

FCC LISTED, REGISTRATION NUMBER: 905266

IC LISTED REGISTRATION NUMBER IC 4621A-1

AT4 wireless, S.A.

Parque Tecnológico de Andalucía, c/ Severo Ochoa nº 2 29590 Campanillas/ Málaga/ España Tel. 952 61 91 00 - Fax 952 61 91 13 MÁLAGA, C.I.F. A29 507 456 Registro Mercantil de Málaga, Tomo 1169, Libro 82, Folio 133, Hoja MA3729

TEST REPORT (MODIFICATION 1)

REFERENCE STANDARD:

USA FCC Part 15.247, 15.209

CANADA RSS-210, RSS-Gen

Radio Frequency Devices. Operation within the bands 902 - 928 MHz, 2400 -2483.5 MHz, and 5725 - 5850 MHz.

Licence-Exempt Radio Apparatus (All Frequency Bands): Category I Equipment.

General Requirements and Information for the Certification of Radio Apparatus.

39402RRF.004A1 NIE: Approved by A. Llamas / RF Lab. Manager (name / position & signature): Elaboration date: 2013-08-05 Identification of item tested: Activity monitor Trademark: Polar Model and/or type reference: 0CSerial number: F3260C0800210, F3260C0800203 Other identification of the product: Commercial name: HW version: 4.0 / SW version: 0.15.4. FCC ID: IWN0C IC ID: 6248A-0C Features: Bluetooth Low Energy V. 4.0 HR profile Description: Activity monitor device Applicant: POLAR ELECTRO OY. Address :: Professorintie 5, 90440 Kempele, FINLAND CIF/NIF/Passport...: VAT FI02099112 Contact person: Antti Häggman Telephone / Fax: +358 8 5202100 Antti.haggman@polar.com e-mail:: Test samples supplier: Same as applicant Manufacturer: Same as applicant



I	Test method requ	iested	See	Standard

928 MHz, 2400 -2483.5 MHz, and 5725 - 5850 MHz.

USA FCC Part 15.209 $\,$ 10-1-11 Edition: Radiated emission limits; general

requirements.

CANADA RSS-210 Issue 8 (December 2010).

CANADA RSS-Gen Issue 3 (December 2010).

Guidance for Performing Compliance Measurements on Digital

Transmission Systems (DTS) Operating Under §15.247 558074 D01 DTS

Meas Guidance v03r01 dated 09/04/2013.

ANSI C63.10-2009: American National Standard for Testing Unlicensed

Wireless Devices.

Test procedure: PERF034

Non-standardized test method: N/A

Used instrumentation:

Conducted Measurements

					Last Cal. date	Cal. due date
1.	Spectrum E4440A	analyser	Agilent	PSA	2012/02	2014/02
2.	DC power su	ipply R&S	NGPE 40	/40	2011/11	2014/11

Radiated Measurements

		Last Cal. date	Cal. due date
1.	Semianechoic Absorber Lined Chamber IR 11. BS	N.A.	N.A.
2.	Control Chamber IR 12.BC	N.A.	N.A.
3.	Hybrid Bilog antenna Sunol Sciences Corporation JB6	2011/05	2014/05
4.	Antenna mast EM 1072 NMT	N.A.	N.A.
5.	Rotating table EM 1084-4. ON	N.A.	N.A.
6.	Double-ridge Guide Horn antenna 1-18 GHz HP 11966E	2011/05	2014/05
7.	Double-ridge Guide Horn antenna 18- 40 GHz Agilent 119665J	2011/09	2014/09
8.	EMI Test Receiver R&S ESIB26	2011/11	2013/11
9.	RF pre-amplifier Miteq JS4-12002600-30-5A.	2012/07	2014/07
10.	Multi Device Controller EMCO 2090	N.A.	N.A.
11.	Spectrum Analyzer Agilent E4440A	2012/02	2014/02
12.	RF pre-amplifier Miteq AFS5-04001300-15-10P-6.	2012/07	2014/07
13.	RF pre-amplifier Schaffner CPA 9231A.	2013/06	2015/06

Report template No. FDT11_14

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Competences and guarantees

AT4 wireless is a laboratory with a measurement facility in compliance with the requirements of Section 2.948 of the FCC rules and has been added to the list of facilities whose measurements data will be accepted in conjuction with applications for Certification under Parts 15 or 18 of the Commission's Rules. Registration Number: 905266.

AT4 wireless is a laboratory with a measurement site in compliance with the requirements of RSS 212, Issue 1 (Provisional) and has been added to the list of filed sites of the Canadian Certification and Engineering Bureau. Reference File Number: IC 4621A-1.

In order to assure the traceability to other national and international laboratories, AT4 wireless has a calibration and maintenance programme for its measurement equipment.

AT4 wireless guarantees the reliability of the data presented in this report, which is the result of the measurements and the tests performed to the item under test on the date and under the conditions stated on the report and, it is based on the knowledge and technical facilities available at AT4 wireless at the time of performance of the test.

AT4 wireless is liable to the client for the maintenance of the confidentiality of all information related to the item under test and the results of the test.

General conditions

- 1. This report is only referred to the item that has undergone the test.
- 2. This report does not constitute or imply on its own an approval of the product by the Certification Bodies or competent Authorities.
- 3. This document is only valid if complete; no partial reproduction can be made without previous written permission of AT4 wireless.
- 4. This test report cannot be used partially or in full for publicity and/or promotional purposes without previous written permission of AT4 wireless and the Accreditation Bodies.

Uncertainty

Uncertainty (factor k=2) was calculated according to the AT4 wireless internal document PODT000.

Usage of samples

Samples undergoing test have been selected by: the client.

Sample M/01 is formed by the following elements:

Control No.	Description	Model	Serial No.	Date of reception
39402/039	Activity monitor with integral	0C	F3260C0800210	16/07/2013
	antenna			

Sample M/02 is formed by the following elements:

Control No.	Description	Model	Serial No.	Date of reception
39402/045	Activity monitor with antenna	0C	F3260C0800203	16/07/2013
	connector			

- 1. Sample M/01 has undergone following test(s).
 - Radiated spurious emissions tests indicated in appendix A.
- 2. Sample M/02 has undergone following test(s).
 - Conducted RF tests indicated in appendix A.



