.**
 - o If your meter does not display a value and displays the HI screen, wash your hands in the test site and repeat the test with a new strip. If the meter again displays the HI screen, **follow medical advice immediately.**

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High blood glucose (Hyperglycemia):

- frequent urination
- increased fatigue
- excessive thirst
- hunger
- blurred vision

Ketones (Ketoacidosis):

- shortness of breath
- very dry mouth
- nausea or vomiting

WARNING

If you are experiencing any of these symptoms, test your blood glucose. If your test result is under the critical level you have established with your health care professional or over the recommended limit, follow your health care professional's advice immediately.


For additional information and a complete list of symptoms, contact your health care professional.

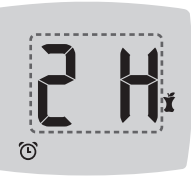
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4. If this is a **Meal Marker** you want is blinking, press **OK**. If it is a **Before Meal** reading, you can set a **Reminder** to test your blood glucose later. See **Section 2 Testing: Set a Test Reminder**.


If you do not make a **Meal Marker** selection within 3 minutes, the meter turns off. Your blood glucose reading is stored in the **Logbook** without a **Meal Marker**.

Set a Test Reminder

1. Make sure the **Reminder**  feature is **On** in **Settings**. See **Section 4 Settings: Set Reminder Feature**.
2. Mark a blood glucose reading as a **Before Meal** reading, then press **OK**.



3. To scroll from 2 hours to 0.5 hours by half-hour intervals, press the **▲** or **▼** button.
4. To set the **Reminder**, press **OK**.

The screen returns to the **Before Meal** reading. The meter displays the **Reminder**  symbol to confirm the Reminder is set.

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4 SETTINGS

In **Settings** you can personalize:



- **Time** format and time.
- **Date** format and date.
- **Sound**.
- **Meal Markers**.
- **Reminder** feature.
- **Target Ranges**.
- **smartLIGHT** feature.
- **Bluetooth** wireless functionality.

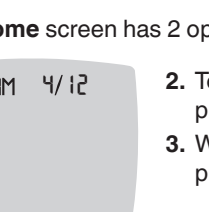
NOTE: Press **OK** to accept the current or changed setting before moving to the next setting.


Access Settings



1. Press and hold **OK** until the meter turns on.

The **Home** screen has 2 options: **Logbook**  and **Settings** .



2. To highlight the **Settings** symbol , press the **W** button.
3. When the **Settings** symbol is blinking, press **OK** to enter **Settings**.

INTENDED USE

The CONTOUR NEXT GEN blood glucose monitoring system is intended to be used for the quantitative measurement of glucose in fresh capillary whole blood drawn from the fingertips. The CONTOUR NEXT GEN blood glucose monitoring system is intended to be used by a single person and should not be shared. The CONTOUR NEXT GEN blood glucose monitoring system is intended for self-testing outside the body (in vitro diagnostic use) by people with diabetes at home as an aid in monitoring the effectiveness of a diabetes control program. The CONTOUR NEXT GEN blood glucose monitoring system should not be used for the diagnosis of or screening for diabetes or for neonatal use. The CONTOUR NEXT blood glucose test strips are for use with the CONTOUR[®] NEXT GEN blood glucose meter to quantitatively measure glucose in fresh capillary whole blood drawn from the fingertips.

The system is intended for in vitro diagnostic use only.

WARNING

The CONTOUR NEXT GEN blood glucose meter is not intended for use with Alternative Site Testing (AST).

NOTE: This document uses the term 'blood glucose' to mean 'blood sugar'.

1

GETTING STARTED

The CONTOUR NEXT GEN blood glucose monitoring system consists of the CONTOUR NEXT GEN meter, CONTOUR NEXT blood glucose test strips and the CONTOUR DIABETES app.

