

OMRON®

**Scale with Bluetooth®****Model: SC-150**  
**Instruction Manual**

5666064-4A

**All for Healthcare****Introduction**

Thank you for purchasing the OMRON SC-150 Scale with Bluetooth®. This product is mainly designed for general household use.

**Safety Instructions**

This instruction manual provides you with important information about the OMRON SC-150. To ensure the safe and proper use of this product, READ and UNDERSTAND all of these instructions. If you do not understand these instructions or have any questions, contact 1-800-634-4350 before attempting to use this product. For specific information about your own weight, consult with your physician.

**Intended Use**  
The OMRON SC-150 Scale with Bluetooth® is intended to measure and display body weight. It is intended for home use only.

**Receiving and Inspection**  
Remove this product and other components from the packaging and inspect for damage. If this product or any other components are damaged, DO NOT USE and contact 1-800-634-4350.

**Symbols Glossary**  
For symbol information, visit:  
OmronHealthcare.ca/symbols-glossary  
OmronHealthcare.ca/symbols-glossary

**Important Safety Information**

Read the Important Safety Information in this instruction manual before using this monitor.  
Follow this instruction manual thoroughly for your safety.

**Warning** Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.

- Consult with your physician or healthcare provider before beginning a weight reduction or exercise program.
- Stop using the scale and consult your doctor if you experience skin irritation on your foot or feet.
- DO NOT use the scale on slippery surfaces, such as a wet floor.
- Keep the scale out of the reach of infants, toddlers and children.
- DO NOT jump on the scale. Doing so may cause you to fall or slip, resulting in serious injury.
- DO NOT use the scale when your body and/or feet are wet, such as after taking a bath or shower.
- DO NOT step on the edges or display area of the scale because you may lose your balance and fall, resulting in serious injury.
- Persons with disabilities or persons who are physically frail should be assisted by another person when using the scale to prevent falling when stepping on and off the scale.
- DO NOT put your fingers into any openings or inside the scale.
- Use indoors.
- DO NOT use the scale for purposes other than described in this manual.
- DO NOT use the scale with other medical electrical (ME) equipment simultaneously. This may result in incorrect operation of the devices and/or cause an inaccurate reading.
- DO NOT damage the glass because it may break and result in an injury.

**Battery Usage**  
If battery fluid leaks and contacts your eyes, skin or clothing, immediately rinse with plenty of clean water. Contact your physician if battery fluid contacts your eyes or skin.

**Data Transmission**  
This product emits radio frequencies (RF) in the 2.4 GHz band. DO NOT use this product in locations where RF is restricted, such as on an aircraft or in hospitals. For further information on potential restrictions refer to documentation on the Bluetooth usage for the FCC/ISED.

**Caution** Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient, or cause damage to the equipment or other property.

- DO NOT share the scale with others because your weight data accuracy may be impacted.
- Clean the scale before use if it has been used by people with a skin disease on their feet.
- DO NOT place the scale against a wall because an injury or malfunction of the scale may occur.
- DO NOT attempt to disassemble, modify or repair the scale.
- Ensure that the scale has acclimated to room temperature before taking a measurement. Taking a measurement after an extreme temperature change could lead to an inaccurate reading. OMRON recommends waiting for approximately 2 hours for the scale to warm up or cool down when the scale is used in an environment within the temperature specified as operating conditions after it is stored either at the maximum or at the minimum storage temperature. For additional information of operating and storage/transport temperature, refer to section 9.
- DO NOT place the scale on a cushioned floor surface such as a carpet or mat because a measurement may not be accurate.
- DO NOT submerge the scale or any of the components in water.
- DO NOT place the scale near heat sources or below air conditioners.
- Avoid exposure to direct sunlight.
- Avoid excessive impact, vibration and strong shock to this scale.
- DO NOT wash the scale with water.
- DO NOT wipe the scale with benzene, gasoline, paint thinner, or other volatile solvents.
- DO NOT place the scale where it will be exposed to chemicals or corrosive vapors.
- Store the scale on a level surface.
- DO NOT store any objects on the scale.

