

RF TEST REPORT

For

Hangzhou Kunwei E - commerce Co., Ltd.**Product Name: Rowing Machine****Test Model(s): MC-R200****Report Reference No.** : DACE250804001RF001**FCC ID** : 2BRQZ-MC-R200**Applicant's Name** : Hangzhou Kunwei E - commerce Co., Ltd.**Address** : Room 4615, 4th Floor, Building 1, No.88 Longyuan Road, Cangqian Street, Yuhang District, Hangzhou City, Zhejiang Province**Testing Laboratory** : Shenzhen DACE Testing Technology Co., Ltd.**Address** : 102, Building H1, & 1/F., Building H, Hongfa Science & Technology Park, Tangtou Community, Shiyan Subdistrict, Bao'an District, Shenzhen, Guangdong, China**Test Specification Standard** : 47 CFR Part 15.247**Date of Receipt** : August 4, 2025**Date of Test** : August 4, 2025 to August 21, 2025**Date of Issue** : August 21, 2025**Result** : Pass

Note: This report shall not be reproduced except in full, without the written approval of Shenzhen DACE Testing Technology Co., Ltd. This document may be altered or revised by Shenzhen DACE Testing Technology Co., Ltd. personnel only, and shall be noted in the revision section of the document. The test results in the report only apply to the tested sample

Apply for company information

Applicant's Name	:	Hangzhou Kunwei E-commerce Co., Ltd.
Address	:	Room 4615, 4th Floor, Building 1, No.88 Longyuan Road, Cangqian Street, Yuhang District, Hangzhou City, Zhejiang Province
Product Name	:	Rowing Machine
Test Model(s)	:	MC-R200
Series Model(s)	:	MC-R100, MC-R300, MC-R400, MC-R500, MC-R600, MC-R700, MC-R800, MC-R900
Test Specification Standard(s)	:	47 CFR Part 15.247

NOTE1:

The manufacturer should ensure that all products in series production are in conformity with the product sample detailed in this report. If the product in this report is used in any configuration other than that detailed in the report, the manufacturer must ensure the new system complies with all relevant standards.

Compiled by:

Keren Huang

Keren Huang / Test Engineer

August 21, 2025

Supervised by:

Ben Tang

Ben Tang / Project Engineer

August 21, 2025

Approved by:

Machael Mo

Machael Mo / Manager

August 21, 2025

Revision History Of Report

Version	Description	REPORT No.	Issue Date
V1.0	Original	DACE250804001RF001	August 21, 2025

CONTENTS

1 TEST SUMMARY	6
1.1 TEST STANDARDS	6
1.2 SUMMARY OF TEST RESULT	6
2 GENERAL INFORMATION	7
2.1 CLIENT INFORMATION	7
2.2 DESCRIPTION OF DEVICE (EUT)	7
2.3 DESCRIPTION OF TEST MODES	8
2.4 DESCRIPTION OF SUPPORT UNITS	8
2.5 EQUIPMENTS USED DURING THE TEST	9
2.6 STATEMENT OF THE MEASUREMENT UNCERTAINTY	11
2.7 IDENTIFICATION OF TESTING LABORATORY	11
2.8 ANNOUNCEMENT	11
3 EVALUATION RESULTS (EVALUATION)	12
3.1 ANTENNA REQUIREMENT	12
3.1.1 Conclusion:	12
4 RADIO SPECTRUM MATTER TEST RESULTS (RF)	13
4.1 6dB BANDWIDTH	13
4.1.1 E.U.T. Operation:	13
4.1.2 Test Setup Diagram:	13
4.1.3 Test Data:	13
4.2 MAXIMUM CONDUCTED OUTPUT POWER	14
4.2.1 E.U.T. Operation:	14
4.2.2 Test Setup Diagram:	14
4.2.3 Test Data:	15
4.3 POWER SPECTRAL DENSITY	16
4.3.1 E.U.T. Operation:	16
4.3.2 Test Setup Diagram:	16
4.3.3 Test Data:	16
4.4 EMISSIONS IN NON-RESTRICTED FREQUENCY BANDS	17
4.4.1 E.U.T. Operation:	17
4.4.2 Test Setup Diagram:	17
4.4.3 Test Data:	17
4.5 BAND EDGE EMISSIONS (RADIATED)	18
4.5.1 E.U.T. Operation:	18
4.5.2 Test Setup Diagram:	19
4.5.3 Test Data:	20
4.6 EMISSIONS IN FREQUENCY BANDS (BELOW 1GHz)	24
4.6.1 E.U.T. Operation:	25
4.6.2 Test Setup Diagram:	25
4.6.3 Test Data:	26
4.7 EMISSIONS IN FREQUENCY BANDS (ABOVE 1GHz)	28
4.7.1 E.U.T. Operation:	29
4.7.2 Test Setup Diagram:	29
4.7.3 Test Data:	30
5 TEST SETUP PHOTOS	36
6 PHOTOS OF THE EUT	37

APPENDIX	47
1. -6dB BANDWIDTH	48
2. 99% OCCUPIED BANDWIDTH	50
3. DUTY CYCLE	52
4. PEAK OUTPUT POWER	54
5. POWER SPECTRAL DENSITY	56
6. BANDEDGE	58
7. SPURIOUS EMISSION	60

1 TEST SUMMARY

1.1 Test Standards

The tests were performed according to following standards:

47 CFR Part 15.247: Operation within the bands 902-928 MHz, 2400-2483.5 MHz, and 5725-5850 MHz

1.2 Summary of Test Result

Item	Standard	Method	Requirement	Result
Antenna requirement	47 CFR Part 15.247		47 CFR 15.203	Pass
Conducted Emission at AC power line	47 CFR Part 15.247	ANSI C63.10-2013 section 6.2	47 CFR 15.207(a)	Pass
6dB Bandwidth	47 CFR Part 15.247	ANSI C63.10-2013, section 11.8 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(a)(2)	Pass
Maximum Conducted Output Power	47 CFR Part 15.247	ANSI C63.10-2013, section 11.9.1 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(b)(3)	Pass
Power Spectral Density	47 CFR Part 15.247	ANSI C63.10-2013, section 11.10 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(e)	Pass
Emissions in non-restricted frequency bands	47 CFR Part 15.247	ANSI C63.10-2013 section 11.11 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(d)	Pass
Band edge emissions (Radiated)	47 CFR Part 15.247	ANSI C63.10-2013 section 6.10 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(d), 15.209, 15.205	Pass
Emissions in frequency bands (below 1GHz)	47 CFR Part 15.247	ANSI C63.10-2013 section 6.6.4 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(d), 15.209, 15.205	Pass
Emissions in frequency bands (above 1GHz)	47 CFR Part 15.247	ANSI C63.10-2013 section 6.6.4 KDB 558074 D01 15.247 Meas Guidance v05r02	47 CFR 15.247(d), 15.209, 15.205	Pass

2 GENERAL INFORMATION

2.1 Client Information

Applicant's Name : Hangzhou Kunwei E - commerce Co., Ltd.
Address : Room 4615, 4th Floor, Building 1, No.88 Longyuan Road, Cangqian Street, Yuhang District, Hangzhou City, Zhejiang Province

Manufacturer : Hangzhou Shuming Trading Co., Ltd.
Address : Room 420-158, Rixin International Commercial Center, Shangcheng District, Hangzhou, Zhejiang Province

2.2 Description of Device (EUT)

Product Name:	Rowing Machine
Model/Type reference:	MC-R200
Series Model:	MC-R100,MC-R300,MC-R400,MC-R500,MC-R600,MC-R700,MC-R800, MC-R900
Model Difference:	The product has many models, only the model name and color is different, and the other parts such as the circuit principle, pcb and electrical structure are the same.
Trade Mark:	N/A
Power Supply:	DC3.0V
Operation Frequency:	2402MHz to 2480MHz
Number of Channels:	40
Modulation Type:	GFSK
Antenna Type:	PCB
Antenna Gain:	0.58dBi
Hardware Version:	V1.0
Software Version:	V1.0

(Remark:The Antenna Gain is supplied by the customer.DACE is not responsible for This data and the related calculations associated with it)

Operation Frequency each of channel							
Channel	Frequency	Channel	Frequency	Channel	Frequency	Channel	Frequency
1	2402 MHz	11	2422 MHz	21	2442 MHz	31	2462 MHz
2	2404 MHz	12	2424 MHz	22	2444 MHz	32	2464 MHz
3	2406 MHz	13	2426 MHz	23	2446 MHz	33	2466 MHz
4	2408 MHz	14	2428 MHz	24	2448 MHz	34	2468 MHz
5	2410 MHz	15	2430 MHz	25	2450 MHz	35	2470 MHz
6	2412 MHz	16	2432 MHz	26	2452 MHz	36	2472 MHz
7	2414 MHz	17	2434 MHz	27	2454 MHz	37	2474 MHz
8	2416 MHz	18	2436 MHz	28	2456 MHz	38	2476 MHz
9	2418 MHz	19	2438 MHz	29	2458 MHz	39	2478 MHz
10	2420 MHz	20	2440 MHz	30	2460 MHz	40	2480 MHz

Note:

In section 15.31(m), regards to the operating frequency range over 10 MHz, the Lowest frequency, the middle

frequency, and the highest frequency of channel were selected to perform the test, and the selected channel see below:

Test channel	Frequency (MHz)
	BLE
Lowest channel	2402MHz
Middle channel	2440MHz
Highest channel	2480MHz

Remark: Only the data of the worst mode would be recorded in this report.

2.3 Description of Test Modes

No	Title	Description
TM1	Lowest channel	Keep the EUT connect to AC power line and works in continuously transmitting mode with GFSK modulation.
TM2	Middle channel	Keep the EUT connect to AC power line and works in continuously transmitting mode with GFSK modulation.
TM3	Highest channel	Keep the EUT connect to AC power line and works in continuously transmitting mode with GFSK modulation.

2.4 Description of Support Units

Title	Manufacturer	Model No.	Serial No.
Battery	/	AAA (1.5V)	/

2.5 Equipments Used During The Test

Conducted Emission at AC power line					
Equipment	Manufacturer	Model No	Inventory No	Cal Date	Cal Due Date
Power absorbing clamp	SCHWARZ BECK	MESS-ELEKTRONIK	/	2025-04-23	2026-04-22
Electric Network	SCHWARZ BECK	CAT5 8158	CAT5 8158#207	2025-04-18	2026-04-17
Cable	SCHWARZ BECK	/	/	2025-04-18	2026-04-17
Pulse Limiter	SCHWARZ BECK	VTSD 9561-F Pulse limiter 10dB Attenuation	561-G071	2024-12-06	2025-12-05
50ΩCoaxial Switch	Anritsu	MP59B	M20531	/	/
Test Receiver	Rohde & Schwarz	ESPI TEST RECEIVER	1164.6607K03 -102109-MH	2025-04-25	2026-04-24
L.I.S.N	R&S	ESH3-Z5	831.5518.52	2025-04-18	2026-04-17
L.I.S.N	SCHWARZ BECK	NSLK 8126	05055	2025-04-18	2026-04-17
Pulse Limiter	CYBERTEK	EM5010A	/	2024-09-27	2025-09-26
EMI test software	EZ -EMC	EZ	V1.1.42	/	/

Power Spectral Density

Emissions in non-restricted frequency bands

6dB Bandwidth

Maximum Conducted Output Power

Equipment	Manufacturer	Model No	Inventory No	Cal Date	Cal Due Date
RF Test Software	Tachoy Information Technology(shenzhen) Co.,Ltd.	RTS-01	V1.0.0	/	/
Power divider	MIDEWEST	PWD-2533	SMA-79	2025-04-18	2026-05-10
RF Sensor Unit	Tachoy Information Technology(shenzhen) Co.,Ltd.	TR1029-2	000001	/	/
Wideband radio communication tester	R&S	CMW500	113410	2025-04-25	2026-04-24
Vector Signal Generator	Keysight	N5181A	MY50143455	2024-12-06	2025-12-05
Signal Generator	Keysight	N5182A	MY48180415	2024-12-06	2025-12-05
Spectrum Analyzer	Keysight	N9020A	MY53420323	2024-12-06	2025-12-05

Emissions in frequency bands (below 1GHz)
Emissions in frequency bands (above 1GHz)
Band edge emissions (Radiated)

Equipment	Manufacturer	Model No	Inventory No	Cal Date	Cal Due Date
EMI Test software	Farad	EZ -EMC	V1.1.42	/	/
Positioning Controller	MF	MF-7802	/	/	/
Amplifier(18-40G)	COM-POWER	AH-1840	10100008-1	2024-04-26	2027-04-25
Horn antenna	COM-POWER	AH-1840 (18-40G)	10100008	2024-04-26	2027-04-25
Loop antenna	ZHINAN	ZN30900C	ZN30900C	2025-04-28	2026-04-27
Cable(LF)#2	Schwarzbeck	/	/	2024-12-19	2025-12-18
Cable(LF)#1	Schwarzbeck	/	/	2024-12-19	2025-12-18
Cable(HF)#2	Schwarzbeck	AK9515E	96250	2025-04-25	2026-04-24
Cable(HF)#1	Schwarzbeck	SYV-50-3-1	/	2025-04-25	2026-04-24
Power amplifier(LF)	Schwarzbeck	BBV9743	9743-151	2025-04-29	2026-04-28
Power amplifier(HF)	Schwarzbeck	BBV9718	9718-282	2025-04-29	2026-04-28
Wideband radio communication tester	R&S	CMW500	113410	2025-04-25	2026-04-24
Spectrum Analyzer	R&S	FSP30	1321.3008K40-101729-jR	2025-04-18	2026-04-17
Test Receiver	R&S	ESCI 3	1166.5950K03-101431-Jq	2025-04-18	2026-04-17
Horn Antenna	Sunol Sciences	DRH-118	A091114	2025-04-21	2026-04-20
Broadband Antenna	Sunol Sciences	JB6 Antenna	A090414	2024-09-28	2026-09-27

2.6 Statement Of The Measurement Uncertainty

Test Item	Measurement Uncertainty
Conducted Disturbance (0.15~30MHz)	±3.41dB
Occupied Bandwidth	±3.63%
RF conducted power	±0.733dB
RF power density	±0.234%
Conducted Spurious emissions	±1.98dB
Radiated Emission (Above 1GHz)	±5.46dB
Radiated Emission (Below 1GHz)	±5.79dB
Note: (1) This uncertainty represents an expanded uncertainty expressed at approximately the 95% confidence level using a coverage factor of k=2.	

2.7 Identification of Testing Laboratory

Company Name:	Shenzhen DACE Testing Technology Co., Ltd.
Address:	101-102 Building H5 & 1/F., Building H, Hongfa Science & Technology Park, Tangtou, Shenzhen, Bao'an District, Shenzhen, Guangdong, China
Phone Number:	+86-13267178997
Fax Number:	86-755-29113252

Identification of the Responsible Testing Location

Company Name:	Shenzhen DACE Testing Technology Co., Ltd.
Address:	101-102 Building H5 & 1/F., Building H, Hongfa Science & Technology Park, Tangtou, Shenzhen, Bao'an District, Shenzhen, Guangdong, China
Phone Number:	+86-13267178997
Fax Number:	86-755-29113252
Designation Number:	CN1342
Test Firm Registration Number:	778666
A2LA Certificate Number:	6270.01

2.8 Announcement

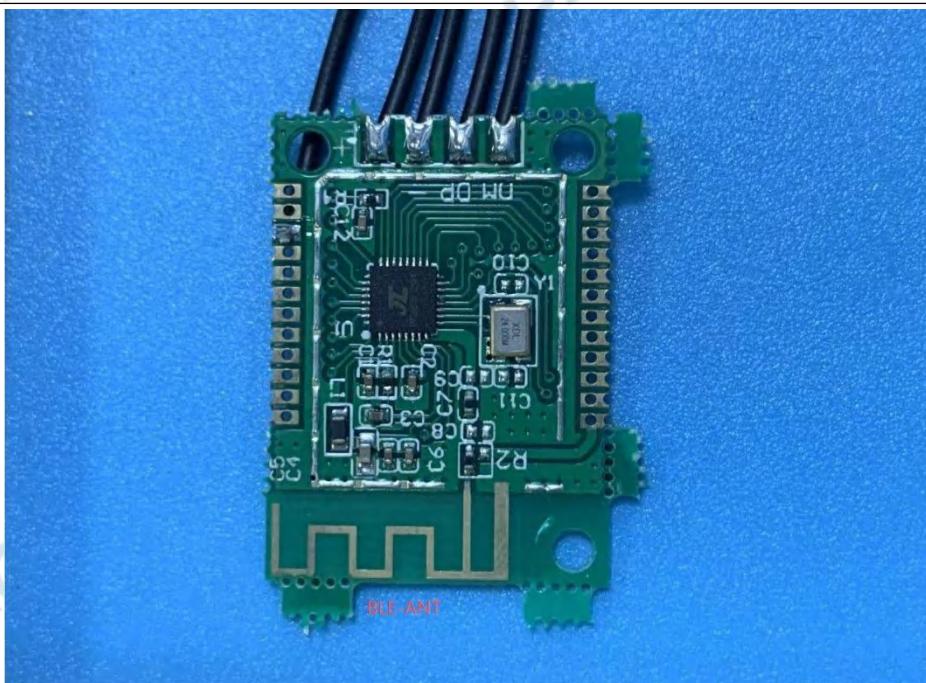
- (1) The test report reference to the report template version v0.
- (2) The test report is invalid if not marked with the signatures of the persons responsible for preparing, reviewing and approving the test report.
- (3) The test report is invalid if there is any evidence and/or falsification.
- (4) This document may not be altered or revised in any way unless done so by DACE and all revisions are duly noted in the revisions section.
- (5) Content of the test report, in part or in full, cannot be used for publicity and/or promotional purposes without prior written approval from the laboratory.
- (6) The laboratory is only responsible for the data released by the laboratory, except for the part provided by the applicant.

3 Evaluation Results (Evaluation)

3.1 Antenna requirement

Test Requirement:	Refer to 47 CFR Part 15.203, an intentional radiator shall be designed to ensure that no antenna other than that furnished by the responsible party shall be used with the device. The use of a permanently attached antenna or of an antenna that uses a unique coupling to the intentional radiator shall be considered sufficient to comply with the provisions of this section.
-------------------	---

3.1.1 Conclusion:



4 Radio Spectrum Matter Test Results (RF)

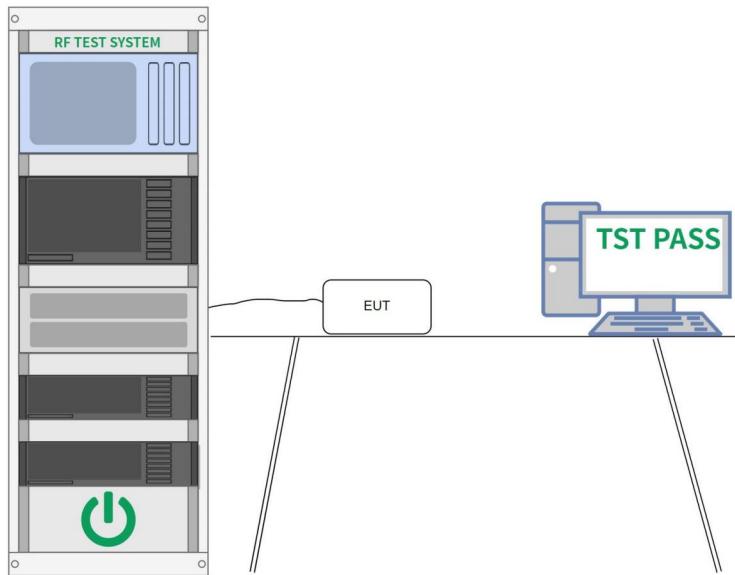
4.1 6dB Bandwidth

Test Requirement:	47 CFR 15.247(a)(2)
Test Limit:	Refer to 47 CFR 15.247(a)(2), Systems using digital modulation techniques may operate in the 902-928 MHz, and 2400-2483.5 MHz bands. The minimum 6 dB bandwidth shall be at least 500 kHz.
Test Method:	ANSI C63.10-2013, section 11.8 KDB 558074 D01 15.247 Meas Guidance v05r02
Procedure:	<ul style="list-style-type: none">a) Set RBW = 100 kHz.b) Set the VBW $\geq [3 \times \text{RBW}]$.c) Detector = peak.d) Trace mode = max hold.e) Sweep = auto couple.f) Allow the trace to stabilize.g) Measure the maximum width of the emission that is constrained by the frequencies associated with the two outermost amplitude points (upper and lower frequencies) that are attenuated by 6 dB relative to the maximum level measured in the fundamental emission.

