



Test report No:
NIE: 61609RRF.002

Test report

USA FCC Part 15.247, 15.209
CANADA RSS-247, RSS-Gen

Radio Frequency Devices. Operation within the bands 902 - 928 MHz, 2400 - 2483.5 MHz, and 5725 - 5850 MHz.
Digital Transmission Systems (DTSS), Frequency Hopping Systems (FHSS) and Licence-Exempt Local Area Network (LE-LAN) Devices.
General Requirements and Information for the Certification of Radio Apparatus.

(*) Identification of item tested	ECG measurement device
(*) Trademark	Firstbeat
(*) Model and /or type reference	Bodyguard 3
Other identification of the product	HW version: 0201 SW version: SW-R1 FCC ID: REVFBG30 IC: 10896A-FBG30
(*) Features	Bluetooth LE
Applicant	Firstbeat Technologies Oy Yliopistonkatu 28 A 40100, Jyväskylä, Finland
Test method requested, standard	USA FCC Part 15.247 (10-1-18 Edition): Operation within the bands 902 - 928 MHz, 2400 -2483.5 MHz, and 5725 - 5850 MHz. USA FCC Part 15.209 (10-1-18 Edition): Radiated emission limits; general requirements. CANADA RSS-247 Issue 2 (February 2017). CANADA RSS-Gen Issue 5 (April 2018). Guidance for Performing Compliance Measurements on Digital Transmission System, Frequency Hopping Spread Spectrum System, and Hybrid Systems Devices Operating Under Section 15.247 of the FCC Rules. 558074 D01 Meas Guidance v05r02 dated April 2, 2019. ANSI C63.10-2013: American National Standard for Testing Unlicensed Wireless Devices.
Summary	IN COMPLIANCE
Approved by (name / position & signature)	Jose Carlos Luque RF Lab. Supervisor
Date of issue	2019-12-18
Report template No	FDT08_22 (*) "Data provided by the client"

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Competences and guarantees

DEKRA Testing and Certification S.A.U. is a testing laboratory accredited by the National Accreditation Body (ENAC -Entidad Nacional de Acreditación), to perform the tests indicated in the Certificate No. 51/LE 147.

DEKRA Testing and Certification is a FCC-recognized accredited testing laboratory with appropriate scope of accreditation that include testing performed in this test report.

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In order to assure the traceability to other national and international laboratories, DEKRA Testing and Certification S.A.U. has a calibration and maintenance program for its measurement equipment.

DEKRA Testing and Certification S.A.U. guarantees the reliability of the data presented in this report, which is the result of the measurements and the tests performed to the item under test on the date and under the conditions stated on the report and, it is based on the knowledge and technical facilities available at DEKRA Testing and Certification S.A.U. at the time of performance of the test.

DEKRA Testing and Certification S.A.U. is liable to the client for the maintenance of the confidentiality of all information related to the item under test and the results of the test.

The results presented in this Test Report apply only to the particular item under test established in this document.

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General conditions

1. This report is only referred to the item that has undergone the test.
2. This report does not constitute or imply on its own an approval of the product by the Certification Bodies or competent Authorities.
3. This document is only valid if complete; no partial reproduction can be made without previous written permission of DEKRA Testing and Certification S.A.U.
4. This test report cannot be used partially or in full for publicity and/or promotional purposes without previous written permission of DEKRA Testing and Certification S.A.U. and the Accreditation Bodies.

Uncertainty

Uncertainty (factor $k=2$) was calculated according to the DEKRA Testing and Certification S.A.U. internal document PODT000.

Data provided by the client

The following data has been provided by the client:

1. Information relating to the description of the sample ("Identification of the item tested", "Trademark", "Model and/or type reference tested").
2. The sample consists of a Device which is used as a data logger and data processor of ECG signal. Device is attached to chest for typical of 3-5 days measurement sessions. Collected data is sent to Cloud service for deeper analysis and feedback for the user.

DEKRA Testing and Certification S.A.U. declines any responsibility with respect to the information provided by the client and that may affect the validity of result.

Usage of samples

Samples undergoing test have been selected by: The client.

- Sample S/01 is composed of the following elements:

Control Nº	Description	Model	Serial Nº	Date of reception
61609/004	ECG measurement device	Bodyguard 3	00035	2019/11/08

Sample S/01 has undergone the following test(s): All RADIATED tests indicated in Appendix A.

- Sample S/02 is composed of the following elements:

Control Nº	Description	Model	Serial Nº	Date of reception
61609/001	ECG measurement device	Bodyguard 3	00024	2019/11/08

Sample S/02 has undergone the following test(s): All CONDUCTED tests indicated in Appendix A.

Test sample description

Ports..... :	Port name and description	Cable					
		Specified max length [m]	Attached during test	Shielded	Coupled to patient ⁽³⁾		
		USB A to C		☒	☐	☐	
		ECG electrode cable	0,4	☒	☐	☐	
			☐	☐	☐		
Supplementary information to the ports..... :	ECG electrode is connected to person's chest when in operation. USB is for charging and data connection and is NOT connected when attached to a person.						
Rated power supply	Voltage and Frequency		Reference poles				
			L1	L2	L3	N	PE
	☐	AC:	☐	☐	☐	☐	☐
☒	DC: Standard USB 5V power supply for charging (not provided with the product) Li-Ion 195 mAh (nominal) battery 3.0V-4.2V						
Rated Power	1,8mW						
Clock frequencies	32768Hz and 32MHz						
Other parameters..... :	--						
Software version	SW-R1						
Hardware version..... :	0201						

Dimensions in cm (W x H x D).....:	38mm x 55mm x 8mm		
Mounting position.....:	☐	Table top equipment	
	☐	Wall/Ceiling mounted equipment	
	☐	Floor standing equipment	
	☐	Hand-held equipment	
	☒	Other: Attached in chest with ECG electrodes when in use	
Modules/parts	Module/parts of test item	Type	Manufacturer

Accessories (not part of the test item)	Description	Type	Manufacturer

Documents as provided by the applicant.....:	Description	File name	Issue date

⁽³⁾ Only for Medical Equipment

Identification of the client

Firstbeat Technologies Oy
Yliopistonkatu 28 A
40100, Jyväskylä, Finland

Testing period and place

Test Location	DEKRA Testing and Certification S.A.U.
Date (start)	2019-11-26
Date (finish)	2019-11-27

Document history

Report number	Date	Description
61609RRF.002	2019-12-18	First release

Environmental conditions

In the control chamber, the following limits were not exceeded during the test:

Temperature	Min. = 15 °C Max. = 35 °C
Relative humidity	Min. = 20 % Max. = 75 %
Air pressure	Min. = 860 mbar Max. = 1060 mbar

In the semianechoic chamber, the following limits were not exceeded during the test.

Temperature	Min. = 15 °C Max. = 35 °C
Relative humidity	Min. = 20 % Max. = 75 %
Air pressure	Min. = 860 mbar Max. = 1060 mbar

In the chamber for conducted measurements, the following limits were not exceeded during the test:

Temperature	Min. = 15 °C Max. = 35 °C
Relative humidity	Min. = 20 % Max. = 35 %
Air pressure	Min. = 860 mbar Max. = 1060 mbar

Remarks and comments

The tests have been performed by the technical personnel: Nicolás Salguero and Cristina Calle.

Used instrumentation:

Conducted Measurements:

	Last Calibration	Due Calibration
1. Signal and Spectrum Analyzer ROHDE AND SCHWARZ FSV40	2019/09	2021/09

Radiated Measurements:

	Last Calibration	Due Calibration
1. Semianechoic Absorber Lined Chamber ETS LINDGREN FACT 3 200 STP	N.A.	N.A.
2. Shielded Room ETS LINDGREN S101	N.A.	N.A.
3. EMI Test Receiver 20Hz- 26.5GHz ROHDE AND SCHWARZ ESU26	2018/02	2020/02
4. Pre-Amplifier G>40dB 10MHz-6GHz, BONN ELEKTRONIK, BLNA 0160-01N	2019/02	2020/02
5. Biconical/Log Antenna 30 MHz - 6 GHz ETS LINDGREN 3142E	2017/04	2020/04
6. Spectrum Analyzer ROHDE AND SCHWARZ FSW50	2018/02	2020/02
7. RF Pre-amplifier, 40 dB ,1-18 GHz BONN ELEKTRONIK BLMA 0118-1M	2019/04	2020/04
8. RF Pre-amplifier, G>30 dB ,18-40 GHz BONN ELEKTRONIK BLMA 0118-1M	2019/02	2021/02
9. Broadband Horn antenna 1-18 GHz SCHWARZBECK MESS-ELEKTRONIK BBHA 9120 D	2018/01	2021/01
10. Broadband Horn antenna 18 - 40 GHz SCHWARZBECK MESS-ELEKTRONIK BBHA 9170	2018/07	2021/07

Testing verdicts

Not applicable:	N/A
Pass:	P
Fail:	F
Not measured:	N/M

Summary

1. Bluetooth Low Energy.

FCC PART 15 PARAGRAPH/ RSS-247			
Requirement – Test case		Verdict	Remark
Section 15.247 Subclause (a) (2) / RSS-247 5.2. (a)	6 dB Bandwidth	P	
Section 15.247 Subclause (b) / RSS-247 5.4. (d)	Maximum output power and antenna gain	P	
Section 15.247 Subclause (d) / RSS-247 5.5.	Band-edge emissions compliance (Transmitter)	P	
Section 15.247 Subclause (e) / RSS-247 5.2. (b)	Power spectral density	P	
Section 15.247 Subclause (d) / RSS-247 5.5.	Emission limitations radiated (Transmitter)	P	
<u>Supplementary information and remarks:</u>			
None.			

Appendix A: Test results. Bluetooth Low Energy

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TEST CONDITIONS

POWER SUPPLY (V):

Vn:	5 Vdc (USB port) Li-Ion 195 mAh (nominal) battery 3.0V-4.2V
Type of Power Supply:	DC voltage
Type of Antenna:	Internal
Maximum Declared Antenna Gain:	-2.5 dBi

TEST FREQUENCIES:

Low Channel:	2402 MHz
Middle Channel:	2440 MHz
High Channel:	2480 MHz

CONDUCTED MEASUREMENTS

The equipment under test was set up in a shielded room and it is connected to the spectrum analyser using a low loss RF cable. The reading of the spectrum analyser is corrected taking into account the cable loss.



The DC supply voltage is applied using from USB port.

RADIATED MEASUREMENTS

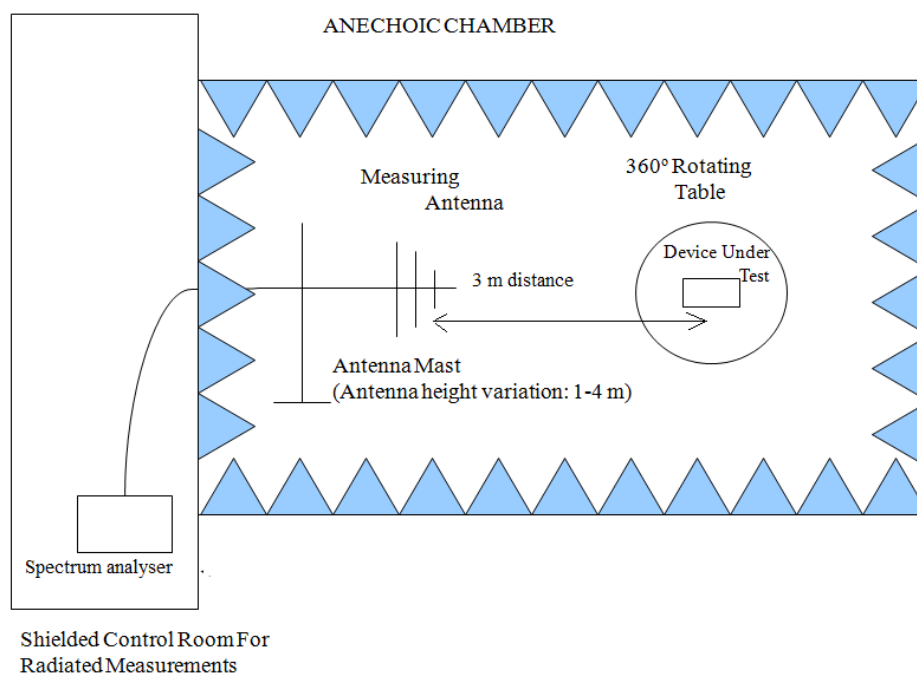
All radiated tests were performed in a semi-anechoic chamber. The measurement antenna (Bilog antenna for the range between 30 MHz to 1000 MHz) is situated at a distance of 3 m and at a distance of 1m for the frequency range 1 GHz-26 GHz (1 GHz-18 GHz Double ridge horn antenna and 18 GHz-40 GHz horn antenna).