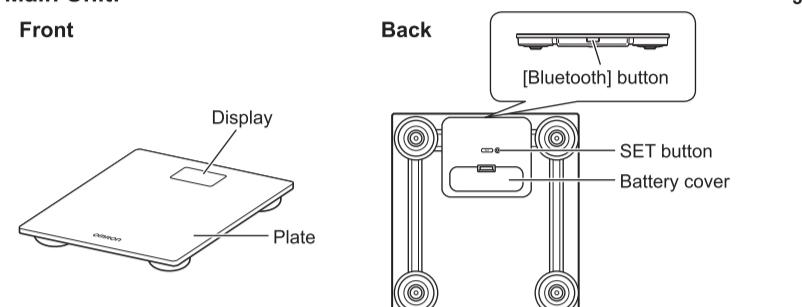
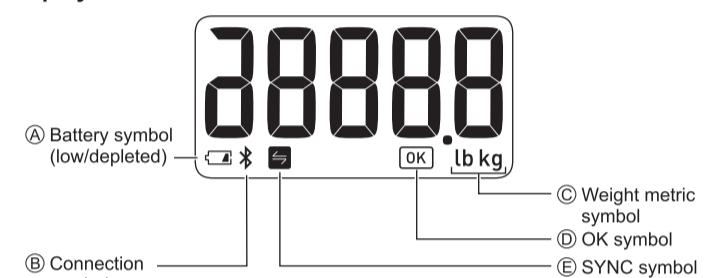
**Battery Usage**  
• Replace worn batteries with new ones immediately.  
• DO NOT expose the batteries to flames or fire.  
• DO NOT insert the batteries with the polarities in the wrong direction.  
• ONLY use 4 "AAA" manganese or alkaline batteries with the scale. DO NOT use other types of batteries. DO NOT use new and used batteries together. Replace all 4 batteries at the same time.  
• DO NOT use different types of batteries together.  
• Dispose of the device, batteries, components according to applicable local regulations. Unlawful disposal may cause environmental pollution.  
• Remove the batteries if the scale will not be used for three months or more.  
• DO NOT use batteries after their expiration date.

**Data Transmission**

- During measurement, make sure that no mobile device or any other electrical devices that emit electromagnetic fields is within 12 inches (30 cm) of the scale. This may result in incorrect operation of the scale and/or cause an inaccurate reading.
- DO NOT replace the battery while your measurement result is being transferred to your smart device. This may result in the incorrect operation of the scale and failure to transfer your measurement result.
- DO NOT place integrated circuit cards, magnets, metal objects, or other devices that emit electromagnetic fields near the scale while your measurement result is being transferred to your smart device. This may result in the incorrect operation of the scale and failure to transfer your measurement result.

**1. Know Your Device****Contents:**

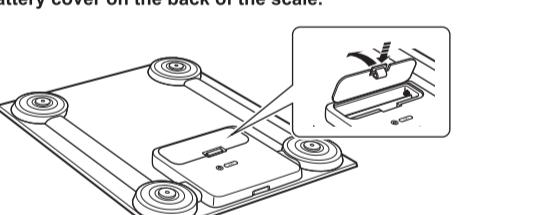
- Digital Weight Scale
- 4 "AAA" Manganese Batteries
- Instruction Manual
- Quick Start Guide

**Main Unit:****Display:****Display symbols:**

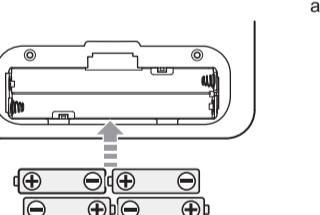
(A)	Flashes when batteries are low.
	Appears when batteries are depleted.
(B)	Flashes/appears when the scale is being connected to your smart device or readings are being transferred, or when restoring the scale to the default settings.
(C)	lb kg
(D)	OK
(E)	Appears if your reading was not transferred successfully when the scale has been paired with your smart device.

**2. Before Taking a Measurement****2.1 Installing Batteries**

- Open the battery cover on the back of the scale.



- Install the batteries following the correct polarities as shown to the right and inside the battery compartment.

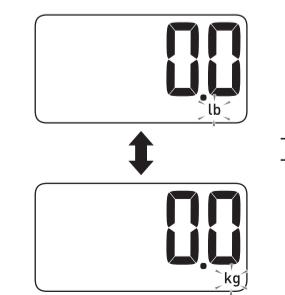


- Close the battery cover.

