

Johnson Health Tech. Co., Ltd.

TEST REPORT

Model:

Target Training Console-02

REPORT NUMBER

240700072THC-001

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Radio Spectrum TEST REPORT

Applicant:	Johnson Health Tech. Co., Ltd. No.999, Sec. 2, Dongda Rd., Daya Dist Taichung City 428, Taiwan
Product:	Console for Exercise Machine
Model No.:	Target Training Console-02
Brand Name:	MATRIX
FCC ID:	TN7PHOENIXRF-02
Test Method/ Standard:	47 CFR FCC Part 15.225
Test By:	Intertek Testing Services Taiwan Ltd., Hsinchu Laboratory No. 17, Ln. 246, Niupu S. Rd., Xiangshan Dist, Hsinchu City 300075, Taiwan



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Revision History

Report No.	Issue Date	Revision Summary
240700072THC-001	Sep. 16, 2024	Original report

Table of Contents

1. General Information	5
1.1 Identification of the EUT	5
1.2 Antenna description	5
1.3 Operation mode	5
1.4 Peripheral equipment.....	5
2. Fundamental emission	6
2.1 Operating environment.....	6
2.2 Limit for Fundamental emission.....	6
2.3 Measuring instrument setting.....	6
2.4 Test procedure.....	7
2.5 Test diagram	7
2.6 Test result	8
3. Frequency Satiability	9
3.1 Operating environment.....	9
3.2 Limit for Frequency Satiability.....	9
3.3 Measuring instrument setting.....	9
3.4 Test procedure.....	9
3.5 Test result	10
4. Out of band Radiated Emissions	15
4.1 Operating environment.....	15
4.2 Limit for emission in restricted frequency bands (Radiated emission measurement) ..	15
4.3 Measuring instrument setting.....	15
4.4 Test procedure.....	16
4.5 Test configuration.....	17
4.5.1 Radiated emission from 9kHz to 30MHz uses Loop Antenna:	17
4.5.2 Radiated emission below 1GHz using Bilog Antenna.....	17
4.6 Test result	18
4.6.1 Measurement results: frequency range from 9 kHz to 30 MHz.....	18
4.6.2 Measurement results: frequencies below 1 GHz	19
5. AC Power Line Conducted Emission	20
5.1 Measuring instrument setting.....	20
5.2 Test Procedure	20
5.3 Test Diagram	20
5.4 Limit.....	21
5.5 Test Results	22
Appendix A: Test equipment list.....	24
Appendix B: Measurement Uncertainty.....	25

Summary of Test Data

Test Requirement	Applicable Rule (Section 15.225)	Result
Fundamental emission	15.225 (a)	Pass
Frequency Satiability	15.225 (e)	Pass
Out of band Radiated Emissions	15.225(d)	Pass
AC Power Line Conducted Emission	15.207	Pass
Antenna Requirement	15.203	Pass

Note: Please note that the test results with statement of conformity, the decision rules which are based on: Safety Testing: the specification, standard or IEC Guide 115.

Other Testing: the specification, standard and not taking into account the measurement uncertainty.

1. General Information

1.1 Identification of the EUT

Product:	Console for Exercise Machine
Model No.:	Target Training Console-02
Operating Frequency:	13.56 MHz
Rating:	DC 5V
Power Cord:	N/A
Sample receiving date:	2024/07/04
Sample condition:	Workable
Test Date(s):	2024/08/08 ~ 2024/08/12

1.2 Antenna description

Antenna Type	: PCB Antenna
Connector Type	: I-PEX

1.3 Operation mode

The EUT transmit 13.56MHz continuously while we power on the EUT.

1.4 Peripheral equipment

Peripherals	Manufacturer	Product No.	Remark
Adapter	LITEON	PA-1041-0	IP:100-240V~ 50/60Hz 1.2A OP:12V= 3.33A

2. Fundamental emission

2.1 Operating environment

Temperature (°C):	26
Relative Humidity (%):	71
Test date:	2024/08/08

2.2 Limit for Fundamental emission

The field strength of any emissions within the band 13.553-13.567 MHz shall not exceed 15,848 uV/m(83.99 dBuV/m) at 30 meters.