4.1.1 E.U.T. Operation:

Operating Environment:				
Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure: 102 kPa
Pretest mode:	TM1, TM2, TM3			
Final test mode:	TM1, TM2, TM3			

4.1.2 Test Setup Diagram:



4.1.3 Test Data:

Please Refer to Appendix for Details.

4.2 Maximum Conducted Output Power

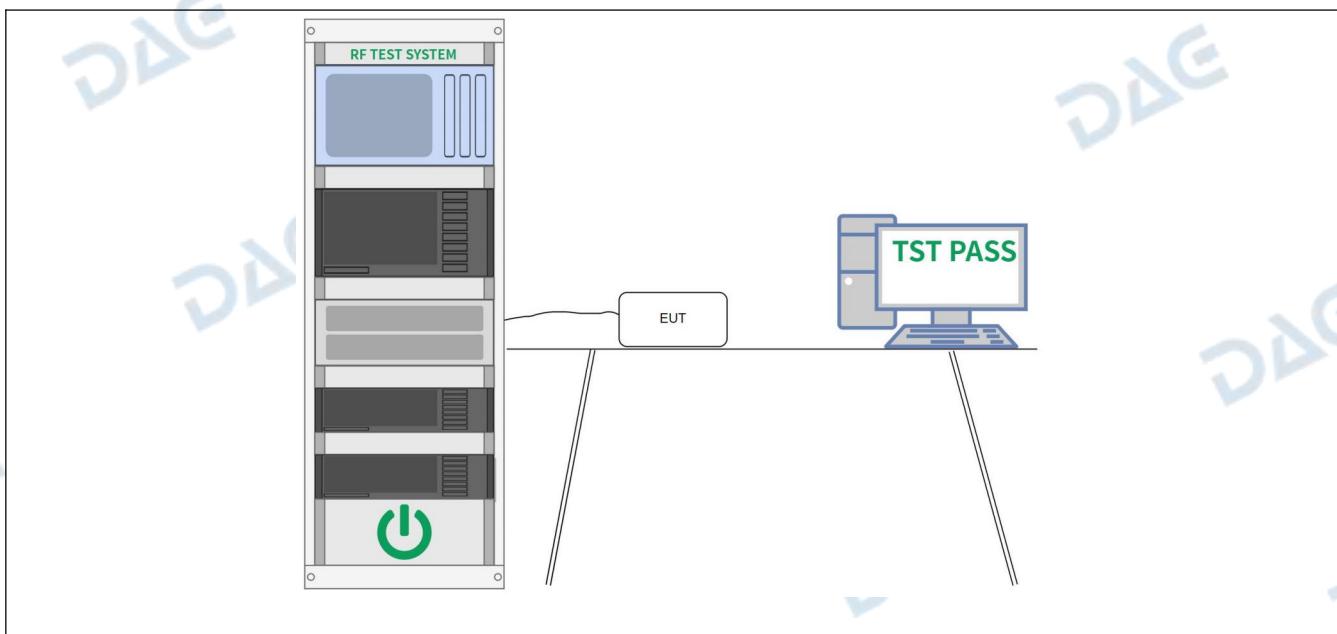
Test Requirement:	47 CFR 15.247(b)(3)
Test Limit:	Refer to 47 CFR 15.247(b)(3), For systems using digital modulation in the 902-928 MHz, 2400-2483.5 MHz, and 5725-5850 MHz bands: 1 Watt. As an alternative to a peak power measurement, compliance with the one Watt limit can be based on a measurement of the maximum conducted output power. Maximum Conducted Output Power is defined as the total transmit power delivered to all antennas and antenna elements averaged across all symbols in the signaling alphabet when the transmitter is operating at its maximum power control level. Power must be summed across all antennas and antenna elements. The average must not include any time intervals during which the transmitter is off or is transmitting at a reduced power level. If multiple modes of operation are possible (e.g., alternative modulation methods), the maximum conducted output power is the highest total transmit power occurring in any mode.
Test Method:	ANSI C63.10-2013, section 11.9.1 KDB 558074 D01 15.247 Meas Guidance v05r02
Procedure:	<p>ANSI C63.10-2013, section 11.9.1 Maximum peak conducted output power</p> <p>Note:</p> <p>Per ANSI C63.10-2013, if there are two or more antennas, the conducted powers at Core 0, Core 1, ..., Core i were first measured separately, as shown in the section above (this product only have one antenna). The measured values were then summed in linear power units then converted back to dBm.</p> <p>Per ANSI C63.10-2013 Section 14.4.3.2.3, the directional gain is calculated using the following formula, where GN is the gain of the nth antenna and NANT, the total number of antennas used.</p> <p>For correlated unequal antenna gain</p> $\text{Directional gain} = 10 \times \log[(10G1/20 + 10G2/20 + \dots + 10GN/20)^2 / NANT] \text{ dBi}$ <p>For completely uncorrelated unequal antenna gain</p> $\text{Directional gain} = 10 \times \log[(10G1/10 + 10G2/10 + \dots + 10GN/10) / NANT] \text{ dBi}$ <p>Sample Multiple antennas Calculation: Core 0 + Core 1 + ... Core i. = MIMO/CDD (i is the number of antennas)</p> $(\#VALUE! \text{ mW} + \text{mW}) = \#VALUE! \text{ mW} = \text{dBm}$ <p>Sample e.i.r.p. Calculation:</p> $\text{e.i.r.p. (dBm)} = \text{Conducted Power (dBm)} + \text{Ant gain (dBi)}$

4.2.1 E.U.T. Operation:

Operating Environment:				
Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure: 102 kPa
Pretest mode:	TM1, TM2, TM3			
Final test mode:	TM1, TM2, TM3			

4.2.2 Test Setup Diagram:





4.2.3 Test Data:

Please Refer to Appendix for Details.

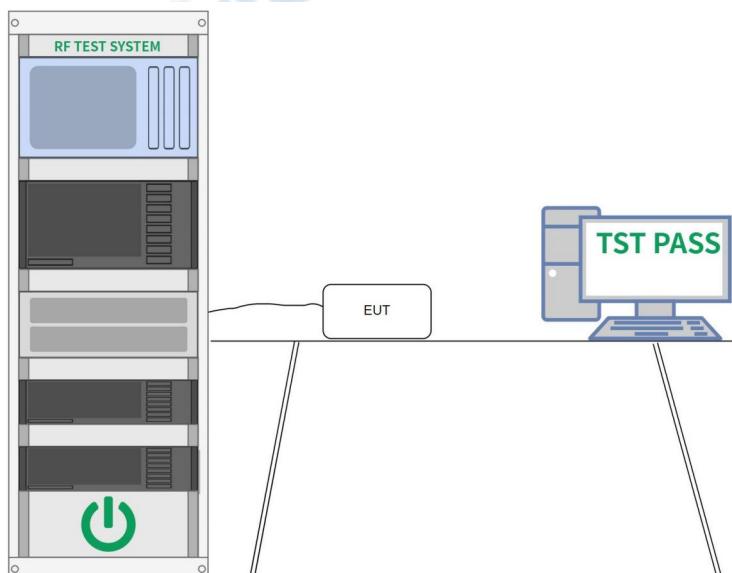
4.3 Power Spectral Density

Test Requirement:	47 CFR 15.247(e)
Test Limit:	Refer to 47 CFR 15.247(e), For digitally modulated systems, the power spectral density conducted from the intentional radiator to the antenna shall not be greater than 8 dBm in any 3 kHz band during any time interval of continuous transmission. This power spectral density shall be determined in accordance with the provisions of paragraph (b) of this section. The same method of determining the conducted output power shall be used to determine the power spectral density.
Test Method:	ANSI C63.10-2013, section 11.10 KDB 558074 D01 15.247 Meas Guidance v05r02
Procedure:	ANSI C63.10-2013, section 11.10, Maximum power spectral density level in the fundamental emission

4.3.1 E.U.T. Operation:

Operating Environment:				
Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure: 102 kPa
Pretest mode:	TM1, TM2, TM3			
Final test mode:	TM1, TM2, TM3			

4.3.2 Test Setup Diagram:



4.3.3 Test Data:

Please Refer to Appendix for Details.

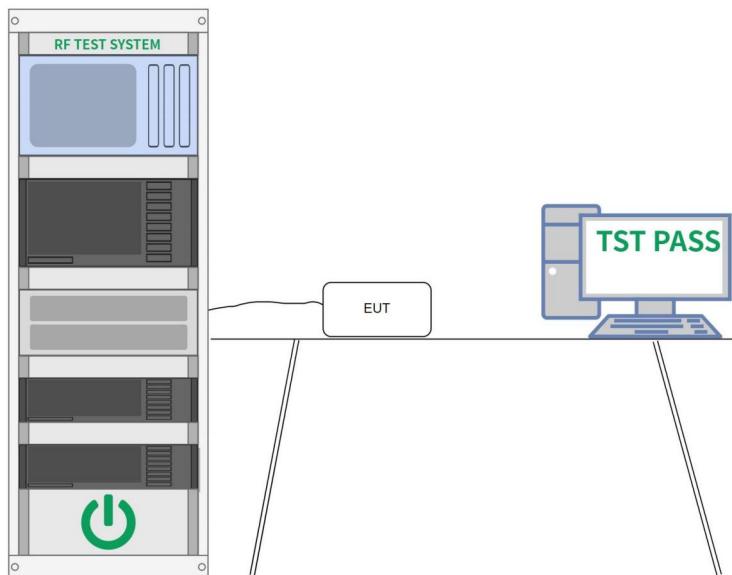
4.4 Emissions in non-restricted frequency bands

Test Requirement:	47 CFR 15.247(d)
Test Limit:	Refer to 47 CFR 15.247(d), In any 100 kHz bandwidth outside the frequency band in which the spread spectrum or digitally modulated intentional radiator is operating, the radio frequency power that is produced by the intentional radiator shall be at least 20 dB below that in the 100 kHz bandwidth within the band that contains the highest level of the desired power, based on either an RF conducted or a radiated measurement, provided the transmitter demonstrates compliance with the peak conducted power limits. If the transmitter complies with the conducted power limits based on the use of RMS averaging over a time interval, as permitted under paragraph (b)(3) of this section, the attenuation required under this paragraph shall be 30 dB instead of 20 dB. Attenuation below the general limits specified in § 15.209(a) is not required.
Test Method:	ANSI C63.10-2013 section 11.11 KDB 558074 D01 15.247 Meas Guidance v05r02
Procedure:	ANSI C63.10-2013 Section 11.11.1, Section 11.11.2, Section 11.11.3

4.4.1 E.U.T. Operation:

Operating Environment:				
Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure: 102 kPa
Pretest mode:	TM1, TM2, TM3			
Final test mode:	TM1, TM2, TM3			

4.4.2 Test Setup Diagram:



4.4.3 Test Data:

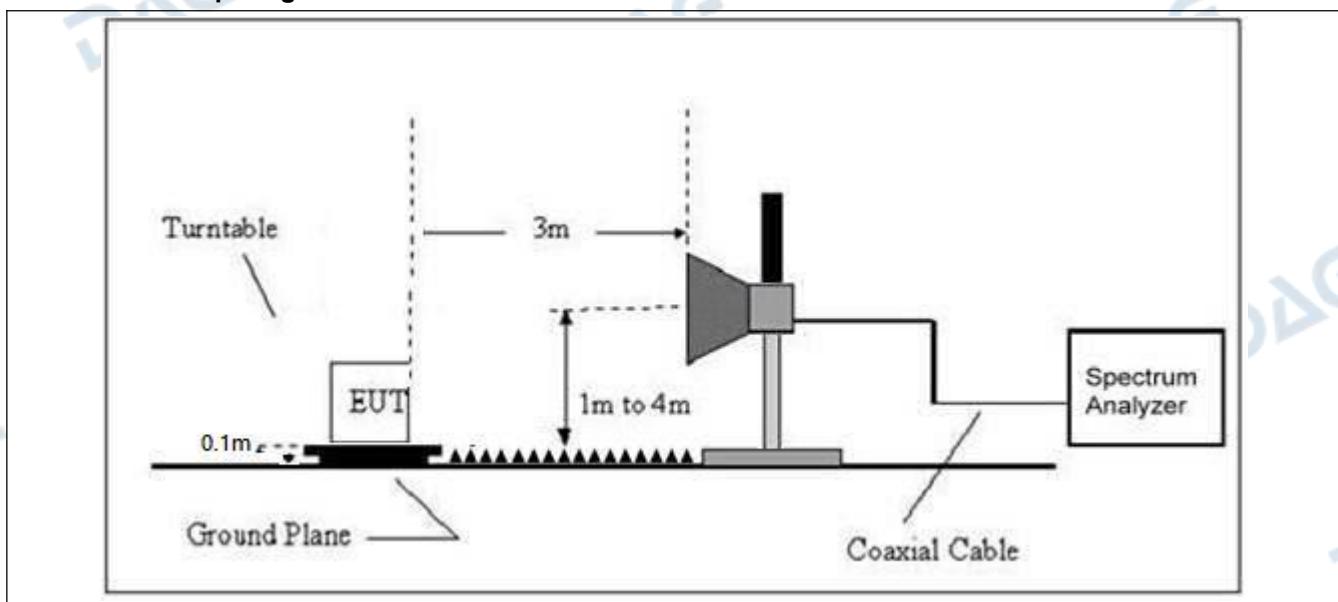
Please Refer to Appendix for Details.

4.5 Band edge emissions (Radiated)

Test Requirement:	Refer to 47 CFR 15.247(d). In addition, radiated emissions which fall in the restricted bands, as defined in § 15.205(a), must also comply with the radiated emission limits specified in § 15.209(a)(see § 15.205(c)).			
Test Limit:	Frequency (MHz)	Field strength (microvolts/meter)	Measurement distance (meters)	
	0.009-0.490	2400/F(kHz)	300	
	0.490-1.705	24000/F(kHz)	30	
	1.705-30.0	30	30	
	30-88	100 **	3	
	88-216	150 **	3	
	216-960	200 **	3	
	Above 960	500	3	
<p>** Except as provided in paragraph (g), fundamental emissions from intentional radiators operating under this section shall not be located in the frequency bands 54-72 MHz, 76-88 MHz, 174-216 MHz or 470-806 MHz. However, operation within these frequency bands is permitted under other sections of this part, e.g., §§ 15.231 and 15.241.</p> <p>In the emission table above, the tighter limit applies at the band edges.</p> <p>The emission limits shown in the above table are based on measurements employing a CISPR quasi-peak detector except for the frequency bands 9–90 kHz, 110–490 kHz and above 1000 MHz. Radiated emission limits in these three bands are based on measurements employing an average detector.</p>				
Test Method:	ANSI C63.10-2013 section 6.10 KDB 558074 D01 15.247 Meas Guidance v05r02			
Procedure:	ANSI C63.10-2013 section 6.10.5.2			

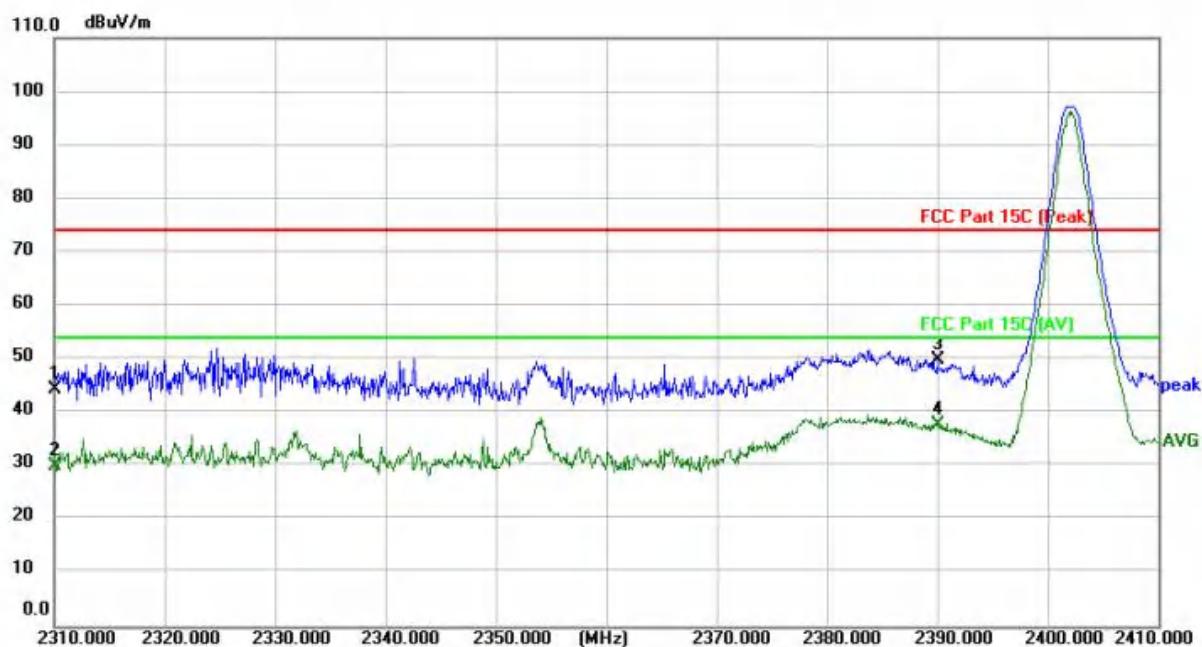
4.5.1 E.U.T. Operation:

Operating Environment:				
Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure: 102 kPa
Pretest mode:	TM1, TM2, TM3			
Final test mode:	TM1, TM2, TM3			