For radiated emissions in the range 1 GHz-26 GHz that is performed at a distance closer than the specified distance, an inverse proportionality factor of 20 dB per decade is used to normalize the measured data for determining compliance.

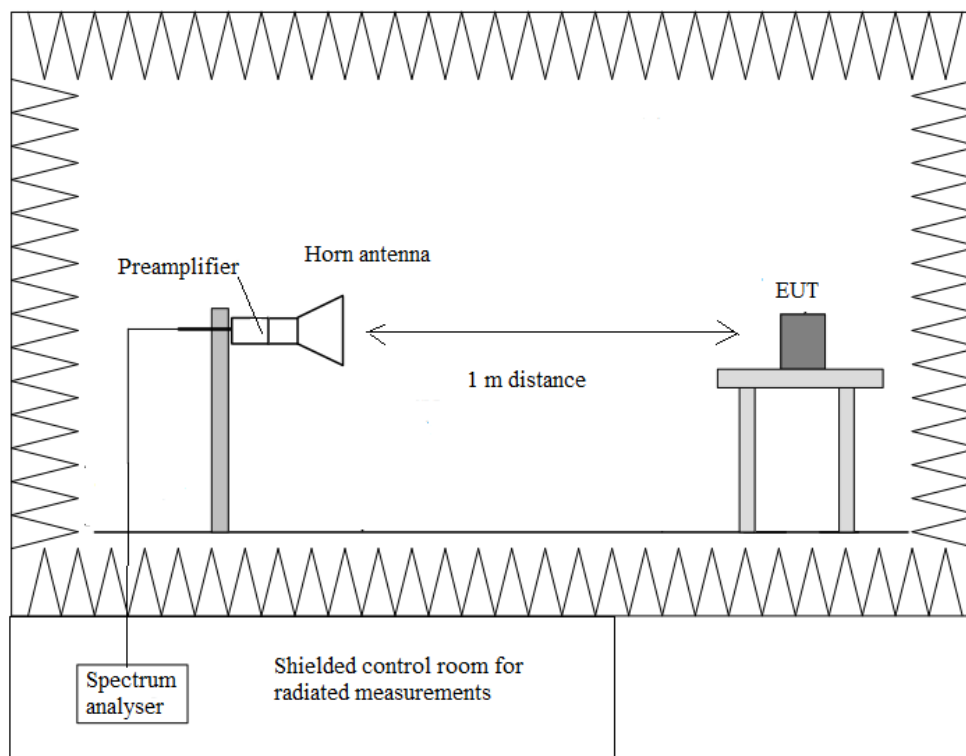
The equipment under test was set up on a non-conductive platform above the ground plane and the situation and orientation was varied to find the maximum radiated emission. It was also rotated 360° and the antenna height (Bilog antenna and Double ridge horn antenna) was varied from 1 to 4 meters to find the maximum radiated emission.

Measurements were made in both horizontal and vertical planes of polarization.

Radiated measurements setup from 30 MHz to 1 GHz:



Radiated measurements setup $f > 1$ GHz:

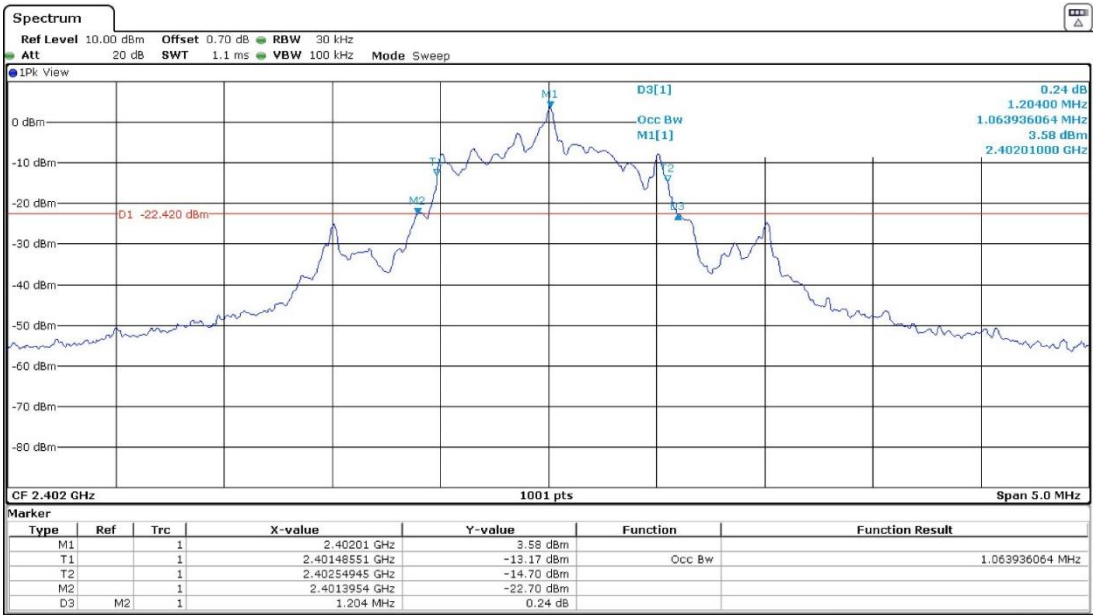


Occupied Bandwidth

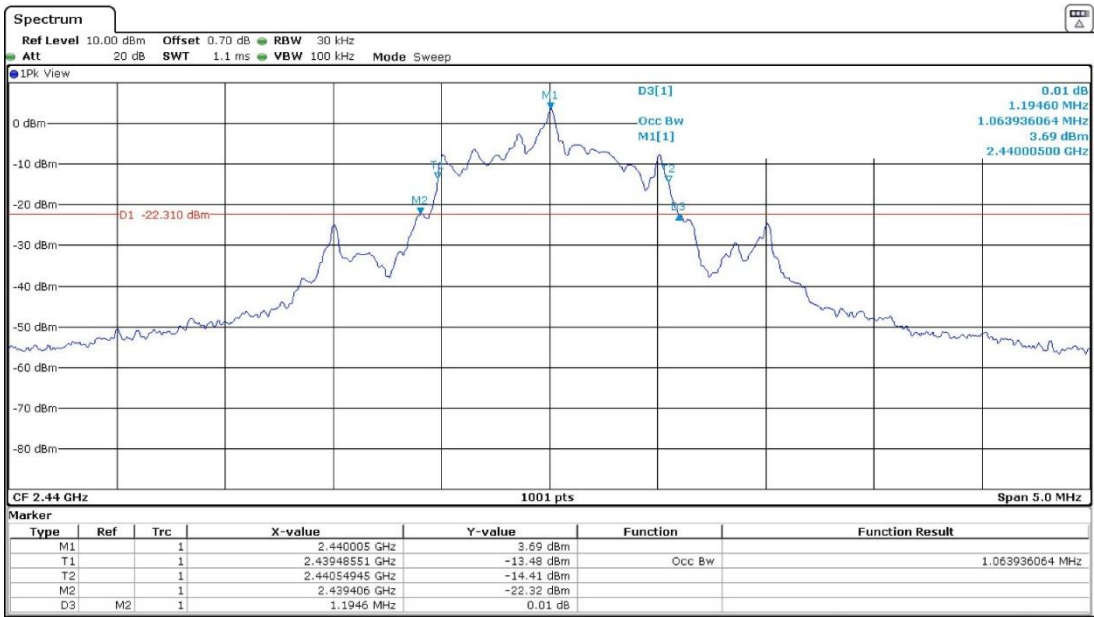
RESULTS:

	Low Channel 2402 MHz	Middle Channel 2440 MHz	High Channel 2480 MHz
99% bandwidth (MHz)	1.064	1.064	1.064
-26 dBc bandwidth (MHz)	1.204	1.195	1.198
Measurement uncertainty (kHz)	<± 2.80		

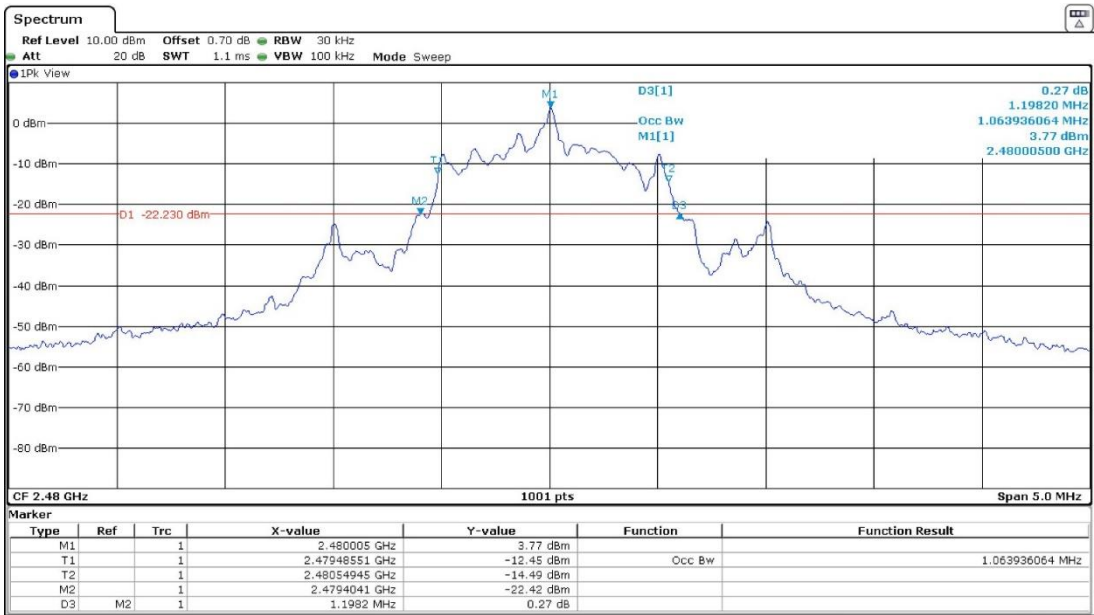
- Low Channel:



- Middle Channel:



- High Channel:



FCC Section 15.247 Subclause (a) (2) / RSS-247 Clause 5.2 (a) 6 dB Bandwidth.