Testing period

The performed test started on 2013-07-19 and finished on 2013-07-22.

The tests have been performed at AT4 wireless.

Environmental conditions

In the control chamber, the following limits were not exceeded during the test:

Temperature	Min. = 23.5 °C
	Max. = 24.6 °C
Relative humidity	Min. = 53.2 %
	Max. = 54.1 %
Shielding effectiveness	> 100 dB
Electric insulation	$> 10 \text{ k}\Omega$
Reference resistance to earth	< 0,5 Ω

In the semianechoic chamber (21 meters x 11 meters x 8 meters), the following limits were not exceeded during the test.

Temperature	Min. = 21.6 °C
	$Max. = 22.4^{\circ}C$
Relative humidity	Min. = 53 %
	Max. = 55 %
Air pressure	Min. = 1020 mbar
	Max. = 1020 mbar
Shielding effectiveness	> 100 dB
Electric insulation	$> 10 \text{ k}\Omega$
Reference resistance to earth	$< 0.5 \Omega$
Normal site attenuation (NSA)	< ±4 dB at 10 m distance between item
	under test and receiver antenna, (30
	MHz to 1000 MHz)
Field homogeneity	More than 75% of illuminated surface
	is between 0 and 6 dB (26 MHz to 1000
	MHz).

In the chamber for conducted measurements the following limits were not exceeded during the test:

Temperature	Min. = 25.6 °C
	$Max. = 25.9 ^{\circ}C$
Relative humidity	Min. = 46.9 %
	Max. = 47.7 %
Air pressure	Min. = 1021 mbar
	Max. = 1021 mbar
Shielding effectiveness	> 100 dB
Electric insulation	$> 10 \text{ k}\Omega$
Reference resistance to earth	$< 0.5 \Omega$



Modifications to the reference test report

It was introduced the following modifications in respect to the test report 39402RRF.004 related with the same samples, in the next clauses and sub-clauses:

CLAUSES / SUB- CLAUSES	MODIFICATION	JUSTIFICATION	
Applicant's data in cover sheet	The correct contact person's e-mail is: antti.haggman@polar.com	Typo in report	

Summary

Considering the results of the performed test according to standard USA FCC Parts 15.247 and 15.209 / RSS-210, the item under test is **IN COMPLIANCE** with the requested specifications specified in the standard.

NOTE: The results presented in this Test Report apply only to the particular item under test established in page 1 of this document, as presented for test on the date(s) shown in section, "USAGE OF SAMPLES, TESTING PERIOD AND ENVIRONMENTAL CONDITIONS".

Remarks and comments

None.

Testing verdicts	
Not applicable:	NA
Pass:	P
Fail:	F
Not measured:	NM

FCC PART 15 PARAGRAPH / RSS-210			VERDICT		
		NA	P	F	NM
Section 15.247 Subclause (a) (2) / RSS-210 A8.2. (a)	6 dB Bandwidth		P		
Section 15.247 Subclause (b) / RSS-210 A8.4. (4)	Section 15.247 Subclause (b) / RSS-210 A8.4. (4) Maximum output power and		P		
Section 15.247 Subclause (d) / RSS-210 A8.5.	(Transmitter)		P		
Section 15.247 Subclause (d) / RSS-210 A8.5.	Band-edge emissions compliance (Transmitter)		P		
Section 15.247 Subclause (e) / RSS-210 A8.2. (b)	Power spectral density		P		
Section 15.247 Subclause (d) / RSS-210 A8.5.	Emission limitations radiated (Transmitter)		P		



APPENDIX A: Test results



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Occupied Bandwidth	
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TEST CONDITIONS

Power supply (V):

 $V_{nominal} = 3.7 \text{ Vdc}$

Type of power supply = DC voltage from rechargeable battery.

Type of antenna = Integral antenna.

Declared Gain for antenna = 2.1 dBi

TEST FREQUENCIES:

Lowest channel: 2402 MHz Middle channel: 2440 MHz Highest channel: 2480 MHz

The test set-up was made in accordance to the general provisions of ANSI C63.4: 2009.

CONDUCTED MEASUREMENTS

The equipment under test was set up in a shielded room and it is directly connected to the spectrum analyzer.

RADIATED MEASUREMENTS

All radiated tests were performed in a semi-anechoic chamber. The measurement antenna is situated at a distance of 3 m for the frequency range 30 MHz-1000 MHz (30 MHz-1000 MHz Bilog antenna) and at a distance of 1m for the frequency range 1 GHz-25 GHz (1 GHz-18 GHz Double ridge horn antenna and 18 GHz-40 GHz horn antenna).

For radiated emissions in the range 1 GHz-25 GHz that is performed at a distance closer than the specified distance, an inverse proportionality factor of 20 dB per decade is used to normalize the measured data for determining compliance.

The equipment under test was set up on a non-conductive (wooden) platform one meter above the ground plane and the situation and orientation was varied to find the maximum radiated emission. It was also rotated 360° and the antenna height was varied from 1 to 4 meters to find the maximum radiated emission.

Measurements were made in both horizontal and vertical planes of polarization.



Occupied Bandwidth

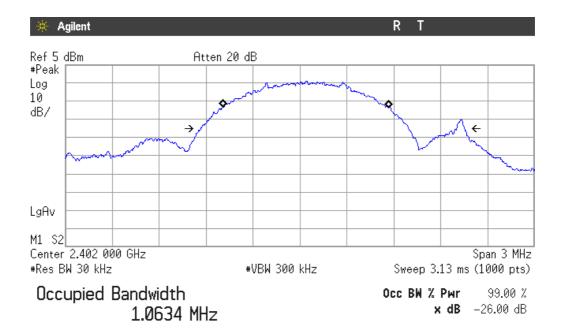
RESULTS

(see next plots).