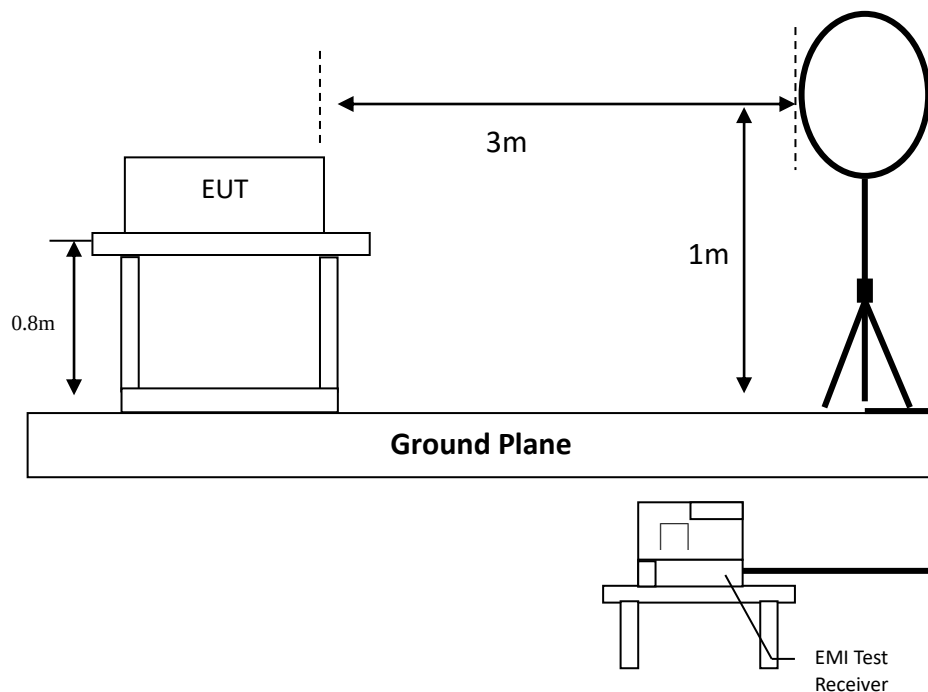
2.3 Measuring instrument setting

Spectrum analyzer settings	
Spectrum Analyzer function	Setting
Detector	QP
RBW	10 kHz
Sweep	Auto couple
Trace	Max hold
Span	900 kHz
Attenuation	Auto

2.4 Test procedure

1. Configure the EUT according to ANSI C63.10: 2013. The EUT was placed on the top of the turntable 0.8 meter above ground. The center of the receiving antenna mounted on the top of a height-variable antenna tower was placed 3 meters far away from the turntable.
2. Power on the EUT and all the companion devices. The turntable was rotated by 360 degree to find the position of the maximum emission level.
3. Set the test-receiver system to peak or CISPR quasi-peak detector with specified bandwidth under maximum hold mode.

2.5 Test diagram



2.6 Test result

Polarization	Frequency (MHz)	Spectrum Analyzer Detector	Correction Factor (dB/m)	Reading (dBμV)	Corrected Reading (dBμV/m)	Limit @ 3 m (dBμV/m)	Margin (dB)
Perpendicular	13.56	PK	20.03	30.37	50.40	124.00	-73.60
Parallel	13.56	PK	20.03	29.62	49.65	124.00	-74.35
Ground-parallel	13.56	PK	20.03	17.75	37.78	124.00	-86.22

Remark: Corr. Factor = Antenna Factor + Cable Loss

Limit= 15848(uV/m)@30m=84 dBuV +40 dBuV (decade) = 124 dBuV/m@3m

3. Frequency Satiability

3.1 Operating environment

Temperature (°C) :	-20~50
Relative Humidity (%) :	68
Test date :	2024/08/12

3.2 Limit for Frequency Satiability

The frequency tolerance of the carrier signal shall be maintained within $\pm 0.01\%$ of the operating frequency over a temperature variation of -20 degrees to $+50$ degrees C at normal supply voltage, and for a variation in the primary supply voltage from 85% to 115% of the rated supply voltage at a temperature of 20 degrees C.

3.3 Measuring instrument setting

Spectrum analyzer settings	
Spectrum Analyzer function	Setting
Detector	Peak
RBW	1kHz
VBW	1kHz
Sweep	Auto couple
Trace	Allow the trace to stabilize.
Span	Sufficient to see the complete emission BW
Attenuation	Auto

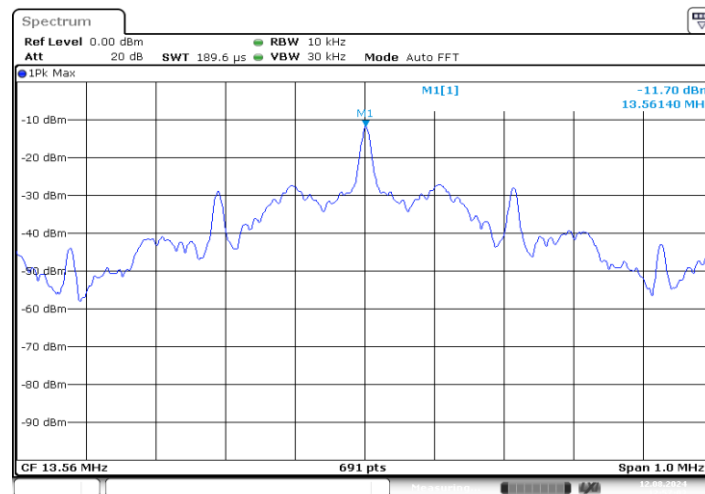
3.4 Test procedure

Turn the EUT on and couple its output to a frequency counter or other frequency-measuring device of sufficient accuracy, considering the frequency tolerance with which the EUT shall comply.