SPECIFICATION:

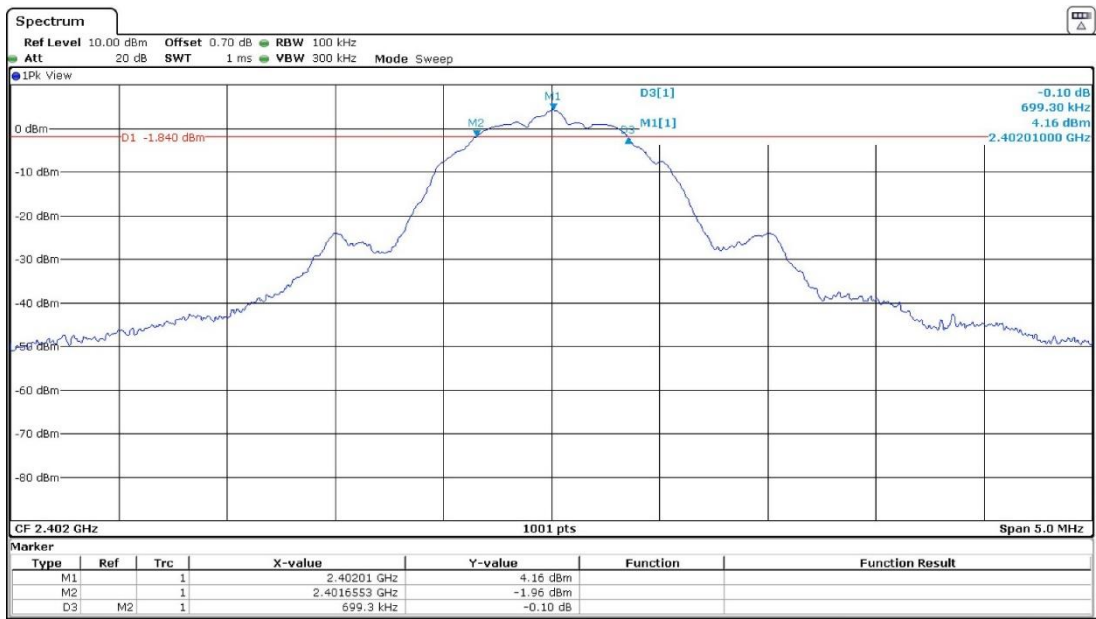
The minimum 6 dB bandwidth shall be at least 500 kHz.

RESULTS:

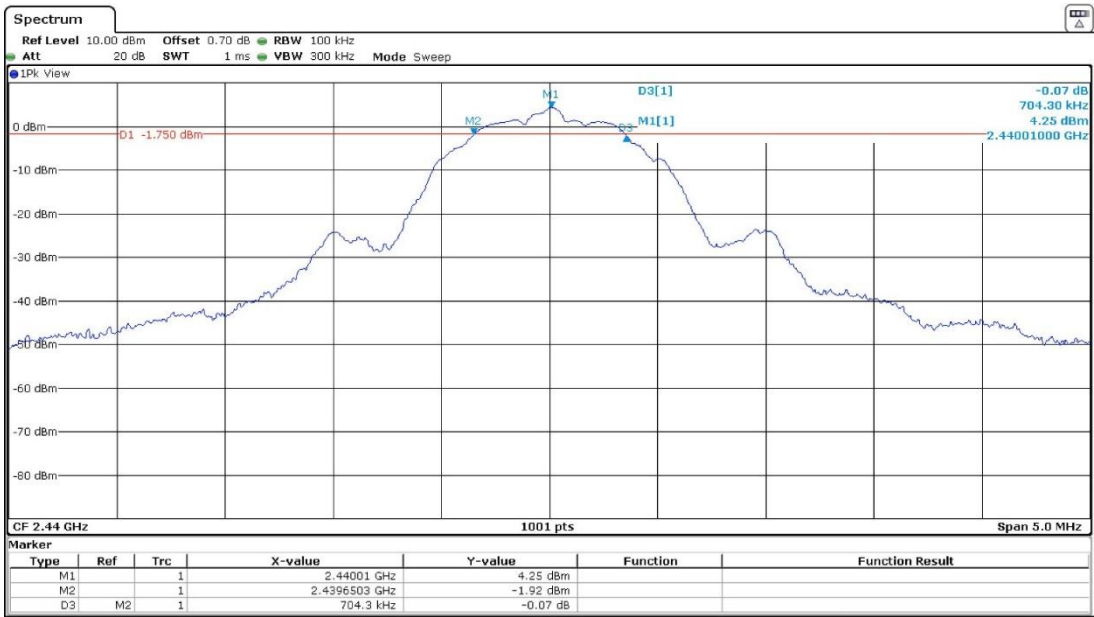
	Low Channel 2402 MHz	Middle Channel 2440 MHz	High Channel 2480 MHz
6 dB Spectrum bandwidth (kHz)	699.3	704.3	704.3
Measurement uncertainty (kHz)	<±3.50		

Verdict: PASS

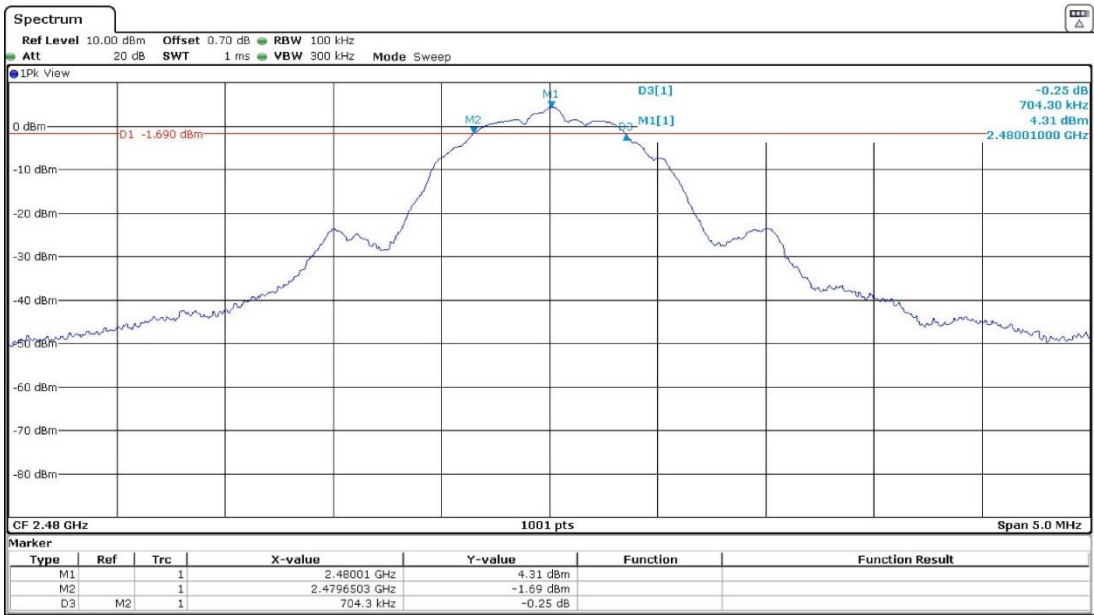
- Low Channel:



- Middle Channel:



- High Channel:



FCC Section 15.247 Subclause (b) / RSS-247 Clause 5.4 (d) Maximum output power and antenna gain

SPECIFICATION:

For systems using digital modulation in the 2400-2483.5 MHz band: 1 watt (30 dBm).

The e.i.r.p. shall not exceed 4 W (36 dBm) (Canada).

RESULTS:

The maximum peak conducted output power level in the fundamental emission was measured using the method according to point 11.9.1.1 "RBW $\geq$ DTS bandwidth" of ANSI C.63.10-2013.

The EIRP power (dBm) is calculated by adding the declared maximum antenna gain to the measured conducted power.

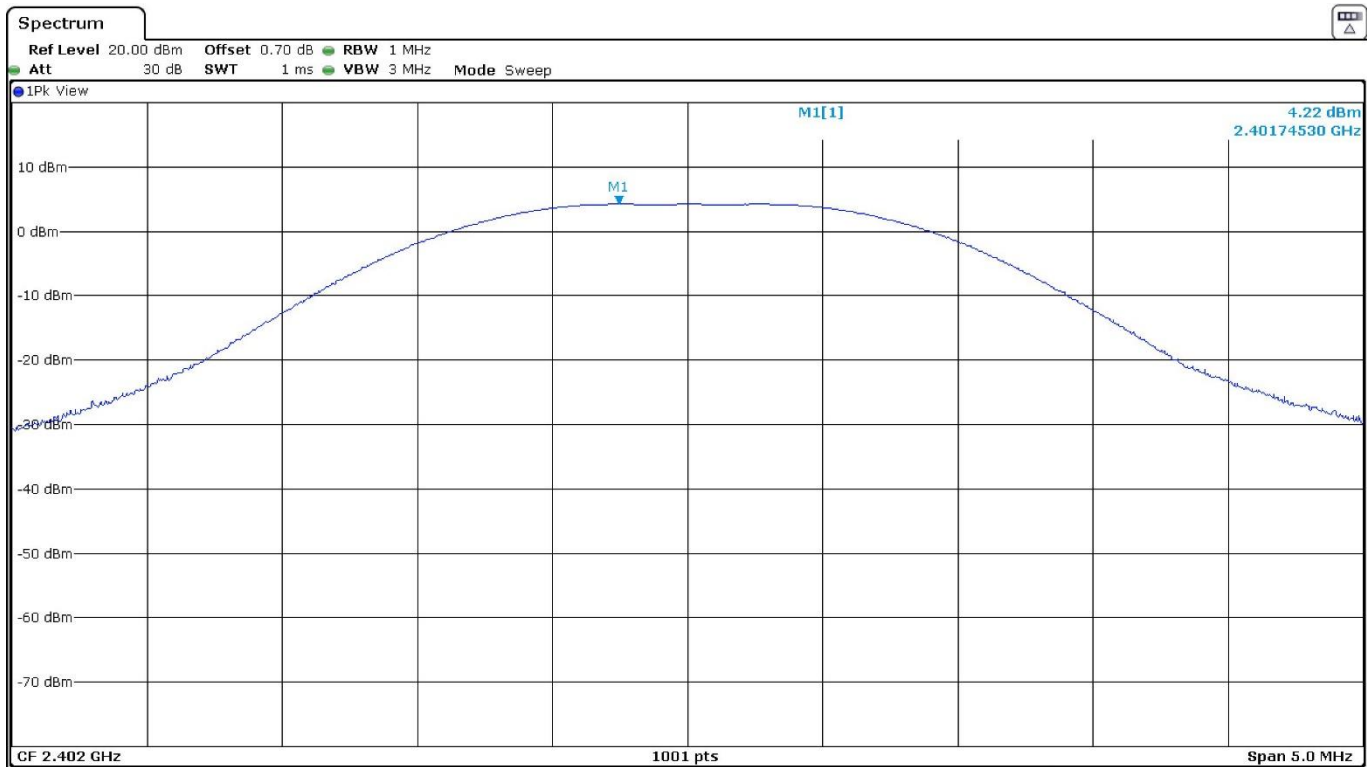
Maximum Declared Antenna Gain: -2.5 dBi

	Low Channel 2402 MHz	Middle Channel 2440 MHz	High Channel 2480 MHz
Maximum Conducted Power (dBm)	4.22	4.23	4.37
Maximum EIRP Power (dBm)	1.72	1.73	1.87
Measurement uncertainty (dB)	< $\pm$ 1.20		