	Lowest frequency	Middle frequency	Highest frequency
	2402 MHz	2440 MHz	2480 MHz
99% bandwidth (MHz)	1.063	1.067	1.061
-26 dBc bandwidth (MHz)	1.688	1.702	1.695
Measurement uncertainty (kHz)		±21.7	

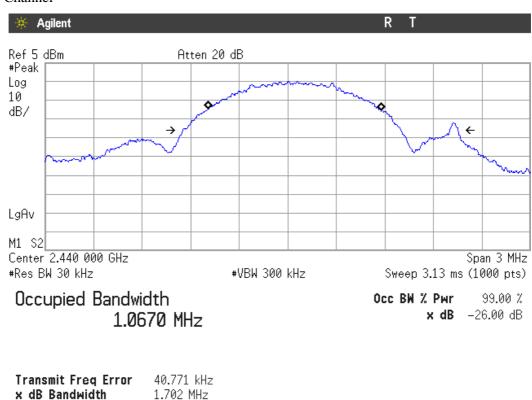


Lowest Channel



Transmit Freq Error 38.221 kHz x dB Bandwidth 1.688 MHz

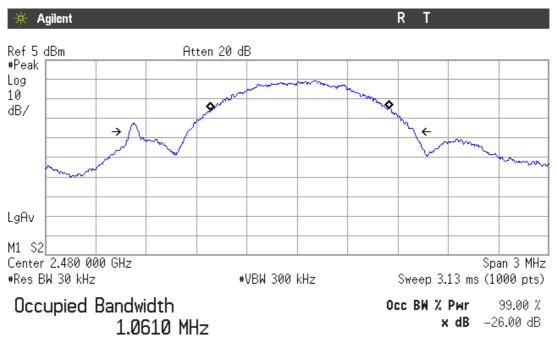
Middel Channel





2013-08-05

Highest channel



Transmit Freq Error 16.849 kHz x dB Bandwidth 1.695 MHz



Section 15.247 Subclause (a) (2) / RSS-210 A8.2. (a). 6 dB Bandwidth

SPECIFICATION

The minimum 6 dB bandwidth shall be at least 500 kHz.

RESULTS

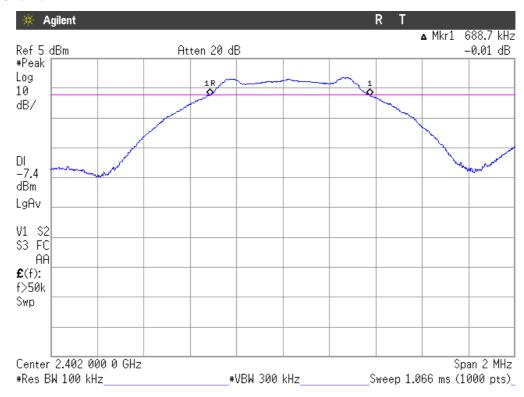
6 dB Bandwidth (see next plots).

	Lowest frequency	Middle frequency	Highest frequency
	2402 MHz	2440 MHz	2480 MHz
6 dB Spectrum bandwidth (kHz)	688.7	702.7	694.7
Measurement uncertainty (kHz)	±21.7		



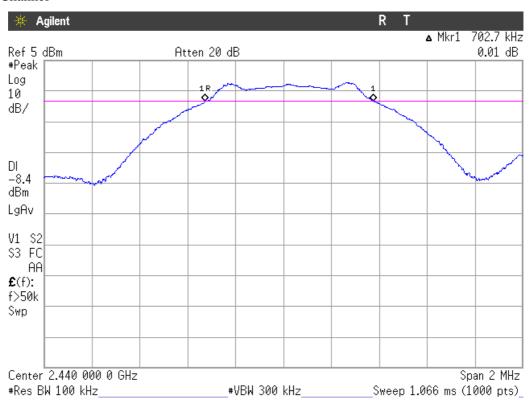
6 dB BANDWIDTH.

Lowest Channel



6 dB BANDWIDTH.

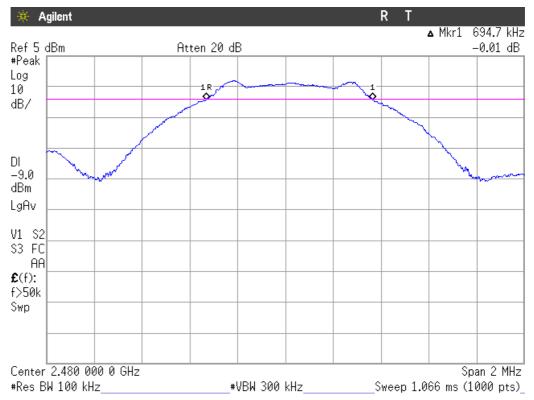
Middle Channel





6 dB BANDWIDTH.

Highest Channel





Section 15.247 Subclause (b) / RSS-210 A8.4. (4). Maximum output power and antenna gain

SPECIFICATION

For systems using digital modulation in the 2400-2483.5 MHz band: 1 watt (30 dBm). The e.i.r.p. shall not exceed 4 W (36 dBm) (Canada).

RESULTS

The maximum peak conducted output power was measured using the method according to point 9.1.1. of Guidance for Performing Compliance Measurements on Digital Transmission Systems (DTS) Operating Under §15.247 558074 D01 DTS Meas Guidance v03r01 dated 09/04/2013.

The EIRP power (dBm) is calculated by adding the declared maximum antenna gain to the measured conducted power.

MAXIMUM OUTPUT POWER. See next plots.

Maximum declared antenna gain: 2.1 dBi.

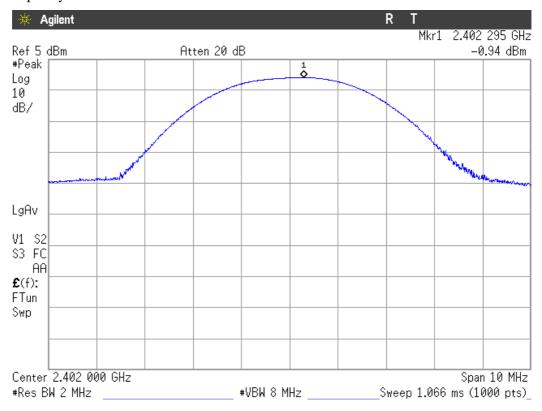
	Lowest frequency	Middle frequency	Highest frequency
	2402 MHz	2440 MHz	2480 MHz
Maximum conducted power (dBm)	-0.94	-1.73	-2.53
Maximum EIRP power (dBm)	1.16	0.37	-0.43
Measurement uncertainty (dB)		±1.5	

The maximum directional gain of the antenna is less than 6 dBi and therefore the maximum output power is not required to be reduced from the stated values.

