

ATUAT (Fitness)

User Manual

Overview

ATUAT is a kind of physical activity monitor. It monitors and analyzes human daily physical activities and reminds users to do exercises properly. The device can be used as standalone mode, also can be coupled with phones.

Safety Instructions

Wearing and using ATUAT: ATUAT has sensitive components inside, please do not: disassemble, modify, drop, knock, bend, squeeze, over-stretch, over-twist it or put it close to fire. If ATUAT has been damaged, such as fractured, contacted with water, or impaled, do not use it anymore.

Cleaning ATUAT: Once ATUAT contacted with contaminant, please clean it at once. Turn off ATUAT and clean it by soft fabrics, avoid getting moisture in openings. Please do not use any cleaners, alcohol, ammonia or any other abrasives to clean ATUAT.

Keep Dry: Avoid contacting with water. Please do not expose ATUAT in rain or moisture. Once it contacted with water, please turn off ATUAT at once, re-start it when ATUAT dried by air completely. Never attempt to dry it by outer heat sources.

warning:

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Terms

ATUAT:English name for the device.

Device pairing:ATUAT pairs with phone via Bluetooth before using this device firstly.

Off-line mode:ATUAT works independently.

On-line mode:ATUAT connects with phone via Bluetooth.

Phone client:ATUAT software installed on phone.

About product

What is included in the package?

ATUAT main device (chargeable battery included)