Your CONTOUR NEXT GEN meter and CONTOUR NEXT blood glucose test strip

The diagram shows the CONTOUR NEXT GEN blood glucose meter and a test strip. The meter is a handheld device with a screen displaying '9.9' and '12.3'. It has a 'Time' display at the top showing '6:51 PM' and '12.3'. The screen also shows 'Contour Next Gen' and '9.9'. Below the screen are two buttons: 'OK' and 'Meal Marker'. To the left of the meter are two arrows pointing up and down, labeled 'Press to scroll up' and 'Press to scroll down'. To the right of the meter is a 'Meal Marker' button. Below the meter is a 'Test Strip Port' and a 'Grey Square End' of a test strip. A 'Sample Tip' is shown below the test strip, labeled 'Blood sample pulled in here'.

- Press to scroll up ▲ Press and hold to keep scrolling
- Press to scroll down ▼ Press and hold to keep scrolling
- Time
- Date
- Meal Marker
- Press and hold OK to turn the meter On or Off
- Press OK to accept a selection
- Test Strip Port Light
- Test Strip Port
- Grey Square End: Insert end into test strip port
- Sample Tip: Blood sample pulled in here

- To exit from the **Logbook** or **Averages** and return to the **Home** screen, press **OK**.
- When a symbol is blinking, you can select it.

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Prepare the Lancing Device

Refer to your lancing device insert for detailed instructions on preparing the lancing device and fingerprint testing.

WARNING: Potential Biohazard




- The lancing device usually provided with your kit is intended for single-patient use only. It should not be used for assisted blood draws by health care providers or at health care provision sites, and should never be shared with anyone else, even a family member, due to risk of infection.
- Do not reuse lancets. Used lancets are not sterile. Use a new lancet each time you test.
- If your meter is being operated by a second person who is providing testing assistance to you, the meter and lancing device should be disinfected prior to use by the second person.
- Always dispose of used test strips and lancets as medical waste or as advised by your health care professional.

Insert the Test Strip

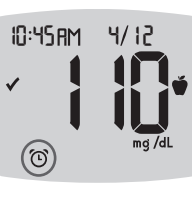
CAUTION: Do not use expired materials. Using expired material can cause inaccurate results. Always check the expiration dates on your test materials.

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smartLIGHT target range indicator







When your blood glucose test is complete, the meter displays your result with the units, time, date, meal marker (if selected), and target range symbol: Above Target , In Target , or Below Target .

Example: Blood test result with **Meal Marker** selected and a **Reminder** set:



NOTE: To change a **Meal Marker** you selected, you must use the **CONTOUR DIABETES** app.

If the **smartLIGHT** setting is On, the test strip port displays a color representing your result value compared to your **Before Meal**, **After Meal**, or **Overall Target Range**.


	Yellow means Above Target 
	Green means In Target 
	Red means Below Target 

If your blood glucose result is below target, the **smartLIGHT** is red and the meter beeps twice.

If you do not select a **Meal Marker**, your blood glucose test result is compared to an **Overall Target Range**.


NOTE: To change an individual target range, see **Section 4 Settings: Change Before/After Meal Target Ranges**. To change the Overall Target Range, see **Section 4 Settings: Change Overall Target Range**.

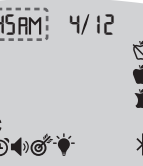
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1. To scroll through **Settings** options as shown in the image, press the **▲** or **▼** button until the symbol you want is blinking.
2. Press **OK**.
3. To exit from the **Settings** menu and return to the **Home** screen, press the **▲** or **▼** button until the **Settings**  is blinking.
4. Press **OK**.

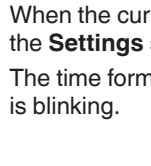
NOTE: If you are in a setting such as Date and you need to exit, press **OK** repeatedly until you get back to the **Home** screen.

Change the Time

1. From the **Home** screen, select the **Settings**  symbol and press **OK** to enter **Settings**.
2. When the current time is blinking on the **Settings** screen, press **OK**. The time format (12 hour or 24 hour) is blinking.



12 Hour



24 Hour

Time Format

IMPORTANT SAFETY INFORMATION

WARNING

If your blood glucose reading is over the critical level you have established with your health care professional, follow their advice immediately.

