

# Health and Safety Information



## Usage guidelines: All about performance and safety

### Getting the Most Out of Your reception

The quality of each call you make or receive depends on the signal strength in your area. Your phone informs you of the current signal strength by displaying a number of bars next to the signal strength icon. The more bars displayed, the stronger the signal.

If you're inside a building, being near a window may give you better reception.

### Understanding the Power Save Feature

If your phone is unable to find a signal after 15 minutes of searching, a Power Save feature is automatically activated. If your phone is active, it periodically rechecks service availability or you can check it yourself by pressing any key. Anytime the Power Save feature is activated, a message displays on the screen. When a signal is found, your phone returns to standby mode.

### Understanding How Your Phone Operates

Your phone is basically a radio transmitter and receiver. When it's turned on, it receives and transmits radio frequency (RF) signals. When you use your phone, the system handling your call controls the power level. This power can range from 0.006 watts to 0.2 watts in digital mode.



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## Knowing Radio Frequency Safety

The design of your phone complies with updated NCRP standards described below.

In 1991-92, the Institute of Electrical and Electronics Engineers (IEEE) and the American National Standards Institute (ANSI) joined in updating ANSI's 1982 standard for safety levels with respect to human exposure to RF signals. More than 120 scientists, engineers and physicians from universities, government health agencies and industries developed this updated standard after reviewing the available body of research. In 1993, the Federal Communications Commission (FCC) adopted this updated standard in a regulation. In August 1996, the FCC adopted hybrid standard consisting of the existing ANSI/IEEE standard and the guidelines published by the National Council of Radiation Protection and Measurements (NCRP)

## Maintaining Your Phone's Peak Performance

**Note:** For the best care of your phone, only authorized personnel should service your phone and accessories. Faulty service may void the warranty.

There are several simple guidelines to operating your phone properly and maintaining safe, satisfactory service.

Hold the Phone with the antenna raised, fully-extended and over your shoulder.

Try not to hold, bend or twist the phone's antenna.

Don't use the phone if the antenna is damaged.

Speak directly into the phone's receiver.

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## Maintaining Safe Use of and Access to Your Phone

FAILURE TO FOLLOW THE INSTRUCTIONS OUTLINED MAY LEAD TO SERIOUS PERSONAL INJURY AND POSSIBLE PROPERTY DAMAGE

IMPORTANT SAFETY INSTRUCTIONS - SAVE THESE INSTRUCTIONS.

DANGER - TO REDUCE THE RISK OF FIRE OR ELECTRIC SHOCK, CAREFULLY FOLLOW THESE INSTRUCTIONS.

FOR CONNECTION TO A SUPPLY NOT IN THE U.S.A., USE AN ATTACHMENT PLUG ADAPTOR OF THE PROPER CONFIGURATION FOR THE POWER OUTLET.

### Using Your Phone While Driving

Talking on your phone while driving is illegal in some states. Even where it's not, it can divert your attention from driving. Remember that safety always comes first.

When using your phone in the car:

Get to know your phone and its features, such as speed dial and redial.

When available, use a hands-free device.

Position your phone within easy reach.

Let the person you are speaking to know you are driving; if necessary, suspend the call in heavy traffic or hazardous weather conditions.

Do not take notes or look up phone numbers while driving.

Dial sensibly and assess the traffic; if possible, place calls when you are stationary or before pulling into traffic.

Do not engage in stressful or emotional conversations that may divert your attention from the road.

Dial **9,1,1** to report serious emergencies. It's free from your wireless phone.

Use your phone to help others in emergencies.

Call special non-emergency wireless number when necessary.