**Note:**  
• When the "A" symbol and "A1" appear, replace all 4 batteries with new ones. Items stored in memory will be saved even if the batteries are removed.  
• Place the scale on a hard, flat and level floor immediately after installing the batteries. The scale is calibrated automatically.  
• Disposal of used batteries should be carried out in accordance with your local regulations for the disposal of batteries.

**2.2 Selecting the Weight Metric**

- When the scale is off, press the [SET] button to select your preferred weight metric "lb" or "kg". (Weight is set to "lb" as the default metric.)

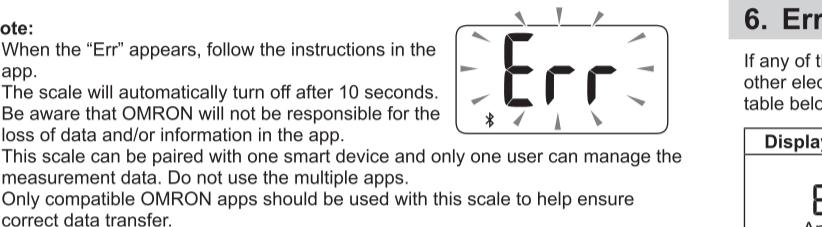


The weight metric will be saved after 10 seconds.  
The scale will automatically turn off after 3 seconds.

**2.3 Pairing the Scale with a Smart Device**

If you want to transfer the reading, follow the below instructions.

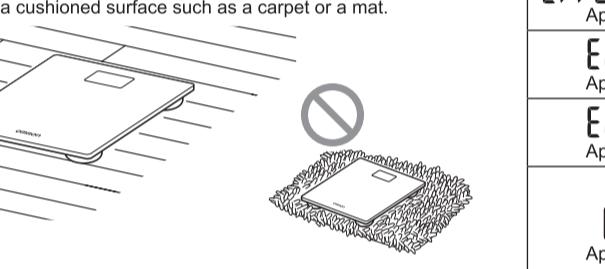
- Enable the Bluetooth on your smart device.
- Scan the code on the right with your smart device camera or visit OmronHealthcare.com/app to find the OMRON compatible app for this product.
- Open the app and follow the pairing instructions shown on your smart device.  
• Make sure that your scale is within 5 m of your smart device.
- Press the [Bluetooth] button (the side of the scale) for more than 2 seconds to connect to your smart device.  
The "OK" symbol and "P" symbol flash on the display.
- Confirm that the scale is connected successfully. When the scale is connected successfully to your smart device, the "OK" symbol flashes.

**3. Taking a Measurement**

It is recommended to measure your weight at the same time each day for consistency.

- Place the scale on a hard, flat and level floor.

**Note:**  
• This scale is recommended for use by one person.  
• Do not place the scale on a cushioned surface such as a carpet or a mat.



- Step onto the scale when it is turned off and take a measurement.

The power is automatically turned on and the measurement will start.

**Note:**  
• Remain still during your measurement.



- When your weight flashes, your measurement is complete.



- Step off of the scale.

The scale will automatically turn off after 10 seconds.

If you want to transfer your reading, refer to section 4.

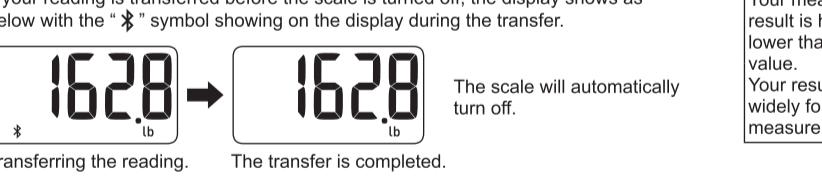
**4. Transferring Your Reading**

Open the app on your smart device.

**4.1 Transferring Your Reading Automatically**

Your reading will be transferred to your smart device automatically within 30 minutes after the scale is turned off.

**Note:**  
• If your reading is transferred before the scale is turned off, the display shows as below with the "OK" symbol showing on the display during the transfer.



- DO NOT wash the scale with water.

The scale will automatically turn off after 10 seconds.

If you want to transfer your reading, refer to section 4.

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