If your blood glucose reading is over the recommended limit set by your health care professional:

1. Wash and dry your hands well.
2. Retest with a new strip.

If you get a similar result, follow your health care professional's advice immediately.

Talk to Your Health Care Professional:

- Before setting any **Target Ranges** in your meter or in compatible Ascensia Diabetes Care software.
- Before changing your treatment or medication based on test results.
- If you obtain test results that are not consistent with the way you feel.
- Before making any other decision of medical relevance.

2

Check the Meter Display









Press and hold **OK** until the meter turns on, about 3 seconds. The screen displays the **Power On Self Test**.

All symbols on the screen and the white strip port briefly light up. Verify that the meter screen fully displays **8.8.8** and that the white light from the test strip port is visible.

If there are missing characters or if the strip port light is a color other than white, contact Customer Service. See [Contact Information](#). This may affect the way you see your results.

NOTE: Your meter comes with a pre-set time, date, and target range. You can change these features in [Settings](#). See Section 4 Settings.

Your Meter Symbols

Symbol	What the Symbols Means
	Yellow Light: test result is above Target Range.
	Green Light: test result is in Target Range.
	Red Light: test result is below Target Range.
	Test result is above Target Range.
	Test result is in Target Range.
	Test result is below Target Range.
	Test result is above 600 mg/dL.
	Test result is below 20 mg/dL.

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NOTE: If test strips are stored in a bottle, tightly close the bottle lid immediately after removing a test strip.

1. Remove a CONTOUR NEXT blood glucose test strip.
2. Insert the grey square end firmly into the test strip port until the meter beeps.

The screen displays the blinking blood drop indicating it is ready to test a blood drop.

NOTE: After you insert the test strip, apply blood to the test strip within 3 minutes or the meter turns off. Remove the test strip and reinsert it to begin a test.

The diagram is divided into two panels. The left panel shows a close-up of the top of the meter with a circular button labeled 'OK' and a small arrow pointing upwards. Below this panel, the text reads: 'To move to the Home screen, press **OK**.' The right panel shows a hand holding the meter, with a white arrow pointing to the top edge where the test strip is inserted. Below this panel, the text reads: 'To turn the meter off, remove the test strip.'

To move to the **Home** screen, press **OK**.

To turn the meter off, remove the test strip.

Blood glucose test is complete.

Test Results

WARNING

- Always consult your health care professional before changing your medication based on test results or if your test results are not consistent with the way you feel.
- If your blood glucose reading is under the critical level you have established with your health care professional, follow their advice immediately.
- If your blood glucose reading is over the recommended limit set by your health care professional:
 1. Wash and dry your hands well.
 2. Retest with a new strip.

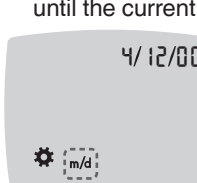
If you get a similar result, follow your health care professional's advice immediately.

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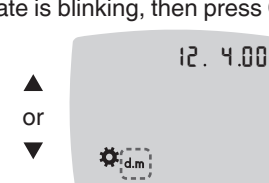
- To change the time format, if needed, press the ▲ or ▼ button, then press **OK**.
- To change the hour (blinking), press the ▲ or ▼ button, then press **OK**.
- To change minutes (blinking), press the ▲ or ▼ button, then press **OK**.
- For a 12-hour time format, select **AM** or **PM**, as needed, then press **OK**.

Change the Date

- From the **Home** screen, select the **Settings** ⚙️ symbol and press **OK** to enter **Settings**.
- When you are on the **Settings** screen, press the ▼ button until the current date is blinking.



▲
or
▼



Date Format

The date format (m/d or d.m) is blinking.

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Potential Biohazard

- Always wash your hands with antibacterial soap and water and dry them well before and after testing or handling the meter, lancet device, or test strips.
- If your meter is being operated by a second person who is providing testing assistance to you, the meter and lancet device should be disinfectant prior to use by the second person.
- All parts of the kit are considered biohazardous and can potentially transmit infectious diseases, even after you have performed cleaning and disinfection.

For complete instructions on cleaning and disinfecting your meter, see Section 5 *Help: Cleaning and Disinfection*.

