# TABLE OF CONTENTS

APPLICANT: HEALTH WATCH

FCC ID: K5XHW700

# TEST REPORT CONTAINING:

PAGE	1-2	TEST	PROCEDURE
	_		

PAGE 3.....RADIATION INTERFERENCE TEST DATA

PAGE 4.....CALCULATION OF DUTY CYCLE

PAGE 5.....OCCUPIED BANDWIDTH

# EXHIBIT ATTACHMENTS:

EXHIBIT 1
EXHIBIT 2POWER OF ATTORNEY LETTER
EXHIBIT 3SCHEMATIC
EXHIBIT 4A-4BPARTS LIST
EXHIBIT 5FCC ID LABEL SAMPLE AND LOCATION
EXHIBIT 6DUTY CYCLE PLOT - LARGE PULSES
EXHIBIT 7DUTY CYCLE PLOT
EXHIBIT 8OCCUPIED BANDWIDTH PLOT
EXHIBIT 9 COMPONENT SIDE INTERNAL PHOTO

EXHIBIT 10.....COPPER SIDE INTERNAL PHOTO

APPLICANT: HEALTH WATCH FCC ID: K5XHW700

REPORT #: F:\CUS\H\HEALTH\HEA234U8.RPT

PAGE: TABLE OF CONTENTS LIST

APPLICANT: HEALTH WATCH

FCC ID: K5XHW700

## TEST EQUIPMENT LIST

- Spectrum Analyzer: Hewlett Packard 8566B Opt 462, w/ preselec tor 85685A, & Quasi-Peak Adapter HP 85650A, & HP 8449B - OPT H02 Cal. 6/26/98
- 2. Signal Generator, Hewlett Packard 8640B, cal. 6/26/98
- Eaton Biconnical Antenna Model 94455-1
   20-200 MHz Serial No. 0997 Cal. 5/15/98
- 4. Electro-Metric Dipole Kit, 20-1000 MHz, Model TDA 25 cal. 5/15/97
- 5. Electro-Metric Horn 1-18 GHz, Model RGA-180, Cal. 8/15/98
- 6. Electro-Metric Antennas Model TDS-25-1, TDS-25-2, 5/15/97
- 7. Electro-Metric Line Impedance Stabilization Network Model No. EM-7821, Serial No. 101; 100KHz-30MHz 50uH. 12/3/97
- 8. Electro-Metric Line Impedance Stabilization Network Model No. EM-7820, Serial No. 2682; 10KHz-30MHz 50uH. 12/3/97
- 9. Special low loss cable was used above 1 GHz.

#### TEST PROCEDURE

GENERAL: This report shall NOT be reproduced except in full without the written approval of TIMCO ENGINEERING, INC.

RADIATION INTERFERENCE: The test procedure used was ANSI STANDARD C63.4-1992 using a HEWLETT PACKARD spectrum analyzer with a preselector. The bandwidth of the spectrum analyzer was 100 kHz with an appropriate sweep speed. The analyzer was calibrated in dB above a microvolt at the output of the antenna. The resolution bandwidth was 100KHz and the video bandwidth was 300KHz. The ambient temperature of the UUT was 79.80F with a humidity of 95%.

FORMULA OF CONVERSION FACTORS: The Field Strength at 3m was established by adding the meter reading of the spectrum analyzer (which is set to read in units of dBuV) to the antenna correction factor supplied by the antenna manufacturer. The antenna correction factors are stated in terms of dB. The gain of the Preselector was accounted for in the Spectrum Analyzer Meter Reading.

# Example:

Freq (MHz) METER READING + ACF = FS

33 20 dBuV + 10.36 dB = 30.36 dBuV/m @ 3m

APPLICANT: HEALTH WATCH

FCC ID: K5XHW700

REPORT #: F:\CUS\H\HEALTH\HEA234U8.RPT

### TEST PROCEDURES CONTD.

ANSI STANDARD C63.4-1992 10.1.7 MEASUREMENT PROCEDURES: The UUT was placed on a table 80 cm high and with dimensions of 1m by 1.5m. The UUT was placed in the center of the table. The table used for radiated measurements is capable of continuous rotation. The spectrum was scanned from 30 MHz to 10th harmonic of the fundamental.