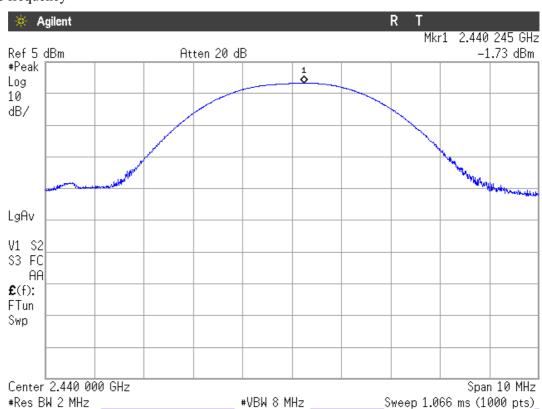


CONDUCTED PEAK POWER.

Lowest frequency

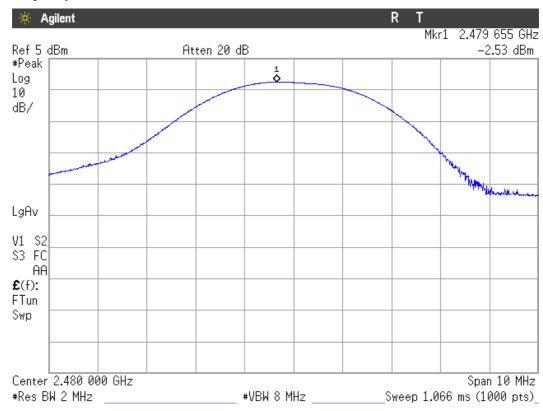


Middle frequency





Highest frequency





Section 15.247 Subclause (d) / RSS-210 A8.5. Emission limitations conducted (Transmitter)

SPECIFICATION

In any 100 kHz bandwidth outside the frequency band in which the digitally modulated intentional radiator is operating, the radio frequency power that is produced by the intentional radiator shall be at least 20 dB below that in the 100 kHz bandwidth within the band that contains the highest level of the desired power. If the transmitter complies with the conducted power limits based on the use of RMS averaging over a time interval, the attenuation required shall be 30 dB instead of 20 dB.

RESULTS:

Reference Level Measurement

	Lowest frequency	Middle frequency	Highest frequency
Reference Level Measurement (dBm)	2402 MHz -1.43	2440 MHz -2.15	2480 MHz -3.05
Measurement uncertainty (dB)		±1.5	

Lowest frequency 2402 MHz

Frequency (GHz)	Level (dBm)	Limit (dBm)
4.804536	-39.35	-21.43
7.205344	-44.39	-21.43

Middle frequency 2440 MHz

Frequency (GHz)	Level (dBm)	Limit (dBm)
4.880542	-38.74	-22.15
7.323831	-47.58	-22.15

Highest frequency 2480 MHz

Frequency (GHz)	Level (dBm)	Limit (dBm)
4.959564	-39.17	-23.05
7.4363107	-49.13	-23.05

Verdict: PASS

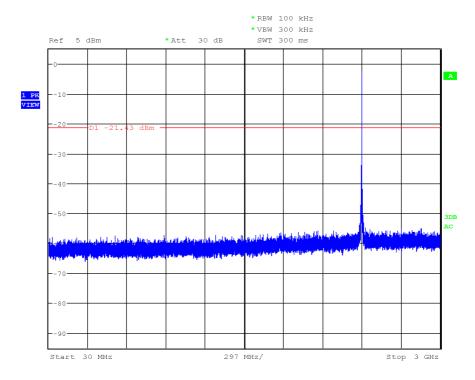
See next plot of worst case: Lowest frequency 2402 MHz.

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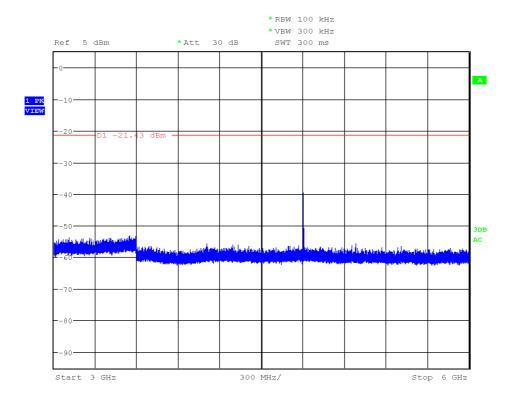
Number of sweep points: 30,001.

Plot 30 MHz to 3 GHz:



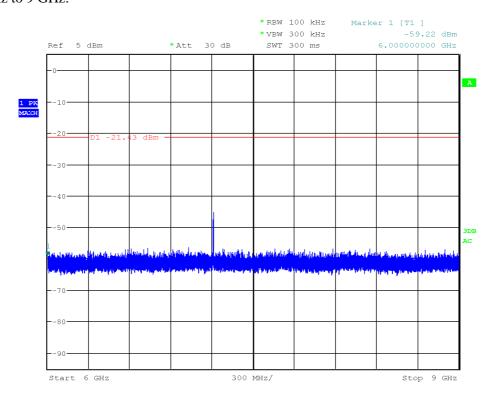
Note: The peak above the limit is the carrier frequency.