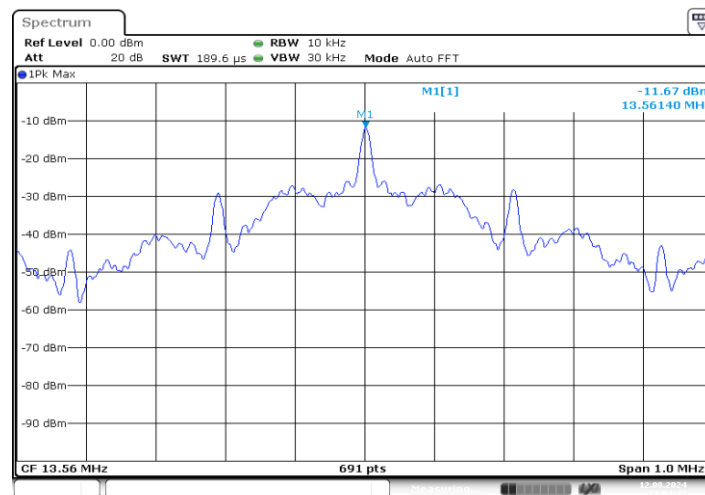
3.5 Test result

Temperature	Voltage	Frequency (MHz)	Center (MHz)	Deviation (%)	Limit (%)	Result
50°C	5	13.5614	13.5614	0.000	±0.01	Pass
40°C	5	13.5614	13.5614	0.000	±0.01	Pass
30°C	5	13.5614	13.5614	0.000	±0.01	Pass
20°C	4.25	13.5614	13.5614	0.000	±0.01	Pass
	5	13.5614	13.5614	0.000	±0.01	Pass
	5.75	13.5614	13.5614	0.000	±0.01	Pass
10°C	5	13.5614	13.5614	0.000	±0.01	Pass
0°C	5	13.5614	13.5614	0.000	±0.01	Pass
-10°C	5	13.5614	13.5614	0.000	±0.01	Pass
-20°C	5	13.5614	13.5614	0.000	±0.01	Pass