Peak readings were taken in three (3) orthogonal planes and the highest readings were converted to average readings based on the duration of "ON" time.

Measurements were made by TIMCO ENGINEERING INC. at the registered open field test site located at 6051 N.W. 19th Lane, Gainesville, Fl 32605.

When an emission was found, the table was rotated to produce the maximum signal strength. At this point, the antenna was raised and lowered from 1m to 4m. The antenna was placed in both the horizontal and vertical planes.

APPLICANT: HEALTH WATCH FCC ID: K5XHW700

REPORT #: F:\CUS\H\HEALTH\HEA234U8.RPT

APPLICANT: HEALTH WATCH FCC ID: K5XHW700

NAME OF TEST: RADIATION INTERFERENCE

RULES PART NO.: 15.231

## **REQUIREMENTS:**

Fundamental		Field Strength	Field Strength of			
Frequency		of Fundamental	Harmonics and Spurious			
MHz		dBuV	Emissions (dBuV/m @ 3m)			
	40.66 to 40.70	67.04	47.04			
	70 to 130	61.94	41.94			
	130 to 174	61.94 to 71.48	41.94 to 51.48			
	174 to 260	71.48	51.48			
	260 to 470	71.48 to 81.94	51.48 to 61.94			
	470 and above	81.94	61.94			

THE LIMIT FOR AVERAGE FIELD STRENGTH dBuV/m FOR THE FUNDAMENTAL FREQUENCY= 75.62 dBuV/m dBuV/m. NO FUNDAMENTAL IS ALLOWED IN THE RESTRICTED BANDS.

THE LIMIT FOR AVERAGE FIELD STRENGTH dBuV/m FOR THE HARMONICS AND SPURIOUS FREQUENCIES = 55.62~dBuV/m~dBuV/m. SPURIOUS IN THE RESTRICTED BANDS MUST BE LESS THAN 54dBuV/m~OR~15.209.

#### TEST DATA:

METER	COAX		FIELD	FIELD		
READING	LOSS	ACF	STRNGTH	STRNGTH	MARGIN	
@ 3m dBuV	dВ	dВ	dBuV/m	dBuV/m	dВ	ANT.
63.20	1.40	15.16	79.76	63.84	11.78	H
26.50	1.60	20.76	48.86	32.94	22.68	V
23.00	2.90	24.26	50.16	34.24	21.38	V
17.20	1.00	25.04	43.24	27.32	28.30	H
26.60	1.00	26.30	53.90	37.98	17.64	H
12.50	1.01	27.56	41.07	25.16	30.46	V
15.00	1.06	28.51	44.57	28.66	26.96	V
13.00	1.11	29.30	43.41	27.49	28.13	H
17.60	1.16	30.09	48.84	32.93	22.69	V
17.90	1.20	30.88	49.98	34.06	21.56	V
	READING @ 3m dBuV 63.20 26.50 23.00 17.20 26.60 12.50 15.00 13.00 17.60	READING LOSS @ 3m dBuV dB 63.20 1.40 26.50 1.60 23.00 2.90 17.20 1.00 26.60 1.00 12.50 1.01 15.00 1.06 13.00 1.11 17.60 1.16	READING LOSS ACF @ 3m dBuV dB dB 63.20 1.40 15.16 26.50 1.60 20.76 23.00 2.90 24.26 17.20 1.00 25.04 26.60 1.00 26.30 12.50 1.01 27.56 15.00 1.06 28.51 13.00 1.11 29.30 17.60 1.16 30.09	READING LOSS ACF STRNGTH @ 3m dBuV dB dB dBuV/m 63.20 1.40 15.16 79.76 26.50 1.60 20.76 48.86 23.00 2.90 24.26 50.16 17.20 1.00 25.04 43.24 26.60 1.00 26.30 53.90 12.50 1.01 27.56 41.07 15.00 1.06 28.51 44.57 13.00 1.11 29.30 43.41 17.60 1.16 30.09 48.84	READING LOSS ACF STRNGTH STRNGTH @ 3m dBuV dB dB dBuV/m dBuV/m 63.20 1.40 15.16 79.76 63.84 26.50 1.60 20.76 48.86 32.94 23.00 2.90 24.26 50.16 34.24 17.20 1.00 25.04 43.24 27.32 26.60 1.00 26.30 53.90 37.98 12.50 1.01 27.56 41.07 25.16 15.00 1.06 28.51 44.57 28.66 13.00 1.11 29.30 43.41 27.49 17.60 1.16 30.09 48.84 32.93	READING         LOSS         ACF         STRNGTH         STRNGTH         MARGIN           @ 3m dBuV         dB         dB         dBuV/m         dBuV/m         dB           63.20         1.40         15.16         79.76         63.84         11.78           26.50         1.60         20.76         48.86         32.94         22.68           23.00         2.90         24.26         50.16         34.24         21.38           17.20         1.00         25.04         43.24         27.32         28.30           26.60         1.00         26.30         53.90         37.98         17.64           12.50         1.01         27.56         41.07         25.16         30.46           15.00         1.06         28.51         44.57         28.66         26.96           13.00         1.11         29.30         43.41         27.49         28.13           17.60         1.16         30.09         48.84         32.93         22.69

