POWER WATCH USER MANUAL

Set up your device Pairing: First launch



Download Body Sensor appon App store or Google Play



Choose the device to set up.



Make sure your device still has power. If not, charge the core to full for an hour.

<u>-</u>₹10 0



Tap to go to the Time 4-digit code screen, hold the right appears on the side of the screen to device's screen. activate pairing mode



Make sure Bluetooth is turn on. Place your device and tap "Scan" in the app.



Select the device on the device list.



See if the 4-digit number in app's pop-up box matches the number showing on the device. If not try selecting other device.



To upload your device data, go to Home screen and tap the sync icon on the top-right corner.

Pairing: from Settings



Go to Settings Pair a New Device



Choose the device



Please charge the core to full for an hour





Tap to go to the Time 4-digit code screen, hold the right appears on the side of the screen to device's screen. activate pairing mode



Make sure Bluetooth is turn on. Place your device close to phone/tablet, and tap "Scan" in the

app.



Select the device on the device list.



See if the 4-digit number in app's pop-up box matches the number showing on the device. If not try selecting other



To upload your device data, go to Home screen and tap the sync icon on the top-right corner.

Send SOS message



Fill out your emergency contact information before you use SOS function Please go to: Settings/SOS/Emergency Contact



To send the SOS message to your emergency contact, the device has to be connected with the phone first.





Hold 7 seconds on the right side of the device screen to activate SOS.



To cancel SOS, ignore it for 10 seconds.

To send SOS message to the emergency contact, tap once on the right side of the device screen

₹2 505 ⊙

If the device is disconnected with the phone, the screen flashes (up to 30 mins) until connected so the message can be sent.

✓ 505

After the SOS me sent, this screen stays for 10 secs.

After the phone app confirms the SOS message sent, this screen stays for 10 seconds

Features



When you stay still over 30 mins in the set active hour, you will get notified to move. The active hour can be set from the app.



Set up to 3 tasks that triggers vibration or display as reminder.



Alert you when the device is out of the connecting range with the phone.



Alert you when the device and app is disconnected.



Sync your device data with your phone app.



Display local time and connectivity between device and the app.



6886

Calculate how many steps you walk per day.



Record your daily walking/workout distance.





Record your daily burn calories. 880





Notify you with any missed calls and





SMS messages.



Notify you with any incoming calls.

Smart Key (chose 1 from 3)



Smart Keys only work when the device is connected to the phone. If not, turn on the Phone Connection here: Settings/Phone Connection



To activate Camera

Remote, go to Settings/Smart Keys, and tap "Launch" button next to Camera Remote.



Tap twice on the right side of the device screen to take a photo.

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Tap twice





To activate Video Remote, go to Settings/Smart Keys, and tap "Launch" button next to Video Remote.



Tap twice on the right side of the device screen to start and end recording a video.





To activate Find Phone, turn on Find Phone application first. Go to: Settings/Smart Keys/Find Phone



Tap twice on the right side of the device screen to trigger phone/tablet's ringtone.

This device complies with Part 15 of the FCC Rules. Operation is subject to the

following two conditions:

1. This device may not cause harmful interference, and 2. This device must accept any interference received, including interference that may cause undesired operation.

accept any interference received, including interference that may clause undestined operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the PCC Dieler. These limits are designed to provide reasonable protection against harmful interference in a residerfail installation. This equipment generates, uses and can radulter addo frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does ususe harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to by to correct the interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to by to correct the interference to radio or relevise and on, the user is encouraged to by the or correct the interference to radio or relevise and on, the user is encouraged to by the or correct the interference to radio or relevise necessaries.

—Increase the expansion between the equipment and receiver.
—Connect the equipment ind on outdoor.

—Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this