For more information about cleaning and disinfecting your meter or lancet device see: "US Food and Drug Administration: Use of fingerstick devices on more than one person poses risk for transmitting bloodborne pathogens: initial communication, US Department of Health and Human Services; update 1/29/2010." <http://www.fda.gov/MedicalDevices/Safety/AlertsNotices/ucm224025.htm>

"Centers for Disease Control and Prevention. Infection Prevention during Blood Glucose Monitoring and Insulin Administration. US Department of Health and Human Services; update June 8, 2017." <http://www.cdc.gov/injectionsafety/blood-glucose-monitoring.html>


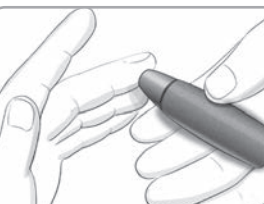
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Symbol	What the Symbol Means
	Your Logbook .
	Meter Settings .
	Fasting marker.
	Before Meal marker.
	After Meal marker.
	No marker selected.
	A Target Range or Target Range setting.
	smartLIGHT™ target range indicator setting.
	Meter is ready to test.
	Add more blood to same test strip.
	Control solution test result.
	Bluetooth symbol: means the Bluetooth wireless setting is On ; the meter can communicate with a mobile device.
	Low batteries.
	Dead batteries.
	Meter error.
	Reminder feature.
	Sound feature.
1d Avg	7, 14-, 30-, and 90-day averages.
n	Total number of blood glucose readings used to calculate averages.

Get the Blood Drop: Fingertip Testing

WARNING: Potential Biohazard

- Always wash your hands with antibacterial soap and water and dry them well before and after testing or handling the meter, lancing device, or test strips.
- If your meter is being operated by a second person who is providing testing assistance to you, the meter and lancing device should be disinfected prior to use by the second person.



1. Press the lancing device firmly against the puncture site and press the release button.

2. Immediately touch the tip of the test strip to the drop of blood.

The blood is drawn into the test strip through the tip.

3. Hold the tip of the test strip in the blood drop until the meter beeps.

NOTE: If the **Meal Marker** feature is On, do not remove the test strip until you select a **Meal Marker**.





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Expected Test Result Values

Glucose values will vary depending on food intake, medication dosages, health, stress, or activity. Nondiabetic plasma glucose concentrations should be less than 100 mg/dL in the fasting state and less than 140 mg/dL in the postprandial state (after a meal).⁵ You should consult with your health care professional for glucose values specific to your needs.

LO or HI Results

- If your meter does not display a value and displays the **LO** screen, your blood glucose reading is under 20 mg/dL. **Contact your health care professional immediately.**
- If your meter does not display a value and displays the **HI** screen, your blood glucose reading is over 600 mg/dL. Wash your hands or the test site and repeat the test with a new strip. If the meter again displays the **HI** screen, **follow medical advice immediately.**

3. To select **Month/Day/Year (m/d)** or **Day/Month/Year (d.m)**, press the **▲** or **▼** button, then press **OK**.

4. To change the year (blinking), press the **▲** or **▼** button, then press **OK**.

5. To change the month (blinking), press the **▲** or **▼** button, then press **OK**.

6. To change the day (blinking), press the **▲** or **▼** button, then press **OK**.


The meter and lancing device are for single-patient use. Do not share them with anyone including other family members! Do not use on multiple patients.^{1,2}

The lancing device usually provided with your kit should not be used for assisted blood draws by health care professionals or at health care provision sites.

Always dispose of used test strips and lancets as medical waste or as advised by your health care professional.

All products that come in contact with human blood should be handled as if capable of transmitting infectious diseases.

Keep out of reach of children. This kit contains small parts that could cause suffocation if accidentally swallowed.



Keep batteries away from children. Many types of batteries are poisonous. If swallowed, immediately contact your poison control center.



This device is not intended for use in healthcare or assisted-use settings such as hospitals, physician offices, or long-term care facilities because it has not been cleared by FDA for use in these settings, including for routine assisted testing or as part of glycemic control procedures.