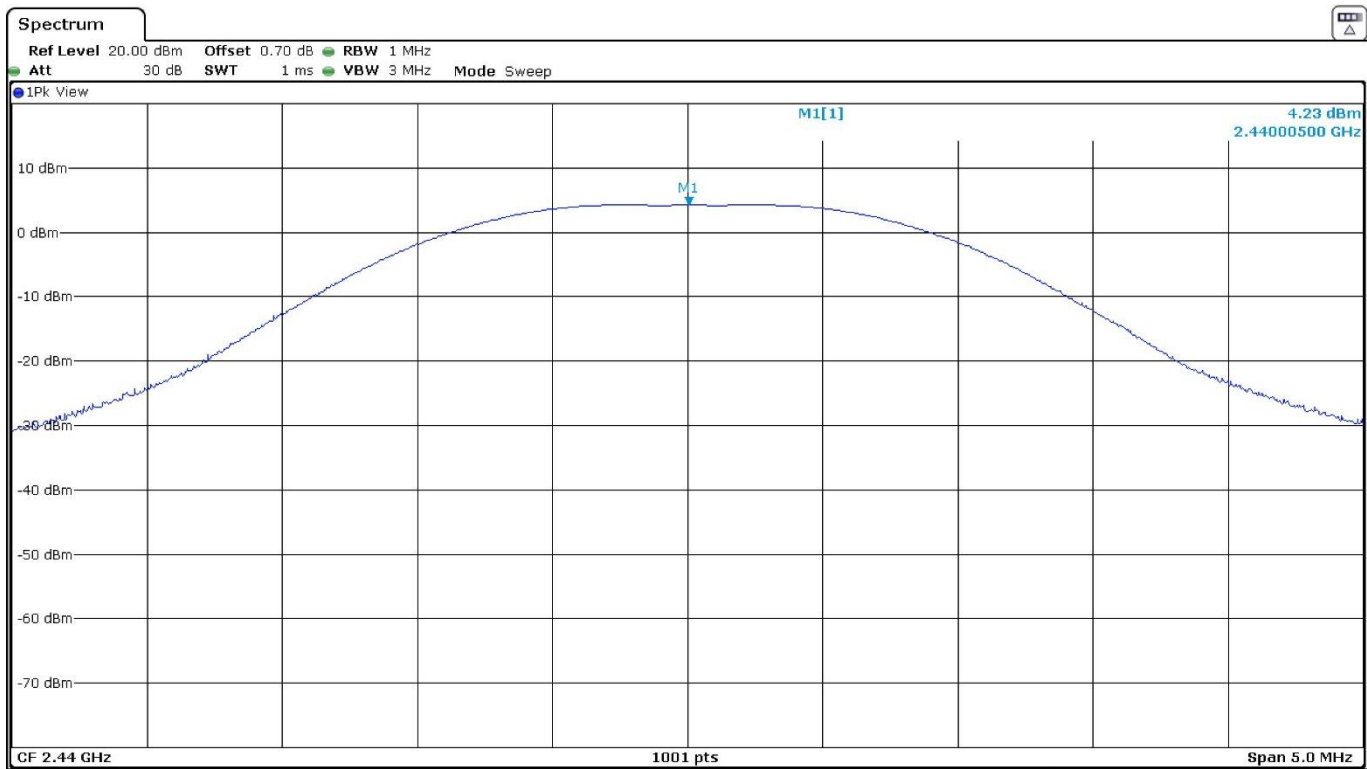
The maximum directional gain of the antenna is less than 6 dBi and therefore the maximum output power is not required to be reduced from the stated values.

Verdict: PASS

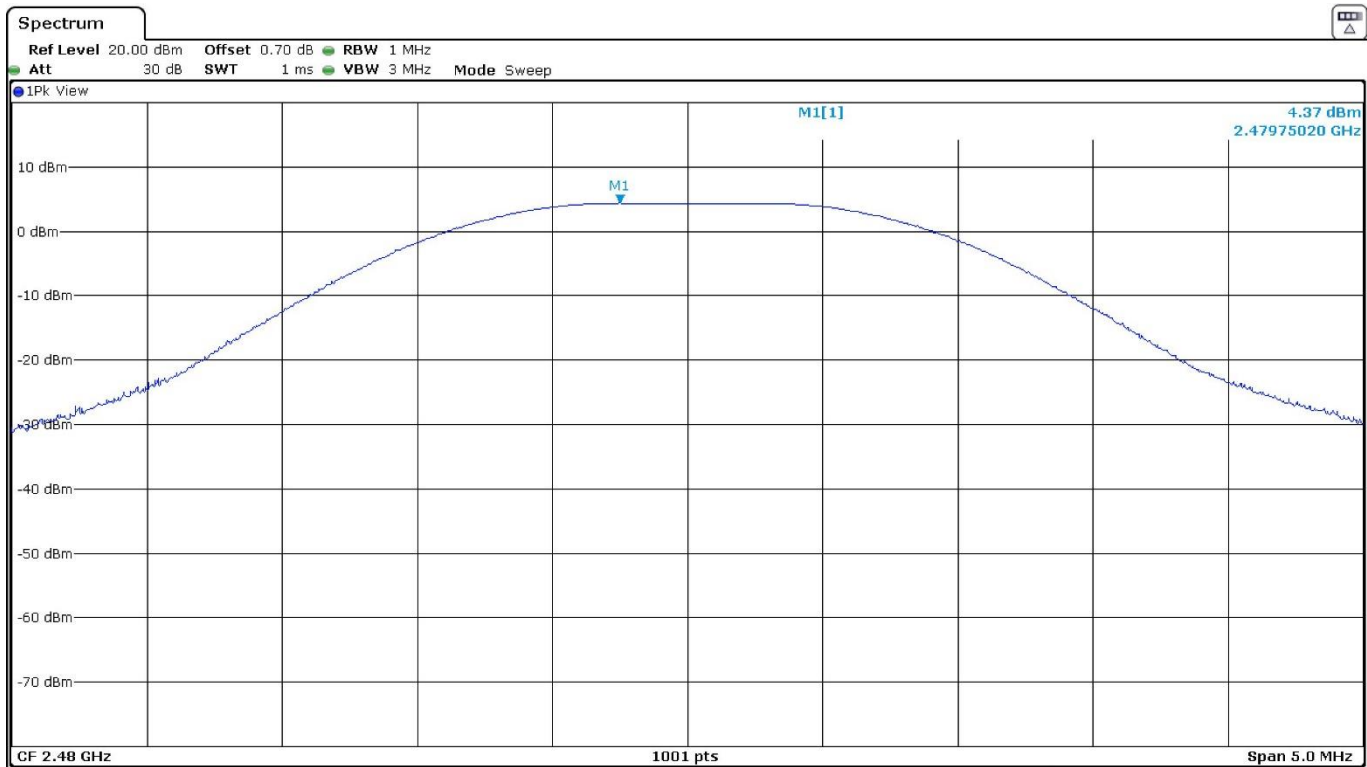
- Low Channel:



- Middle Channel:



- High Channel:



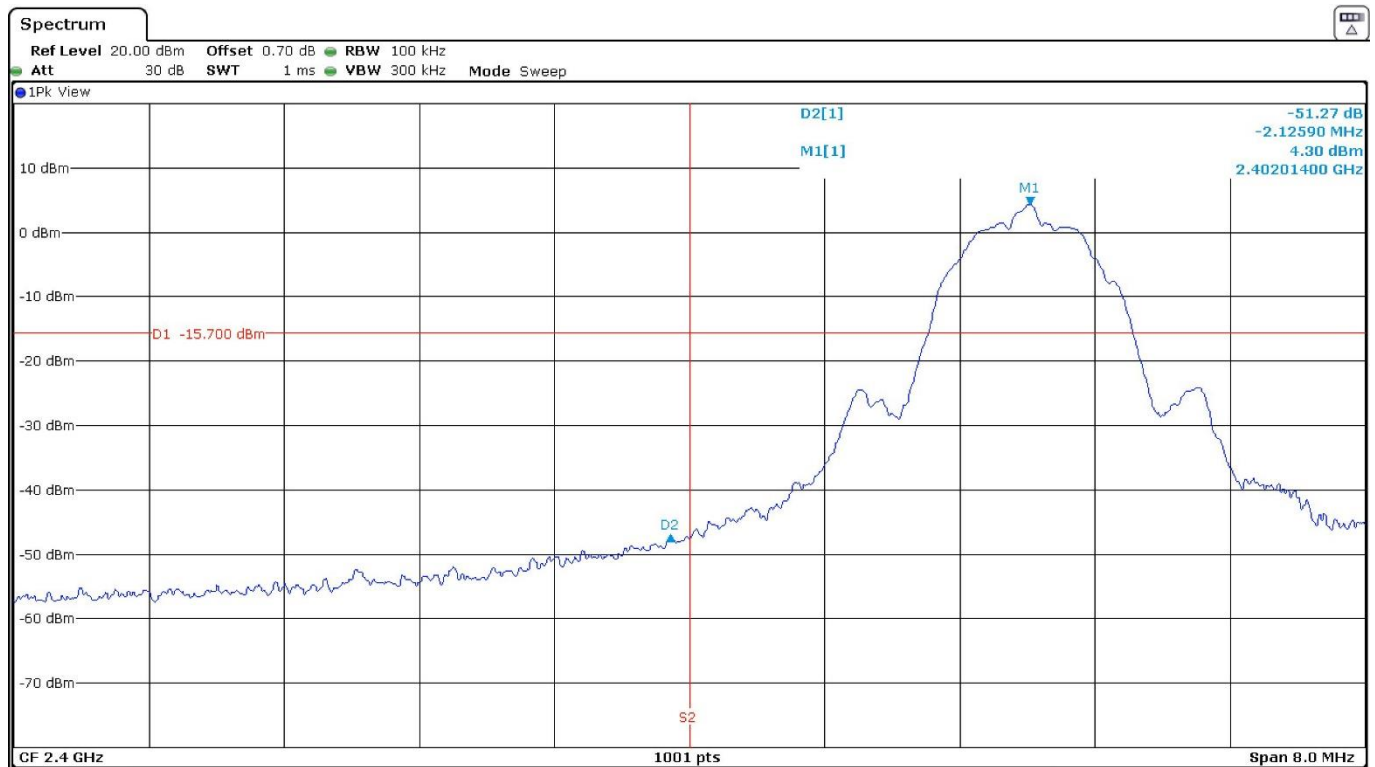
FCC Section 15.247 Subclause (d) / RSS-247 Clause 5.5. Band-edge emissions compliance (Transmitter)

SPECIFICATION:

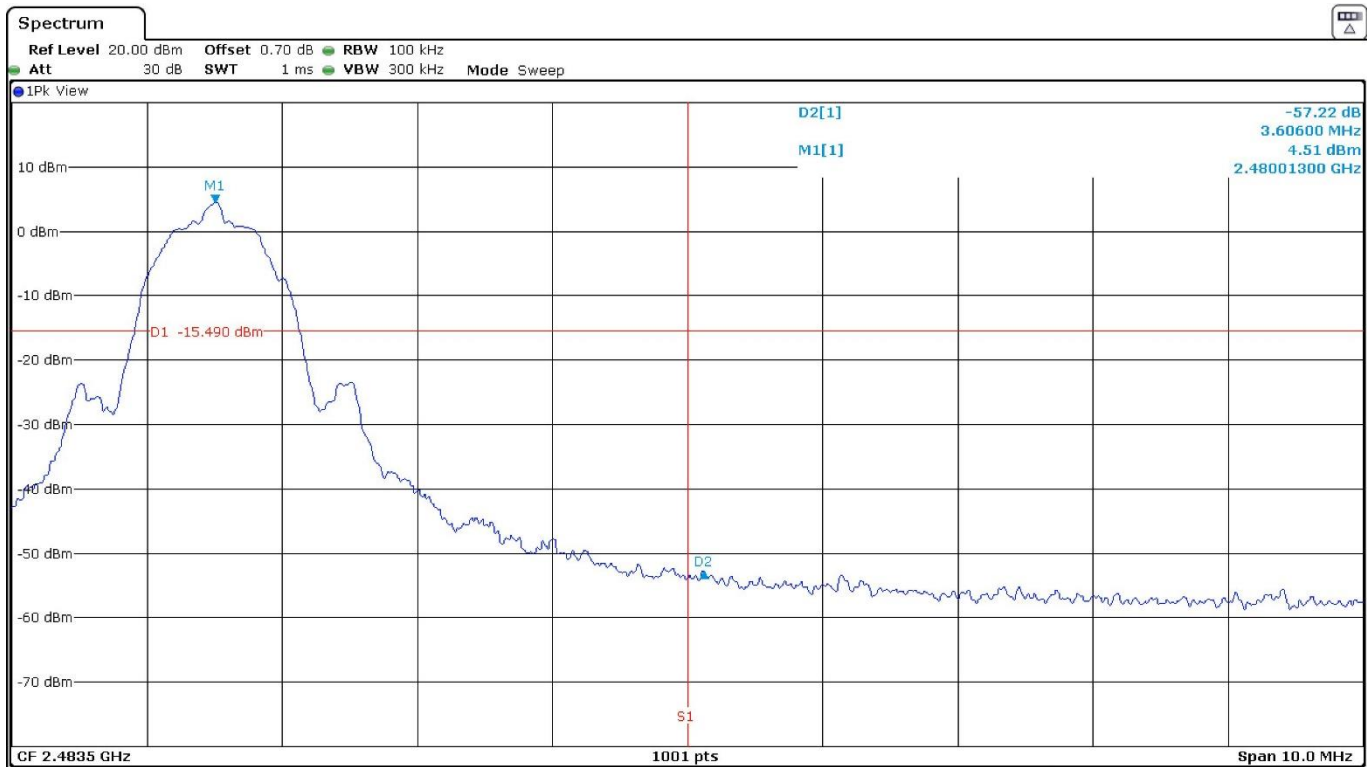
In any 100 kHz bandwidths outside the frequency band in which the intentional radiator is operating, the radio frequency power that is produced by the intentional radiator shall be at least 20 dB below that in the 100 kHz bandwidth within the band that contains the highest level of the desired power, based on either an RF conducted or a radiated measurement, provided the transmitter demonstrates compliance with the peak conducted power limits. If the transmitter complies with the conducted power limits based on the use of RMS averaging over a time interval, the attenuation required under this paragraph shall be 30 dB instead of 20 dB.

RESULTS:

- Low Channel:



- High Channel:



Verdict: PASS

Measurement uncertainty (dB)	<±1.56
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FCC Section 15.247 Subclause (e) / RSS-247 5.2. (b) Power spectral density

SPECIFICATION:

For digitally modulated systems, the power spectral density conducted from the intentional radiator to the antenna shall not be greater than 8 dBm in any 3 kHz band during any time interval of continuous transmission.

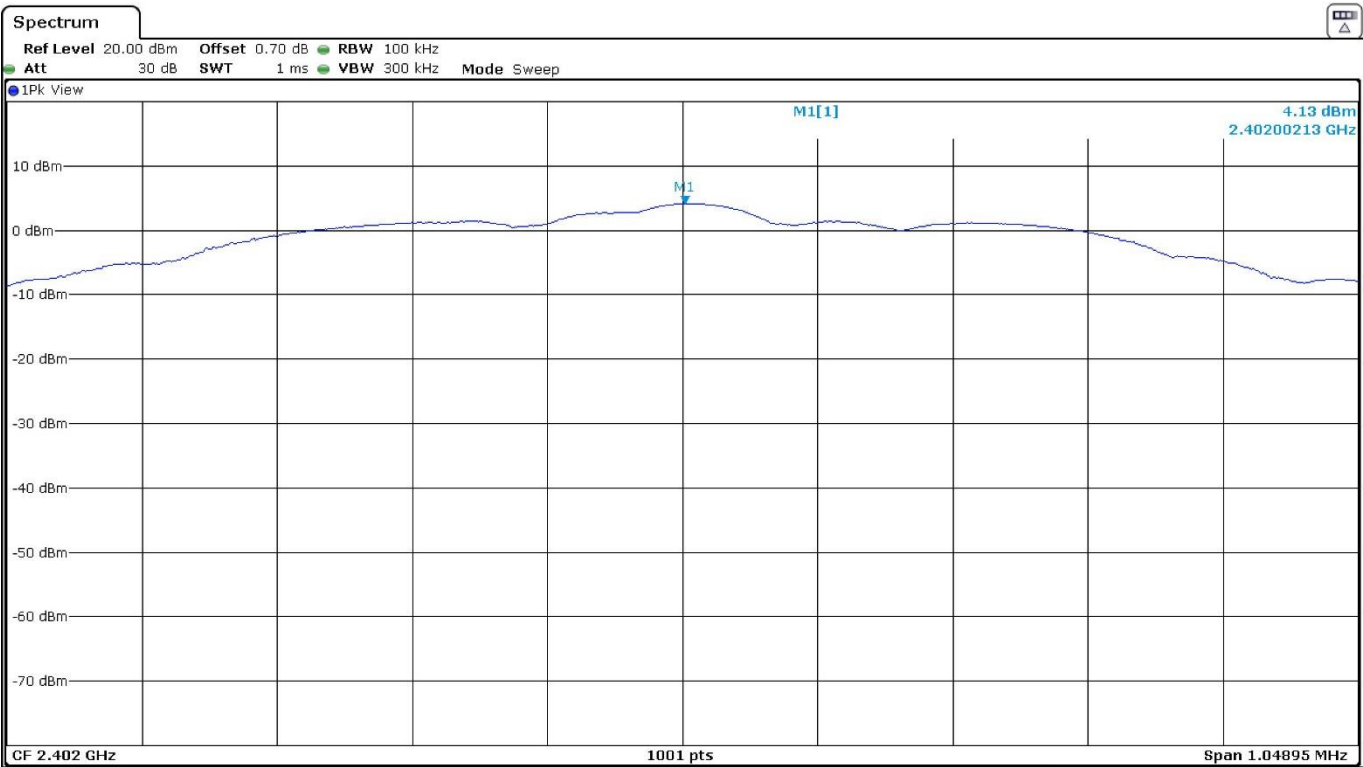
RESULTS:

The maximum power spectral density level in the fundamental emission was measured using the method according to point 11.10.2.” Method PKPSD (peak PSD)” of ANSI C.63.10-2013.

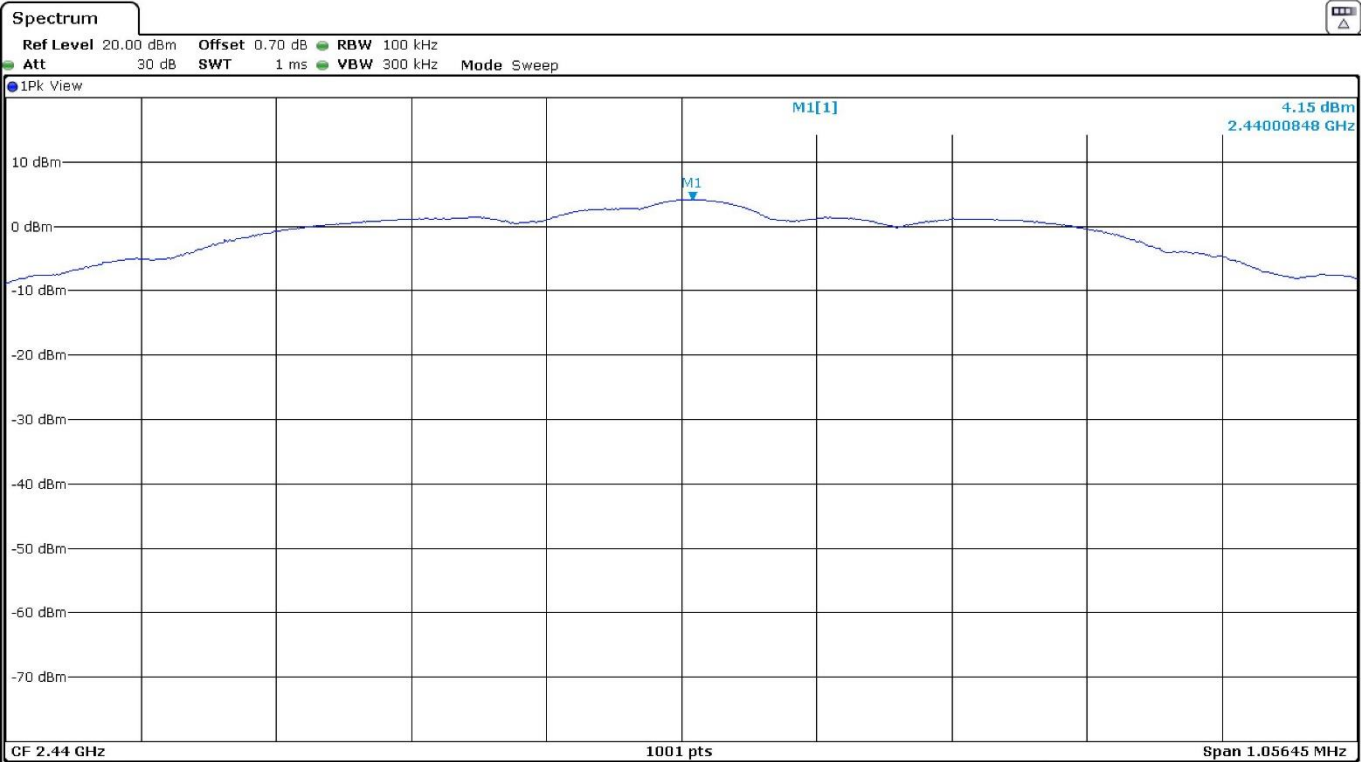
	Low Channel 2402 MHz	Middle Channel 2440 MHz	High Channel 2480 MHz
Power Spectral Density (dBm)	4.13	4.15	4.28
Measurement uncertainty (dB)	<±1.20		

Verdict: PASS

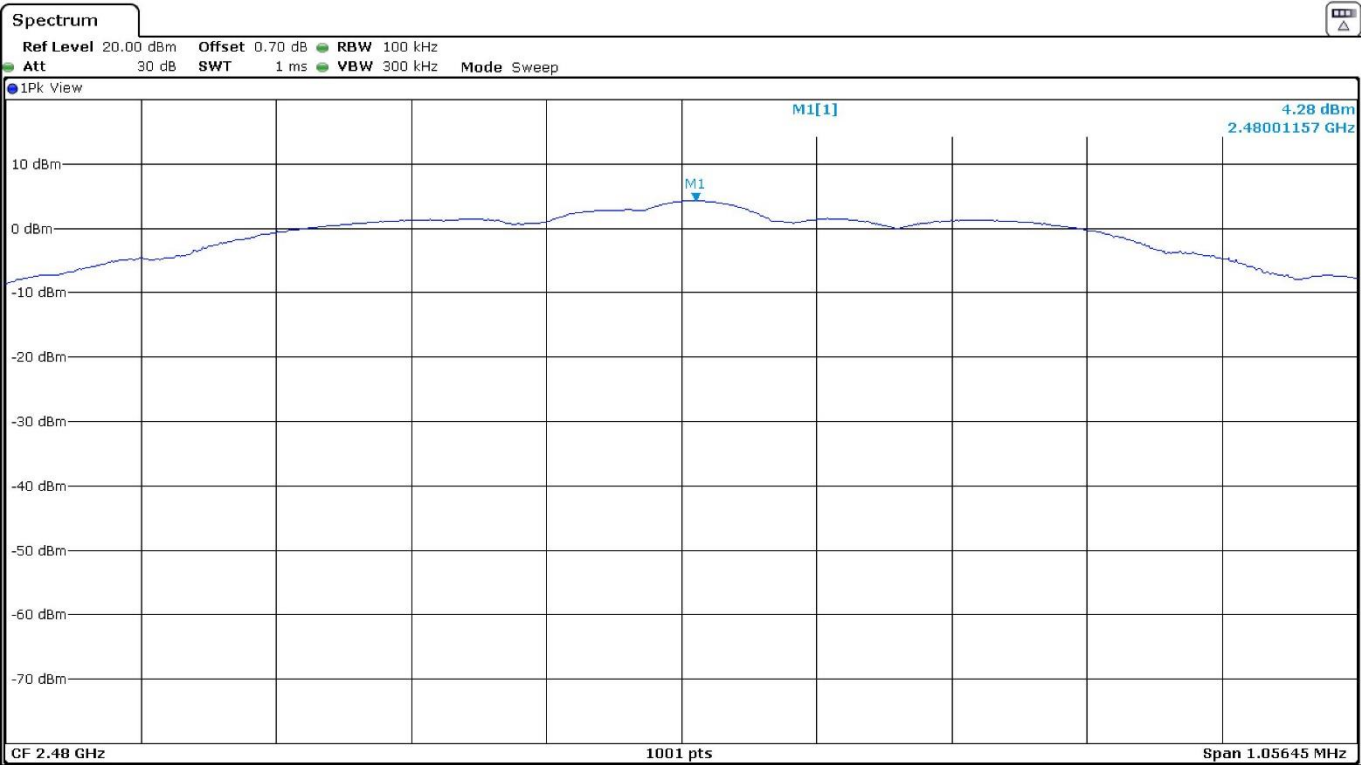
- Low Channel:



- Middle Channel:



- High Channel:



FCC Section 15.247 Subclause (d) / RSS-247 Clause 5.5. Emission limitations radiated (Transmitter)

SPECIFICATION:

Radiated emissions which fall in the restricted bands, as defined in Section 15.205(a), must also comply with the radiated emission limits specified in Section 15.209(a) (see Section 15.205(c)/RSS-Gen):

Frequency Range (MHz)	Field strength ($\mu\text{V/m}$)	Field strength ($\text{dB}\mu\text{V/m}$)	Measurement distance (m)
0.009-0.490	2400/F(kHz)	-	300
0.490-1.705	24000/F(kHz)	-	30
1.705 - 30.0	30	-	30
30 - 88	100	40	3
88 - 216	150	43.5	3
216 - 960	200	46	3
960 - 10000	500	54	3

The emission limits shown in the above table are based on measurements employing CISPR quasi-peak detector except for the frequency bands 9-90 kHz, 110-490 kHz and above 1000 MHz. Radiated emission limits in these three bands are based on measurements employing an average detector.

For average radiated emission measurements above 1000 MHz, there is also a limit corresponding to 20 dB above the indicated values in the table is specified when measuring with peak detector function.

RSS-247: Attenuation below the general field strength limits specified in RSS-Gen is not required.

RESULTS:

The situation and orientation was varied to find the maximum radiated emission. It was also rotated 360° and the antenna height was varied from 1 to 4 meters to find the maximum radiated emission.

Measurements were made in both horizontal and vertical planes of polarization.

All tests were performed in a semi-anechoic chamber at a distance of 3 m for the frequency range 30 MHz-1000 MHz and at distance of 1m for the frequency range 1 GHz-26 GHz.

The field strength is calculated by adding correction factor to the measured level from the spectrum analyzer. This correction factor includes antenna factor, cable loss and pre-amplifiers gain.

Frequency range 30 MHz - 1 GHz:

The spurious frequencies detected do not depend neither on the operating channel nor the modulation mode.

No spurious frequencies detected at less than 20 dB below the limit.

Frequency range 1 - 26 GHz:

The results in the next tables show the maximum measured levels in the 1-26 GHz range including the restricted bands 2.31-2.39 GHz and 2.4835-2.5 GHz.

Spurious frequencies with peak levels above the average limit (54 dBµV/m at 3 m) are measured with average detector for checking compliance with the average limit.

- LOW CHANNEL. Spurious frequencies detected at less than 20 dB below the limit:

Spurious frequency (GHz)	Detector	Emission Level (dBµV/m)	Polarization	Measurement Uncertainty (dB)
2.3266	Peak	46.8	H	<± 3.81
2.3318	Peak	46.67	V	<± 3.81
7.2063	Peak	44	H	<± 4.72
11.4838	Peak	44.41	V	<± 4.72
12.0087	Peak	41.74	H	<± 4.72

- MIDDLE CHANNEL. Spurious frequencies detected at less than 20 dB below the limit:

Spurious frequency (GHz)	Detector	Emission Level (dBµV/m)	Polarization	Measurement Uncertainty (dB)
7.3202	Peak	42.91	H	<± 4.72

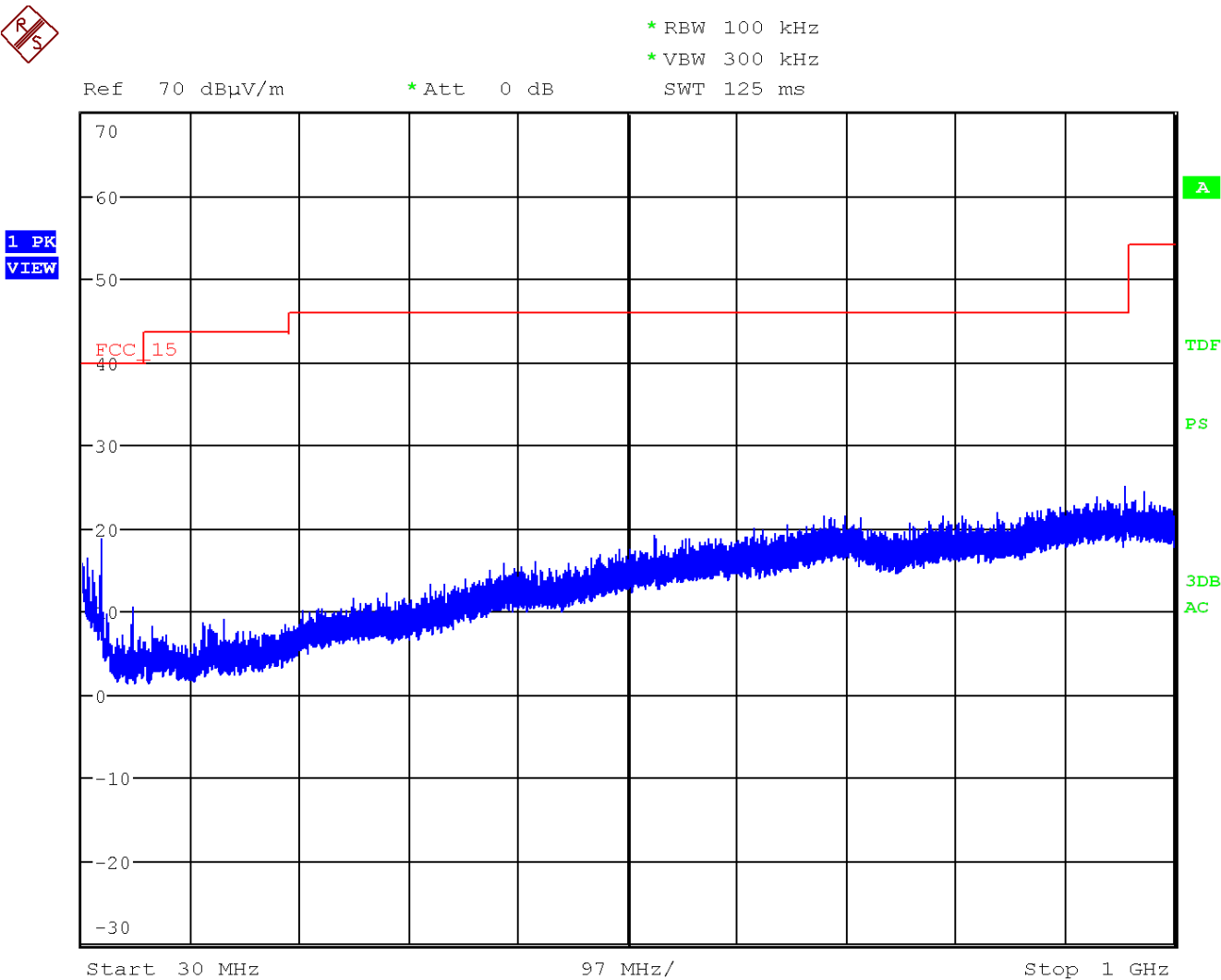
- HIGH CHANNEL. Spurious frequencies detected at less than 20 dB below the limit:

Spurious frequency (GHz)	Detector	Emission Level (dBµV/m)	Polarization	Measurement Uncertainty (dB)
2.4835	Peak	52.1	H	<± 3.81
7.4406	Peak	41.47	H	<± 4.72

Verdict: PASS

FREQUENCY RANGE 30 MHz - 1 GHz:

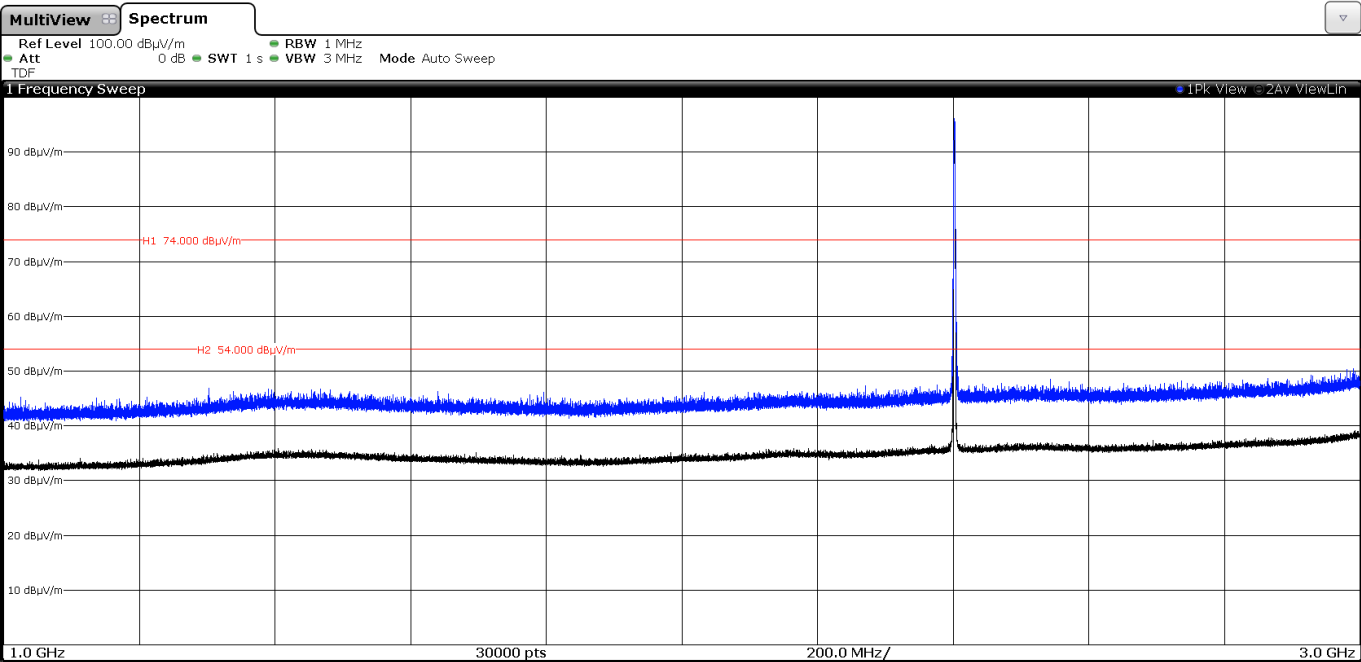
The spurious frequencies detected do not depend neither on the operating channel nor the modulation mode.