4.5.2 Test Setup Diagram:

4.5.3 Test Data:

TM1 / Polarization: Horizontal / Band: 2400-2483.5 MHz / BW: 1 / CH: L



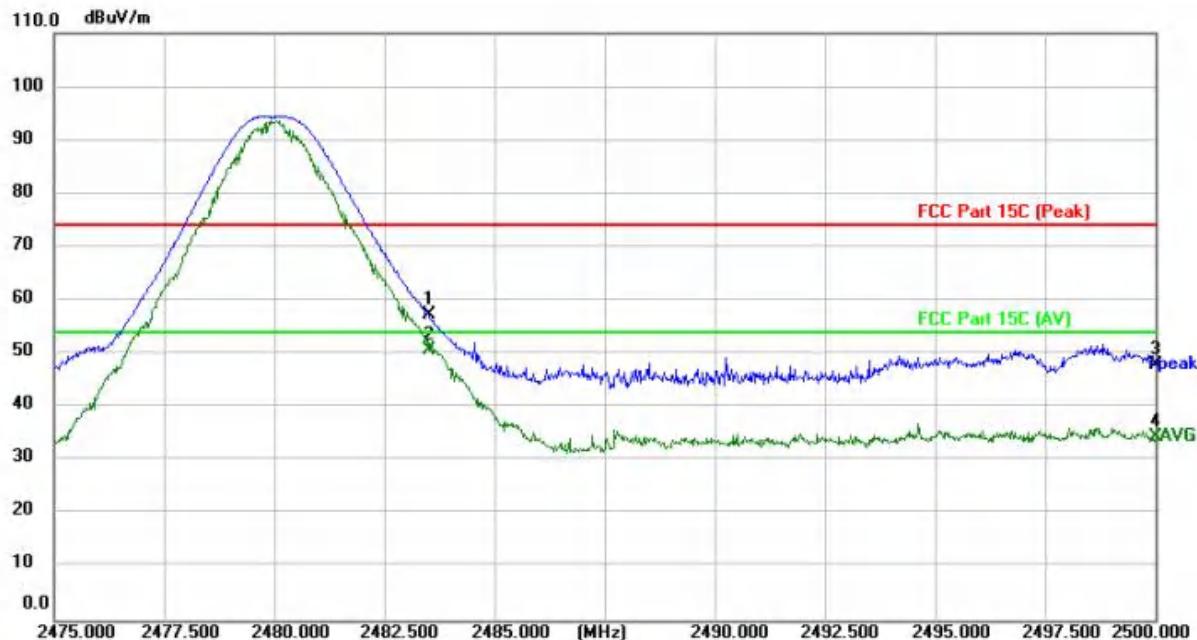
No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	2310.000	51.08	-6.63	44.45	74.00	-29.55	peak	150		P	
2	2310.000	36.64	-6.63	30.01	54.00	-23.99	AVG	150		P	
3	2390.000	56.35	-6.42	49.93	74.00	-24.07	peak	150		P	
4 *	2390.000	44.11	-6.42	37.69	54.00	-16.31	AVG	150		P	

TM1 / Polarization: Vertical / Band: 2400-2483.5 MHz / BW: 1 / CH: L



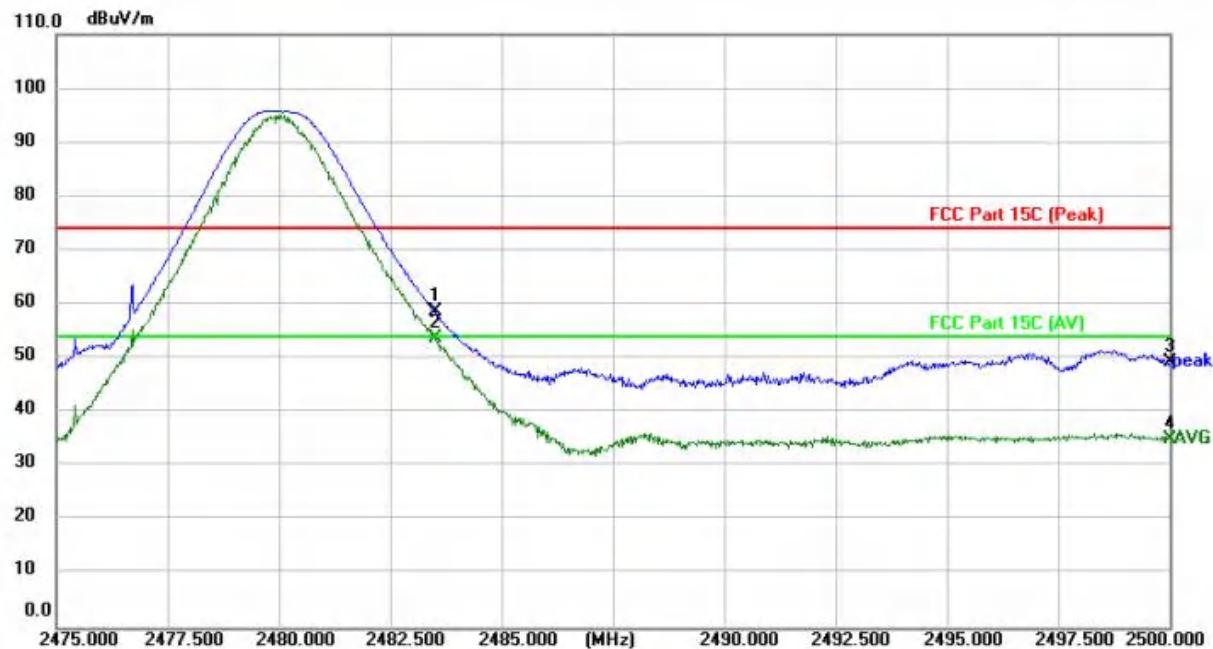
No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	2310.000	46.56	-6.63	39.93	74.00	-34.07	peak	150		P	
2	2310.000	34.28	-6.63	27.65	54.00	-26.35	AVG	150		P	
3	2390.000	55.63	-6.42	49.21	74.00	-24.79	peak	150		P	
4 *	2390.000	45.12	-6.42	38.70	54.00	-15.30	AVG	150		P	

TM3 / Polarization: Horizontal / Band: 2400-2483.5 MHz / BW: 1 / CH: H



No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	2483.500	63.51	-6.17	57.34	74.00	-16.66	peak	150		P	
2 *	2483.500	56.81	-6.17	50.64	54.00	-3.36	AVG	150		P	
3	2500.000	54.18	-6.13	48.05	74.00	-25.95	peak	150		P	
4	2500.000	40.72	-6.13	34.59	54.00	-19.41	AVG	150		P	

TM3 / Polarization: Vertical / Band: 2400-2483.5 MHz / BW: 1 / CH: H



No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	2483.500	64.80	-6.17	58.63	74.00	-15.37	peak	150		P	
2 *	2483.500	59.88	-6.17	53.71	54.00	-0.29	AVG	150		P	
3	2500.000	55.41	-6.13	49.28	74.00	-24.72	peak	150		P	
4	2500.000	41.27	-6.13	35.14	54.00	-18.86	AVG	150		P	

4.6 Emissions in frequency bands (below 1GHz)

Test Requirement:	Refer to 47 CFR 15.247(d), In addition, radiated emissions which fall in the restricted bands, as defined in § 15.205(a), must also comply with the radiated emission limits specified in § 15.209(a)(see § 15.205(c)).			
Test Limit:	Frequency (MHz)	Field strength (microvolts/meter)	Measurement distance (meters)	
	0.009-0.490	2400/F(kHz)	300	
	0.490-1.705	24000/F(kHz)	30	
	1.705-30.0	30	30	
	30-88	100 **	3	
	88-216	150 **	3	
	216-960	200 **	3	
	Above 960	500	3	
<p>** Except as provided in paragraph (g), fundamental emissions from intentional radiators operating under this section shall not be located in the frequency bands 54-72 MHz, 76-88 MHz, 174-216 MHz or 470-806 MHz. However, operation within these frequency bands is permitted under other sections of this part, e.g., §§ 15.231 and 15.241.</p> <p>In the emission table above, the tighter limit applies at the band edges.</p> <p>The emission limits shown in the above table are based on measurements employing a CISPR quasi-peak detector except for the frequency bands 9–90 kHz, 110–490 kHz and above 1000 MHz. Radiated emission limits in these three bands are based on measurements employing an average detector.</p>				
Test Method:	ANSI C63.10-2013 section 6.6.4 KDB 558074 D01 15.247 Meas Guidance v05r02			
Procedure:	<ol style="list-style-type: none"> For below 1GHz, the EUT was placed on the top of a rotating table 0.8 meters above the ground at a 3 or 10 meter semi-anechoic chamber. The table was rotated 360 degrees to determine the position of the highest radiation. For above 1GHz, the EUT was placed on the top of a rotating table 1.5 meters above the ground at a 3 meter fully-anechoic chamber. The table was rotated 360 degrees to determine the position of the highest radiation. The EUT was set 3 or 10 meters away from the interference-receiving antenna, which was mounted on the top of a variable-height antenna tower. The antenna height is varied from one meter to four meters above the ground to determine the maximum value of the field strength. Both horizontal and vertical polarizations of the antenna are set to make the measurement. For each suspected emission, the EUT was arranged to its worst case and then the antenna was tuned to heights from 1 meter to 4 meters (for the test frequency of below 30MHz, the antenna was tuned to heights 1 meter) and the rotatable table was turned from 0 degrees to 360 degrees to find the maximum reading. The test-receiver system was set to Peak Detect Function and Specified Bandwidth with Maximum Hold Mode. If the emission level of the EUT in peak mode was 10dB lower than the limit specified, then testing could be stopped and the peak values of the EUT would be reported. Otherwise the emissions that did not have 10dB margin would be re-tested one by one using peak, quasi-peak or average method as specified and then reported in a data sheet. Test the EUT in the lowest channel, the middle channel, the Highest channel. The radiation measurements are performed in X, Y, Z axis positioning for Transmitting mode, and found the X axis positioning which it is the worst case. Repeat above procedures until all frequencies measured was complete. <p>Remark:</p> <ol style="list-style-type: none"> For emission below 1GHz, through pre-scan found the worst case is the lowest 			

channel. Only the worst case is recorded in the report.
2) The field strength is calculated by adding the Antenna Factor, Cable Factor & Preamplifier. The basic equation with a sample calculation is as follows:
Final Test Level = Receiver Reading + Antenna Factor + Cable Factor "C
Preamplifier Factor
3) Scan from 9kHz to 25GHz, the disturbance above 12.75GHz and below 30MHz was very low. The points marked on above plots are the highest emissions could be found when testing, so only above points had been displayed. The amplitude of spurious emissions from the radiator which are attenuated more than 20dB below the limit need not be reported. Fundamental frequency is blocked by filter, and only spurious emission is shown.

4.6.1 E.U.T. Operation:

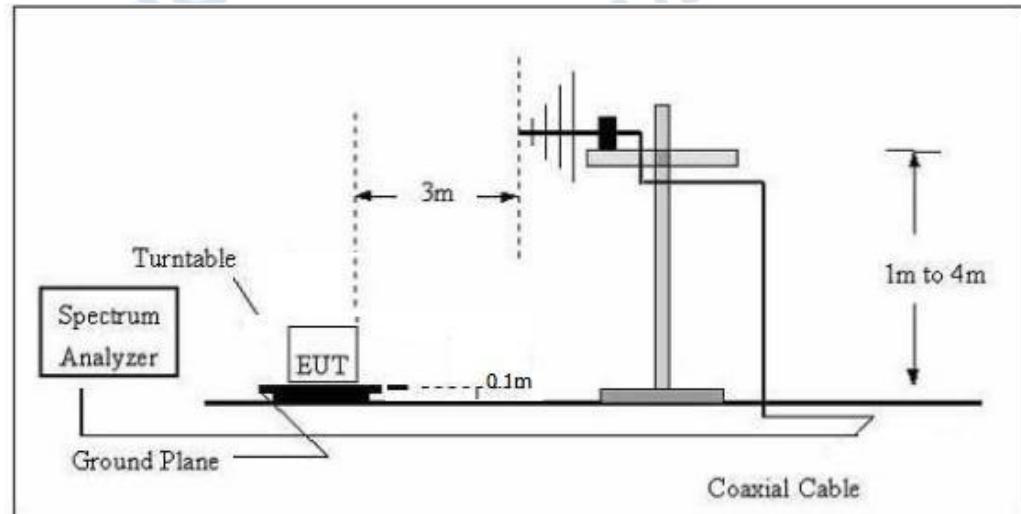
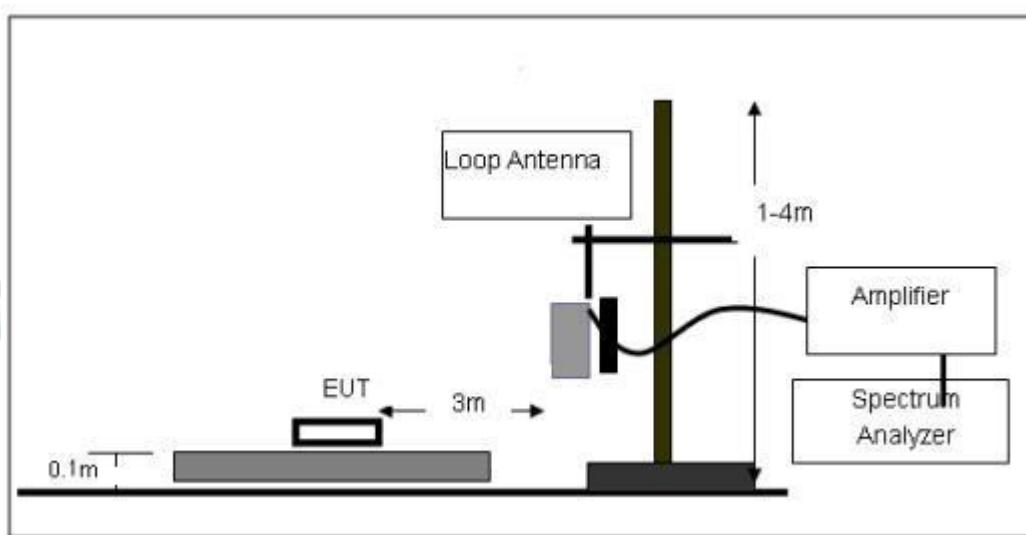
Operating Environment:

Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure:	102 kPa
--------------	---------	-----------	------	-----------------------	---------

Pretest mode:	TM1
---------------	-----

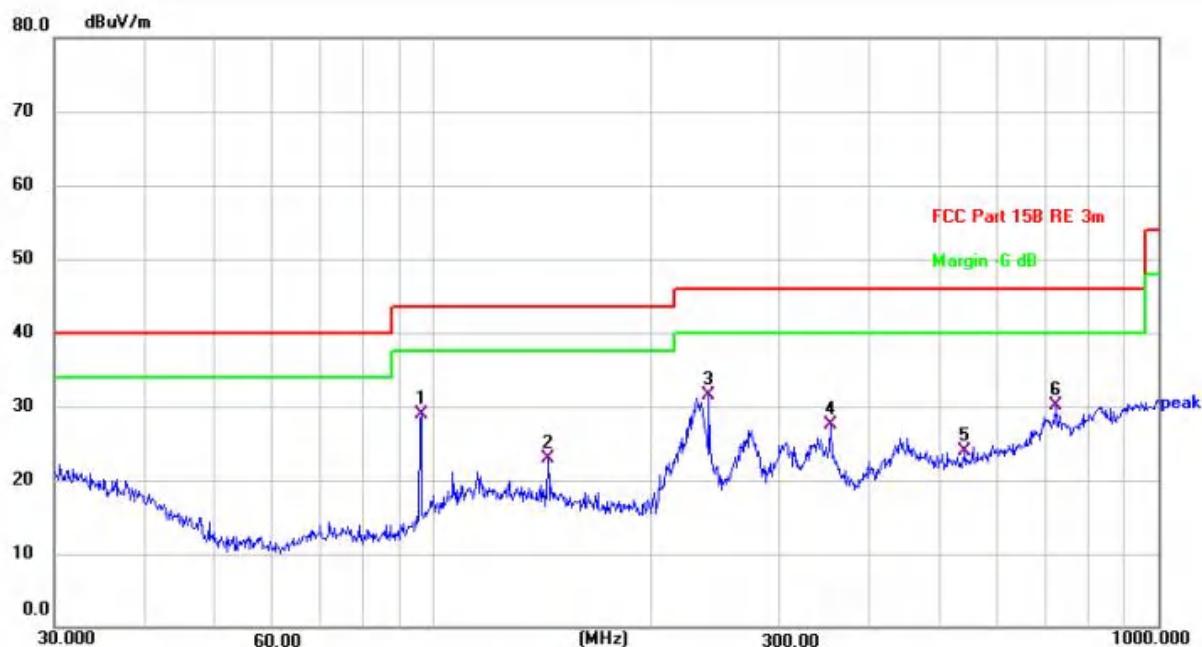
Final test mode:	TM1
------------------	-----

4.6.2 Test Setup Diagram:



4.6.3 Test Data:

TM1 / Polarization: Horizontal / Band: 2400-2483.5 MHz / BW: 1 / CH: L



No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	96.0986	39.43	-10.47	28.96	43.50	-14.54	QP	100		P	
2	143.8295	30.05	-7.17	22.88	43.50	-20.62	QP	100		P	
3 *	239.9874	42.03	-10.56	31.47	46.00	-14.53	QP	100		P	
4	352.9433	34.36	-6.80	27.56	46.00	-18.44	QP	100		P	
5	541.3725	26.77	-2.93	23.84	46.00	-22.16	QP	100		P	
6	721.7259	29.24	0.96	30.20	46.00	-15.80	QP	100		P	

TM1 / Polarization: Vertical / Band: 2400-2483.5 MHz / BW: 1 / CH: L



No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	109.7960	41.05	-7.26	33.79	43.50	-9.71	QP	100		P	
2 *	143.8295	44.26	-7.62	36.64	43.50	-6.86	QP	100		P	
3	228.4904	46.48	-9.94	36.54	46.00	-9.46	QP	100		P	
4	331.3546	32.76	-7.63	25.13	46.00	-20.87	QP	100		P	
5	457.5073	29.77	-4.25	25.52	46.00	-20.48	QP	100		P	
6	721.7259	30.02	0.93	30.95	46.00	-15.05	QP	100		P	

