



W183 Bluetooth 4.0 Low Energy

Heart Rate Monitor

User Manual



CE 0700

Heart Rate Sensor Parts

The Heart Rate Sensor have two parts :

1. Transmitting sensor send heart rate signal to Bluetooth 4.0 smart ready device.

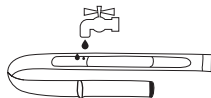


2. Textile strap with electrode area to detect heart rate signal.



How to wear the heart rate sensor

1. Moisten the electrode area on strap.

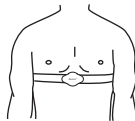


2. Adjust strap length to fit chest comfortably tightly.

3. Tie strap around your chest below chest muscles and attach the hook to other end of strap.



4. Snap transmitting attach sensor on the textile strap button. Please pay attention to the orientation.



Getting Start

For first time of use the chest belt sensor.
Turn on the Bluetooth connection on your Smart Ready device(Such as smart phone which equipped with Bluetooth 4.0) and pair up the sensor.

To ensure sufficient transmission range(within 10m) from sensor to receiving device, keep the device in front of you or place in the pocket.

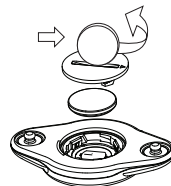
Then you can view your heart rate data on the receiving device.

Replace Battery

Receiving device can show display the battery level of your heart rate sensor.

Battery replacement:

1. Using a coin and turning the battery cover counterclockwise to OPEN.
2. Remove the old battery.
3. Insert the new battery (CR2032) inside the battery compartment with the positive (+) side up.
4. Make sure the sealing rubber ring is in the groove of the compartment to ensure the water resistance.
5. Put the cover back to sensor.
6. Use a coin to turn the cover clockwise to CLOSE.



Caring for your sensor and strap

Sensor – Remove the sensor from the strap after use. Dry the sensor with soft towel or use mild soap and water solution when needed. Do not use alcohol or other cleaning chemicals.

Strap – After use, put the strap under the water and hang to dry. Never put the strap or the sensor in a washing machine or dryer. Dry and store the sensor and strap separately to maintain the battery life.

Important Product Information

Bluetooth QD ID : B020362

IC warning statements:

- English Warning Statement:

"This device complies with Industry Canada licence -exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device."

- French Warning Statement:

"Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement."

FCC warning statements:

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.