This plot is valid for the Low, Middle and High Channels.

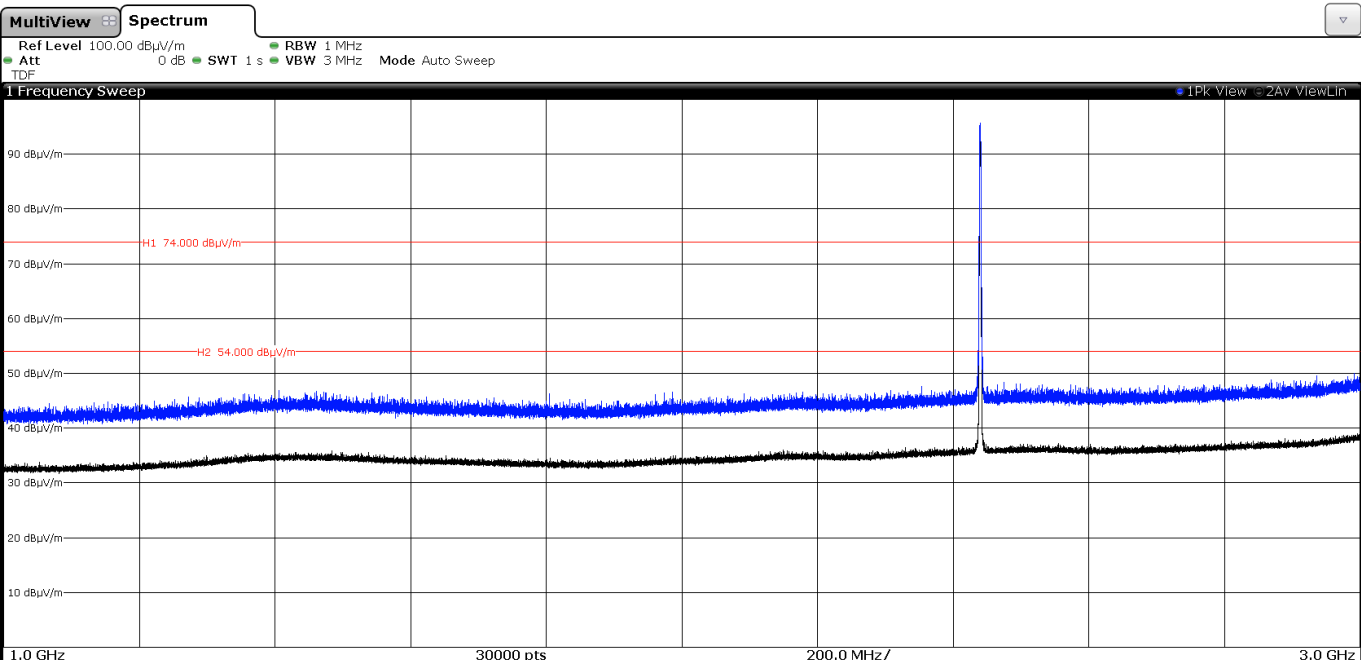
FREQUENCY RANGE 1 - 3 GHz:

- Low Channel:



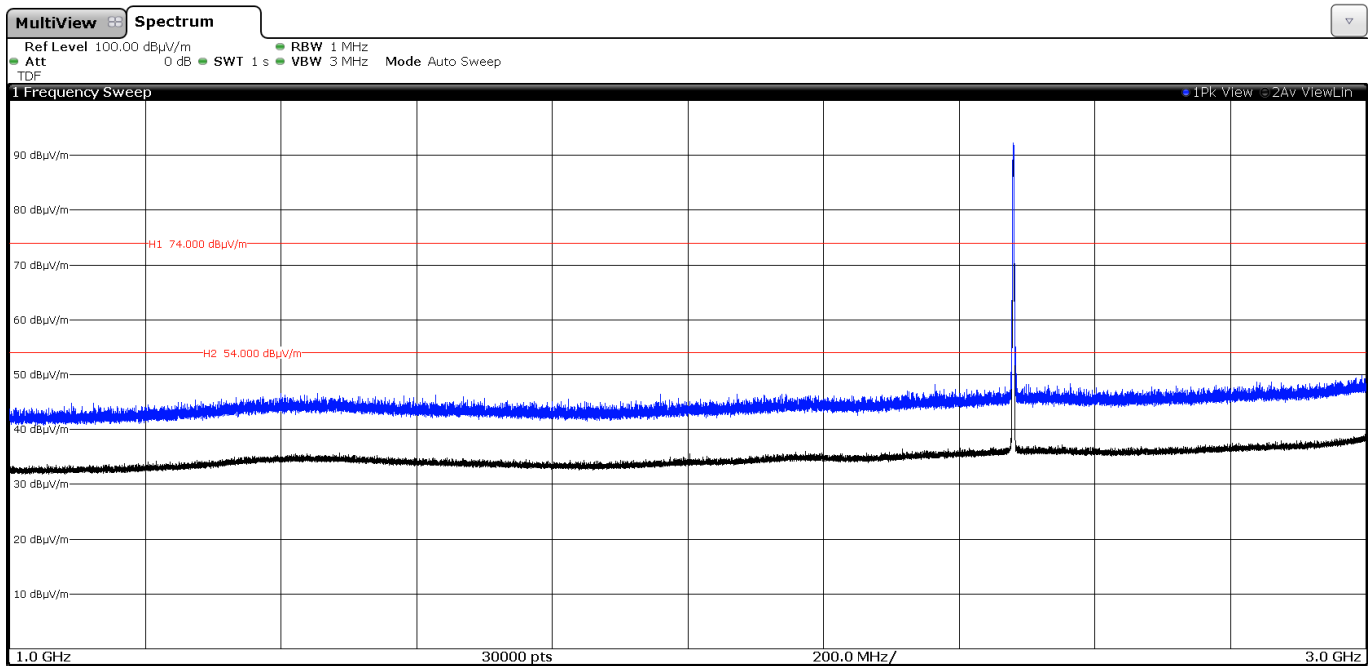
The peak above the limit is the carrier frequency.

- Middle Channel:



The peak above the limit is the carrier frequency.

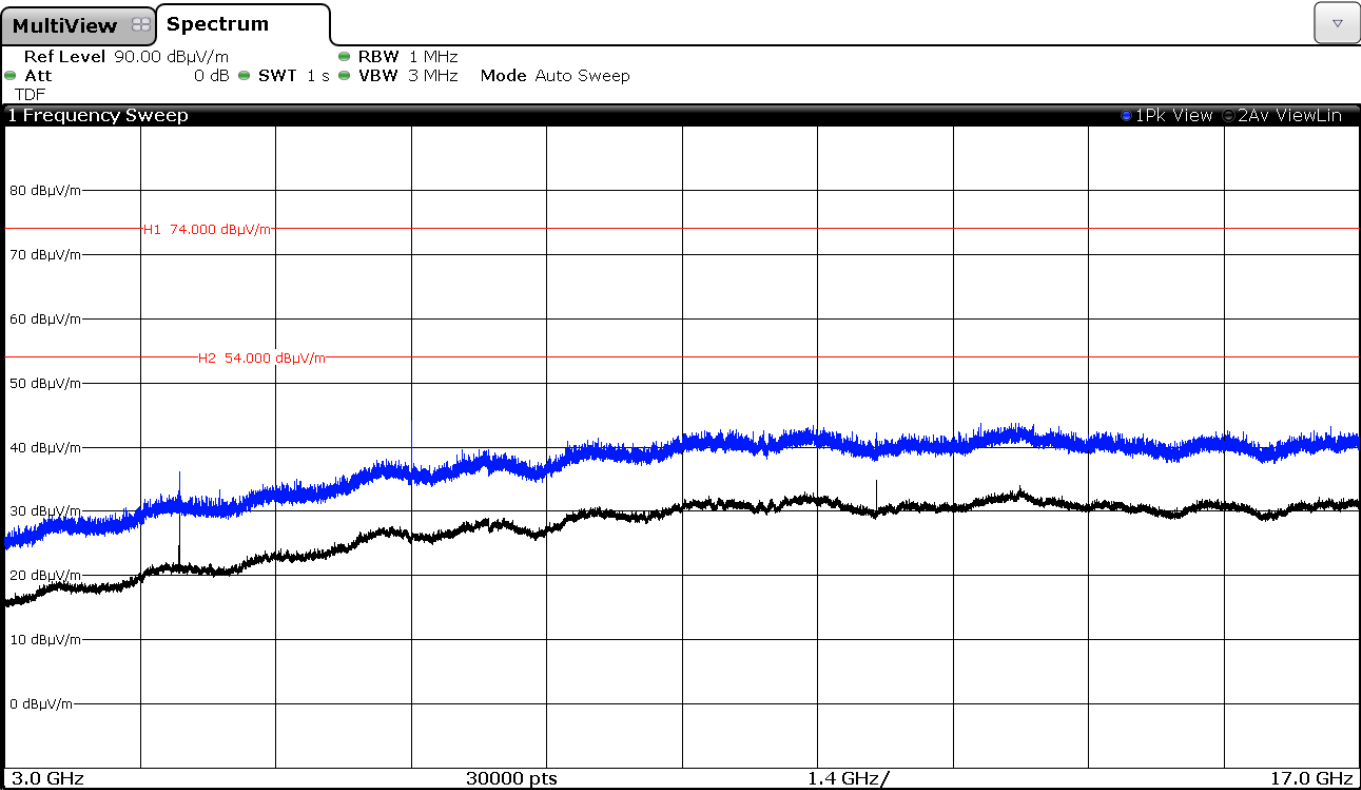
- High Channel:



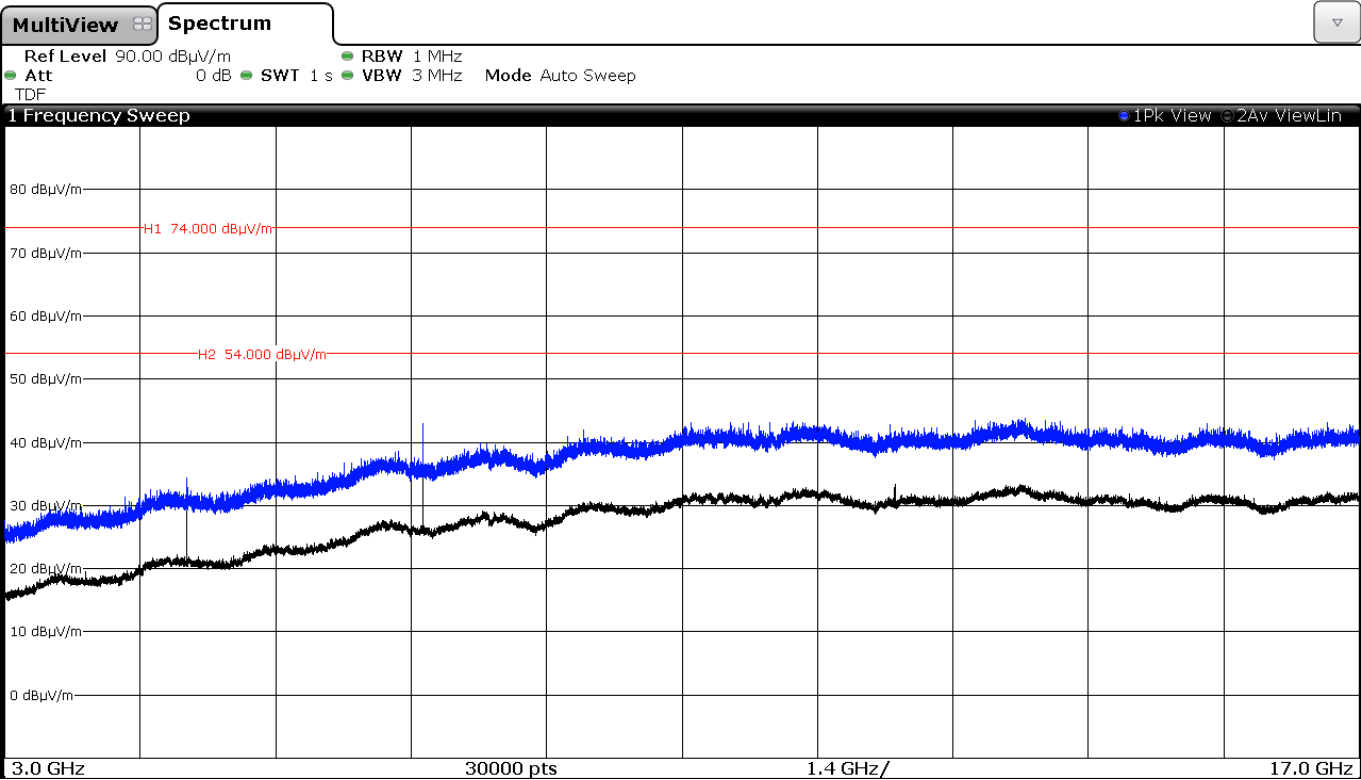
The peak above the limit is the carrier frequency.