4.7 Emissions in frequency bands (above 1GHz)

Test Requirement:	Refer to 47 CFR 15.247(d), in addition, radiated emissions which fall in the restricted bands, as defined in § 15.205(a), must also comply with the radiated emission limits specified in § 15.209(a)(see § 15.205(c)).																																			
Test Limit:	<table border="1"> <thead> <tr> <th>Frequency (MHz)</th> <th>Field strength (microvolts/meter)</th> <th>Measurement distance (meters)</th> <th></th> </tr> </thead> <tbody> <tr> <td>0.009-0.490</td> <td>2400/F(kHz)</td> <td>300</td> <td></td> </tr> <tr> <td>0.490-1.705</td> <td>24000/F(kHz)</td> <td>30</td> <td></td> </tr> <tr> <td>1.705-30.0</td> <td>30</td> <td>30</td> <td></td> </tr> <tr> <td>30-88</td> <td>100 **</td> <td>3</td> <td></td> </tr> <tr> <td>88-216</td> <td>150 **</td> <td>3</td> <td></td> </tr> <tr> <td>216-960</td> <td>200 **</td> <td>3</td> <td></td> </tr> <tr> <td>Above 960</td> <td>500</td> <td>3</td> <td></td> </tr> </tbody> </table>				Frequency (MHz)	Field strength (microvolts/meter)	Measurement distance (meters)		0.009-0.490	2400/F(kHz)	300		0.490-1.705	24000/F(kHz)	30		1.705-30.0	30	30		30-88	100 **	3		88-216	150 **	3		216-960	200 **	3		Above 960	500	3	
Frequency (MHz)	Field strength (microvolts/meter)	Measurement distance (meters)																																		
0.009-0.490	2400/F(kHz)	300																																		
0.490-1.705	24000/F(kHz)	30																																		
1.705-30.0	30	30																																		
30-88	100 **	3																																		
88-216	150 **	3																																		
216-960	200 **	3																																		
Above 960	500	3																																		
	<p>** Except as provided in paragraph (g), fundamental emissions from intentional radiators operating under this section shall not be located in the frequency bands 54-72 MHz, 76-88 MHz, 174-216 MHz or 470-806 MHz. However, operation within these frequency bands is permitted under other sections of this part, e.g., §§ 15.231 and 15.241.</p> <p>In the emission table above, the tighter limit applies at the band edges.</p> <p>The emission limits shown in the above table are based on measurements employing a CISPR quasi-peak detector except for the frequency bands 9–90 kHz, 110–490 kHz and above 1000 MHz. Radiated emission limits in these three bands are based on measurements employing an average detector.</p>																																			
Test Method:	ANSI C63.10-2013 section 6.6.4 KDB 558074 D01 15.247 Meas Guidance v05r02																																			
Procedure:	<ol style="list-style-type: none"> For below 1GHz, the EUT was placed on the top of a rotating table 0.8 meters above the ground at a 3 or 10 meter semi-anechoic chamber. The table was rotated 360 degrees to determine the position of the highest radiation. For above 1GHz, the EUT was placed on the top of a rotating table 1.5 meters above the ground at a 3 meter fully-anechoic chamber. The table was rotated 360 degrees to determine the position of the highest radiation. The EUT was set 3 or 10 meters away from the interference-receiving antenna, which was mounted on the top of a variable-height antenna tower. The antenna height is varied from one meter to four meters above the ground to determine the maximum value of the field strength. Both horizontal and vertical polarizations of the antenna are set to make the measurement. For each suspected emission, the EUT was arranged to its worst case and then the antenna was tuned to heights from 1 meter to 4 meters (for the test frequency of below 30MHz, the antenna was tuned to heights 1 meter) and the rotatable table was turned from 0 degrees to 360 degrees to find the maximum reading. The test-receiver system was set to Peak Detect Function and Specified Bandwidth with Maximum Hold Mode. If the emission level of the EUT in peak mode was 10dB lower than the limit specified, then testing could be stopped and the peak values of the EUT would be reported. Otherwise the emissions that did not have 10dB margin would be re-tested one by one using peak, quasi-peak or average method as specified and then reported in a data sheet. Test the EUT in the lowest channel, the middle channel, the Highest channel. The radiation measurements are performed in X, Y, Z axis positioning for Transmitting mode, and found the X axis positioning which it is the worst case. Repeat above procedures until all frequencies measured was complete. <p>Remark:</p>																																			

1) For emission below 1GHz, through pre-scan found the worst case is the lowest channel. Only the worst case is recorded in the report.
2) The field strength is calculated by adding the Antenna Factor, Cable Factor & Preamplifier. The basic equation with a sample calculation is as follows:
Final Test Level = Receiver Reading + Antenna Factor + Cable Factor "C"
Preamplifier Factor
3) Scan from 9kHz to 25GHz, the disturbance above 12.75GHz and below 30MHz was very low. The points marked on above plots are the highest emissions could be found when testing, so only above points had been displayed. The amplitude of spurious emissions from the radiator which are attenuated more than 20dB below the limit need not be reported. Fundamental frequency is blocked by filter, and only spurious emission is shown.

4.7.1 E.U.T. Operation:

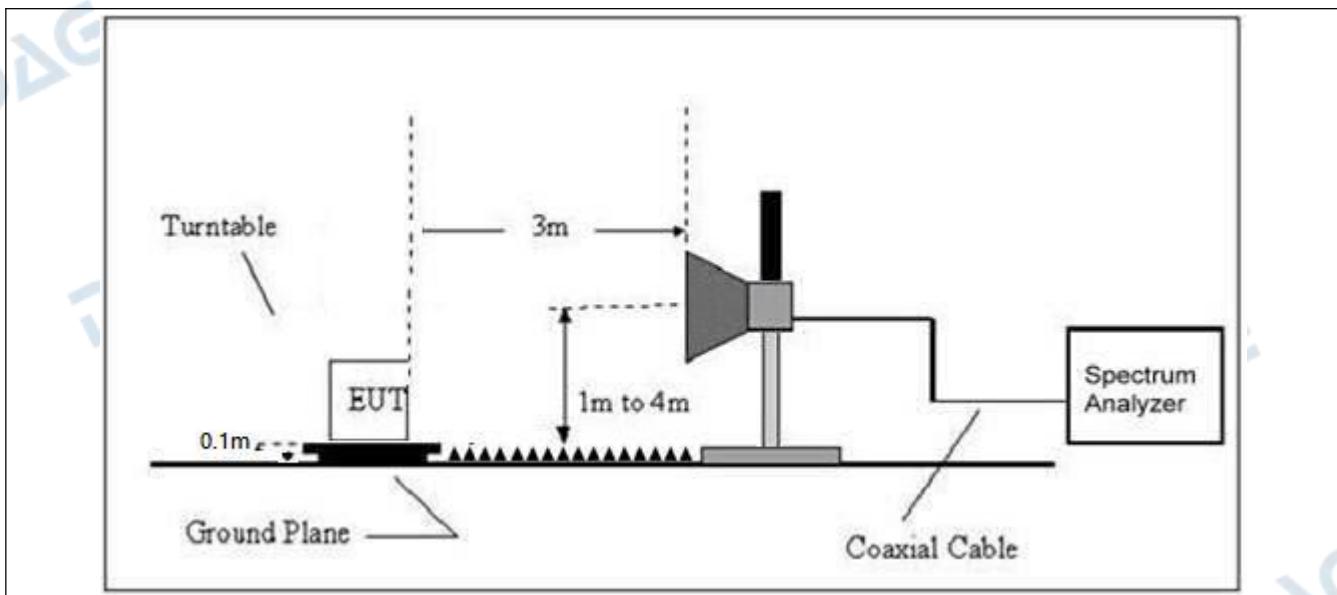
Operating Environment:

Temperature:	23.1 °C	Humidity:	50 %	Atmospheric Pressure:	102 kPa
--------------	---------	-----------	------	-----------------------	---------

Pretest mode:	TM1, TM2, TM3
---------------	---------------

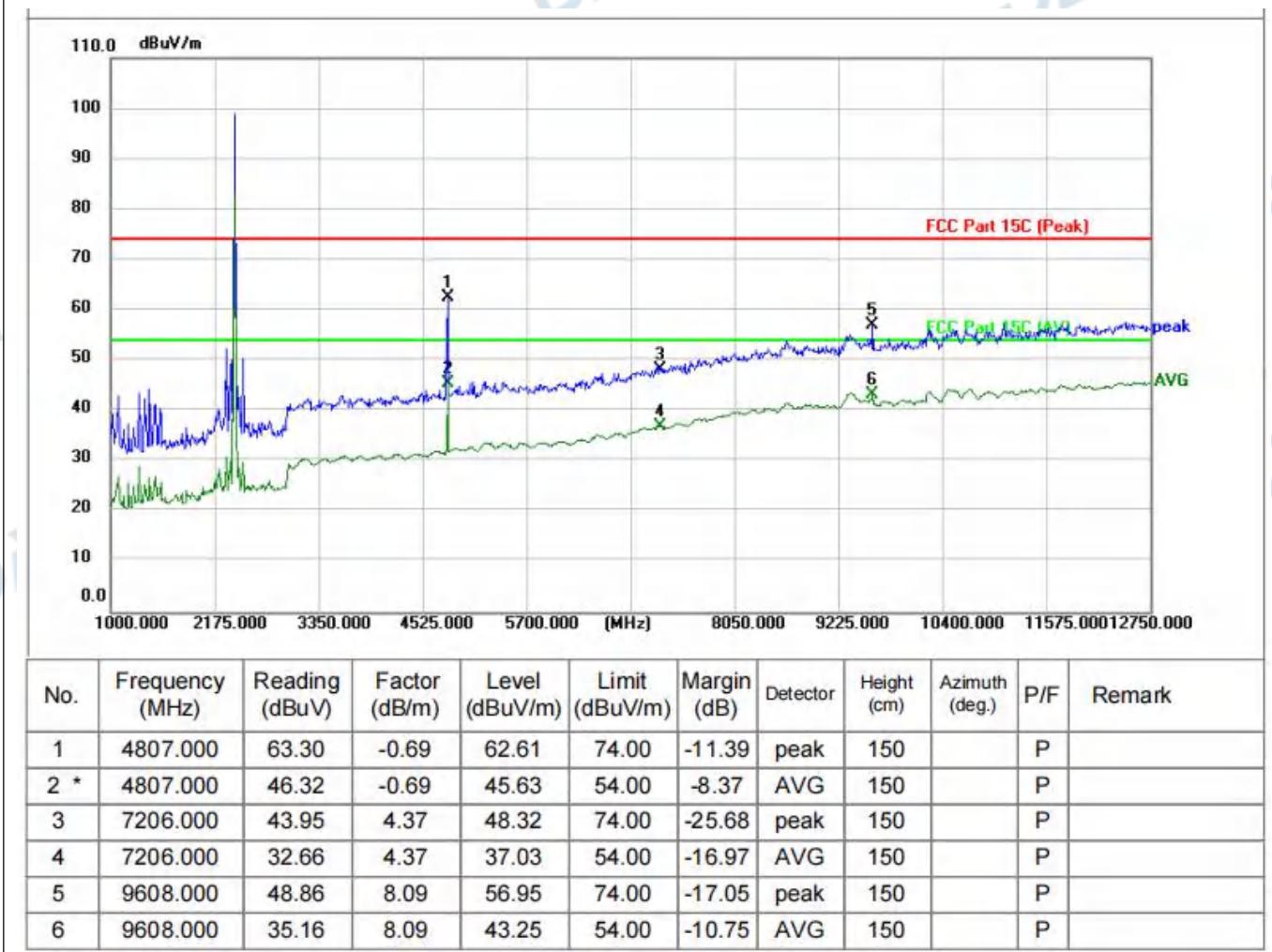
Final test mode:	TM1, TM2, TM3
------------------	---------------

4.7.2 Test Setup Diagram:

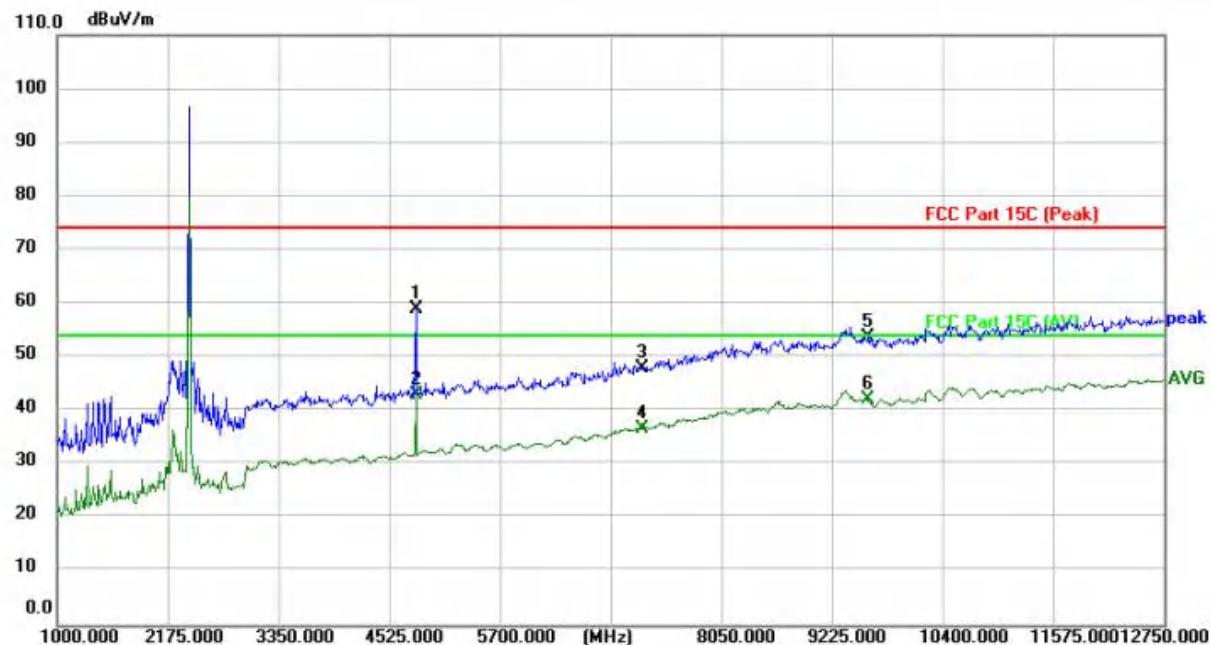


4.7.3 Test Data:

TM1 / Polarization: Horizontal / Band: 2400-2483.5 MHz / BW: 1 / CH: L

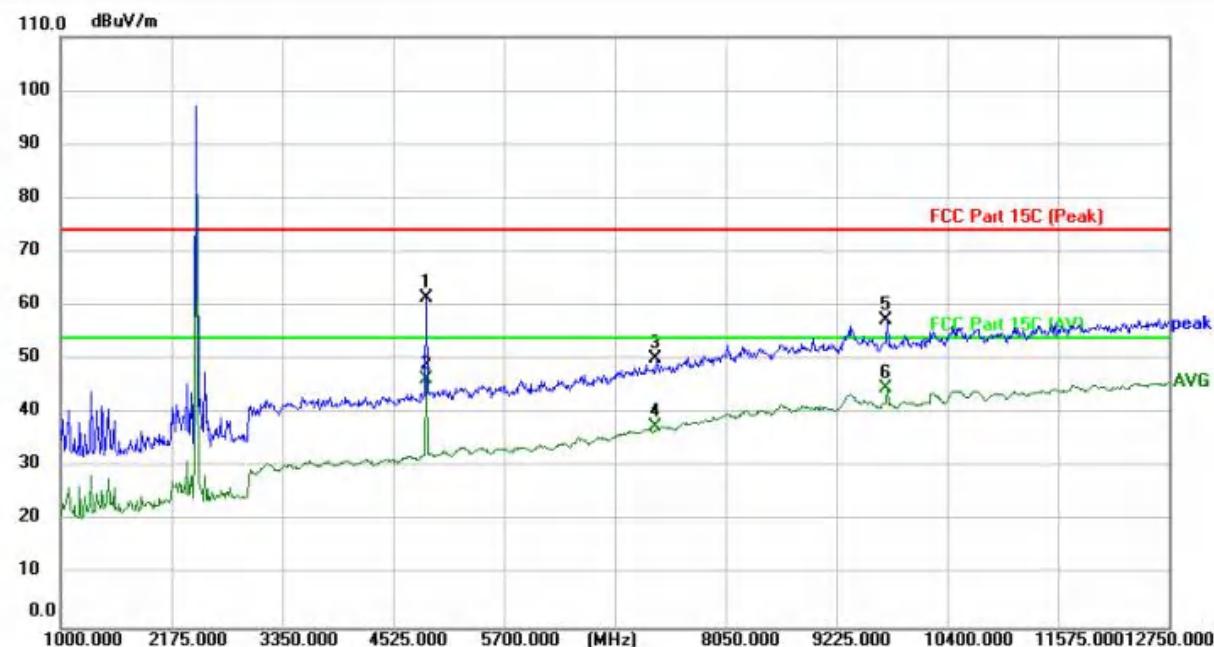


TM1 / Polarization: Vertical / Band: 2400-2483.5 MHz / BW: 1 / CH: L



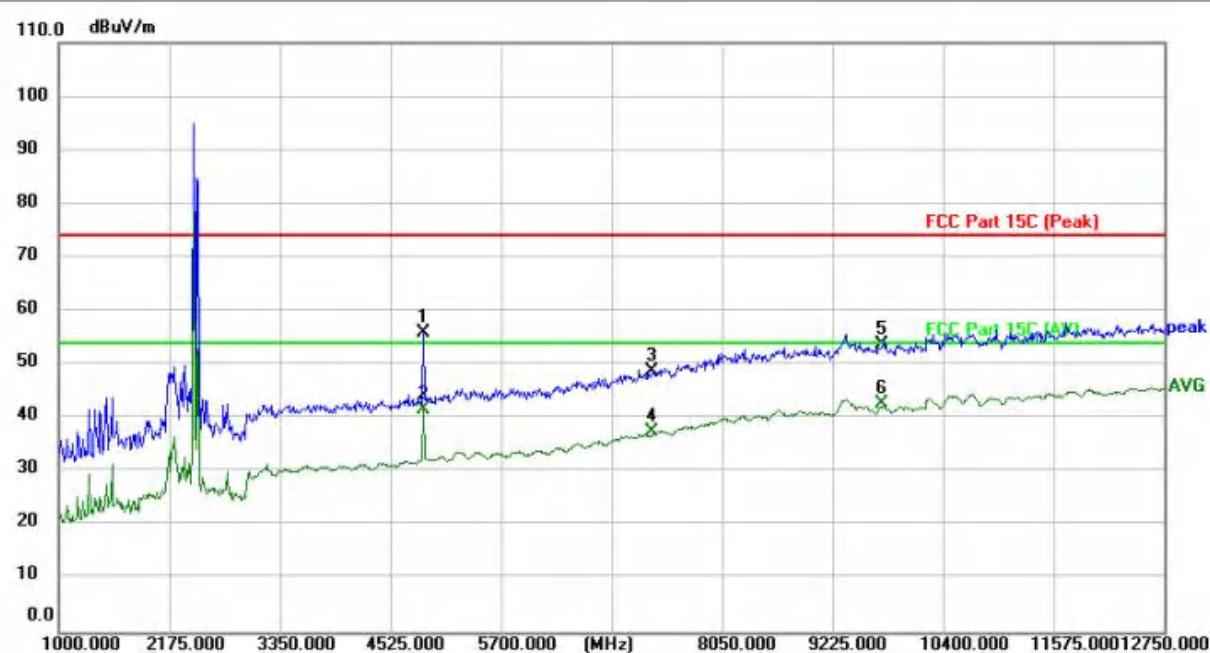
No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	4807.000	59.70	-0.69	59.01	74.00	-14.99	peak	150		P	
2 *	4807.000	43.62	-0.69	42.93	54.00	-11.07	AVG	150		P	
3	7206.000	43.67	4.37	48.04	74.00	-25.96	peak	150		P	
4	7206.000	32.45	4.37	36.82	54.00	-17.18	AVG	150		P	
5	9608.000	45.70	8.09	53.79	74.00	-20.21	peak	150		P	
6	9608.000	34.10	8.09	42.19	54.00	-11.81	AVG	150		P	