Use of this device on multiple patients may lead to transmission of Human Immunodeficiency Virus (HIV), Hepatitis C Virus (HCV), Hepatitis B Virus (HBV), or other bloodborne pathogens.



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The Home Screen


The Home screen has 2 options: **Logbook**  and **Settings** .


- To highlight the **Logbook**  or **Settings** , press the **▼** button.
- To enter the **Logbook**, press **OK** while the **Logbook** symbol is blinking.
- To enter **Settings**, press **OK** while the **Settings** symbol is blinking.

Your Meter Features


Second-Chance sampling allows you to apply more blood to the same test strip if the first blood sample is not enough. The test strip is designed to easily "sip" the blood into the sample tip. Do not drop blood directly on the flat surface of the test strip.





CAUTION: Do not press the tip of the test strip against the skin or place the blood on top of the test strip. This could lead to inaccurate results or errors.

Second-Chance sampling—Apply More Blood




1. If the meter beeps twice and the screen displays a blinking blood drop with a plus sign, the test strip does not have enough blood.
2. Apply more blood to the **same** test strip within 60 seconds.

NOTE: If the screen displays an **E 1** error message, remove the strip and start with a new strip.

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Use and Dispose of the Used Lancet



1. Do not use your fingers to remove the lancet from the lancet device.
2. Refer to the separate lancet device insert, if provided with your kit, for instructions on the automatic ejection of the lancet.

WARNING: Potential Biohazard

The lancet device, lancets, and test strips are for single-patient use. Do not share them with anyone including other family members. Do not use on multiple patients.^{1,2}


All products that come in contact with human blood should be handled as if capable of transmitting infectious diseases.


Always dispose of used test strips and lancets as medical waste or as advised by your health care professional.

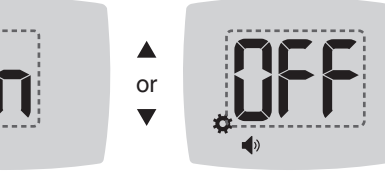
Do not reuse lancets. Use lancets are not sterile. Use a new lancet each time you test.


Always wash your hands with antibacterial soap and water and dry them well before and after testing or handling the meter, lancet device, or test strips.

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From the **Home screen**, select the **Settings**  symbol and press **OK** to enter **Settings**.

When you are on the **Settings screen**, press the **▼ button** repeatedly until the **Sound**  symbol is blinking, then press **OK**.



Sound Symbol: 

To turn the **Sound On** or **Off**, press the **▲** or **▼ button**.

Press **OK**.

Your meter comes with the **Sound** turned **On**. Certain error messages override with a **Sound** setting.


When **Sound** is **On**:

- One long beep indicates a confirmation.
- Two beeps indicate an error or something that needs your attention.

NOTE: Some sounds remain **On** even when you turn the **Sound** setting **Off**. To turn sounds **Off** for a below-target blood glucose reading, turn the **smartLIGHT** feature **Off**.

TURN OVER TO SEE BACK

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<h1>ARTWORK ROUTING FOR APPROVAL</h1>	
	DTE NEW BARK EDS Baltimore, MD 21202 T 410-421-5454 <small>Fax 410-421-5455</small> <small>E-mail Sales@DTE.com</small>
DATE:	Client: Art Production
DESCRIPTION:	Contour Nest Next Gen Counter New OEM Bottle BW Ugl Pampier
MATERIALS:	United States
SIZING:	A3 (350x500)
MARKET / P BRAND:	MULTI / MULTI
DIMENSIONS:	173 mm (W) x 764 mm (H)
PRINTER SPEC:	110055614 Rev D
BARCODE:	80013664 (2D Matrix)
COLORS:	<input checked="" type="checkbox"/> Black <input checked="" type="checkbox"/> Gold
Master Template No: CTS-176 Rev02	
NOTE: THIS COLOR PROF indicates color BREAK only DO NOT WILL ACCURATELY REFLECT ACTUAL PRODUCTION COLOR.	
V=1	LANGUAGE(S): ENGLISH