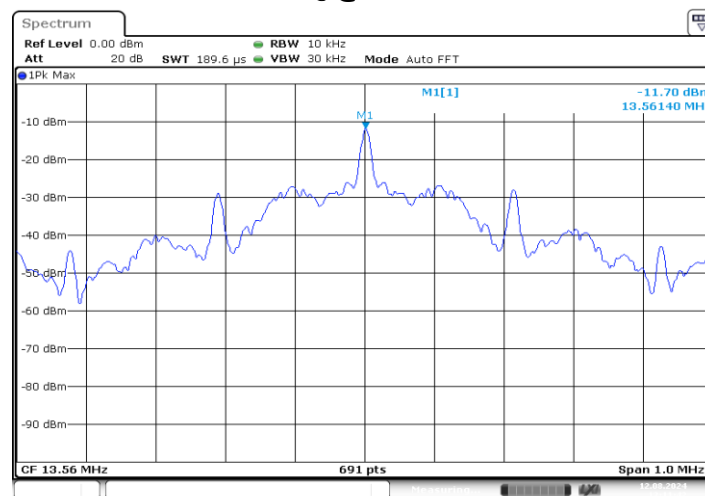
-20°C @DC 5V



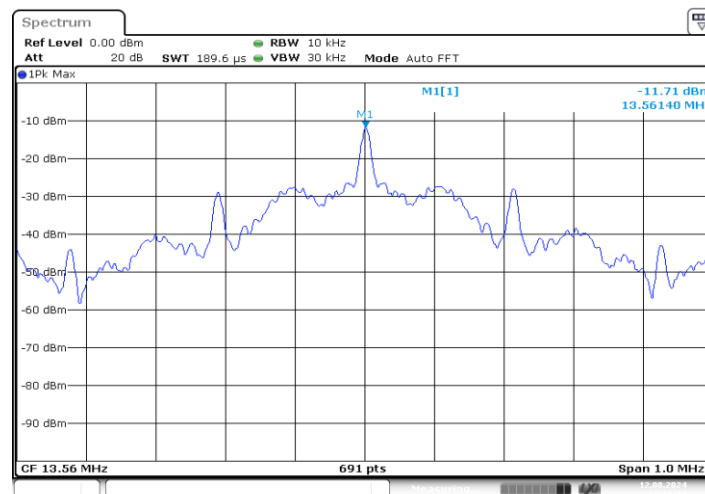
-10°C @DC 5V



0°C @DC 5V

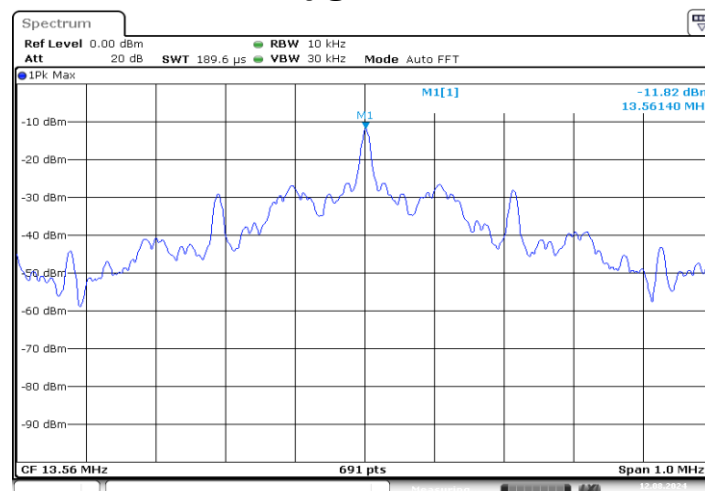


10°C @DC 5V



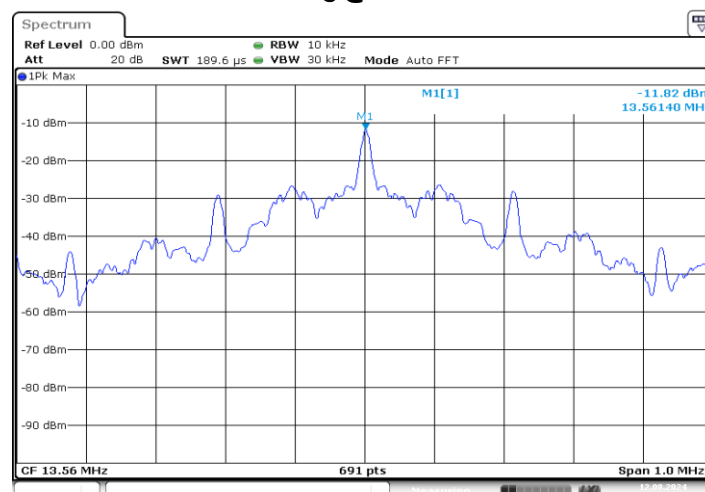
Date: 12 AUG 2024 13:18:24

20°C @DC 4.25V



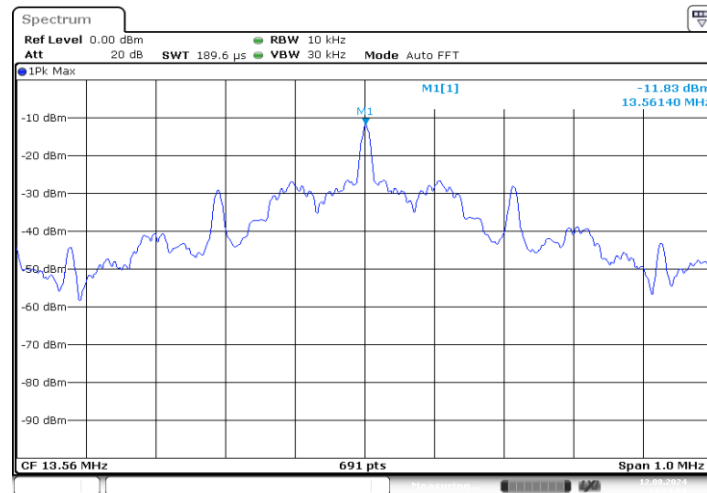
Date: 12 AUG 2024 13:24:22

20°C @DC 5V



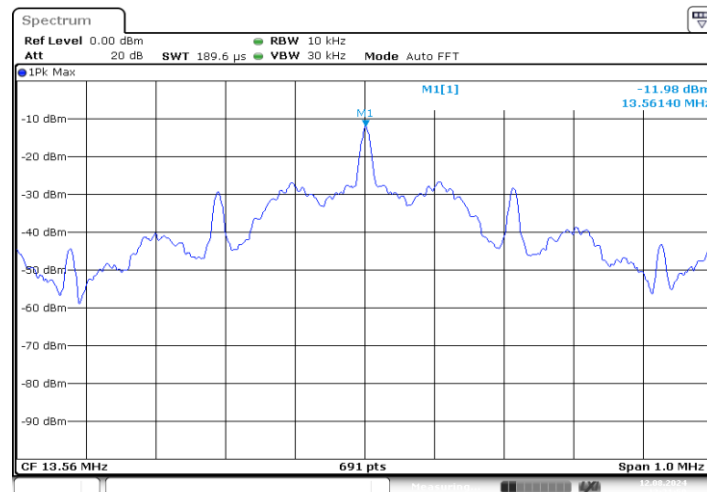
Date: 12 AUG 2024 13:24:41

20°C @DC 5.75V



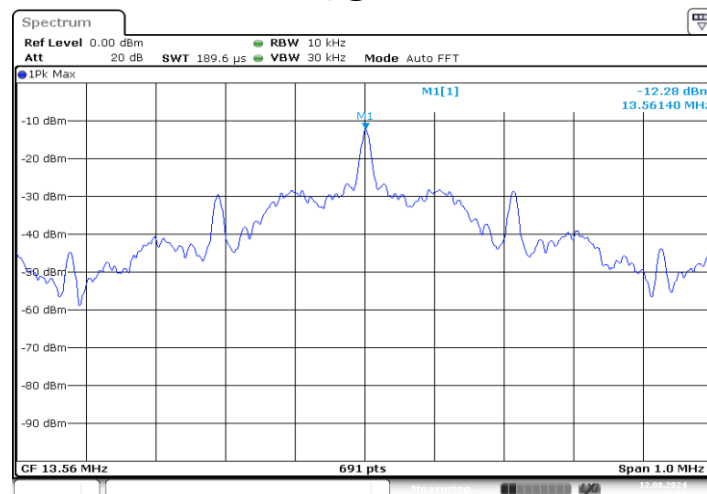
Date: 12 AUG 2024 13:24:59

30°C @DC 5V



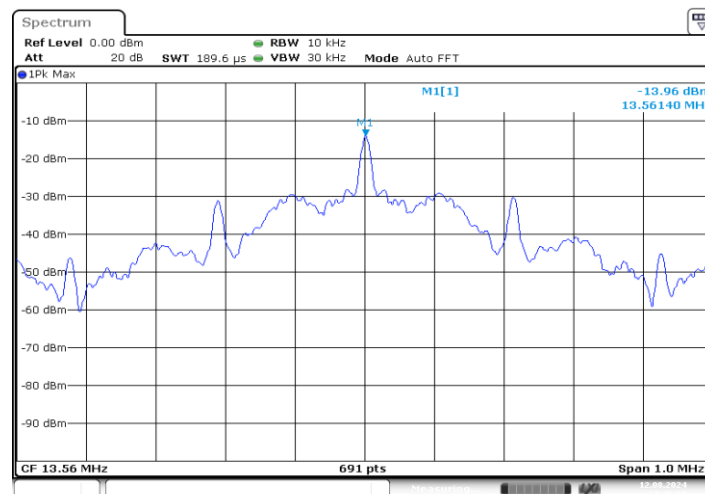
Date: 12 AUG 2024 13:31:50

40°C @DC 5V



Date: 12 AUG 2024 13:39:00

50°C @DC 5V



Date: 12 AUG 2024 13:46:31

4. Out of band Radiated Emissions

4.1 Operating environment

Temperature (°C) :	26
Relative Humidity (%) :	71
Test date :	2024/08/08

4.2 Limit for emission in restricted frequency bands (Radiated emission measurement)

Frequency (MHz)	Field Strength (microvolts/meter)	Measurement distance (meters)
0.009~0.490	2400/F(kHz)	300
0.490~1.705	2400/F(kHz)	30
1.705~30	30	30
30-88	100	3
88-216	150	3
216-960	200	3
Above 960	500	3

Remark:

1. In the above table, the tighter limit applies at the band edges.
2. Distance refers to the distance in meters between the measuring instrument antenna and the closed point of any part of the device or system

4.3 Measuring instrument setting

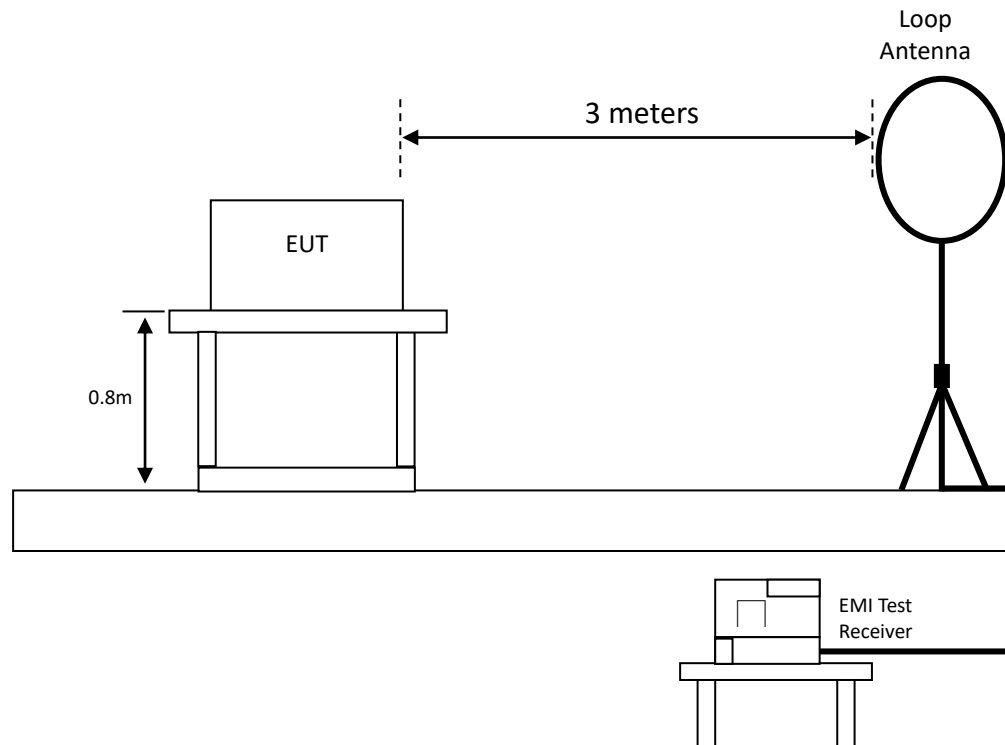
Receiver settings	
Receiver function	Setting
Detector	QP
RBW	9-150 kHz ; 200-300 Hz 0.15-30 MHz; 9-10 kHz 30-1000 MHz; 100-120 kHz
VBW	$\geq 3 \times$ RBW
Sweep	Auto couple
Attenuation	Auto

4.4 Test procedure

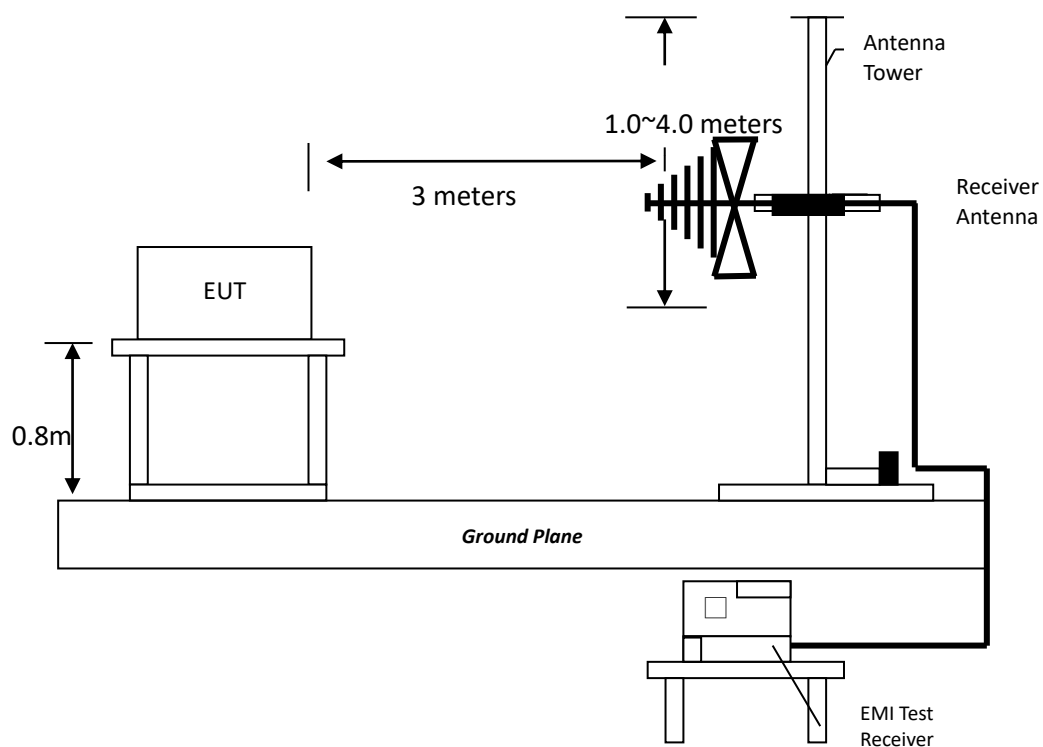
1. Configure the EUT according to ANSI C63.10:2013. The EUT was placed on the top of the turntable 0.8 meter above ground. The center of the receiving antenna mounted on the top of a height-variable antenna tower was placed 3 meters far away from the turntable.
2. Power on the EUT and all the companion devices. The turntable was rotated by 360 degree to find the position of the maximum emission level.
3. The height of the receiving antenna was varied between one meter and four meters above ground to find the maximum emission field strength of the both horizontal and vertical polarization
4. If find the frequencies above the limit or below within 3dB, the antenna tower was scan (from 1m to 4m) and then the turntable was rotated to find the maximum reading.
5. Set the test-receiver system to peak or CISPR quasi-peak detector with specified bandwidth under maximum hold mode.
6. If the emissions level of the EUT in peak mode was 3dB lower than the average limit specified then testing will be stopped and peak values of the EUT will be reported. Otherwise, the emissions which do not have 3dB margin will be measured using the quasi-peak method for below 1GHz.
7. In case the emission is lower than 30MHz, loop antenna has to be used for measurement and the recorded data should be quasi-peak measured by receiver.