TM2 / Polarization: Horizontal / Band: 2400-2483.5 MHz / BW: 1 / CH: M



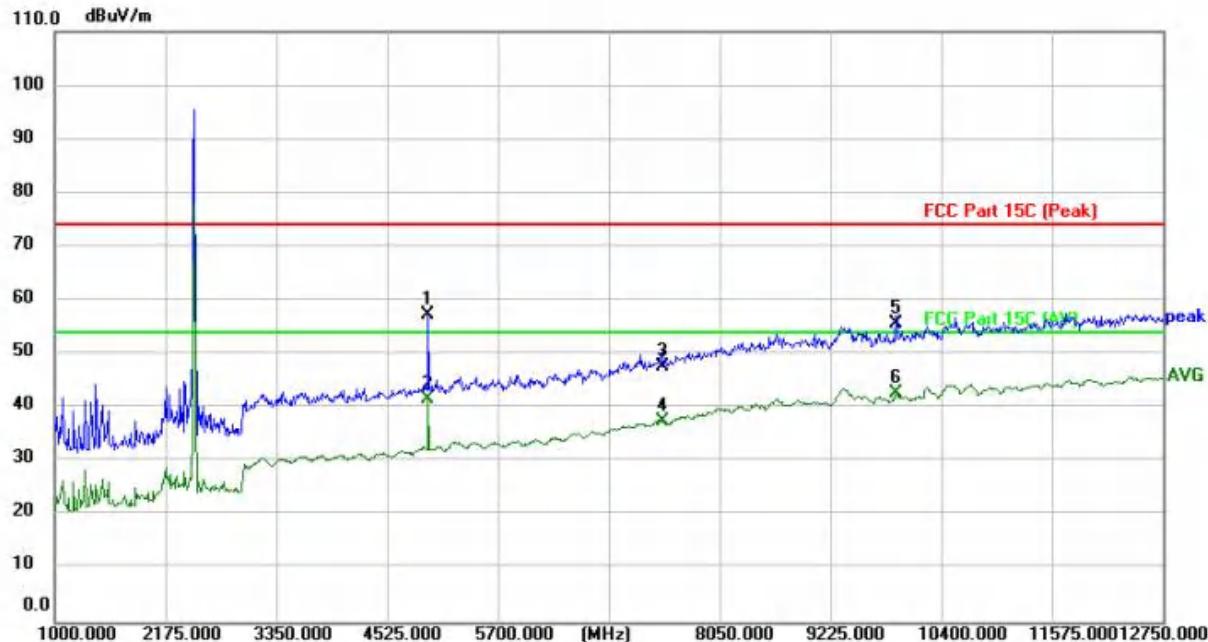
No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	4877.500	62.01	-0.45	61.56	74.00	-12.44	peak	150		P	
2 *	4877.500	46.81	-0.45	46.36	54.00	-7.64	AVG	150		P	
3	7320.000	45.52	4.57	50.09	74.00	-23.91	peak	150		P	
4	7320.000	32.95	4.57	37.52	54.00	-16.48	AVG	150		P	
5	9760.000	49.19	8.09	57.28	74.00	-16.72	peak	150		P	
6	9760.000	36.55	8.09	44.64	54.00	-9.36	AVG	150		P	

TM2 / Polarization: Vertical / Band: 2400-2483.5 MHz / BW: 1 / CH: M



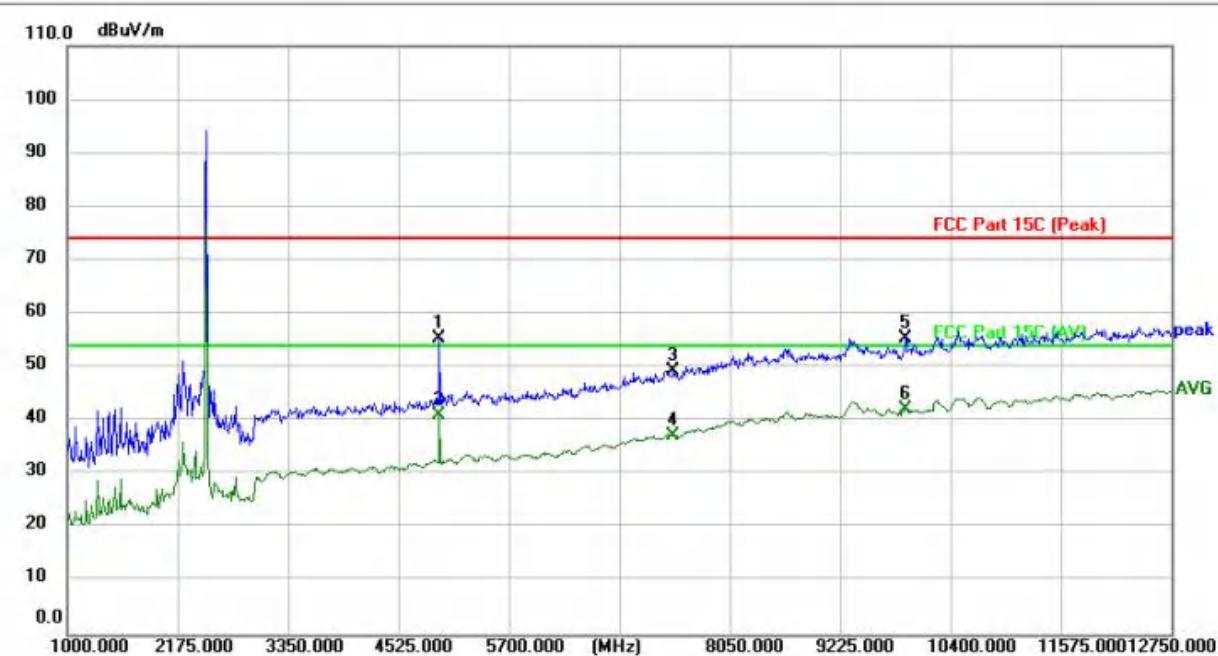
No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	4877.500	56.32	-0.45	55.87	74.00	-18.13	peak	150		P	
2	4877.500	42.02	-0.45	41.57	54.00	-12.43	AVG	150		P	
3	7320.000	44.30	4.57	48.87	74.00	-25.13	peak	150		P	
4	7320.000	32.97	4.57	37.54	54.00	-16.46	AVG	150		P	
5	9760.000	45.68	8.09	53.77	74.00	-20.23	peak	150		P	
6 *	9760.000	34.79	8.09	42.88	54.00	-11.12	AVG	150		P	

TM3 / Polarization: Horizontal / Band: 2400-2483.5 MHz / BW: 1 / CH: H



No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	4959.750	57.40	-0.17	57.23	74.00	-16.77	peak	150		P	
2	4959.750	41.87	-0.17	41.70	54.00	-12.30	AVG	150		P	
3	7440.000	43.02	4.78	47.80	74.00	-26.20	peak	150		P	
4	7440.000	32.71	4.78	37.49	54.00	-16.51	AVG	150		P	
5	9920.000	47.66	8.08	55.74	74.00	-18.26	peak	150		P	
6 *	9920.000	34.71	8.08	42.79	54.00	-11.21	AVG	150		P	

TM3 / Polarization: Vertical / Band: 2400-2483.5 MHz / BW: 1 / CH: H



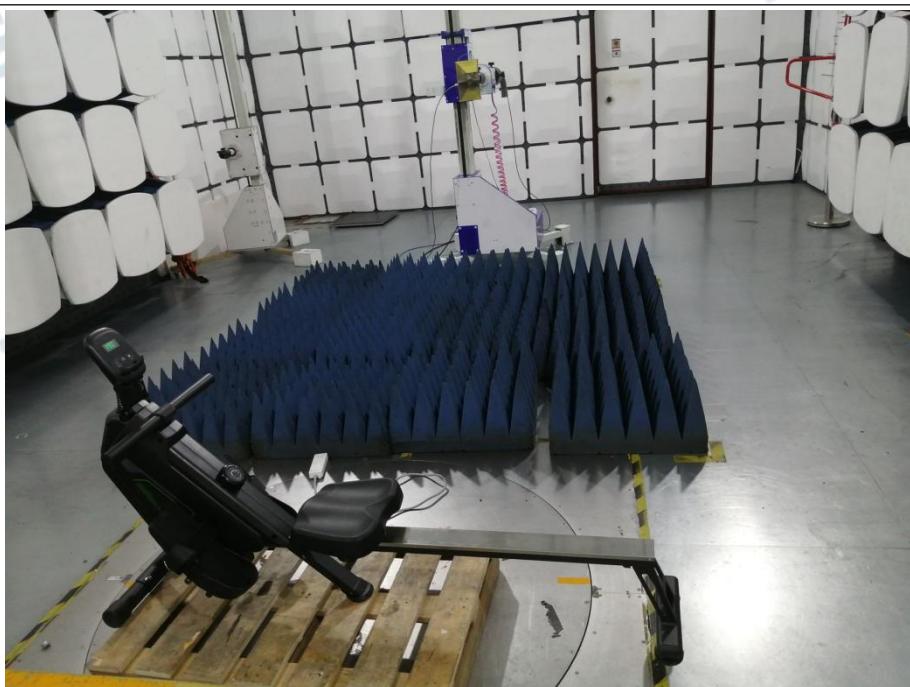
No.	Frequency (MHz)	Reading (dBuV)	Factor (dB/m)	Level (dBuV/m)	Limit (dBuV/m)	Margin (dB)	Detector	Height (cm)	Azimuth (deg.)	P/F	Remark
1	4959.750	55.59	-0.17	55.42	74.00	-18.58	peak	150		P	
2	4959.750	41.22	-0.17	41.05	54.00	-12.95	AVG	150		P	
3	7440.000	44.69	4.78	49.47	74.00	-24.53	peak	150		P	
4	7440.000	32.56	4.78	37.34	54.00	-16.66	AVG	150		P	
5	9920.000	47.40	8.08	55.48	74.00	-18.52	peak	150		P	
6 *	9920.000	34.08	8.08	42.16	54.00	-11.84	AVG	150		P	

5 TEST SETUP PHOTOS

Emissions in frequency bands (below 1GHz)



Emissions in frequency bands (above 1GHz)



6 PHOTOS OF THE EUT

External







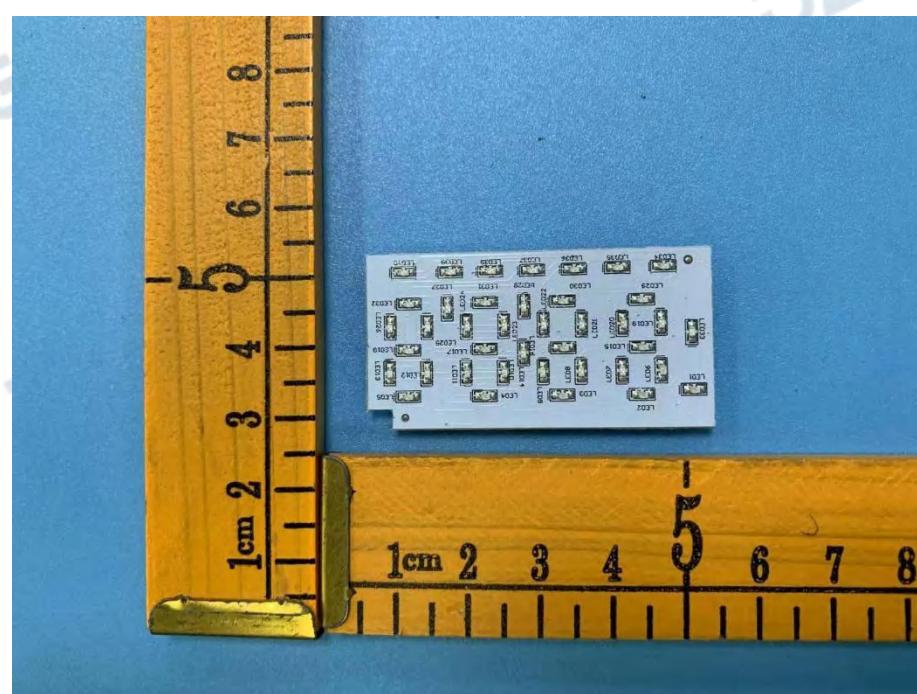
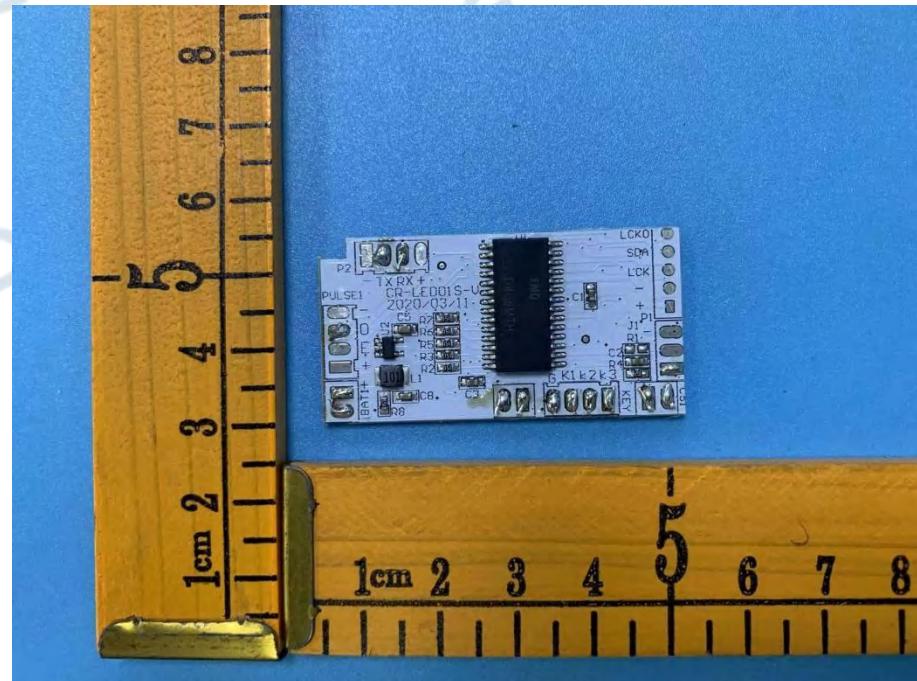


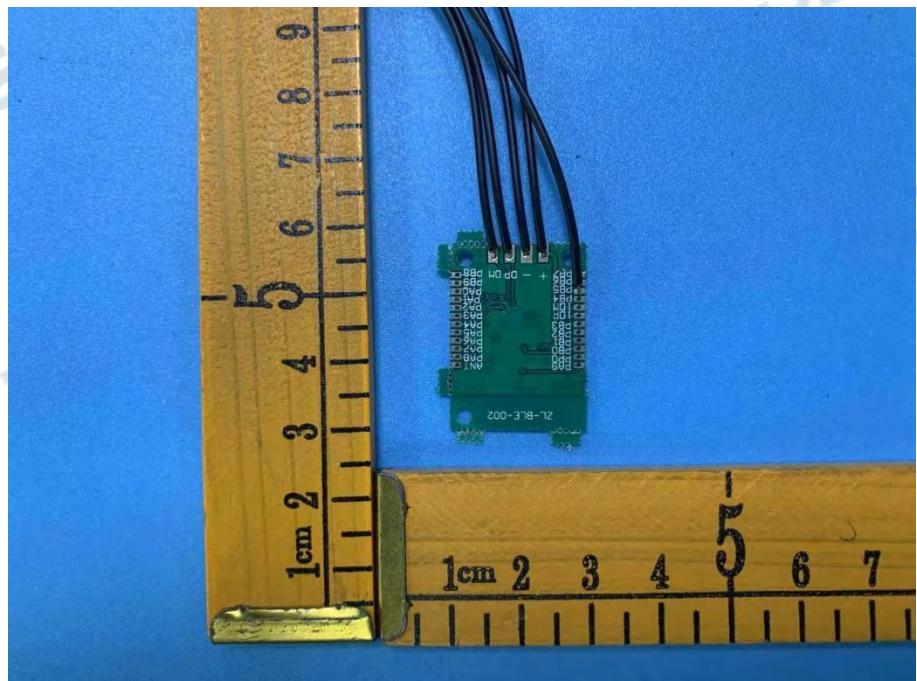
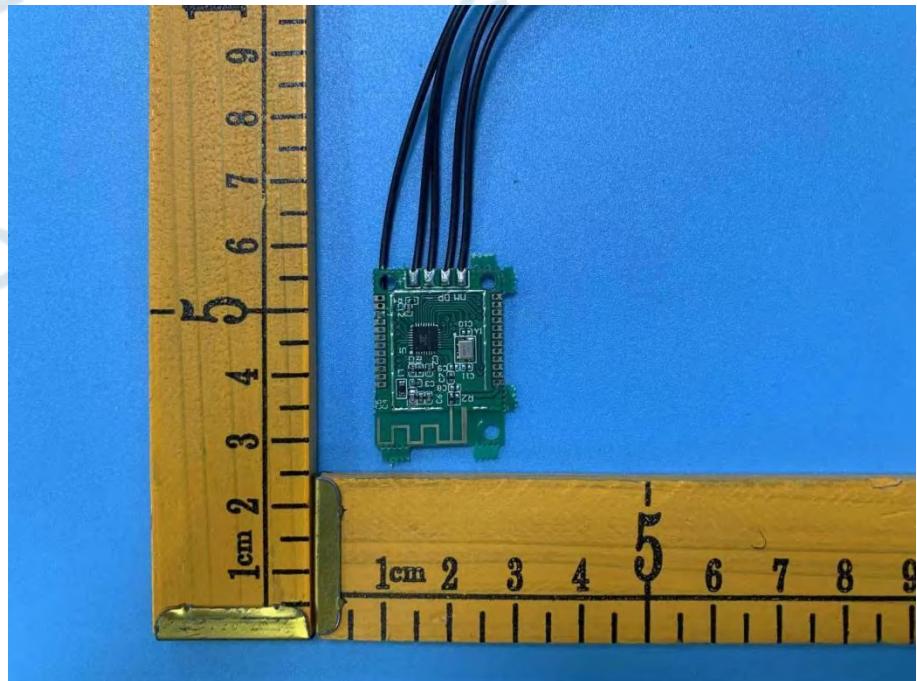


