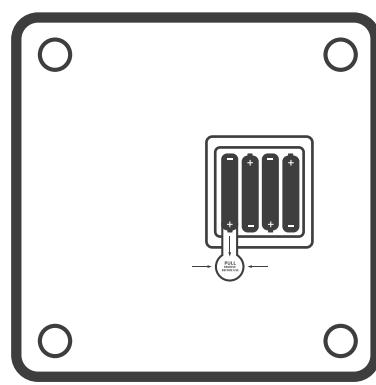


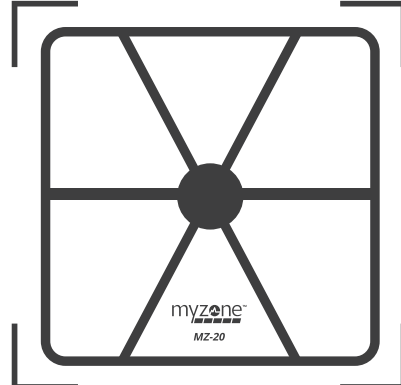
myzone | Getting started



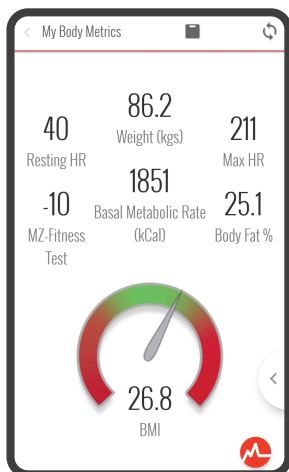
- Remove the MZ-20 from the box.



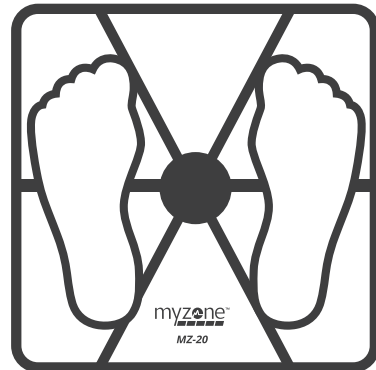
- Remove the silicon sheath from the battery compartment.



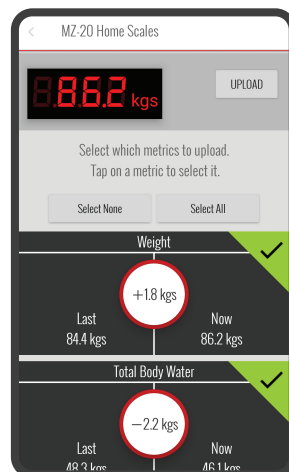
- Place scale on a hard, even surface.



- Ensure Bluetooth is active on your phone.
- Migrate to the My Body Metrics page in the Myzone App.
- Tap the scale icon on the top of the app.



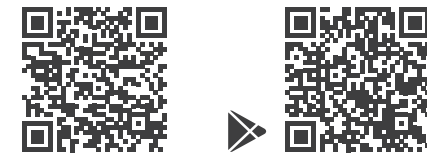
- Step on the scale until you see the upload notification (000's scrolling).



- After biometrics have been transferred, tap the "Upload" button to save data.
- Swipe the arrow to the left to see historical data.

Download the Myzone App from the App store, you will be required to set up a Myzone account to see the full results. If you require further support please email support@myzone.org

| Myzone app is available on



Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

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