4.5 Test configuration

4.5.1 Radiated emission from 9kHz to 30MHz uses Loop Antenna:



4.5.2 Radiated emission below 1GHz using Bilog Antenna



TEST REPORT

4.6 Test result

4.6.1 Measurement results: frequency range from 9 kHz to 30 MHz

Antenna Polarity	Frequency (MHz)	Detector	Correction Factor (dB/m)	Reading (dBμV)	Corrected Reading (dBμV/m)	Limit @ 3 m (dBμV/m)	Margin (dB)
Perpendicular	0.519	PK	17.92	22.77	40.69	73.30	-32.61
Perpendicular	0.759	PK	18.08	19.12	37.20	70.00	-32.80
Perpendicular	2.168	PK	17.92	13.33	31.25	69.54	-38.29
Perpendicular	6.997	PK	19.89	10.60	30.49	69.54	-39.05
Perpendicular	17.734	PK	20.96	9.51	30.47	69.54	-39.07
Perpendicular	24.932	PK	21.75	8.37	30.12	69.54	-39.42

Remark: Corr. Factor = Antenna Factor + Cable Loss

Antenna Polarity	Frequency (MHz)	Detector	Correction Factor (dB/m)	Reading (dBμV)	Corrected Reading (dBμV/m)	Limit @ 3 m (dBμV/m)	Margin (dB)
Parallel	0.369	PK	17.87	21.79	39.66	96.26	-56.60
Parallel	1.419	PK	17.96	14.31	32.27	64.56	-32.29
Parallel	8.856	PK	19.68	12.83	32.51	69.54	-37.03
Parallel	16.594	PK	20.67	15.14	35.81	69.54	-33.73
Parallel	20.193	PK	21.19	18.45	39.64	69.54	-29.90
Parallel	27.121	PK	21.66	11.35	33.01	69.54	-36.53

Remark: Corr. Factor = Antenna Factor + Cable Loss

Antenna Polarity	Frequency (MHz)	Detector	Correction Factor (dB/m)	Reading (dBμV)	Corrected Reading (dBμV/m)	Limit @ 3 m (dBμV/m)	Margin (dB)
Ground-parallel	0.249	PK	17.80	25.16	42.96	99.68	-56.72
Ground-parallel	0.519	PK	17.92	20.40	38.32	73.30	-34.98
Ground-parallel	0.759	PK	18.08	15.53	33.61	70.00	-36.39
Ground-parallel	6.217	PK	19.90	9.74	29.64	69.54	-39.90
Ground-parallel	19.893	PK	21.23	6.92	28.15	69.54	-41.39
Ground-parallel	24.212	PK	21.02	8.13	29.15	69.54	-40.39

Remark: Corr. Factor = Antenna Factor + Cable Loss

4.6.2 Measurement results: frequencies below 1 GHz

Antenna Polarity	Frequency (MHz)	Spectrum Analyzer Detector	Correction Factor (dB/m)	Reading (dBμV)	Corrected Reading (dBμV/m)	Limit @ 3 m (dBμV/m)	Margin (dB)
Vertical	40.68	PK	19.35	13.99	33.34	40.00	-6.66
Vertical	45.12	PK	20.19	10.82	31.01	40.00	-8.99
Vertical	61.56	PK	19.74	14.24	33.98	40.00	-6.02
Vertical	70.68	PK	18.44	13.68	32.12	40.00	-7.88
Vertical	97.20	PK	15.53	19.00	34.53	43.50	-8.97
Vertical	103.32	PK	16.12	21.18	37.30	43.50	-6.20