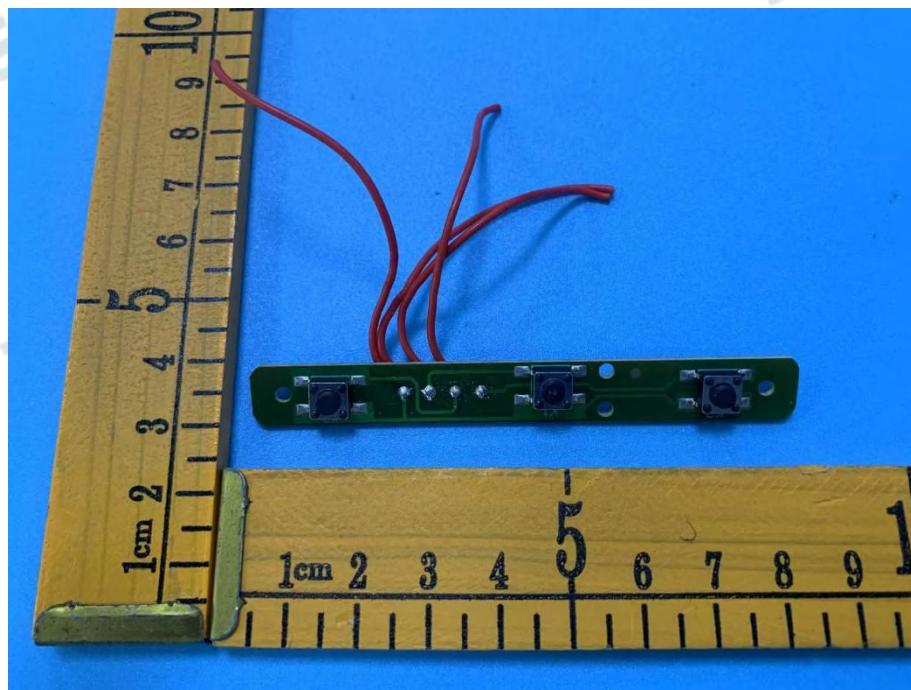
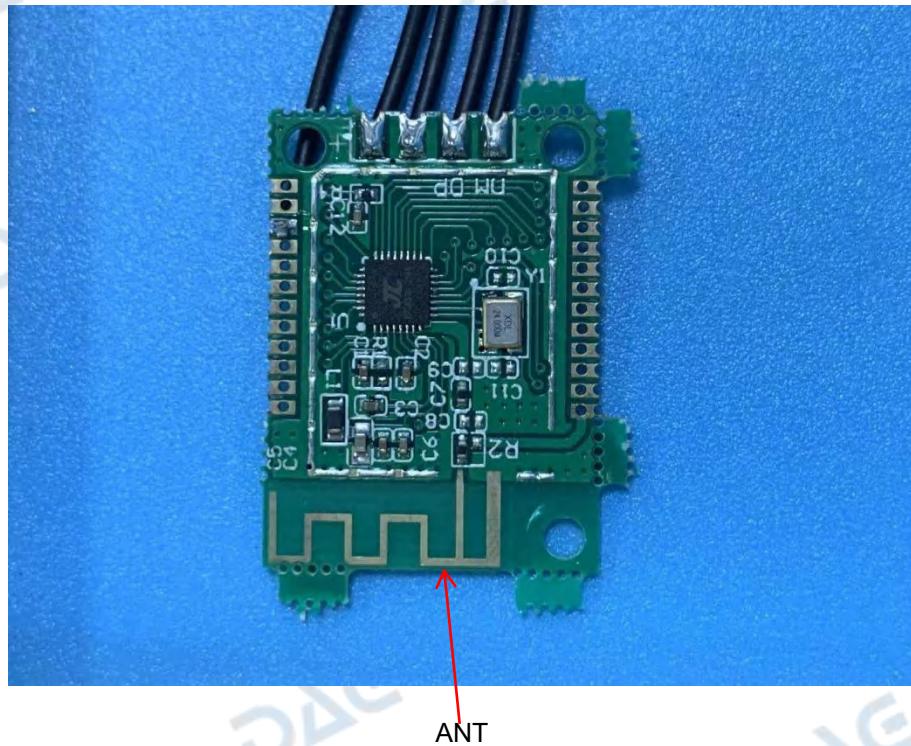


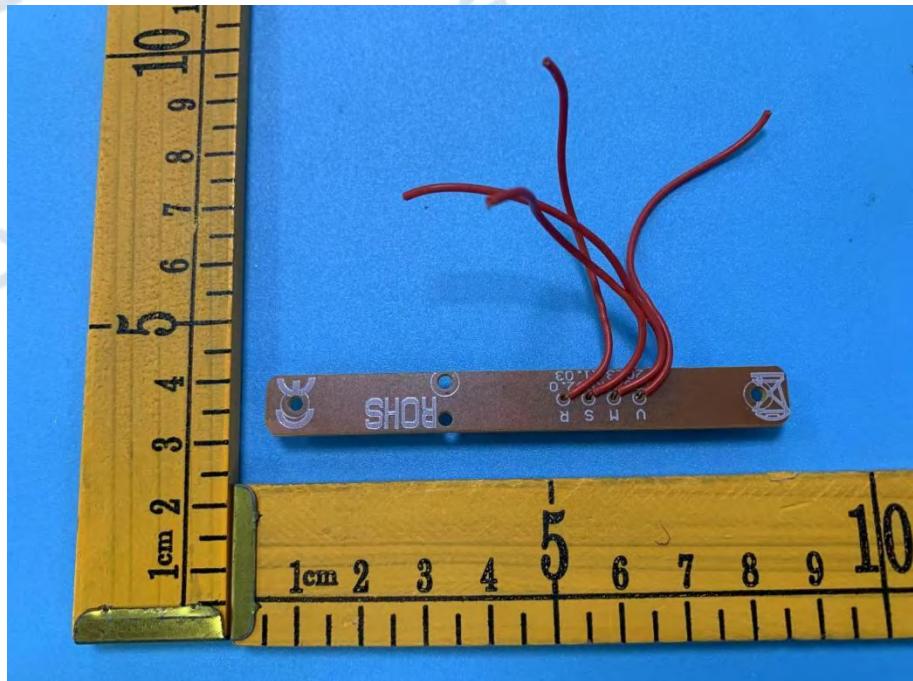
Internal









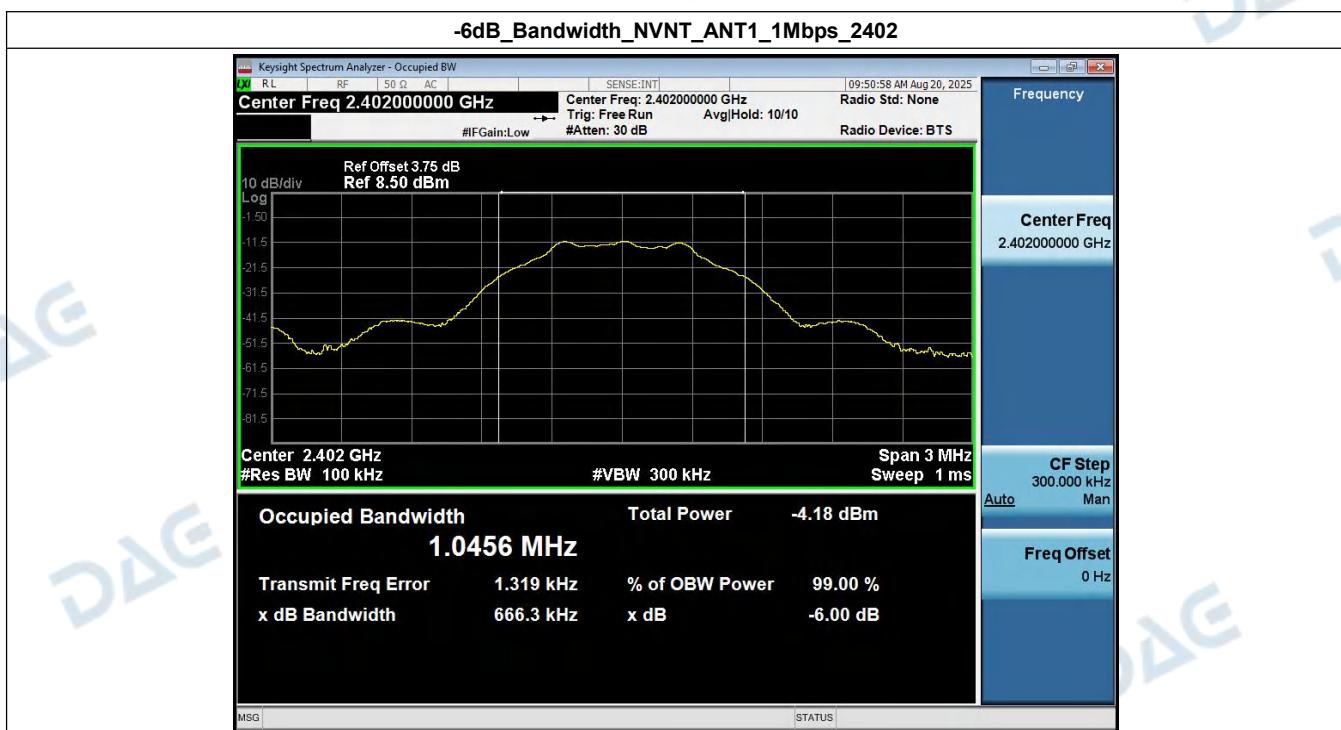


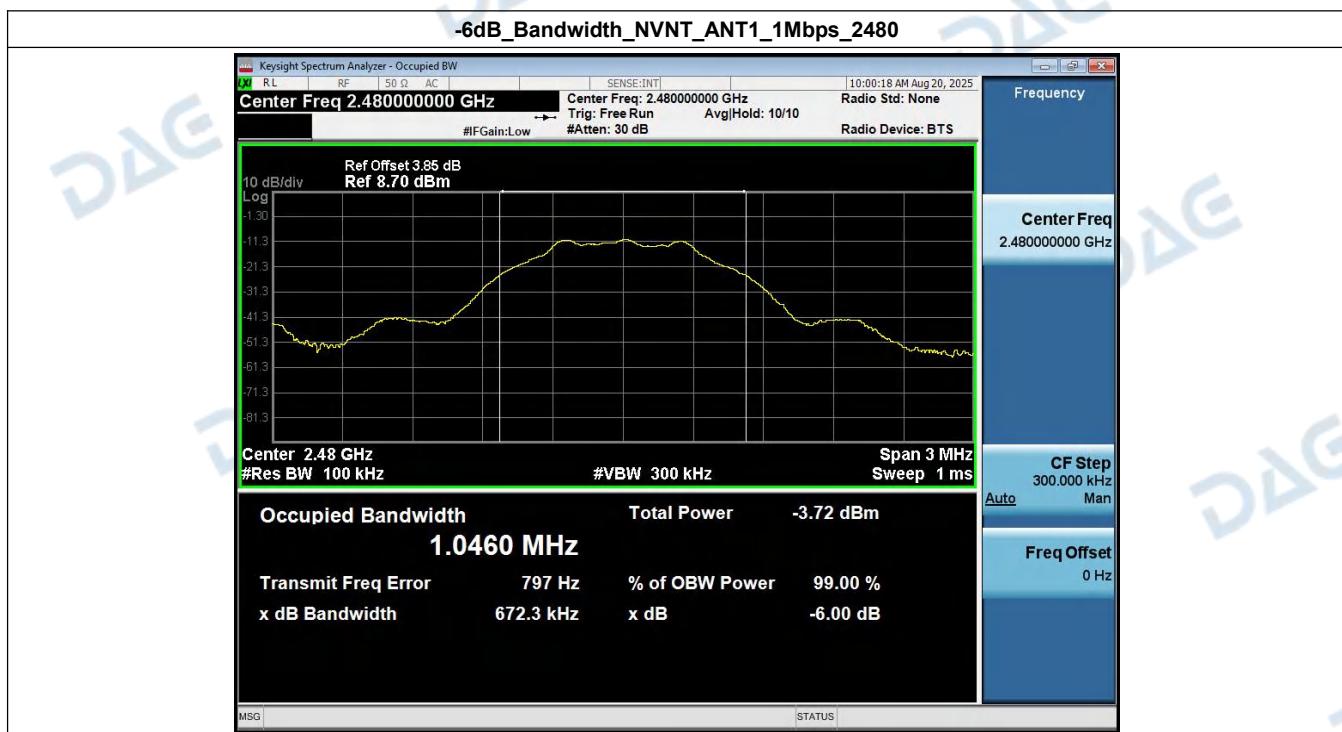
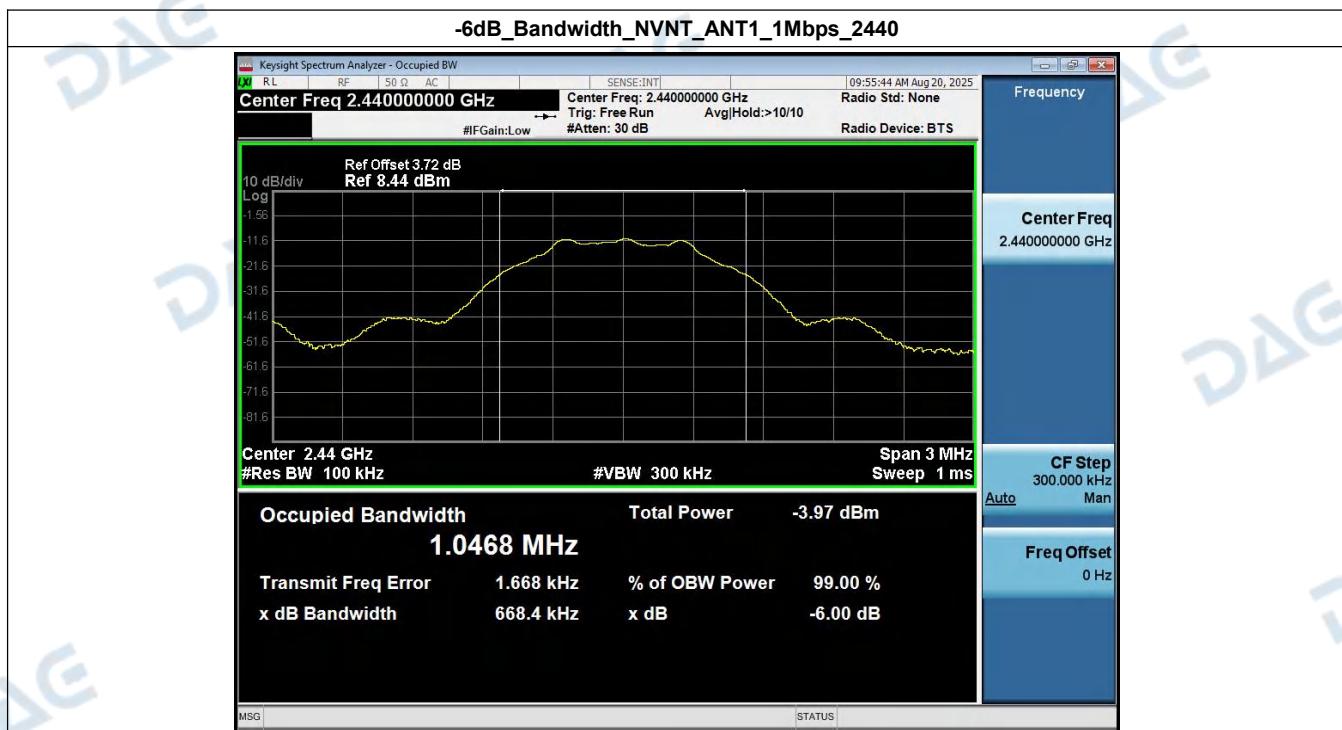
Appendix

Rowing Machine--MC-R200--FCC ID FCC_BLE (Part15.247) Test Data

1. -6dB Bandwidth

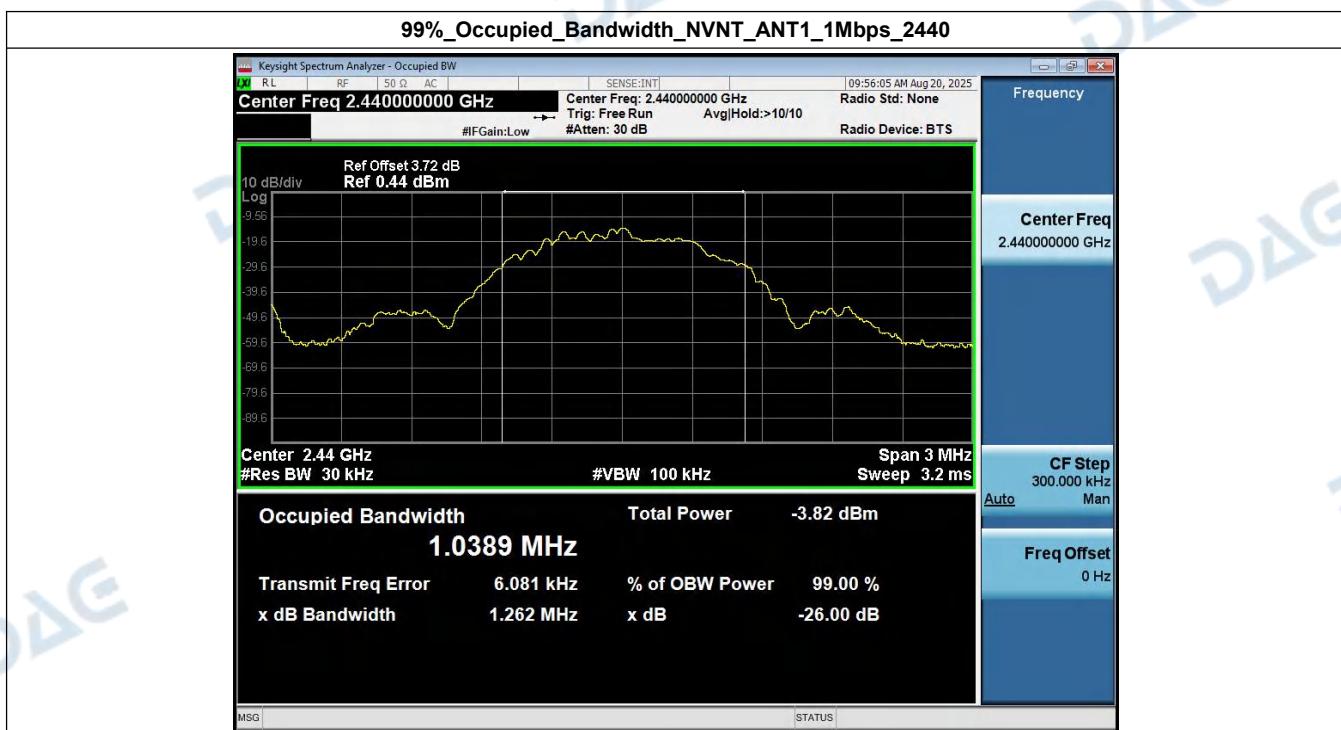
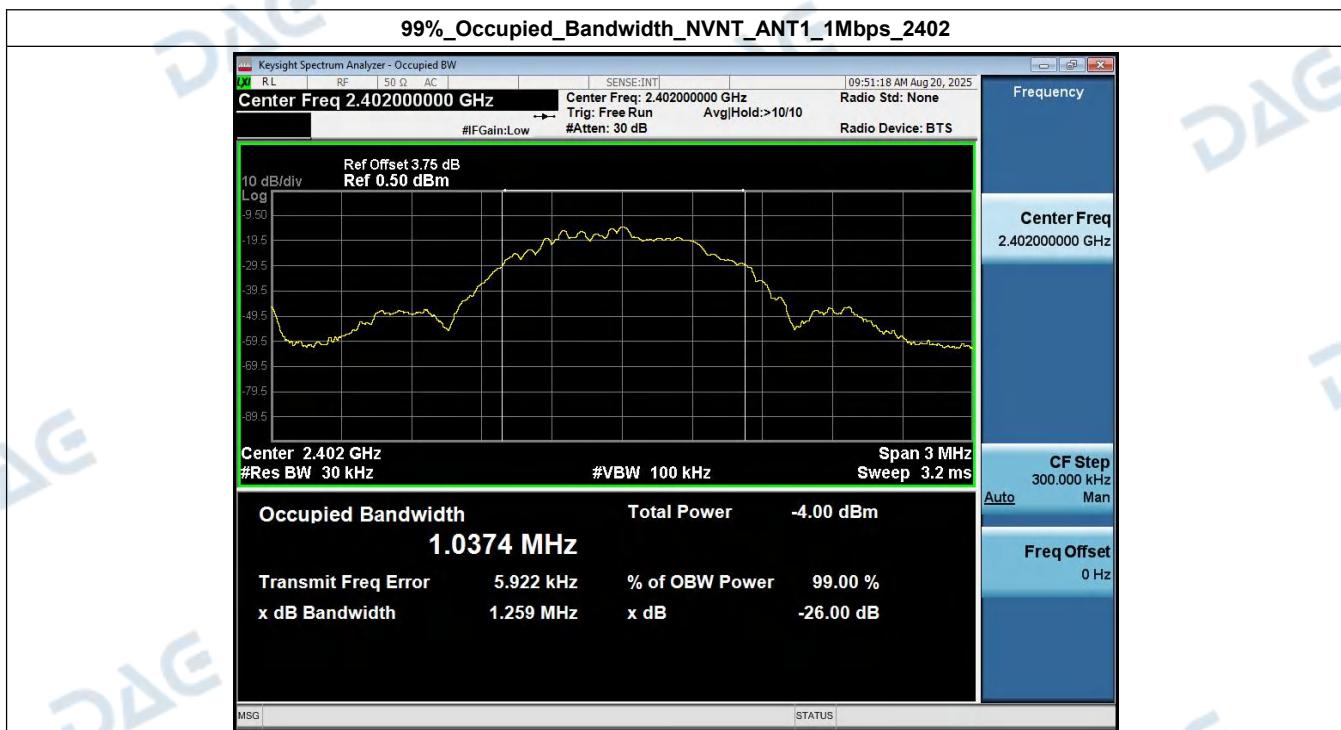
Condition	Antenna	Rate	Frequency (MHz)	-6dB BW(kHz)	limit(kHz)	Result
NVNT	ANT1	1Mbps	2402.00	666.27	500	Pass
NVNT	ANT1	1Mbps	2440.00	668.35	500	Pass
NVNT	ANT1	1Mbps	2480.00	672.27	500	Pass