Plot 3 GHz to 6 GHz:

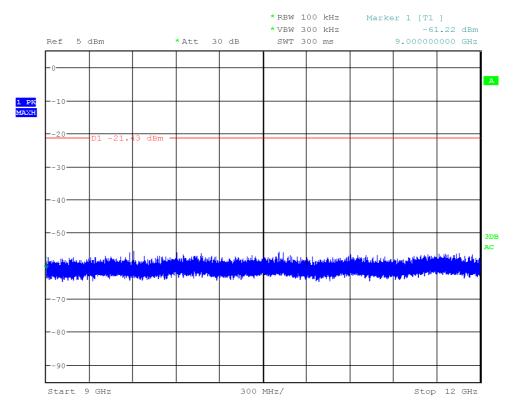




Plot 6 GHz to 9 GHz:

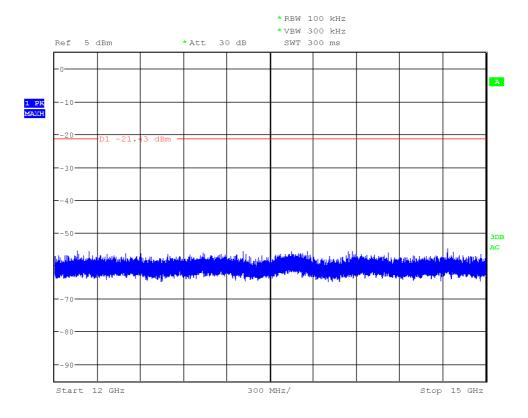


Plot 9 GHz to 12 GHz:

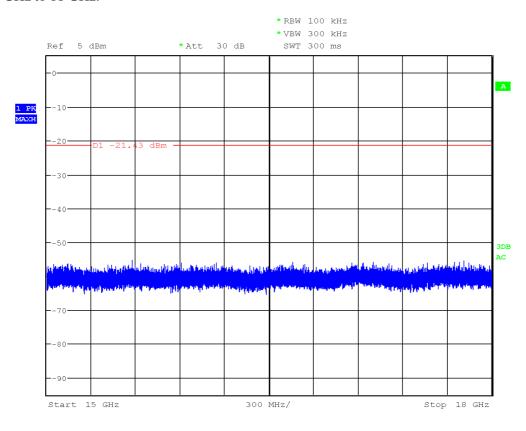




Plot 12 GHz to 15 GHz:

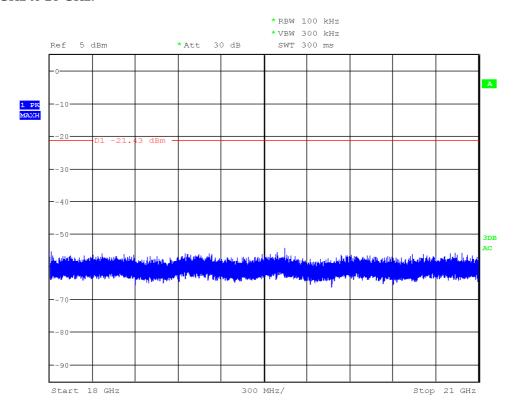


Plot 15 GHz to 18 GHz:

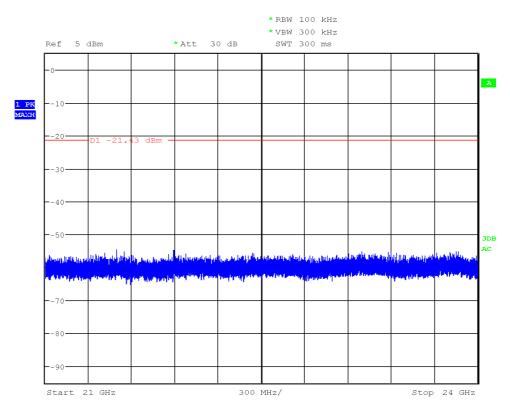




Plot 18 GHz to 21 GHz:

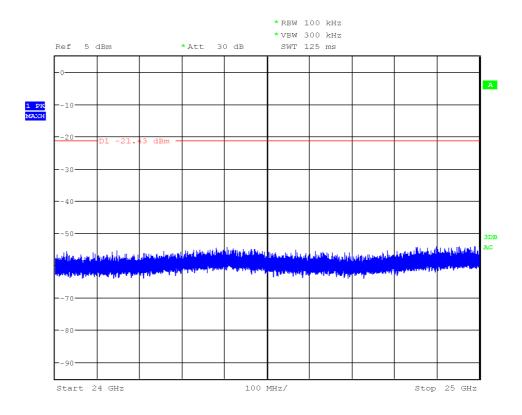


Plot 21 GHz to 24 GHz:





Plot 24 GHz to 25 GHz:





Section 15.247 Subclause (d) / RSS-210 A8.5. Band-edge emissions compliance (Transmitter)

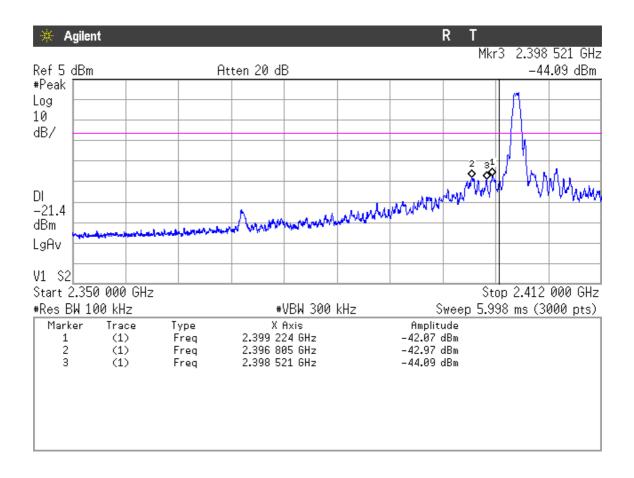
SPECIFICATION

Emissions outside the frequency band in which the intentional radiator is operating shall be at least 20dB below the highest level of the desired power. If the transmitter complies with the conducted power limits based on the use of RMS averaging over a time interval, the attenuation required shall be 30 dB instead of 20 dB.

RESULTS:

1. LOW FREQUENCY SECTION. CONDUCTED.

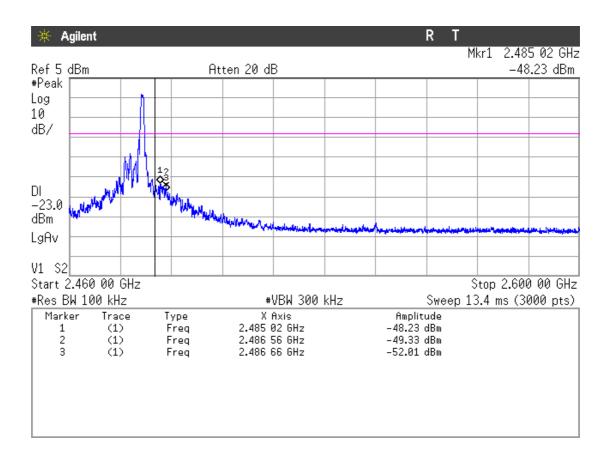
See next plot.