Remark: Corr. Factor = Antenna Factor + Cable Loss

Antenna Polarity	Frequency (MHz)	Spectrum Analyzer Detector	Correction Factor (dB/m)	Reading (dBμV)	Corrected Reading (dBμV/m)	Limit @ 3 m (dBμV/m)	Margin (dB)
Horizontal	54.24	PK	20.69	10.79	31.48	40.00	-8.52
Horizontal	56.16	PK	20.55	8.82	29.37	40.00	-10.63
Horizontal	97.92	PK	15.47	23.31	38.78	43.50	-4.72
Horizontal	99.72	PK	15.74	23.46	39.20	43.50	-4.30
Horizontal	103.32	PK	16.12	26.24	42.36	43.50	-1.14
Horizontal	149.16	PK	20.38	15.26	35.64	43.50	-7.86

Remark: Corr. Factor = Antenna Factor + Cable Loss

5. AC Power Line Conducted Emission

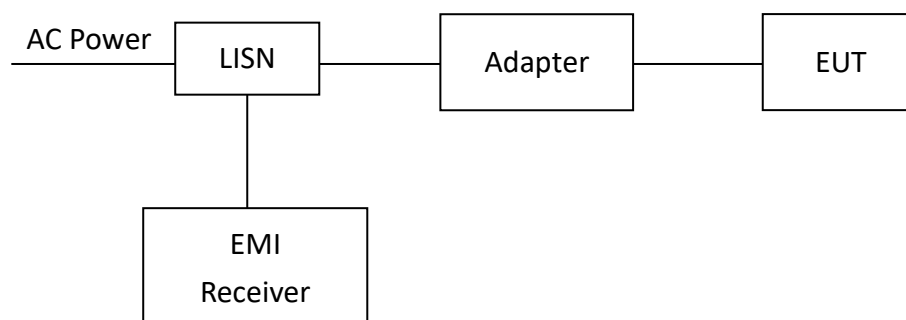
5.1 Measuring instrument setting

Receiver Function	Setting
Detector	QP
Start frequency	0.15MHz
Stop frequency	30MHz
IF bandwidth	9 kHz
Attenuation	10dB

5.2 Test Procedure

Step 1	Configure the EUT according to ANSI C63.10:2013. The EUT or host of EHT has to be placed 0.4 meter far from the conducting wall of the shielding room and at least 80 centimeters from any other grounded conducting surface.
Step 2	Connect EUT or host of EUT to the power mains through a line impedance stabilization network.
Step 3	All the companion devices are connected to the other LISN. The LISN should provide 50Uh/50ohms coupling impedance.
Step 4	The frequency range from 150 kHz to 30MHz was searched.
Step 5	Set the test-receiver system to peak detector and specified bandwidth with maximum hold mode.
Step 6	The measurement has to be done between each power line and ground at the power terminal.

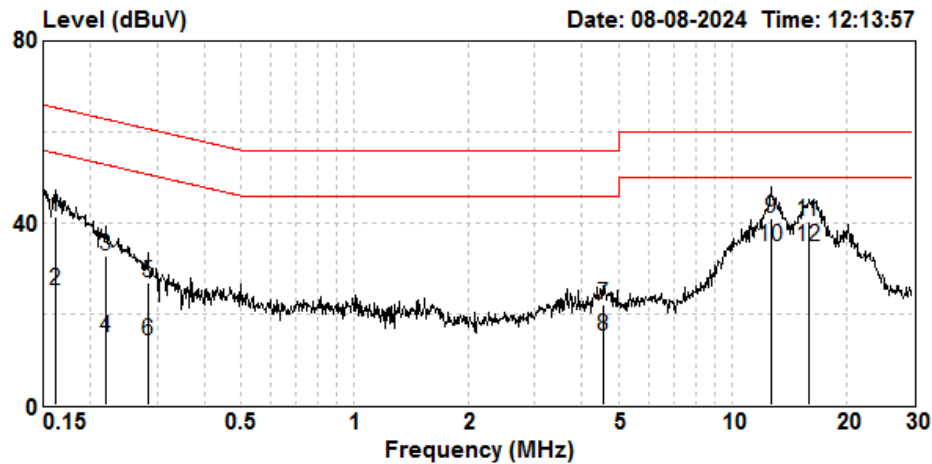
5.3 Test Diagram



5.4 Limit

Frequency (MHz)	Conducted Limit (dBuV)	
	Q.P.	Ave.
0.15~0.50	66 – 56	56 – 46
0.50~5.00	56	46
5.00~30.0	60	50

5.5 Test Results



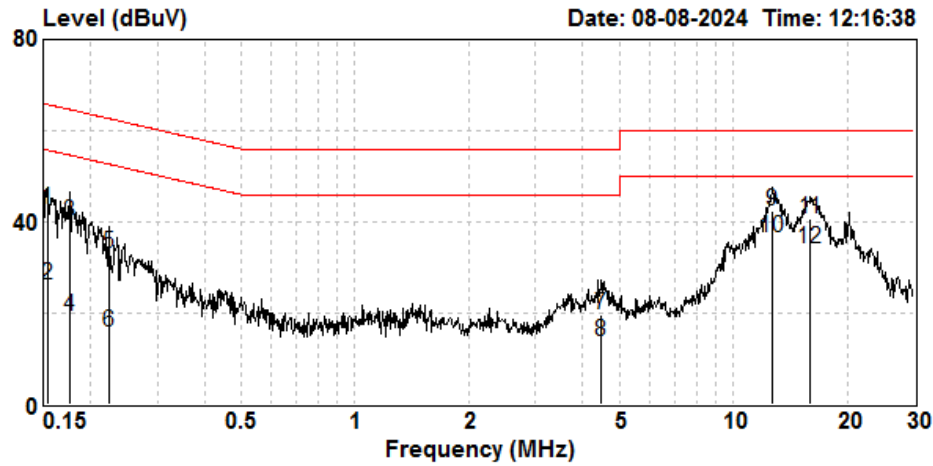
Test voltage : AC 120V / 60Hz
 Temp \ Relative Humidity: 27 °C \ 68 %RH
 Atmospheric pressure : 1009 hPa