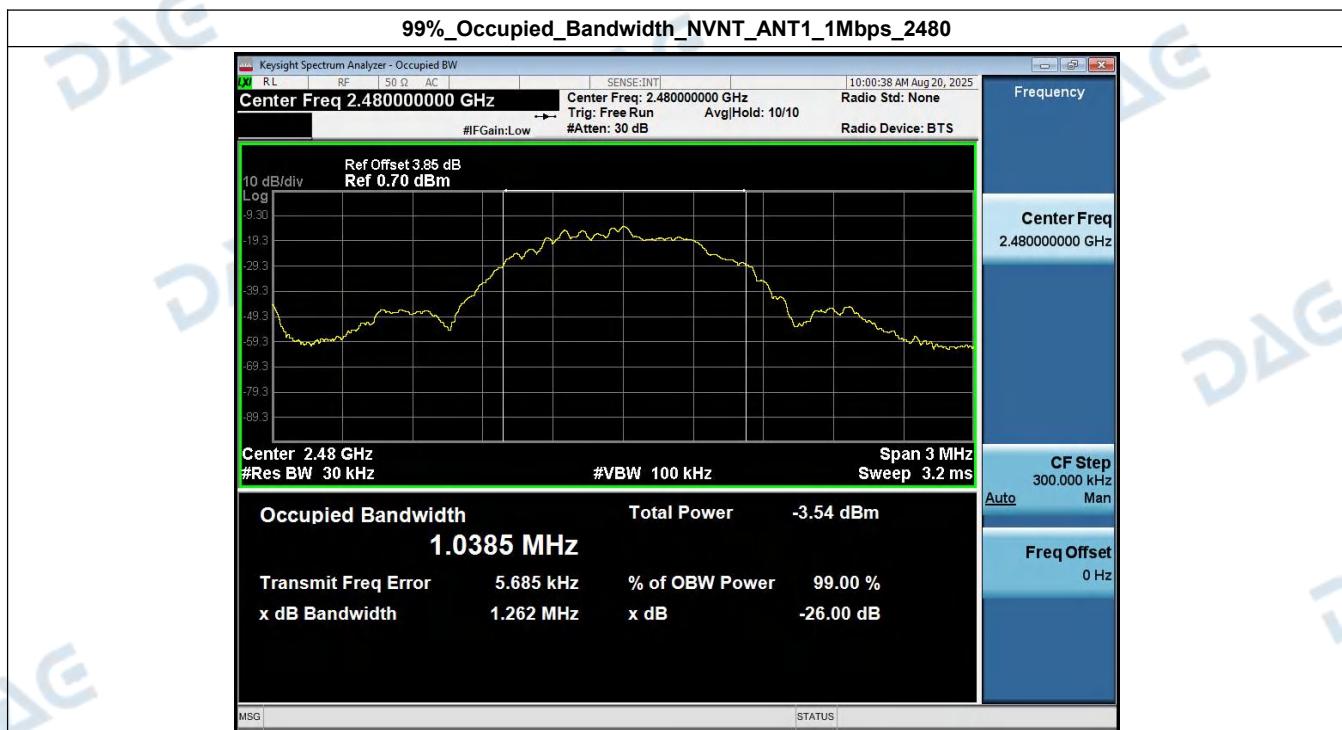




2. 99% Occupied Bandwidth

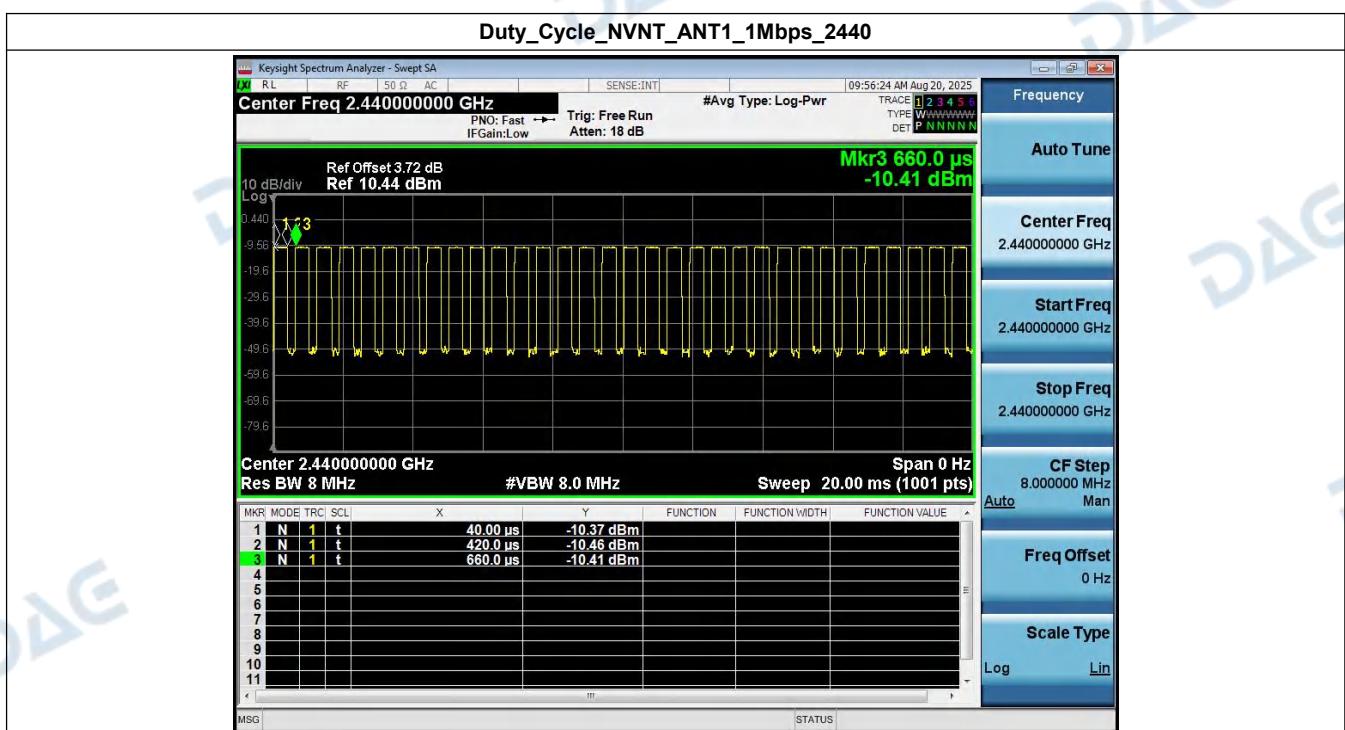
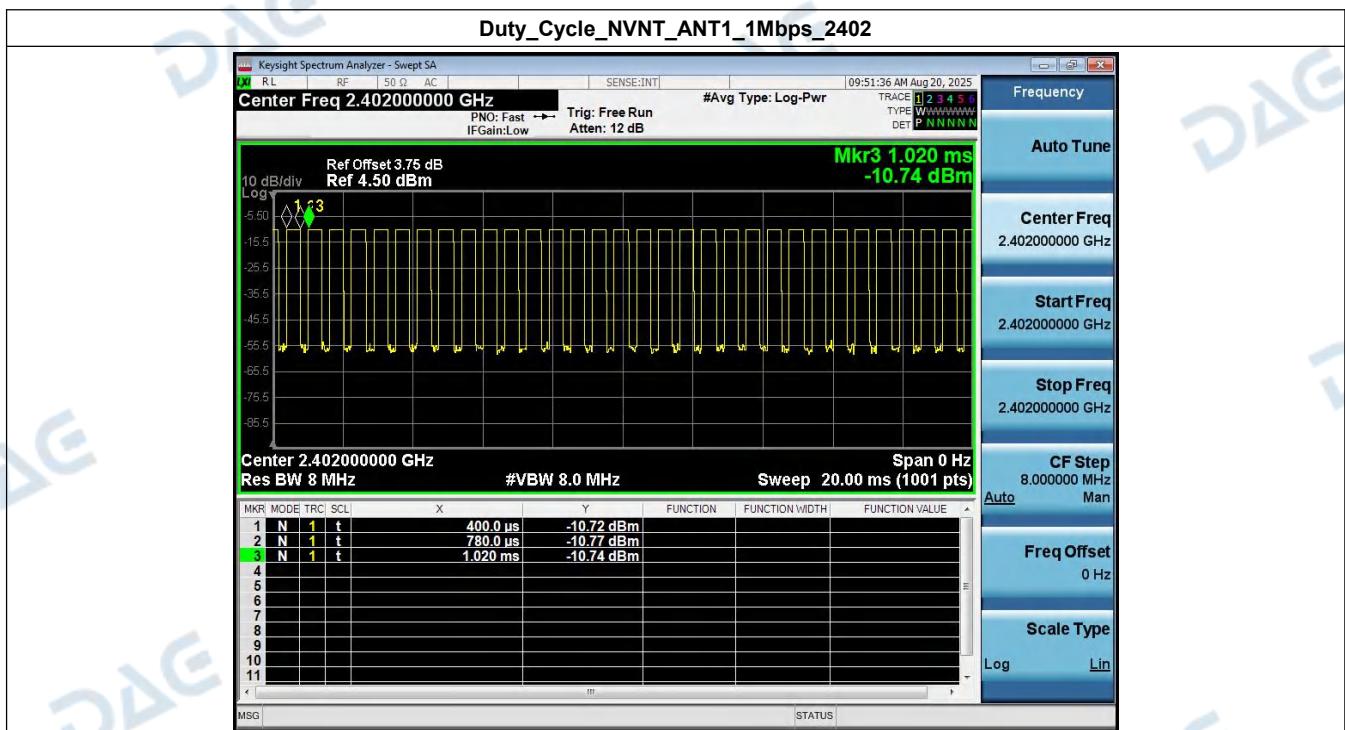
Condition	Antenna	Rate	Frequency (MHz)	99% BW(MHz)
NVNT	ANT1	1Mbps	2402.00	1.037
NVNT	ANT1	1Mbps	2440.00	1.039
NVNT	ANT1	1Mbps	2480.00	1.039

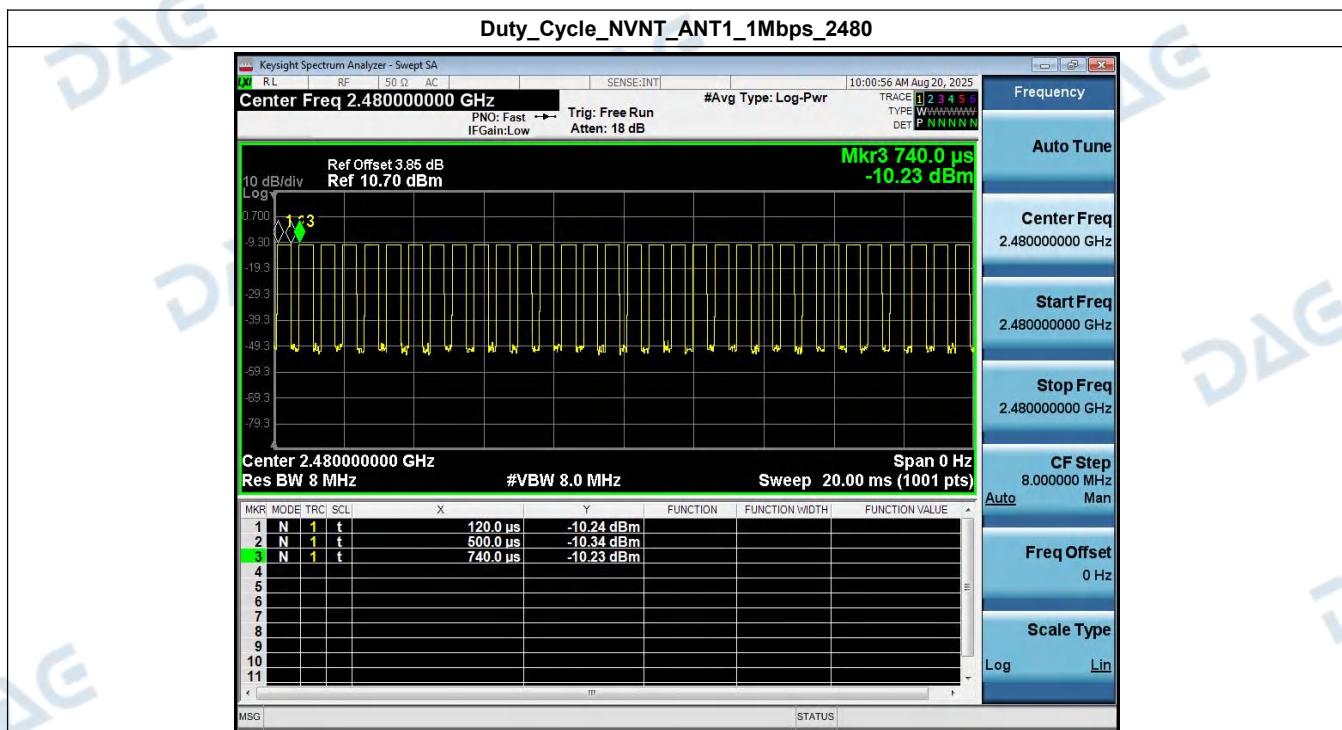




3. Duty Cycle

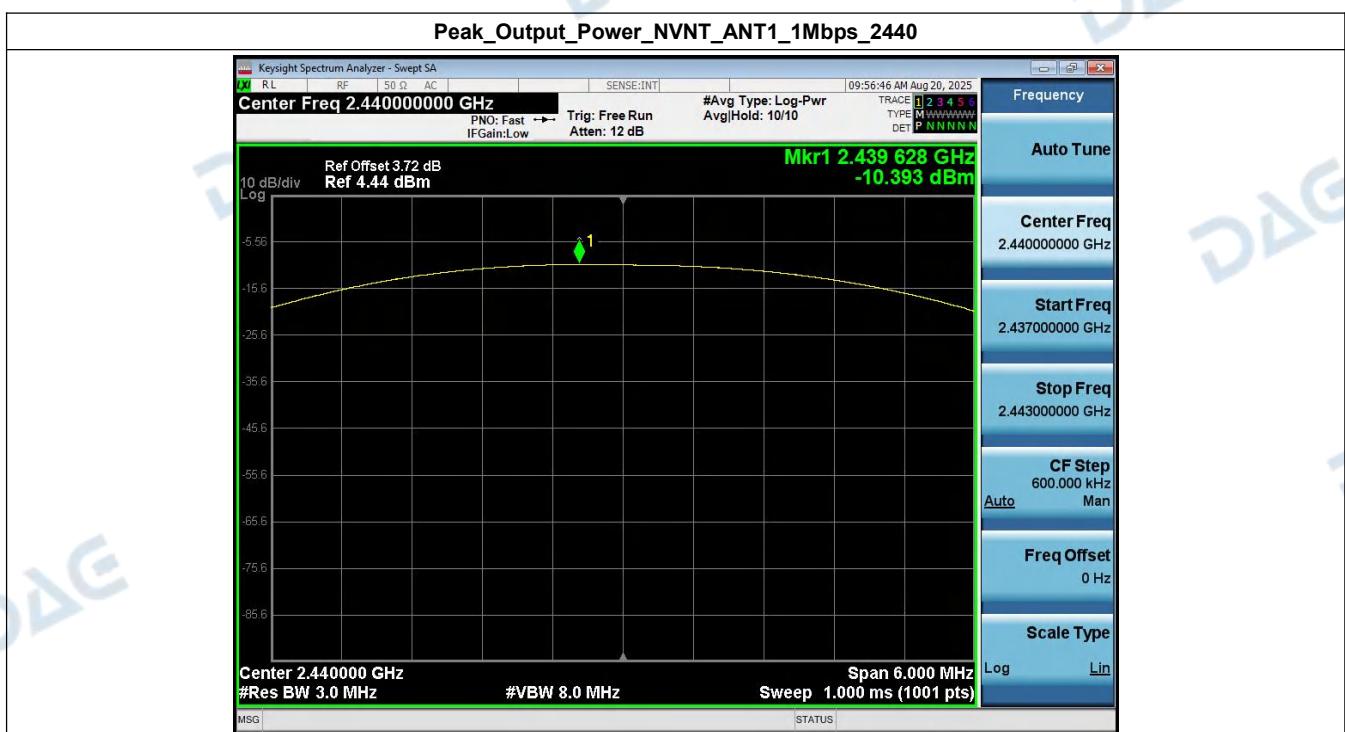
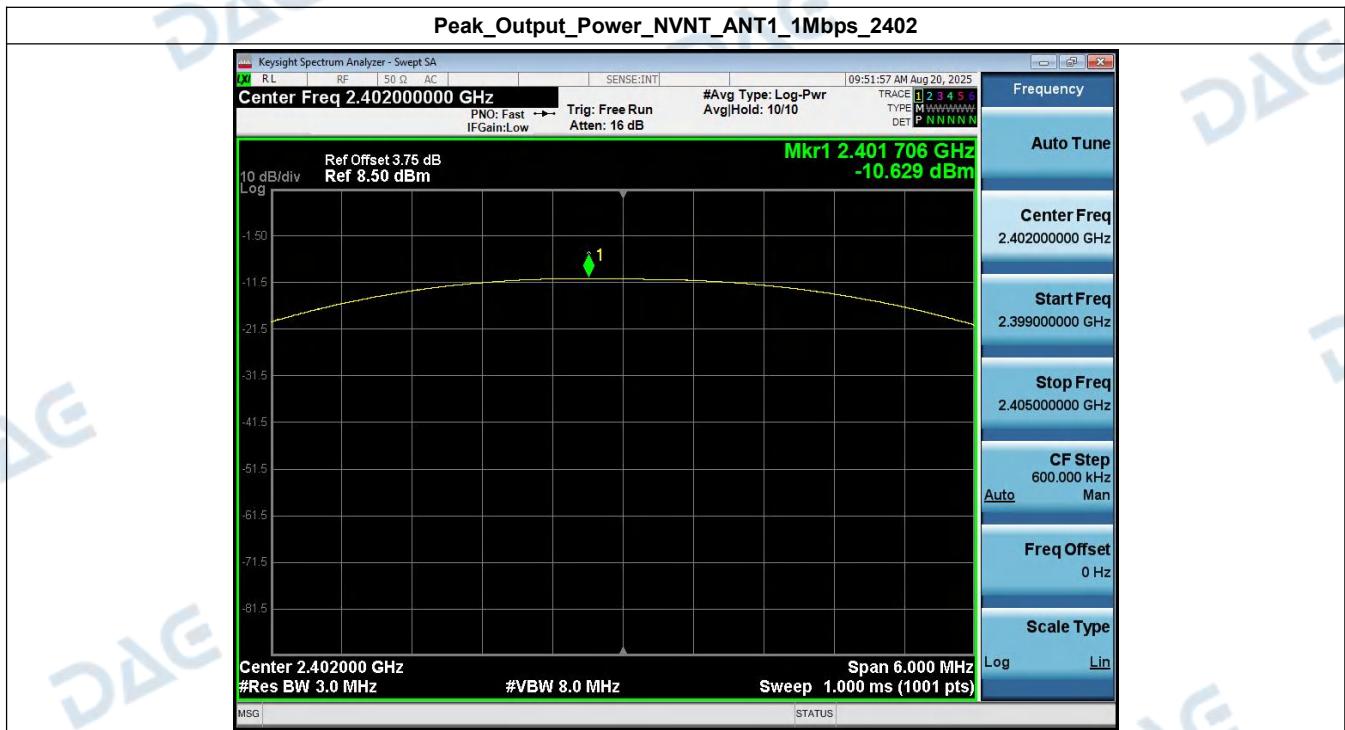
Condition	Antenna	Rate	Frequency (MHz)	Dutycycle(%)	Duty_factor
NVNT	ANT1	1Mbps	2402.00	64.52	1.90
NVNT	ANT1	1Mbps	2440.00	61.29	2.13
NVNT	ANT1	1Mbps	2480.00	61.29	2.13