2. HIGH FREQUENCY SECTION. CONDUCTED.

See next plot.





Section 15.247 Subclause (e) / RSS-210 A8.5. Power spectral density

SPECIFICATION

For digitally modulated systems, the power spectral density conducted from the intentional radiator to the antenna shall not be greater than 8 dBm in any 3 kHz band during any time interval of continuous transmission.

RESULTS

The maximum power spectral density level in the fundamental emission was measured using the method PKPSD (Peak PSD) according to point 10.2. of Guidance for Performing Compliance Measurements on Digital Transmission Systems (DTS) Operating Under §15.247 558074 D01 DTS Meas Guidance v03r01 dated 09/04/2013.

Power spectral density (see next plots).

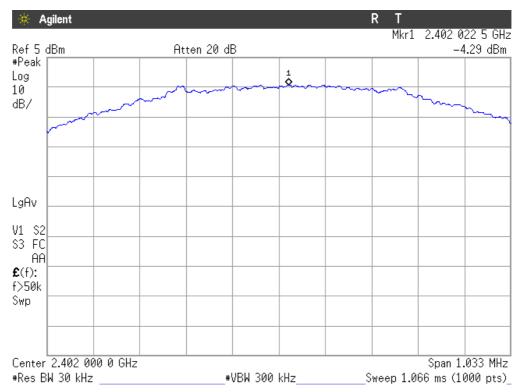
	Lowest frequency	Middle frequency	Highest frequency
	2402 MHz	2440 MHz	2480 MHz
Power spectral density (dBm)	-4.29	-4.70	-5.16
Measurement uncertainty (dB)	±1.5		



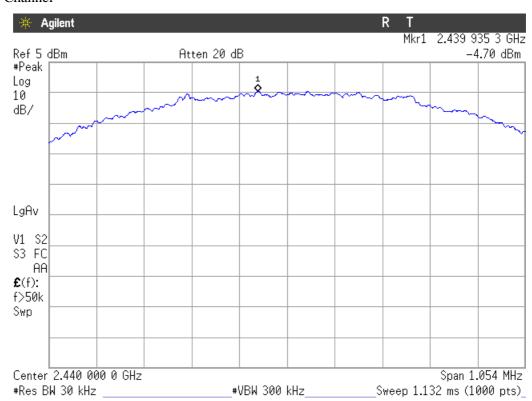
2013-08-05

Power spectral density.

Lowest Channel

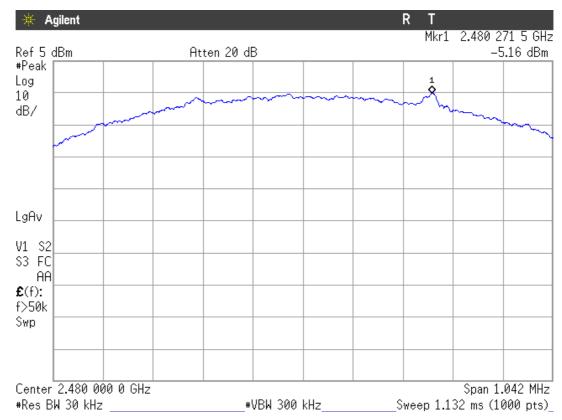


Middle Channel





Highest Channel





Section 15.247 Subclause (d) / RSS-210 A8.5. Emission limitations radiated (Transmitter)

SPECIFICATION

Radiated emissions which fall in the restricted bands, as defined in §15.205(a), must also comply with the radiated emission limits specified in §15.209(a) (see §15.205(c)):

Frequency Range (MHz)	Field strength (µV/m)	Field strength (dBµV/m)	Measurement distance (m)
0.009-0.490	2400/F(kHz)	-	300
0.490-1.705	24000/F(kHz)	-	300
1.705 - 30.0	30	-	30
30 - 88	100	40	3
88 - 216	150	43.5	3
216 - 960	200	46	3
960 - 25000	500	54	3

The emission limits shown in the above table are based on measurements employing CISPR quasi-peak detector except for the frequency bands 9-90 kHz, 110-490 kHz and above 1000 MHz. Radiated emission limits in these three bands are based on measurements employing an average detector.

For average radiated emission measurements above 1000 MHz, there is also a limit corresponding to 20 dB above the indicated values in the table is specified when measuring with peak detector function.

RESULTS:

The situation and orientation was varied to find the maximum radiated emission. It was also rotated 360° and the antenna height was varied from 1 to 4 meters to find the maximum radiated emission.

Measurements were made in both horizontal and vertical planes of polarization.

All tests were performed in a semi-anechoic chamber at a distance of 3 m for the frequency range 30 MHz-1000 MHz and at distance of 1m for the frequency range 1 GHz-25 GHz.

The field strength is calculated by adding correction factor to the measured level from the spectrum analyzer. This correction factor includes antenna factor, cable loss and pre-amplifiers gain.

The equipment transmits continuously in the selected channel so it is not necessary a duty cycle correction factor.



Frequency range 30 MHz-1000 MHz.

The spurious signals detected do not depend on the operating channel.

Highest spurious levels:

Spurious frequency (MHz)	Polarization	Detector	Emission Level (dBµV/m)	Measurement Uncertainty (dB)
31.943887	Н	Quasi-Peak	20.39	± 3.8
43.607214	V	Quasi-Peak	20.45	± 3.8

Frequency range 1 GHz-25 GHz

The results in the next tables show the maximum measured levels in the 1-25 GHz range including the restricted bands 2.31-2.39 GHz and 2.4835-2.5 GHz (see next plots).

Spurious signals with peak levels above the average limit (54 $dB\mu V/m$ at 3 m) are measured with average detector for checking compliance with the average limit.