Phase	Frequency (MHz)	Corr. Factor (dB)	Reading QP (dBuV)	Level QP (dBuV)	Limit QP (dBuV)	Reading AV (dBuV)	Level AV (dBuV)	Limit AV (dBuV)	Margin (dB)	
									QP	AV
LINE	0.162	9.63	31.72	41.35	65.38	15.49	25.12	55.38	-24.03	-30.26
LINE	0.221	9.62	23.30	32.92	62.79	5.35	14.97	52.79	-29.87	-37.82
LINE	0.283	9.63	17.16	26.79	60.72	4.46	14.09	50.72	-33.93	-36.63
LINE	4.549	9.69	12.23	21.92	56.00	5.34	15.03	46.00	-34.08	-30.97
LINE	12.649	9.77	31.39	41.16	60.00	25.07	34.84	50.00	-18.84	-15.16
LINE	15.885	9.79	30.71	40.50	60.00	25.10	34.89	50.00	-19.50	-15.11

Remark:

1. Corr. Factor (dB) = LISN Factor (dB) + Cable Loss (dB)
2. Level (dBuV) = Corr. Factor (dB) + Reading (dBuV)
3. Margin (dB) = Level (dBuV) – Limit (dBuV)

TEST REPORT



Test voltage : AC 120V / 60Hz
 Temp \ Relative Humidity: 27 °C \ 68 %RH
 Atmospheric pressure : 1009 hPa

Phase	Frequency (MHz)	Corr. Factor (dB)	Reading QP (dBuV)	Level QP (dBuV)	Limit QP (dBuV)	Reading AV (dBuV)	Level AV (dBuV)	Limit AV (dBuV)	Margin (dB)	
									QP	AV
NEUTRAL	0.154	9.62	33.00	42.62	65.78	16.58	26.20	55.78	-23.16	-29.58
NEUTRAL	0.176	9.62	30.25	39.87	64.68	9.74	19.36	54.68	-24.81	-35.32
NEUTRAL	0.223	9.62	23.46	33.08	62.70	6.27	15.89	52.70	-29.62	-36.81
NEUTRAL	4.478	9.68	10.07	19.75	56.00	4.03	13.71	46.00	-36.25	-32.29
NEUTRAL	12.716	9.76	32.75	42.51	60.00	26.97	36.73	50.00	-17.49	-13.27
NEUTRAL	15.970	9.80	30.82	40.62	60.00	24.46	34.26	50.00	-19.38	-15.74

Remark:

1. Corr. Factor (dB) = LISN Factor (dB) + Cable Loss (dB)
2. Level (dBuV) = Corr. Factor (dB) + Reading (dBuV)
3. Margin (dB) = Level (dBuV) – Limit (dBuV)

Appendix A: Test equipment list

Test Equipment	Brand	Model No.	Serial No.	Calibration Date	Next Calibration Date
EMI Test Receiver	KEYSIGHT	N9038B	MY63060107	2024/03/06	2025/03/05
Active Loop Antenna	SCHWARZBECK	FMZB1519	1519-067	2024/01/16	2025/01/15
Broadband Antenna	SCHWARZBECK	VULB 9168	9168-172	2024/01/02	2025/01/01
Cable	SUHNER	SUCOFLEX 104	295105/4	2024/03/02	2025/03/02
Cable	SUHNER	SUCOFLEX 104P	CB0005	2024/03/02	2025/03/02
Temperature& Humidity Test Chamber	TERCHY	MHU-225LRU(SA)	950838	2024/06/28	2025/06/27
966-2_3m Semi-Anechoic Chamber	CHANCE MOST	CEM-966_2	N/A	2024/07/30	2025/07/29
Test software	Audix	e3	V9	NCR	NCR
LISN	R&S	ENV216	101159	2024/05/07	2025/05/06
Cable	SUHNER	SUCOFLEX 106	27222 /6	2024/01/12	2025/01/11
Triple loop Cable	SUHNER	SUCOFLEX 106	27221 /6	2024/01/10	2025/01/09
EMI Test Receiver	R&S	ESCS30	825788/014	2024/03/05	2025/03/04
Test software	Audix	e3	V4.20040112L	NCR	NCR
Test site	Intertek	Con-1	N/A	NCR	NCR

Note: No Calibration Required (NCR).

Appendix B: Measurement Uncertainty

This uncertainty represents an expanded uncertainty expressed at approximately the 95% confidence level using a coverage factor of $k=2.0$.

Item	Uncertainty
Frequency stability	0.06 ppm
Radiated disturbances from 9kHz~30MHz in a semi-anechoic chamber at a distance of 3m	2.73 dB
Vertically polarized radiated disturbances from 30MHz~1GHz in a semi-anechoic chamber at a distance of 3m	3.91 dB
Horizontally polarized radiated disturbances from 30MHz~1GHz in a semi-anechoic chamber at a distance of 3m	3.49 dB
Conducted Measurement	0.69 dB
AC Conducted Emission	1.31 dB