### SAMPLE CALCULATION OF LIMIT @ 303 MHz:

 $(470 - 260) \, Mhz = 210 \, MHz$ 

(12500 - 3750)uV/m = 8750 uV/m

8750uV/m/210MHz = 41.67 uV/m/MHz

 $(303-260) \, MHz = 43 \, MHz$ 

43 MHz \* 41.67 uV/m/MHz = 1791.81 uV/m

(1791.81 + 3750)uV/m = 5541.81 uV/m limit @ 303 MHz

The transmitter ceases transmitting when the button is released.

TEST RESULTS: The unit DOES meet the FCC requirements.

PERFORMED BY:\_\_\_\_\_\_ DATE TESTED: SEPTEMBER 28, 1998

REPORT #: F:\CUS\H\HEALTH\HEA234U8.RPT

APPLICANT: HEALTH WATCH

FCC ID: K5XHW700

### CALCULATION OF DUTY CYCLE:

The period of the pulse train is determined by observing it on an oscilloscope or a spectrum analyzer with zero(0) frequency span. A plot is then made of the pulse train with a sweep time of 100milliseconds. This sweep determines the duration of the pulse train, which in this case is 96.12 milliseconds. This sweep allows the determination of the number of and type of pulses, i.e. long & short. Plots are then made showing the duration of each type of pulse and its duration. From the 100millisecond Plot the number of a given type of pulse is then multiplied by the duration of that type pulse. This allows the calculation of the amount of time the UUT is on within 100milliseconds. If the pulse train is longer than 100milliseconds then this number is multiplied by 100 to determine the percentage ON TIME. If the pulse train is less than 100milliseconds the total on-time is divided by the length of the pulse train and then multiplied by 100 to determine the percentage ON TIME. In this case there were 16 pulses .96milliseconds long and Opulses Omilliseconds long for a total of 15.36milliseconds on time within either the 100milliseconds or the pulse train. The average field strength is determined by multiplying the peak field strength by the percent on time. In this case the percentage ON time was 16percent.

APPLICANT: HEALTH WATCH FCC ID: K5XHW700

REPORT #: F:\CUS\H\HEALTH\HEA234U8.RPT

APPLICANT: HEALTH WATCH

FCC ID: K5XHW700

NAME OF TEST: Occupied Bandwidth

RULES PART NO.: 15.231(C)

REQUIREMENTS: The bandwidth of the emission shall be no

wider than .25% of the center frequency for devices operating between 70 and 900 MHz. Bandwidth is determined at the points 20 dB

down from the modulated carrier.

315.00 MHz \* .0025 = 0.7875 MHz

0.7875 MHz/2 = +/- 393.75

THE GRAPH ON THE FOLLOWING PAGE REPRESENTS THE EMISSIONS TAKEN FOR THE DEVICE.

METHOD OF MEASUREMENT: A small sample of the transmitter output was fed into the spectrum analyzer and the above photo was taken. The vertical scale is set to 10 dB per division: the horizontal scale is set to 100 kHz per division.

TEST RESULTS: The unit meets the FCC requirements.

PERFORMED BY: S.S. SANDERS DATE: SEPTEMBER 28, 1998

APPLICANT: HEALTH WATCH FCC ID: K5XHW700

REPORT #: F:\CUS\H\HEALTH\HEA234U8.RPT