S49

Overview

Sonos' first headphones offer core features for on-the-go listening and a unique Sonos experience at home—

- **Surrounded by audio.** Stream lossless audio over Bluetooth or USB-C and experience hyperrealistic spatial audio.

- **Ignore the noise.** Active Noise Cancellation (ANC) neutralizes sound for maximum immersion.

- **Adjust for comfort.** The extendable headband and rotating earcups adjust to your head for your individual fit.

- **Battery lasts up to 30 hours.** Listen for 30 hours with ANC enabled. Get 3 hours of playback with a quick 3-minute charge using the included USB-C cable.

- **TV audio swap.** Instantly swap TV audio from your Sonos soundbar and enable head tracking for a uniquely interactive experience.

- **Sonos S2 compatible.** Use the Sonos app to adjust EQ, customize you spatial audio, and change control functions to your exact preference.

How to control S49

1	**Volume**	**Slide up** to increase the volume.
		Slide down to decrease the volume.
		Slide and hold to quickly change the volume.

| **2** | **Play/Pause** | **Press once** to play or pause audio. |

| **3** | **Next/Previous** | **Double press** to skip to the next track. |
| | | **Triple press** to go back one track. |

4	**Noise cancelling / Voice**	**Press once** to toggle between ambient and noice cancelling mode.
		Press and hold to use a voice assistant.
		Note: If you haven't setup a voice assistant in the Sonos app, your device's voice assistant will activate.

| **5** | **Status light** | The status light is used to indicate battery level, charging state, Bluetooth connection, and signals product updates and errors. It turns off when you're wearing Sonos S49. |
| | | **Note**: The status light will blink blue when you first powered on S49 and after a factory reset. |

6	**Power / Bluetooth**	**Power on**
		Press once to power on. S49 automatically connects to the most recently paired Bluetooth device.
		Bluetooth pairing
		Press and hold to pair with a new Bluetooth device.
		Factory reset
		Press and hold for 7 seconds while connected to power.
7	**USB-C port**	**Charging**
		Use the included cable and a compatible (7.5 W minimum) USB-C power adapter.
		Line-in
		Use the Sonos Line-In Adapter (sold separately) to plug in to a USB-C audio device.

Bluetooth pairing

Sonos S49 goes into Bluetooth pairing mode when you power it on. If a device was previously paired, S49 will connect to it automatically.

You can put S49 into Bluetooth pairing mode using the **Power/Bluetooth** button:

1. **Press and hold** the **Power/Bluetooth** button until the status light blinks blue and you hear a tone.

2. Go to your device's Bluetooth settings. Select S49 from the device list.

3. You'll hear a tone when S49 successfully connects to your device.

STATUS LIGHT	DESCRIPTION
Solid white	Powered on, not connected to a device via Bluetooth
Solid blue	Powered on, connected to a device via Bluetooth
Blinking blue	Powered on, searching for a Bluetooth device

Charging

Use the included USB-C—C cable and a compatible USB-C PD adapter.

Note: Battery percentage can be viewed in the Sonos app.

STATUS LIGHT	DESCRIPTION
Pulsing amber	Battery 10%, charge soon
Solid amber	Plugged in to power, charging
Solid green	Plugged in to power, battery 100%
Pulsing red	Battery or charging error, unplug from power if charging

Voice services

Use your voice to control your Sonos system with any voice-enabled Sonos product—play and control content, turn the volume up or down, and more.

- **Sonos Voice Control**: control your whole Sonos system with hands-free ease and unmatched privacy. Sonos Voice Control comes ready to use—it only takes a few seconds to add when you set up your speakers. **More information**

- **Amazon Alexa**: you'll need the Sonos app and the Alexa app with the Sonos skill enabled. You'll make some changes in both apps during setup. **Learn more**

- **Google Assistant**: you'll need the Sonos app and the Google Assistant app. You'll make some changes in both apps during setup. **Learn more**

- **Siri**: you'll need the Apple Home app. Add your AirPlay2-compatible Sonos speakers to the Apple Home app and then use an iPhone, iPad, or Apple TV to ask Siri to play music (currently limited to Apple Music). **Learn more**

Note: Voice control isn't supported in every country yet—this feature will be available as soon as Sonos and a voice service launch together in your region.

Product settings

You can adjust these settings for S49...
In the Sonos app, go to **Settings** > ...

FEATURE	DESCRIPTION
Noise cancelling	Three levels of noise cancelling: • Full NC • Passthrough (out loud) • Off (no NC)
Spatial audio	
Head tracking	

Important safety information

1. Read these instructions.

2. Keep these instructions.

3. Heed all warnings.

4. Follow all instructions.

5. Clean only with a dry soft cloth. Household cleaners or solvents can damage the finish on your Sonos products.
   Sonos products with rubber rings on the bottom, such as Move, One, and One SL, may leave a faint ring on some surfaces treated with polyurethane. This ring can be easily removed by wiping with a damp cloth.

6. Do not block any ventilation openings. Install in accordance with the manufacturer's instructions.

7. Do not install near any heat sources such as radiators, heat registers, stoves, or other apparatus that produce heat.

8. Protect the power cable from being walked on or pinched, particularly at plugs, convenience receptacles, and the point where they exit from the apparatus.

9. Only use attachments/accessories specified by the manufacturer.

10. Unplug this apparatus during lightning storms or when unused for long periods of time.

11. Refer all servicing to Sonos qualified service personnel. Servicing is required when the apparatus has been damaged in any way, such as power-supply cable or plug is damaged, liquid has been spilled or objects have fallen into the apparatus, the apparatus has been exposed to rain or moisture, does not operate normally, or has been dropped.

12. The Mains plug should be readily available to disconnect the equipment.

13. Sonos Roam and Sonos Roam SL meet IP67 water resistance levels.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

• Reorient or relocate the receiving product or antenna.

• Increase the separation between the equipment and receiver.

• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

• Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by SONOS, INC. could void the user's authority to operate this equipment.

This device complies with part 15 of the FCC Rules and with ISED Canada license-exempt RSS standard(s).
Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
1.   L'appareil ne doit pas produire de brouillage;
2.   L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

The device for operation in the band 5150–5250 MHz is only for indoor use to reduce the potential for harmful interference to co-channel mobile satellite systems

Les dispositifs fonctionnant dans la bande de 5 150 à 5 250 MHz sont réservés uniquement pour une utilisation à l'intérieur afin de réduire les risques de brouillage préjudiciable aux systèmes de satellites mobiles utilisant les mêmes canaux.

This device complies with FCC and ISED Canada radiation exposure limits set forth for general population. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

FCC ID: SBVRM049 || **IC**: 5373A-RM049

DON'T attempt to remove the rechargeable lithium-ion battery from this product. Contact your local Sonos retailer or other qualified professional for removal.

Please dispose of used batteries properly, following local regulations. Do not incinerate.