1. CHANNEL: LOWEST (2402 MHz).

Spurious frequency (GHz)	Polarization	Detector	Emission Level (dBµV/m)	Measurement Uncertainty (dB)
2.38996	Н	Peak	44.77	± 4.09
2.49908	Н	Peak	44.99	± 4.09
4.80377	Н	Peak	44.53	± 4.09
7.20956	Н	Peak	45.19	± 4.09
9.60896	Н	Peak	48.77	± 4.09

2. CHANNEL: MIDDLE (2440 MHz).

Spurious frequency (GHz)	Polarization	Detector	Emission Level (dBµV/m)	Measurement Uncertainty (dB)
2.38930	Н	Peak	45.25	± 4.09
2.48854	Н	Peak	44.28	± 4.09
4.87931	Н	Peak	49.18	± 4.09
7.32412	Н	Peak	46.27	± 4.09

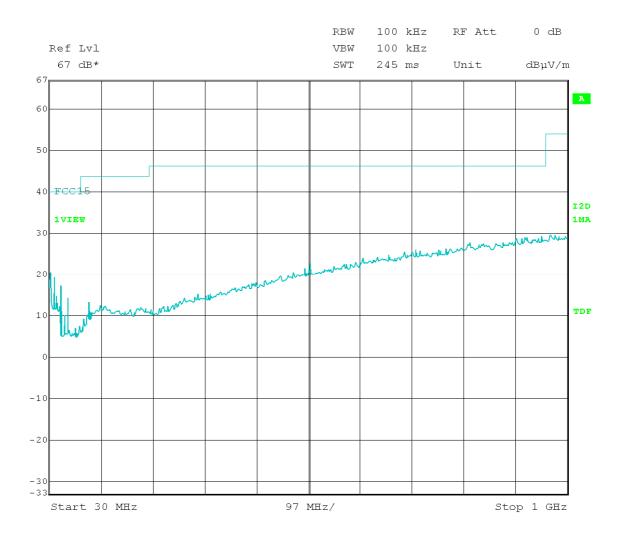


3. CHANNEL: HIGHEST (2480 MHz).

Spurious frequency (MHz)	Polarization	Detector	Emission Level (dBµV/m)	Measurement Uncertainty (dB)
2.38194	Н	Peak	45.26	± 4.09
2.48351	Н	Peak	46.62	± 4.09
4.95975	Н	Peak	50.72	± 4.09
7.43625	Н	Peak	46.35	± 4.09



FREQUENCY RANGE 30 MHz-1000 MHz.

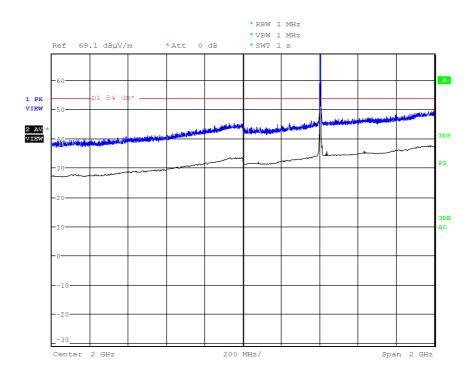


(This plot is valid for all three channels).



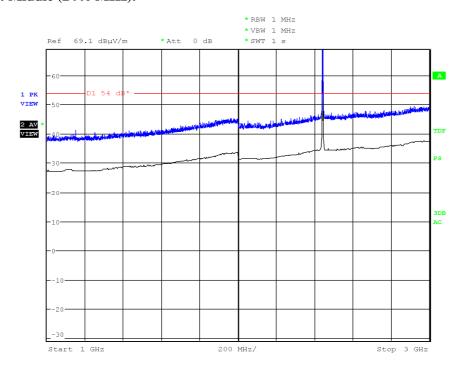
FREQUENCY RANGE 1 GHz to 3 GHz.

CHANNEL: Lowest (2402 MHz).



Note: The peak shown in the plot above the limit is the carrier frequency.

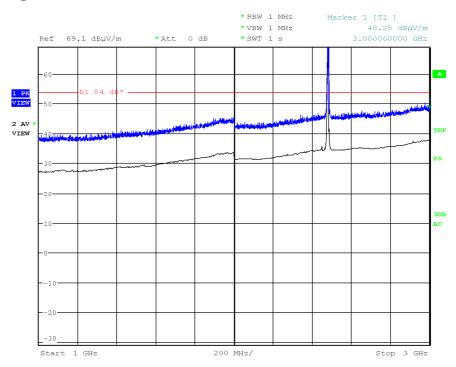
CHANNEL: Middle (2440 MHz).



Note: The peak shown in the plot above the limit is the carrier frequency.



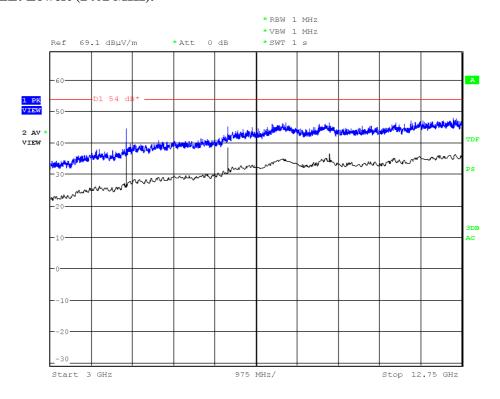
CHANNEL: Highest (2480 MHz).



Note: The peak shown in the plot above the limit is the carrier frequency.

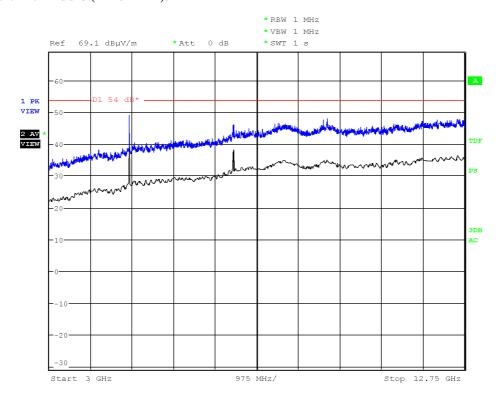
FREQUENCY RANGE 3 GHz to 12.75 GHz.

CHANNEL: Lowest (2402 MHz).

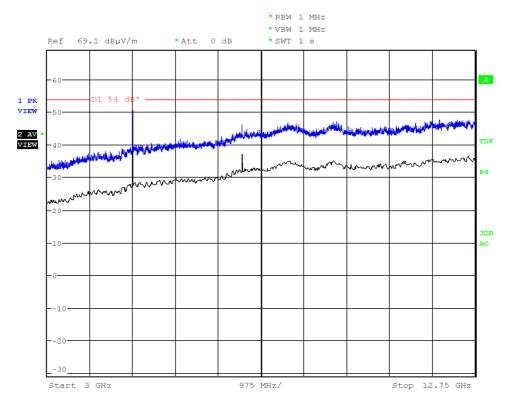




CHANNEL: Middle (2440 MHz).

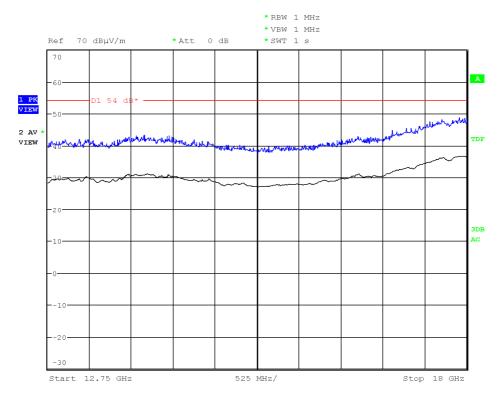


CHANNEL: Highest (2480 MHz).



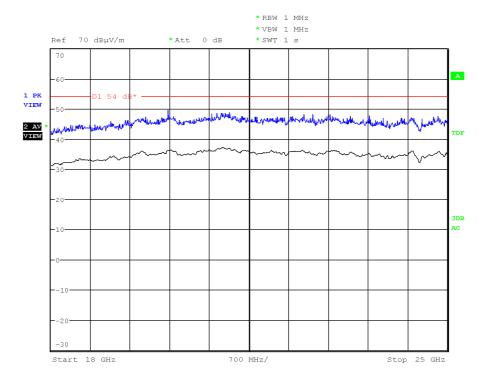


FREQUENCY RANGE 12.75 GHz to 18 GHz.



(This plot is valid for all three channels).

FREQUENCY RANGE 18 GHz to 25 GHz.

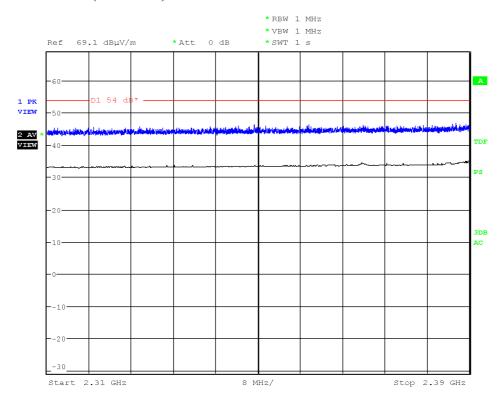


(This plot is valid for all three channels).

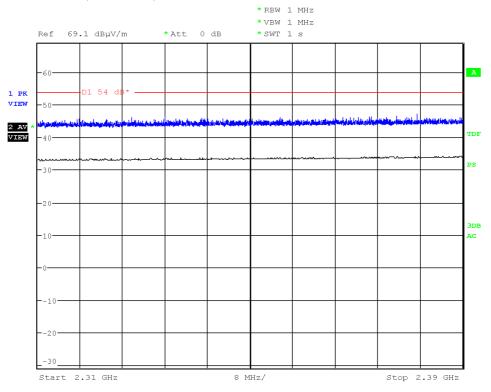


FREQUENCY RANGE 2.31 GHz to 2.39 GHz. (RESTRICTED BAND)

CHANNEL: Lowest (2402 MHz).

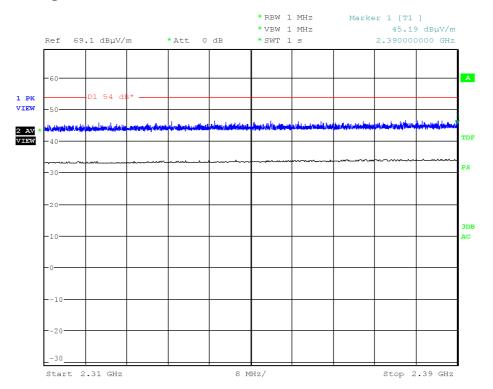


CHANNEL: Middle (2440 MHz).



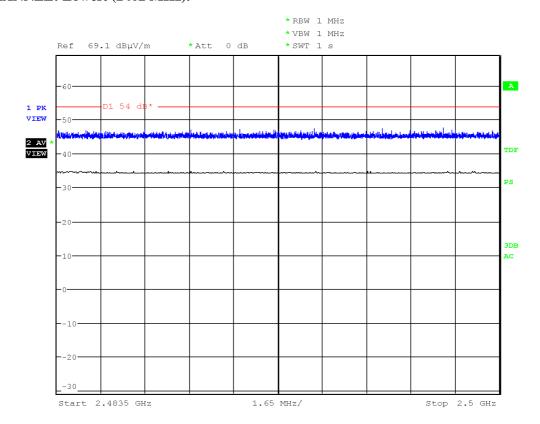


CHANNEL: Highest (2480 MHz).



FREQUENCY RANGE 2.4835 GHz to 2.5 GHz. (RESTRICTED BAND)

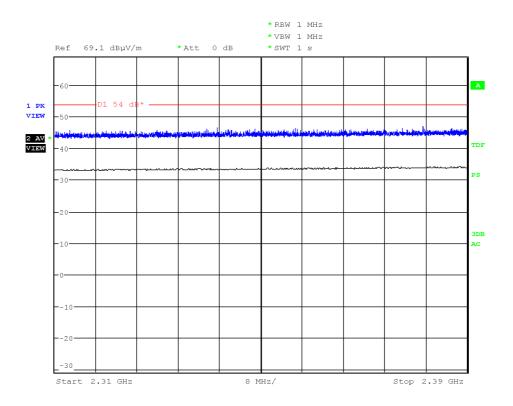
CHANNEL: Lowest (2402 MHz).





2013-08-05

CHANNEL: Middle (2440 MHz).



CHANNEL: Highest (2480 MHz).