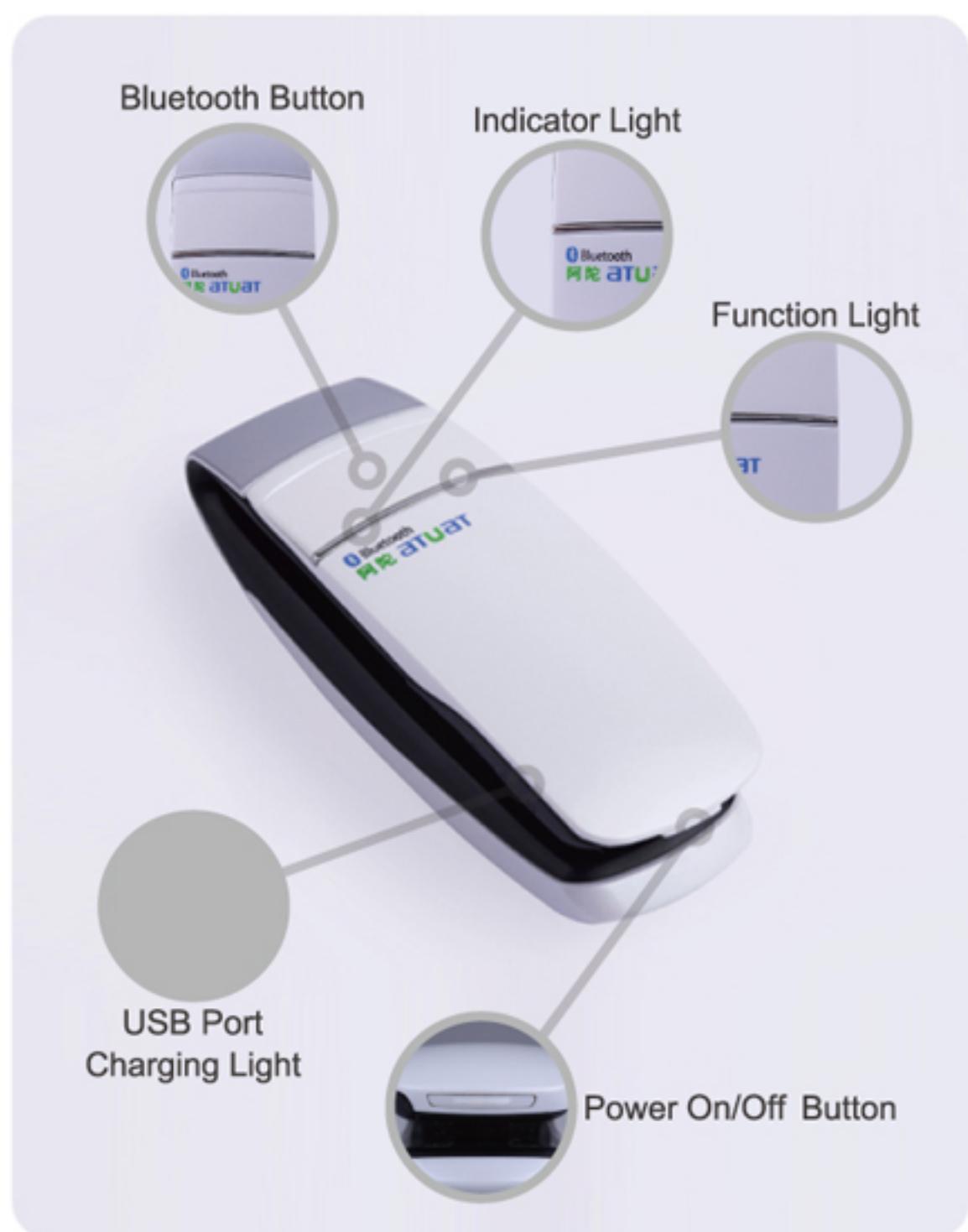
1 USB 2.0 charging cable

User manual

Warranty card

Appearance

Components include: Power on/off button, USB port, Bluetooth button, charging light, indicator light, function light and battery (Inside).



Product specification

Model	AT100
Shape and measurement	U-shape, 75 * 25 * 20 mm
Weight	20g
Battery	270 mAh Li Battery
Charge	USB charging
Bluetooth	SPP/ iAP, Version 2.1, Class 2
Standby Time	7*24 hours
Working mode	Support off-line and on-line mode
Storage capacity	30 days data
Display mode	Function light / Indicator light
Certificate	CE / FCC
Working temperature	-20°C - 50°C

Using

On / Off

Power on: Long press power on/off button (Function light on and indicator light turning on at first then turning off indicates power is on) .

Power off: Long press power on/off button, (Function light blinking then turning off, indicates power is off).

Bluetooth Connecting: Press Bluetooth button (Function light blinking slowly indicates buletooth is connected).

Used Standalone: Function light always on.

Inactivity or long sitting reminder: Function light and indicator light , blink device buzzes .

Basic activity amount has been done: Indicator light always on.

Low battery reminder: Short buzzing.

Wearing

In offline mode, wear ATUAT on belt; Users also can wear it on other body portion, but the accuracy will be affected.

In online mode, Follow instructions of phone client to wear ATUAT. Users can also wear it on other body portion, but the accuracy will be affected.



Charging

Connect one end of USB cable with ATUAT USB port, plug the other end of USB cable into computer or USB charger for charging. Charging is finished once the charging light turns to green.



Start Bluetooth and pair ATUAT with phone

When ATUAT is power on, press Bluetooth button , function light start to blink slowly.

In settings, choose General → Bluetooth and turn Bluetooth on.

Search for Bluetooth devices.

Bluetooth Address of ATUAT begins with “IN”, click “Not Connected” to pair with device. During the process of device pairing and data transmitting, the function light will blink quickly.



Bluetooth disconnecting

ATUAT will disconnect with iPhone automatically if they have no data transmitting for a long time.

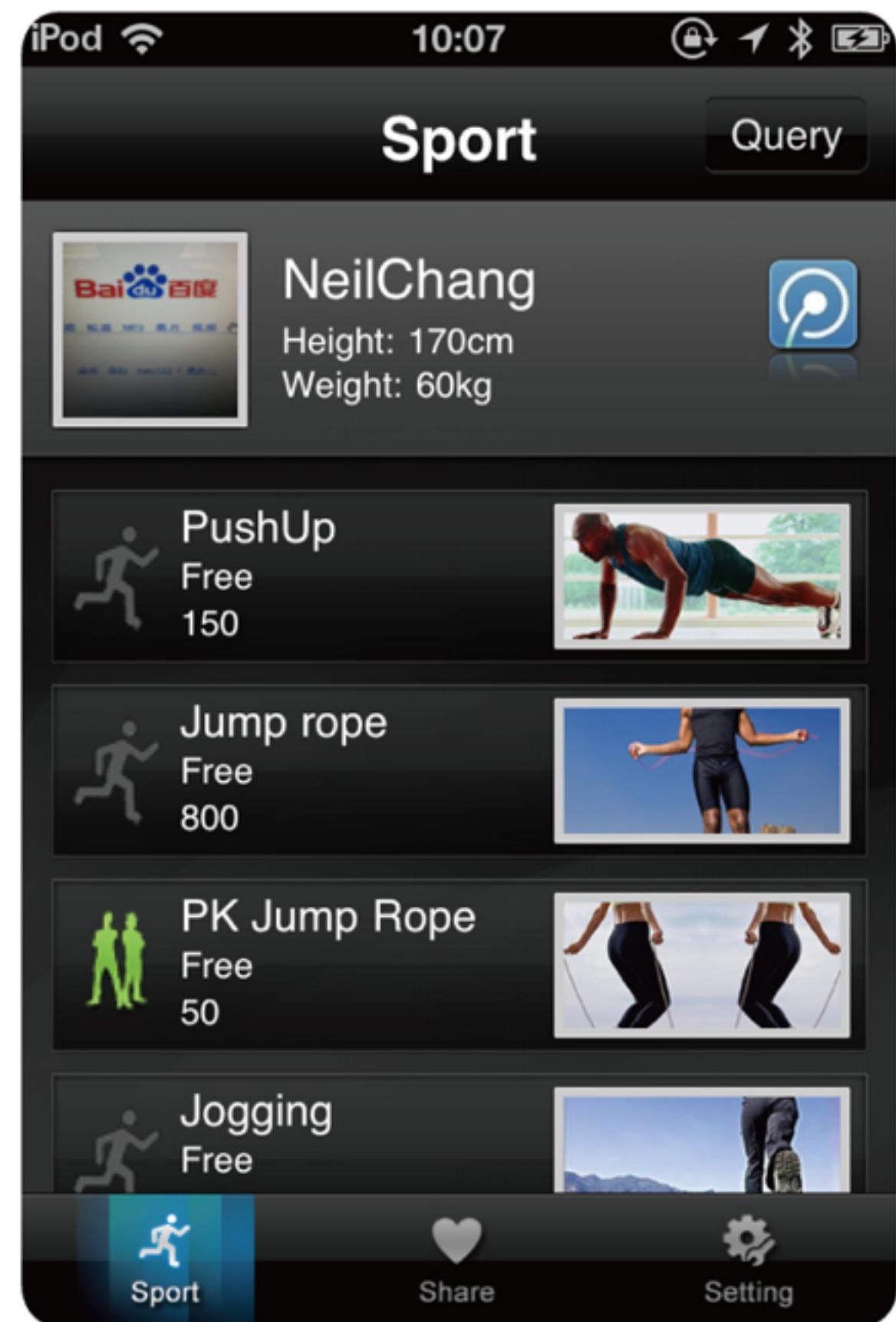
In settings, choose General→Bluetooth and Shield Bluetooth function of iPhone , Bluetooth connection will be terminated.

Turn off ATUAT, Bluetooth will be disconnected.

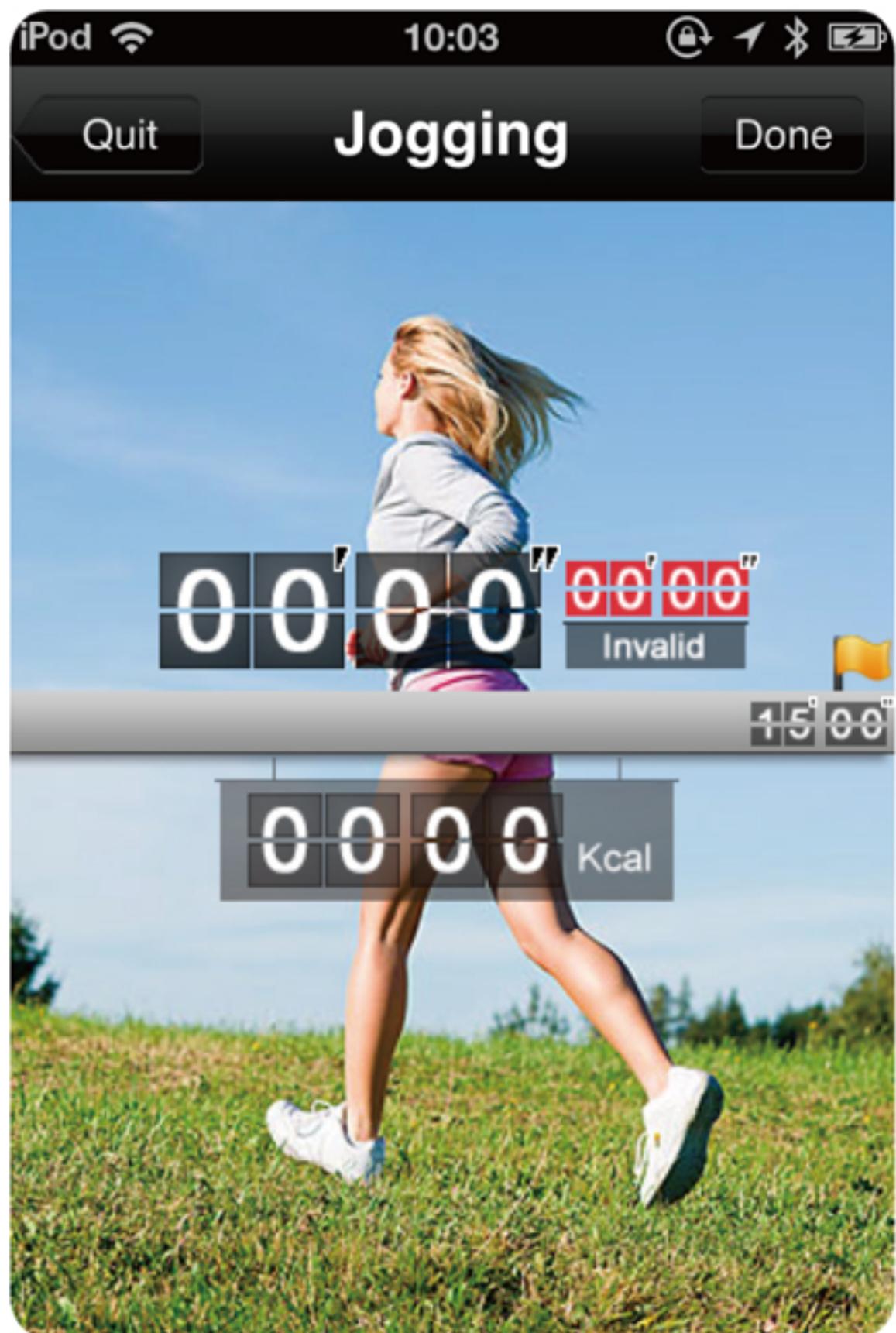
Using ATUAT

Power on and wear ATUAT correctly. Start Bluetooth and pair ATUAT with iPhone.

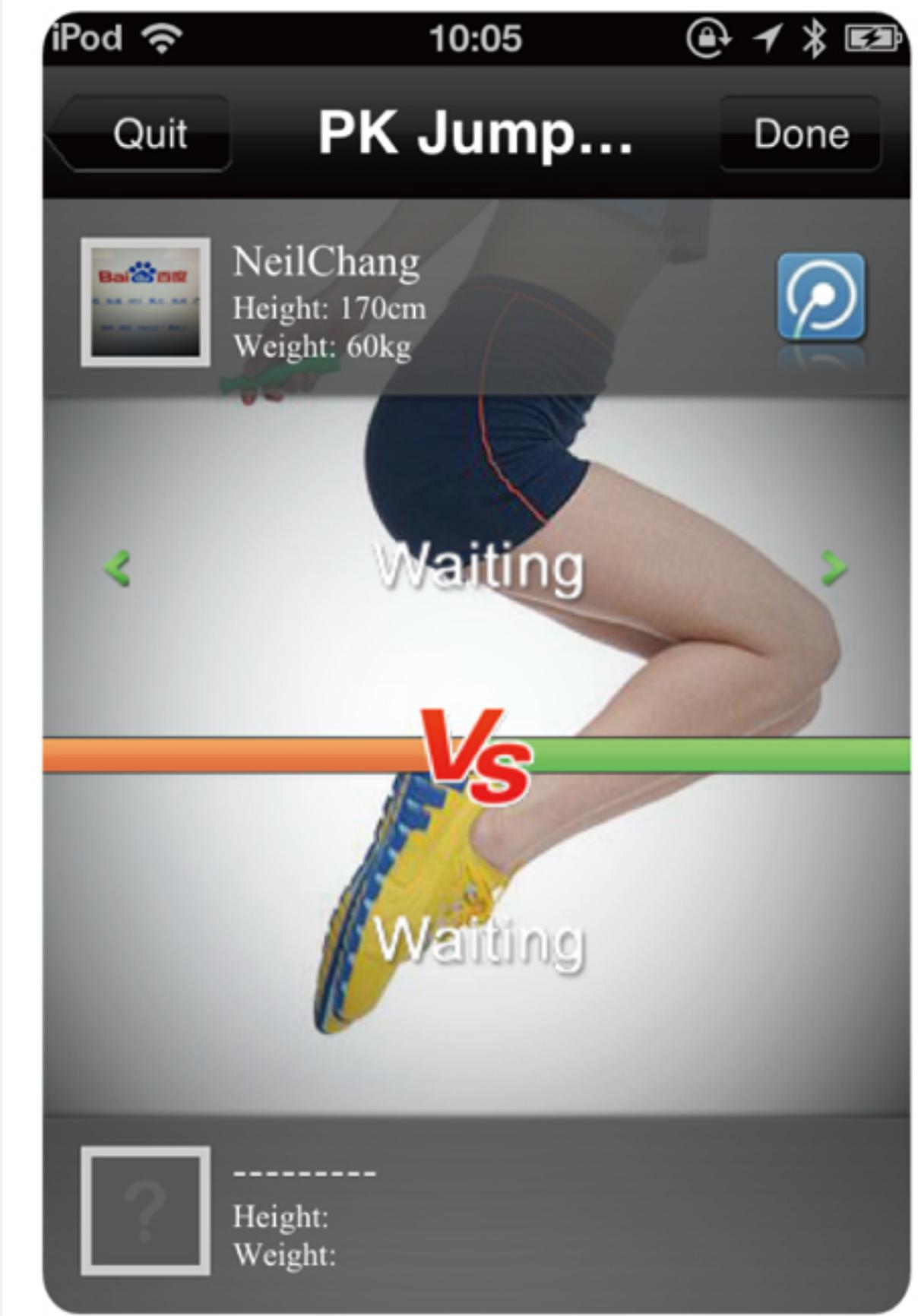
Launch phone client manually or automatically.



Choose proper activity programs on phone client and wear ATUAT on specified body portion correctly as instruction, then do exercises with ATUAT.



Share activity data and fight with your friends.



Install, uninstall, upgrade phone client

Installation: Search "ATUAT" in Apple iTunes, click to process installation.

Uninstallation : Refer other common application instruction of iPhone.

Upgrade: Follow the notification of the newer version via App store or website.

Compatibility:

iPhone 4S, iPhone 4 , iPhone 3GS , iPod touch .

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"App Store" and "iTunes Store" are services mark of Apple Inc.

"iPhone" is trademark of Apple Inc.,registered in the U.S.and other countries.

"Made for iphone," means that an electronic accessory has been designed to connect specifically to iPhone, respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPhone may affect wireless performance.

"Bluetooth" is trademark owned by Bluetooth SIG, Inc.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.