FREQUENCY RANGE 3 - 17 GHz:

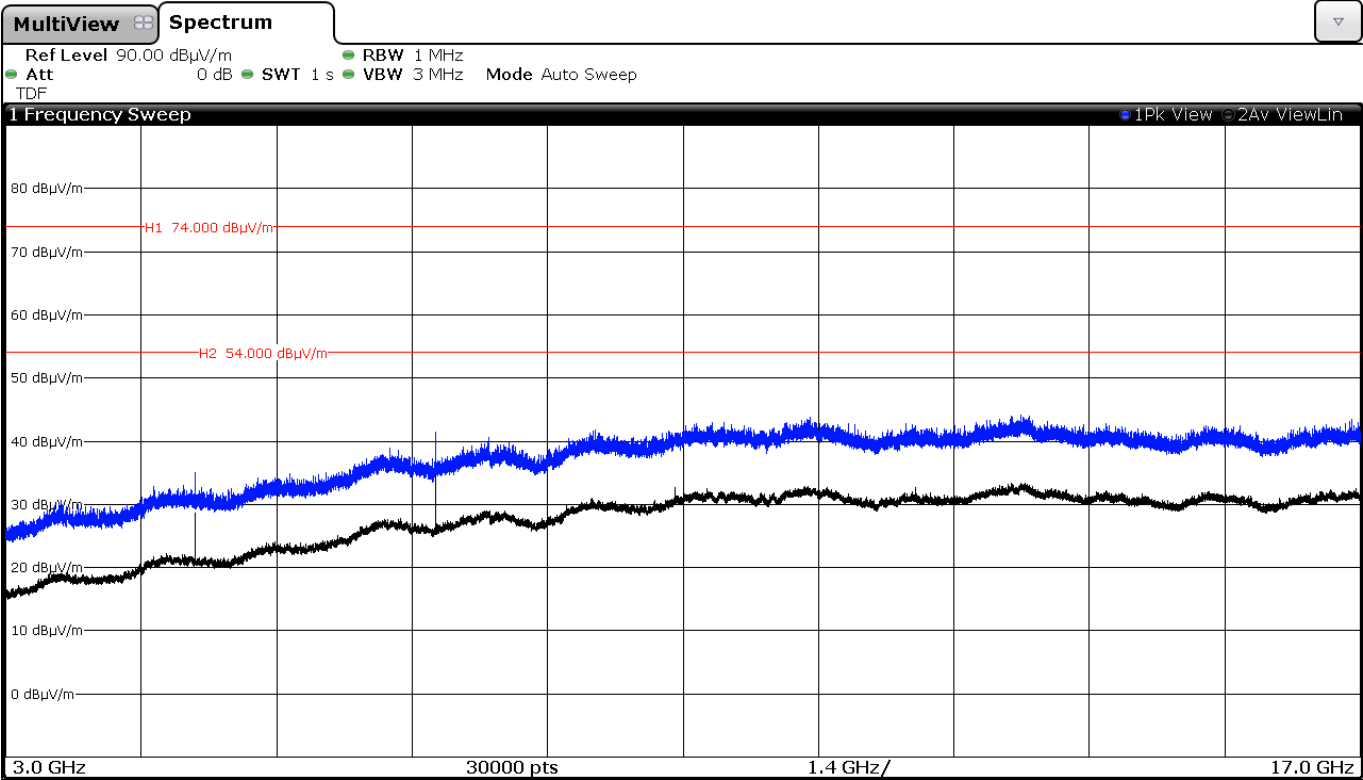
- Low Channel:



- Middle Channel:

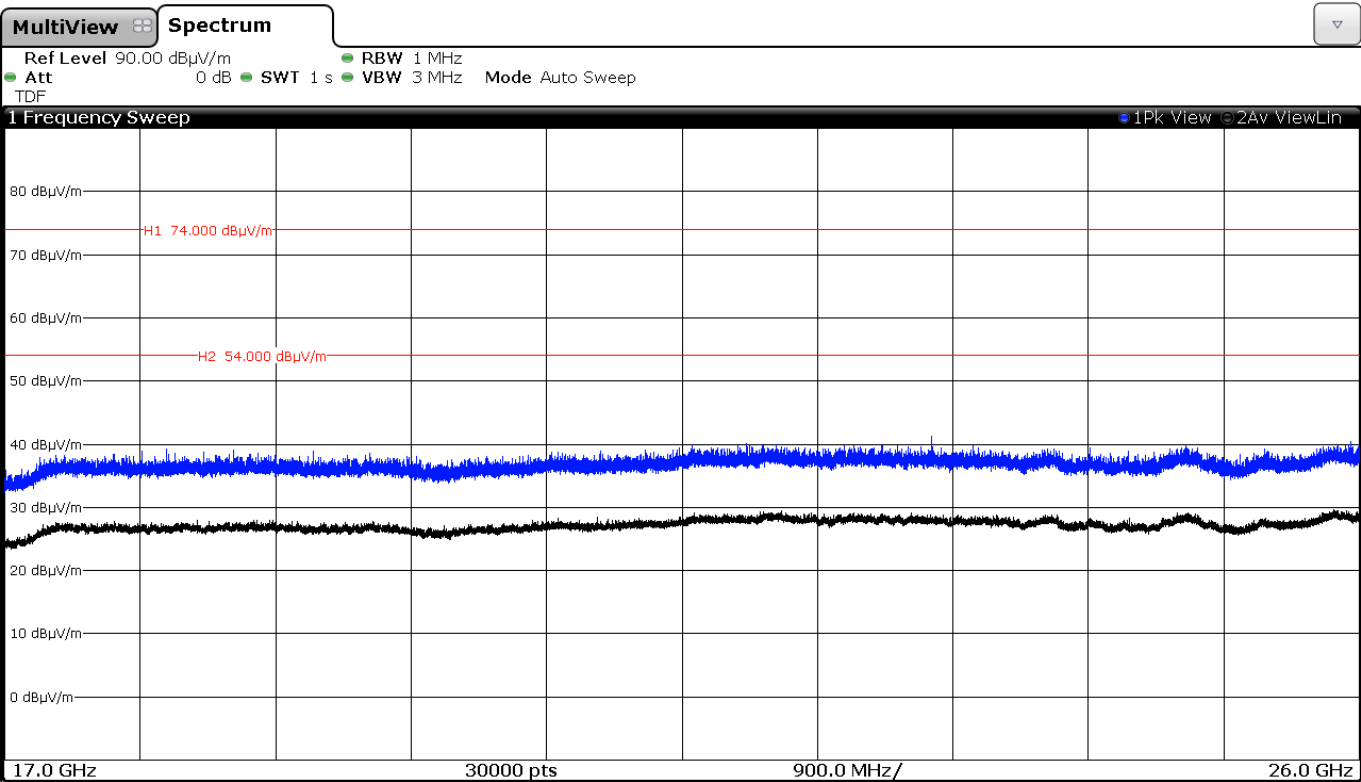


- High Channel:



FREQUENCY RANGE 17 - 26 GHz:

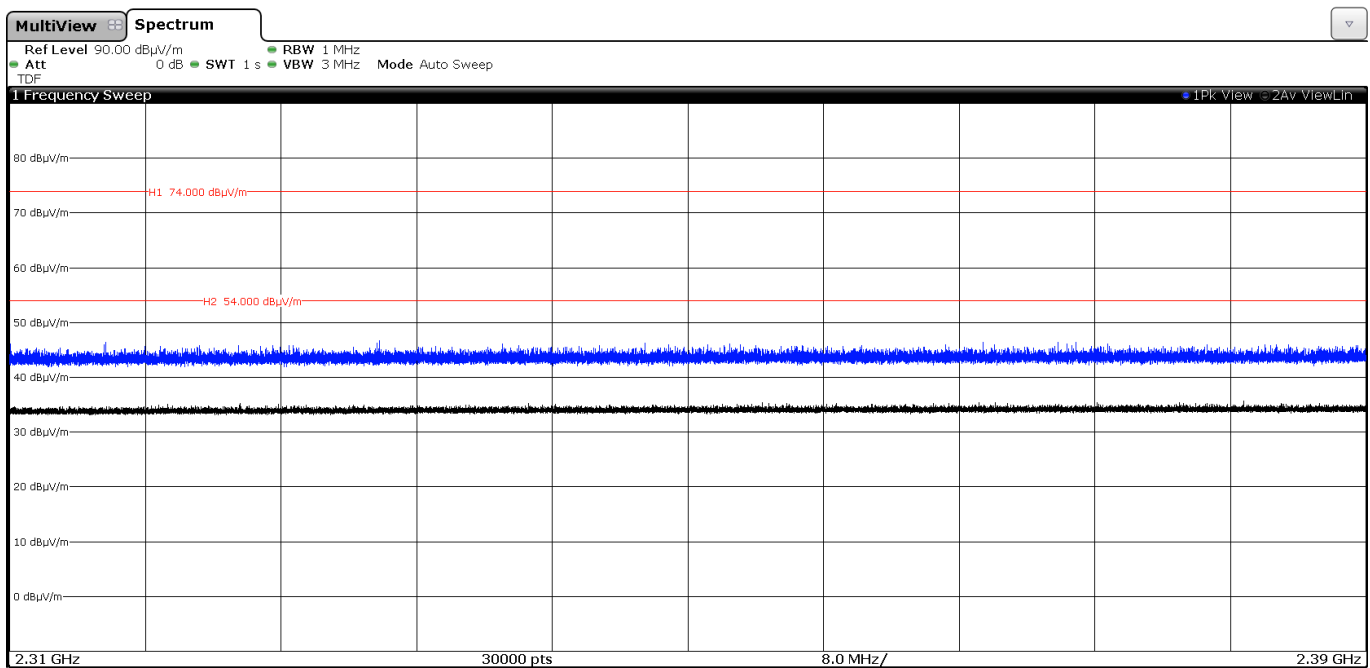
The spurious frequencies detected do not depend on the operating channel.



This plot is valid for the Low, Middle and High Channels.

FREQUENCY RANGE 2.31-2.39 GHz:

- Low Channel:



FREQUENCY RANGE 2.4835-2.5 GHz:

- High Channel:

