

Smart watch

Usage Guideline

HT Ultra 6

One. Watch Charging

(I) Charge the watch

- Connect the charging base and charging cable, and connect the power adapter to a power outlet.
- Place the device on the charging base. Make sure the back of the watch fits the charging base. Wait until the charging indicator appears on the watch screen.

* Notes

- Original adapters must be used or in compliance with applicable national /regional regulations and international and regional Safety Standard charging base and adapter to charge the device. Other chargers, mobile power (Power Bank) may not meet the applicable safety standards and may cause problems such as slow charging and heating. Please use with caution.
- Please keep the charging port dry and clean before charging to prevent short circuit or other risks.
- Please keep the surface of the charging base clean and make sure the watch is properly placed on the charging base when charging. The watch screen displays the charging status normally. Do not connect the charging base metal electrode directly or indirectly through metal, resulting in short-circuit damage or other risks. (When the watch strap is a metal strap, ensure that the charging metal electrode and the metal contact are properly connected during the charging process. Do not place the watch strap on the charging table to avoid short-circuit damage or other risks caused by the watch strap being connected to the metal electrode.)
- When wireless charging, please use a dedicated base to ensure that the coil is facing the right direction. When the coil is not aligned with the charging coil, the charging efficiency will be low and the watch will produce heat and other problems.
- Do not charge or use the watch in the presence of flammable and explosive materials. When using the charging base, check that there is no liquid residue or other foreign matter on the USB port of the

charging base. When charging, keep away from liquid and flammable textile materials.

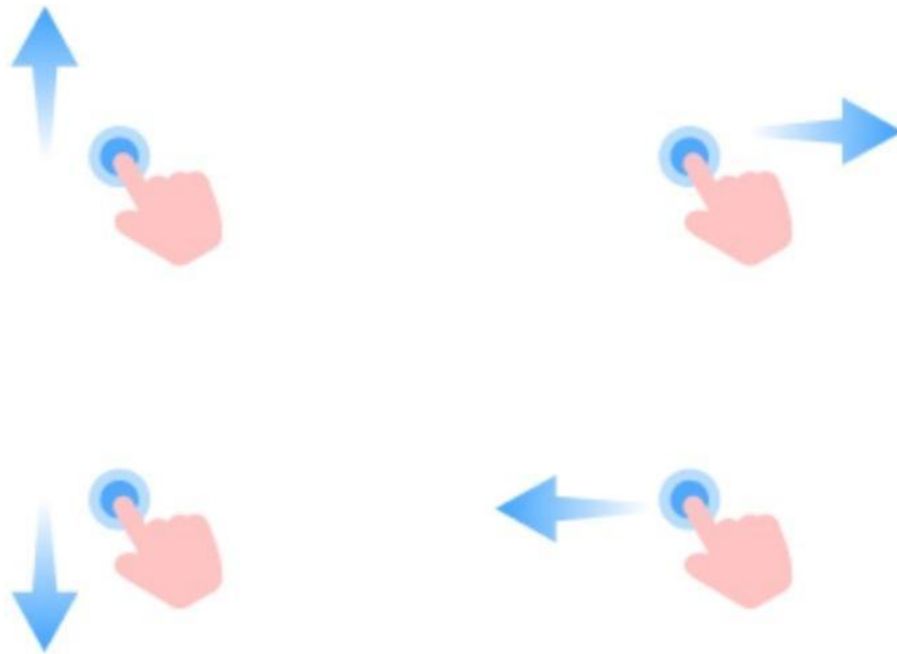
- Because the charging base contains magnets, it will inevitably adsorb metallic foreign bodies and other exotic objects, please pay attention to clean up when in use. Do not contact the charging base with high temperature for a long time, which may cause demagnetization of the charging base and other anomalies.
- If the watch is not used for a long time, it is recommended to charge it regularly to extend the battery life . Charge once every 2-3 months.

(II) Check the battery level

- Method 1: Slide down the main screen of the device to view the number of battery grid in the drop-down menu.
- Method 2: After the device is connected to a power source, check the battery level on the charging indicator interface.
- Method 3: Check the battery level on the dial.
- Method 4: When the device and “FitCloudPro” App are connected normally, enter the “FitCloudPro” App , enter the device details page on the Device Page, and you can view the battery level.

Two. Watch button and screen gesture operation

The device adopts color screen, supports full-screen touch, slide up, slide down, left slide, right slide, long press operation.



Button	Operation	Function
Upper Key	Single Click	When the screen is off, the screen will light up in response.
		From watch face interface shift to the menu style interface.
		Power on status & non-processing interface, return to the watch face.
	Double Click	Menu style interface, quickly switch menu styles.
	Long Press	In the power-on state, press and hold the button for 3 seconds to enter the three-in-one selection interface (power off, restart, factory reset).
		In the power-on state, press and hold the button for 10 seconds to initiate the "hardware restart" logic.
		In the off state, press and hold the button for 3 seconds, the watch will turn on and the display shows LOGO.
Lower Key	Single Click	Default: Respond to screen off . Customize the lower key: 1) Click the upper button on the watch, select Settings > Down Button Settings in the application list. Settings > Click. 2) Select the target application and complete the customization of the watch button. After the Settings are complete, click the lower key on the main screen of the watchface to open the application of the current Settings.
	Long Press	Default: Enter the sports list. Customize the lower key: 1) Click the upper button on the watch, select Settings > Down Button Settings in the application list. Settings > Long press. 2) Select the target application and complete the customization of the watch button. After the Settings are complete, click the lower key on the main screen of the watch face to open the application of the current Settings.

Three. App

1. Download the "FitcloudPro" APP on your mobile phone and install it. You can search "FitcloudPro" in the APP store to download it. You can also scan the QR code below to download and install "FitcloudPro".
2. Device requirements: Android 5.0 and above, iOS 10.0 and above.

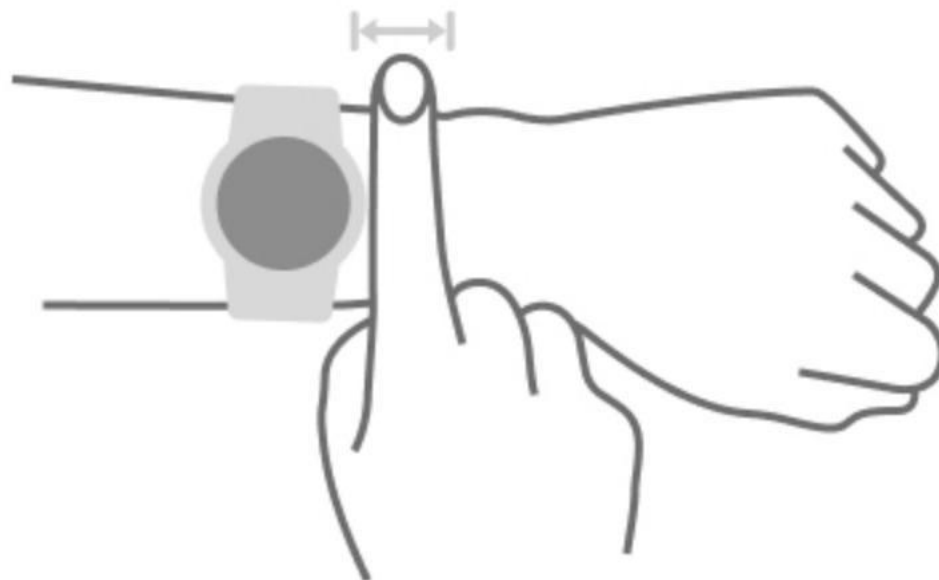


Four. Pairing

1. Press and hold the power button of the watch to turn it on.
2. Scan the QR Code on the watch screen with your mobile phone or Search "FitCloudPro " in the App Store to download and install the latest version of the App.Or choose manual operation, which is to select the watch you want to connect from the device list, and complete the pairing according to the watch and App interface prompts.
3. After pairing is successful, you can start using the watch.

Five. How to wear

1. Make sure the bottom case of the watch is clean and dry, and free of debris, then fit the monitoring unit area on the wrist to maintain a comfortable and fit wearing condition. Do not apply film to the back of the watch. If the sensor for human body recognition is blocked or covered, it will lead to inaccurate recognition or even failure to recognize the human body. This may result in inaccurate or impossible recording of heart rate, blood oxygen, sleep, etc.
2. To ensure the accuracy of measurement, please wear at least one finger distance away from the bone joint and keep the strap loose and tight moderately, but wear it as tight as possible when exercising.



Six. Main functions

(I) Watch face interface

1. Built-in watch faces. The watch has multiple built-in dials. You can press and hold the dial interface and slide the screen to select your preferred watch face.
2. Watch face market. In APP Built-in watch face store, you can download watch faces to the watch local display and Change freely.
3. Customized watch face. Users can customize the watch face in the APP Upload pictures to customize the watch face.

(II) Shortcut Menu

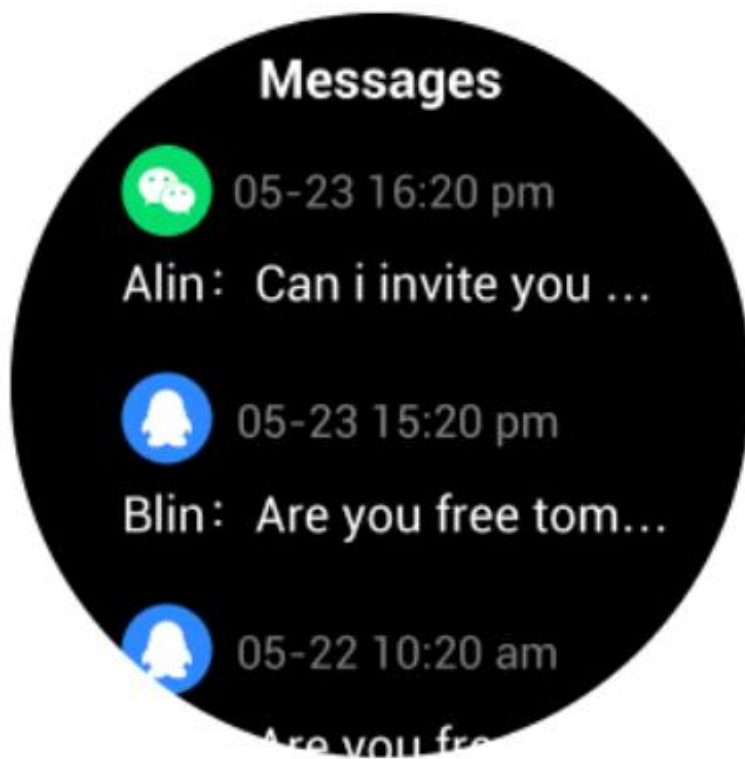
On the watch face screen, slide down to enter the shortcut menu. Enable brightness adjustment, Settings, Find phone, system info, flashlight, Bluetooth switch, Do not Disturb mode, battery functions.



Six. Main functions

(III) Message Notification

1. Message storage: Keep the latest 15 messages, and overwrite the earliest message if the message exceeds the limit.
2. Message reminders. Turn off/on the screen & vibrate (controlled by the message notification permission switch).
3. Application reminders. Incoming calls, text messages, emails, WeChat, QQ, Facebook, X, WhatsApp, LinkedIn, Instagram, Messenger, Snapchat, Line, Viber, Skype, and other Apps.
4. Message reminder switch. The FitcloudPro APP is required, to enable the notification switch of the corresponding application.



Six. Main functions

(IV) Heart rate

The watch supports continuous heart rate measurement throughout the day. It can measure your heart rate in real time, or a single command heart rate.

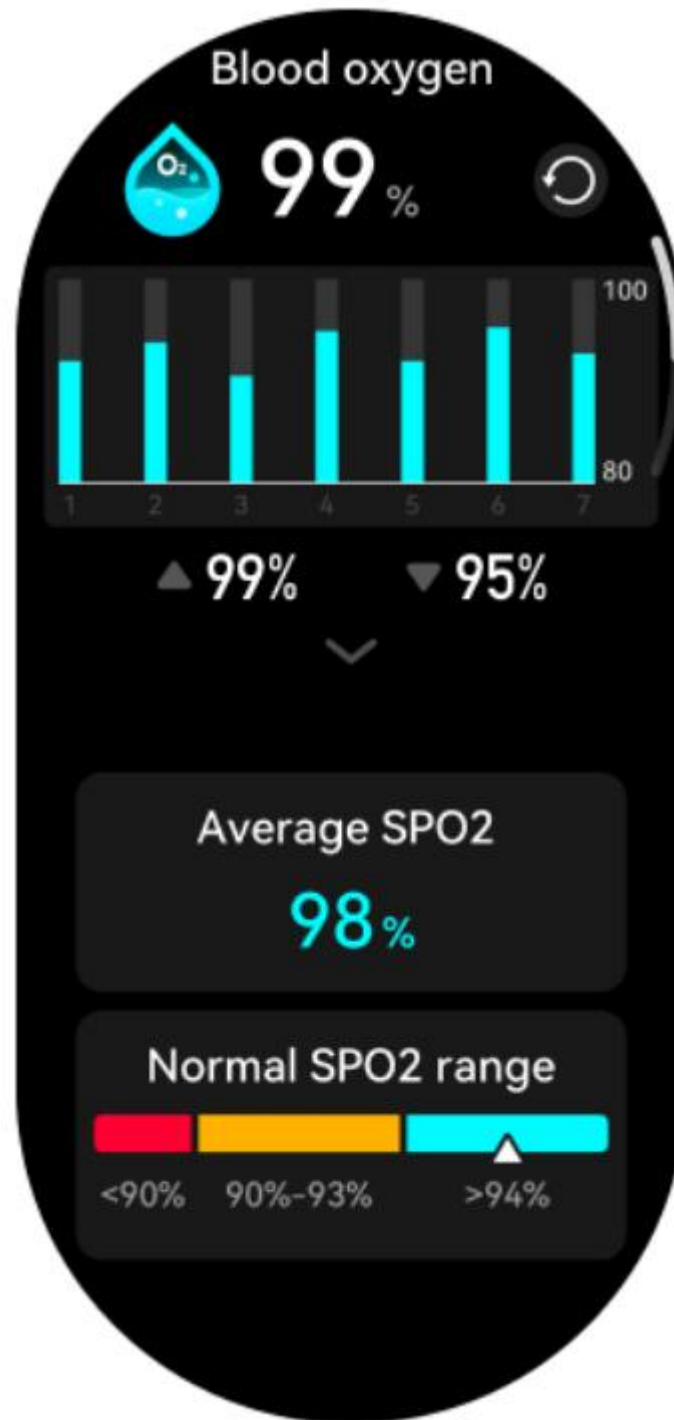
1. Single heart rate measurement. Click the side button of the watch to enter the application list, select heart rate , and perform a single heart rate measurement.
2. All-day heart rate monitoring. Open the APP, go to the device details page, start continuous heart rate measurement, and set the monitoring period, then the watch will continuously measure your heart rate.



Six. Main functions

(V) Blood oxygen

The watch only supports single blood oxygen measurement initiated manually. The watch can record the last 7 manual measurements. Click the watch side button to enter the application list, select blood oxygen, and perform a single blood oxygen measurement.

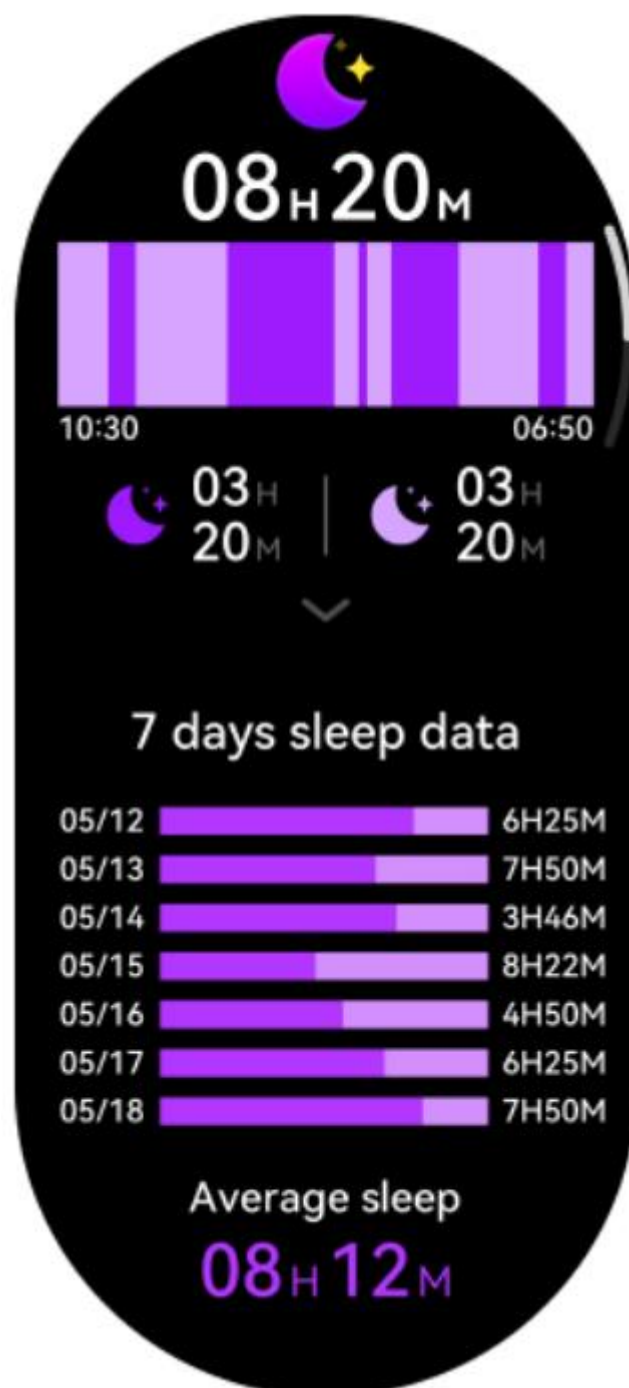


Six. Main functions

(VI) Sleep

Sufficient sleep is good for keeping healthy. The watch can monitor and record your sleep of the day and the last 7 Daily sleep trends.

1. Sleep at night. Wear the watch correctly when you go to sleep, and the watch will automatically recognize when you are falling asleep, waking up, or deep asleep. The sleep monitoring time period is: 21:30-12:00.
2. View sleep data. Support to check your sleep data on the watch and also App.



Six. Main functions

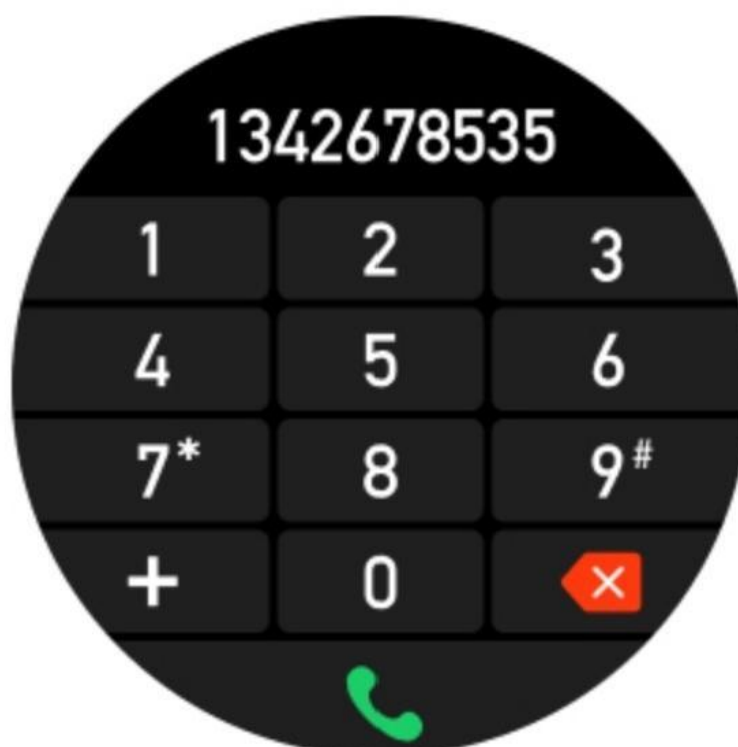
(VII) Weather

After watch and App connected and turn on the weather push switch, the watch can synchronize the latest weather information of the day. Weather data (temperature, weather type).



(VIII) Dial Numbers

This function requires the connection of audio Bluetooth, as required to enter the phone number and dial; Press Keyboard 7, 9 and hold for 2 seconds to input * and #.



Six. Main functions

(IX) Frequently used contacts

1. Only supports adding/deleting contacts on the APP side, and a maximum of 10 contacts can be added.
2. Add contacts on the APP and the contacts will be automatically synchronized when the watch is connected.



(X) Call Records

A maximum of 10 call records are available, and you can swipe left to delete the local call records on the watch.

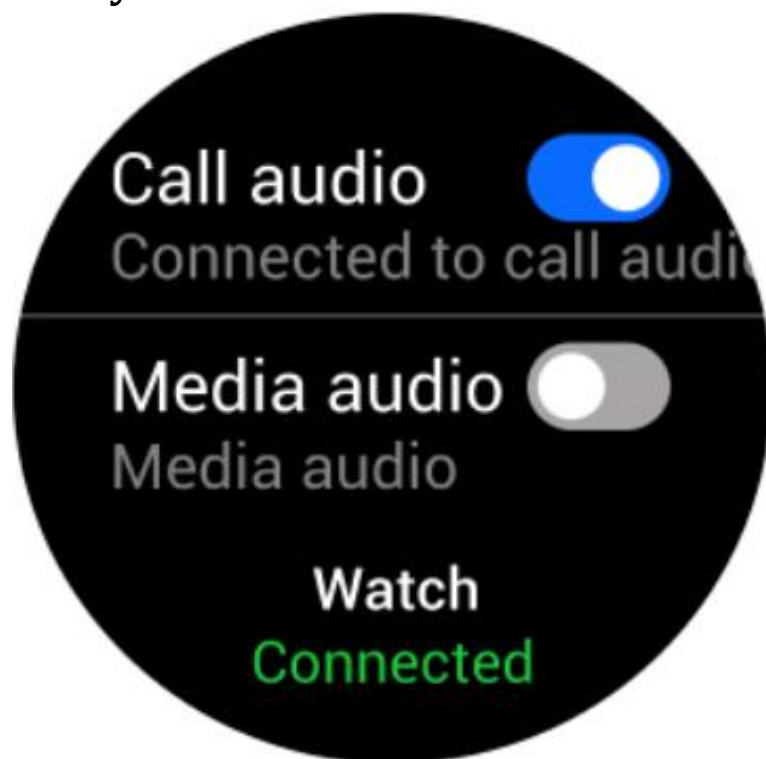


Six. Main functions

(XI) Bluetooth for calls

To enable the watch's Bluetooth broadcast permission:

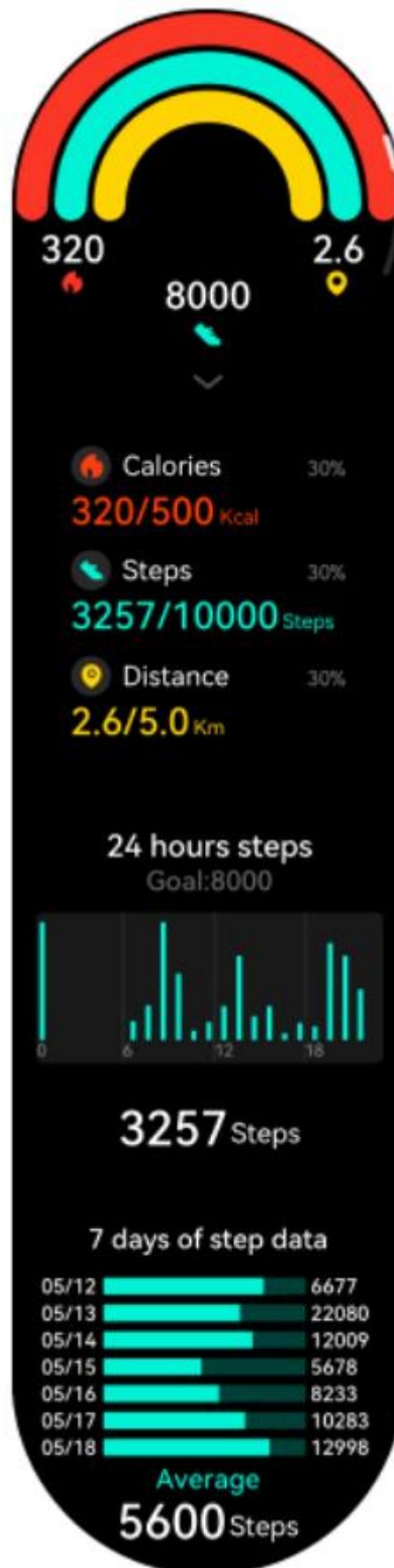
1. Call Bluetooth: divided into "Call Audio" and "Media Audio" switches.
 2. Call audio: used to switch the Bluetooth connection of the bracelet call.
 3. Media Audio: Used to switch the bracelet to play media audio. (Default closed)
- 1) Media audio can be turned on only when call audio is turned on.
 - 2) When "Media Audio" is turned on, turn off "Call Audio" and the "Media Audio" switch will be turned off simultaneously;
 - 3) In case (2), turn on "Call Audio " and the "Media Audio" switch will be turned on simultaneously.



Six. Main functions

(XII) Sports data

Displays the number of steps, distance, calories, and steps recorded for the day and the last seven days. In APP Set step, distance, calorie goals.



Six. Main functions

(XIII) Sports

Sports mode options: 8+1 (walking, running, mountaineering, cycling, skipping, basketball, Badminton, football, yoga (as pushable alternative sports), click the icon to start the exercise. It can support 110+ sports push on the App.



Six. Main functions

(XIV) Sports Records

1. Number of stored records: the latest 10 (data that do not meet the data storage conditions will not be saved). Storage data contents: time and date, exercise type, duration, steps, distance, calories.

2. Sports storage conditions:

Condition 1: Exercise duration is greater than 5 minutes,

Condition 2: The exercise page has a mode that displays the distance, and the distance is used as the basis for judgment when the distance is greater than 0.1 km; the exercise page if there is no distance displayed, the calorie is used as the basis for judgment, and the calorie is greater than 5 kcal. (if distance and calories are both available then the judgement is based on distance).

Conclusion: Data is saved only when both condition 1 and condition 2 are met.



Six. Main functions

(XV) Music Control

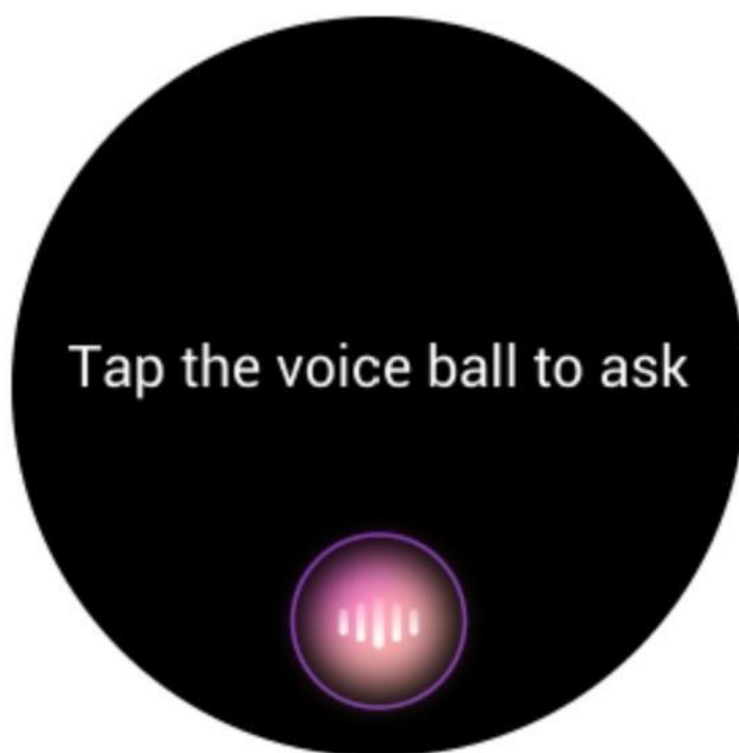
1. After connecting to the "call audio", it supports switching between previous and next songs, play/pause, volume adjustment, and the song title is displayed. The music on the phone is played on the phone, and the watch only controls it.
2. After connecting "Call Audio" and turning on "Media Audio", the music sound of the phone can be transmitted Play on the watch.



Six. Main functions

(XVI) Voice Assistant

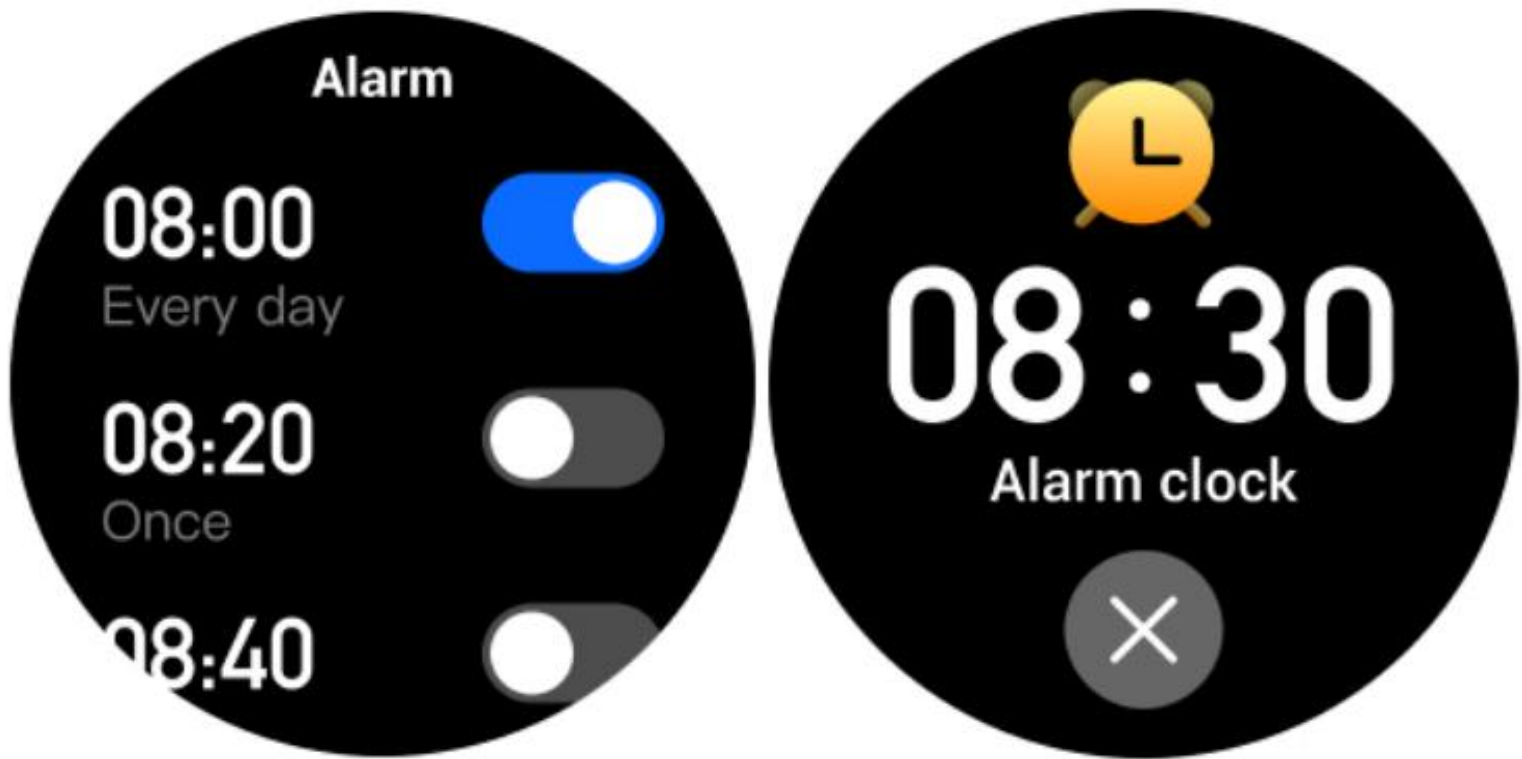
After connecting Call Audio, you can wake up the system voice assistant delivered with the mobile phone system (for example Siri , Bixby , etc.).



Six. Main functions

(XVII) Alarm Clock

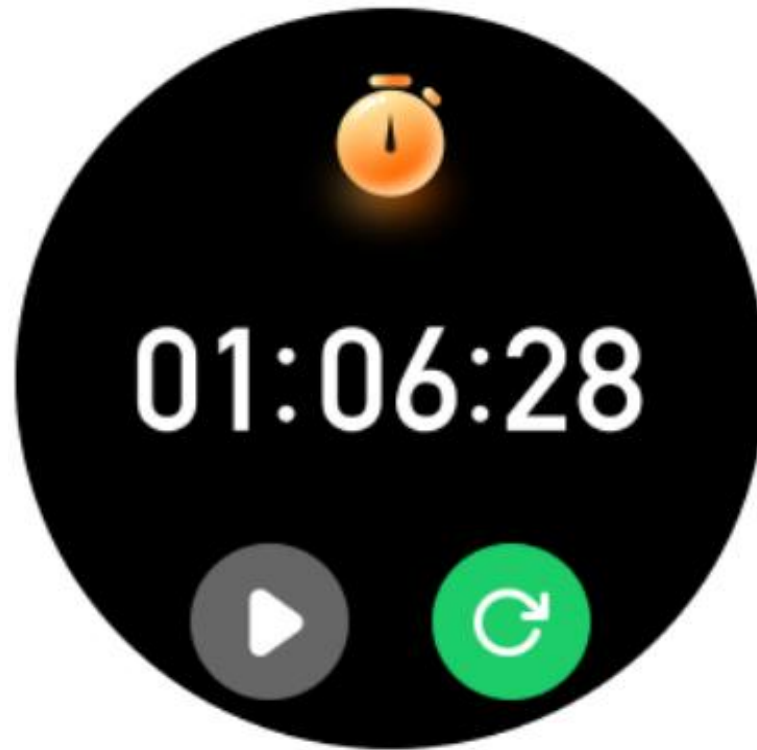
1. The alarm clock needs to be set in the App, and the watch local editing Settings are not supported.
2. The maximum length of the note label is 10 characters.
3. The upper limit of alarm settings are 5.



Six. Main functions

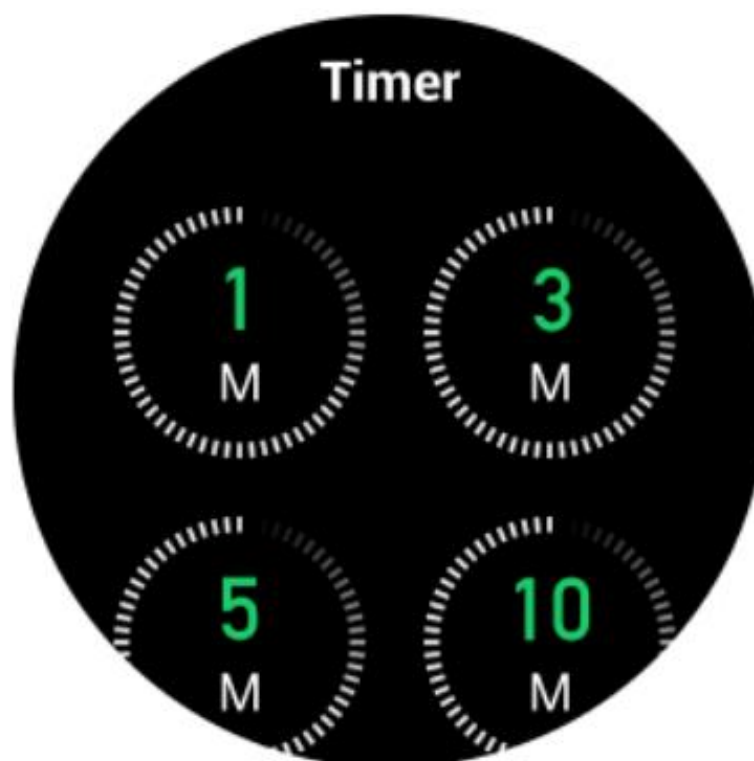
(XVIII) Stopwatch

The watch supports stopwatch timing and can save up to 99 data.



(XIX) Timer

The watch supports the timing function. In the timer function, the system presets a common time period. Users can click the corresponding time period to start the timer quickly, or click the Customize button to set the time.



Six. Main functions

(XX) Women's Health

The female health function is based on historical menstrual periods, intelligently predicting future safe periods, ovulation periods, and ovulation Day, menstrual period, pregnancy period.

In APP, click on the Women's Health function to complete the relevant authorization. If the homepage does not display the Women's Health function, Health card, click on the personal information to set as female, and then find the function entry on the "My" page, the setting function is turned on.



Six. Main functions

(XXI) Breathing training

There are 1 minute and 2 minutes options for breathing training. Users click on the corresponding duration to start breathing training. After clicking Start, follow the breathing training icons to expand for inhaling, and shrink for exhaling.



Six. Main functions

(XXII) Calculator

1. Only single-step operation is supported, not multi-step operation.
2. The numerical input is limited to 7 digits (negative input is not processed), and the calculated result is limited upto 8 digits. If the result exceeds 8 digits, scientific calculation method is used.
3. Long press the Delete button to clear all current data and button status.



Six. Main functions

(XXIII) Camera

1. After the App opens the "Shake to Take Photos" interface, tap the camera interface/shake the watch. Can respond to the photo taking function.

2. When the APP is in the foreground and the watch enters the camera function, it will wake up the camera function of the APP simultaneously. The watch can respond to the camera function by clicking the camera interface/shaking the watch.



Seven. Frequently asked questions

The watch cannot be turned on

Please press and hold the power button for more than 3 seconds or the battery may be too low, please charge it in time.

Bluetooth is not connected or cannot connect

1. Please try restarting the watch and reconnecting.
2. Please try to restart your phone's Bluetooth and connect again.
3. Do not connect your phone to other Bluetooth devices at the same time.

Seven. Frequently asked questions

Why does QQ, Wechat and other information have notification reminders, but the bracelet (Watch) is not awakened?

1. Check whether the message can be displayed normally in the notification bar of the mobile phone. The device message push can read the message in the notification bar of the mobile phone. If there is no message in the notification bar of the phone, the device cannot receive the push. (Need to find the notification and status bar in the phone Settings, open the phone, SMS, etc.).

2. Open the App , Enter the Device bar in App -- click on the message reminder - open the corresponding switch button of the application that receives message push.

3. The device and mobile phone Bluetooth always stay connected.

4. QQ ,WeChat login in PC terminal, the QQ does not support device to remind function, WeChat need main interface on the mobile end to click on the "Windows WeChat have login", then click on "mobile phone static sound", can restore phone notifications. Note: For some Android phone systems, each time an App is closed from the background, the message push service is also turned off. Please go to the "Device" -- "Message Reminder" page in the App to check if the prompt "Notification Reminder Service Abnormal" pops up. If it does, please click "Open". The phone page will then jump to the "Notification Usage Rights" page. On this page, first turn off and then turn on the "FitCloudPro" switch. When turning it on, an authorization prompt will pop up. Please select "Allow". If you do not see "FitCloudPro" on the "Notification Rights" page, please uninstall the App and reinstall it.

For more FAQs, please check the APP [My> FAQ]

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure statement

The device has been evaluatec to meel general RF exposure requirement. The device can be used in portable exposure condition without restriction.