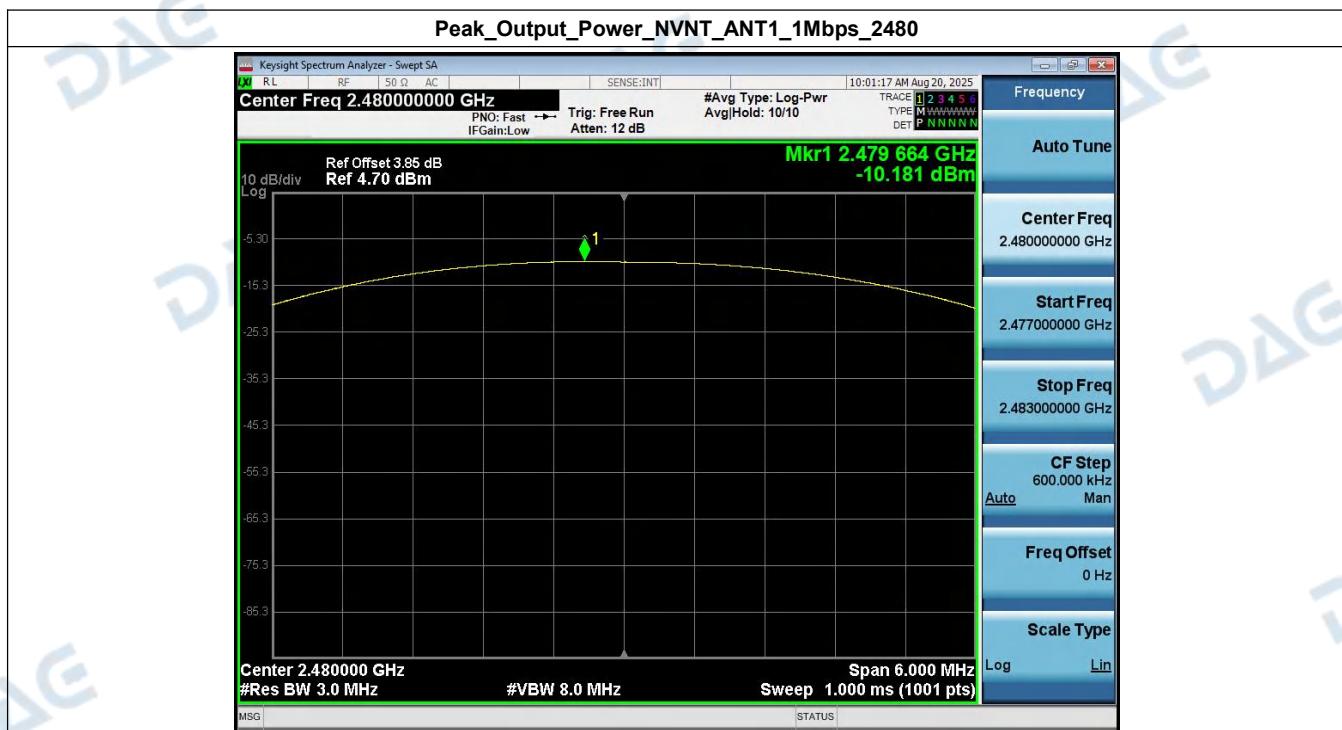




4. Peak Output Power

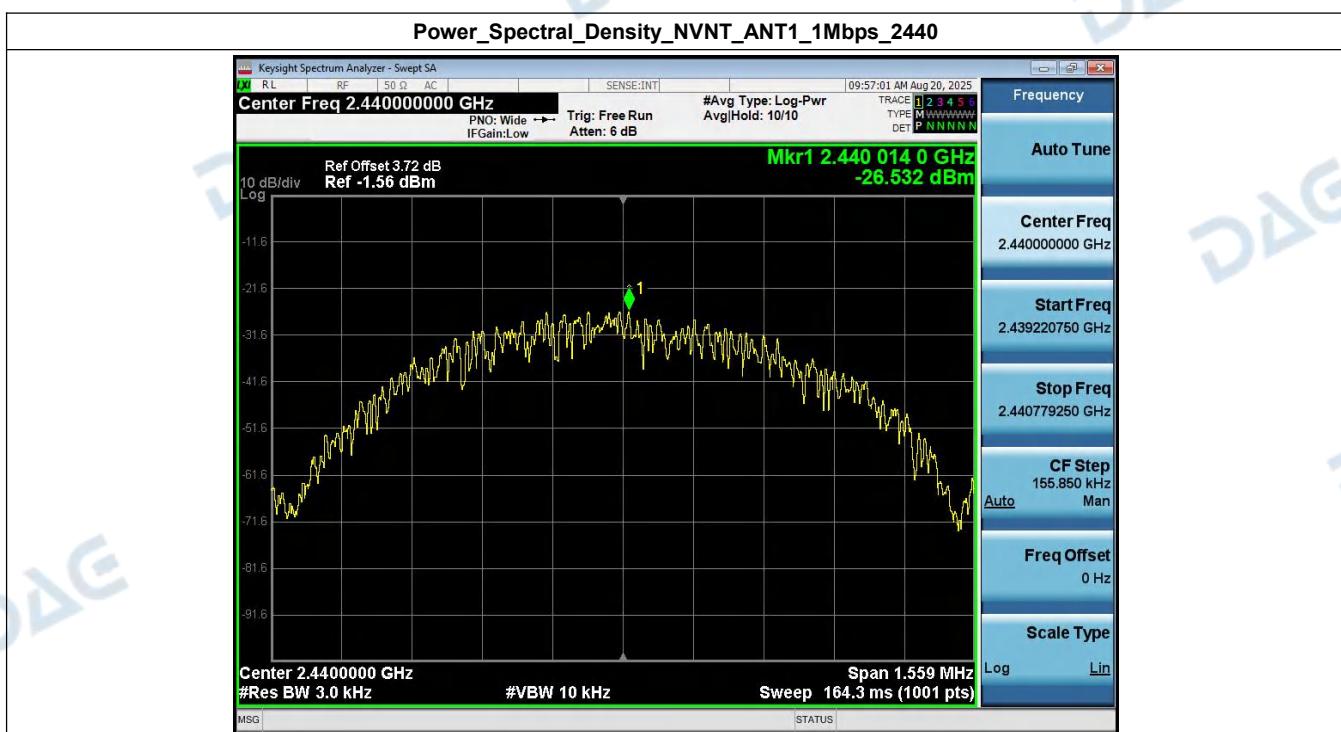
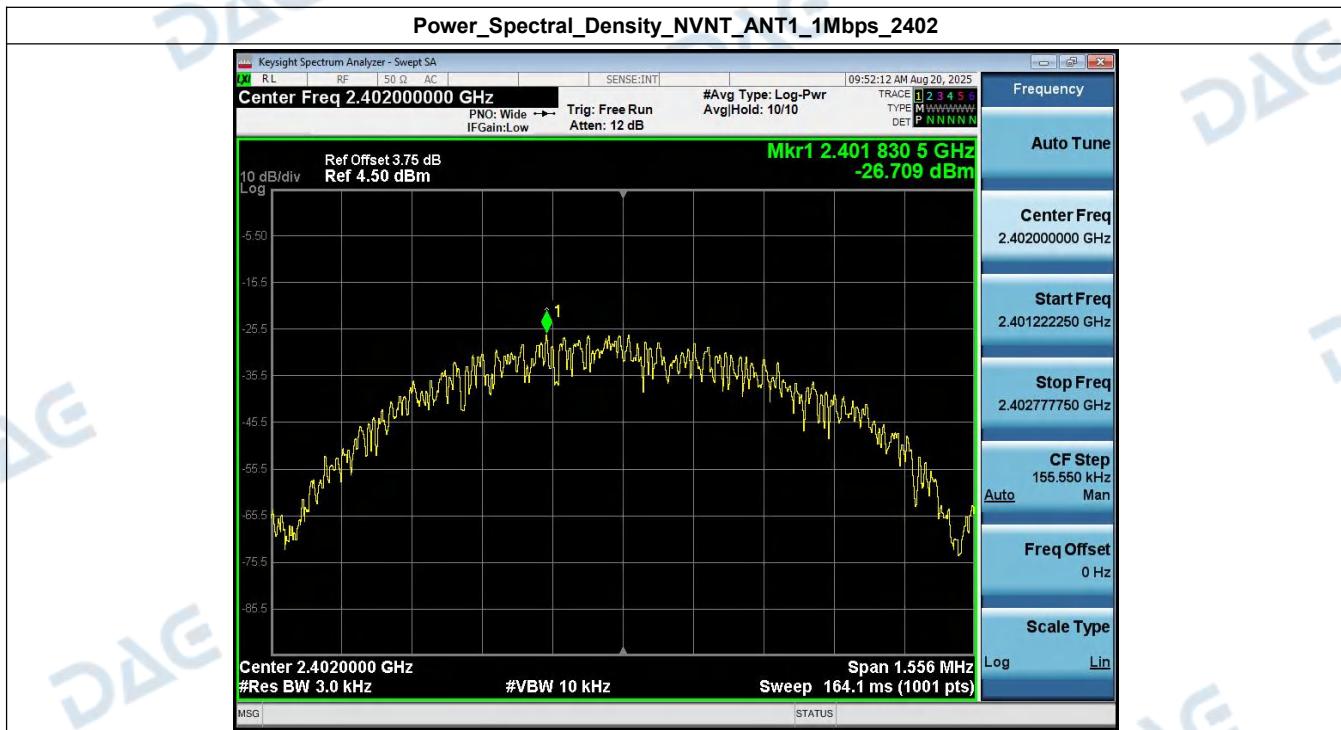
Condition	Antenna	Rate	Frequency (MHz)	Max. Conducted Power(dBm)	Max. Conducted Power(mW)	Limit(mW)	Result
NVNT	ANT1	1Mbps	2402.00	-10.63	0.09	1000	Pass
NVNT	ANT1	1Mbps	2440.00	-10.39	0.09	1000	Pass
NVNT	ANT1	1Mbps	2480.00	-10.18	0.10	1000	Pass

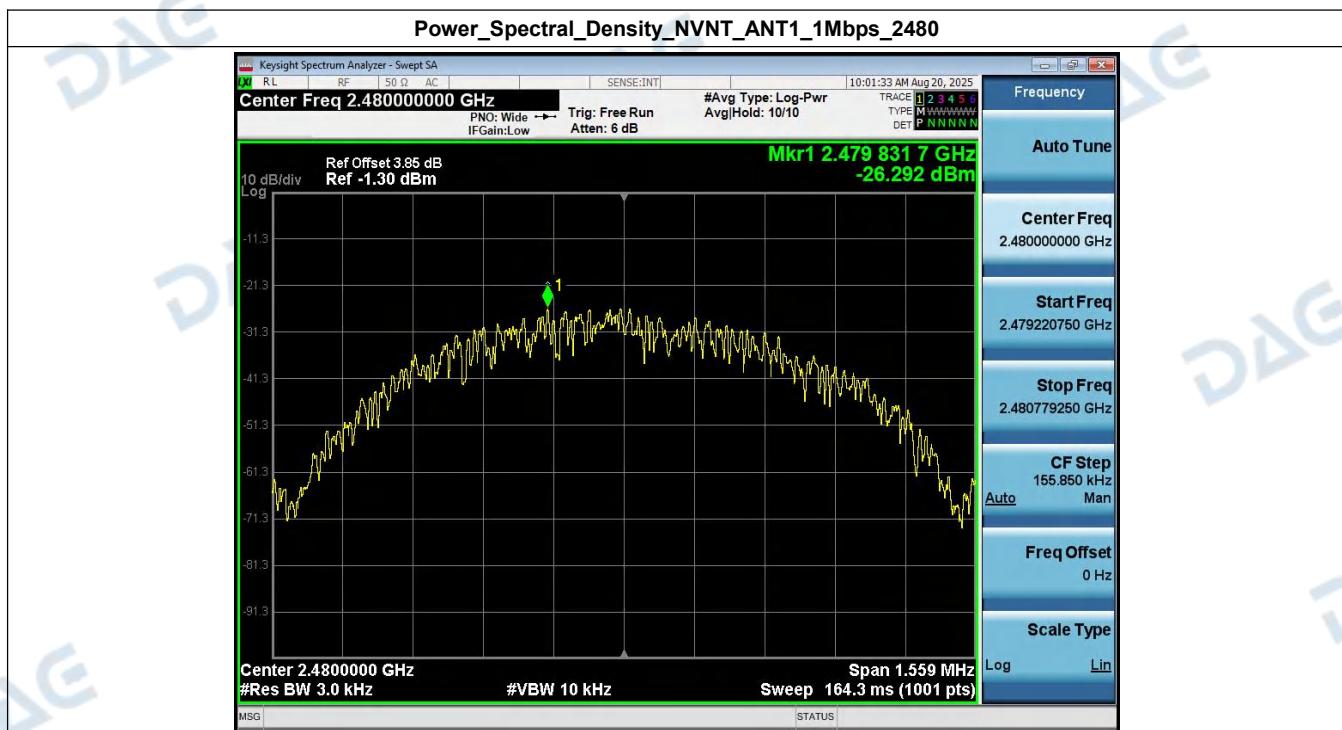




5. Power Spectral Density

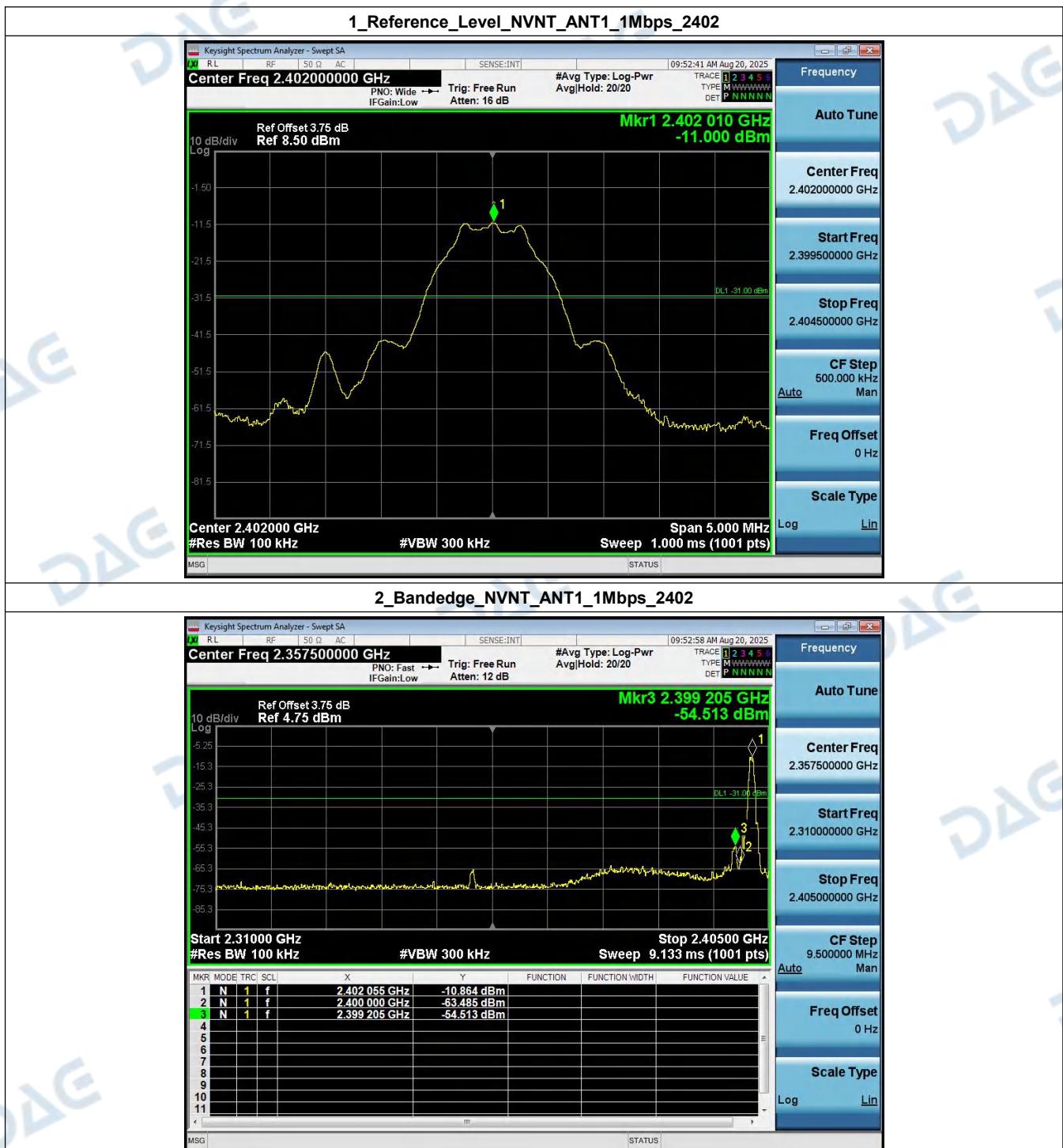
Condition	Antenna	Rate	Frequency (MHz)	Power Spectral Density(dBm/3kHz)	Limit(dBm/3kHz)	Result
NVNT	ANT1	1Mbps	2402.00	-26.71	8	Pass
NVNT	ANT1	1Mbps	2440.00	-26.53	8	Pass
NVNT	ANT1	1Mbps	2480.00	-26.29	8	Pass

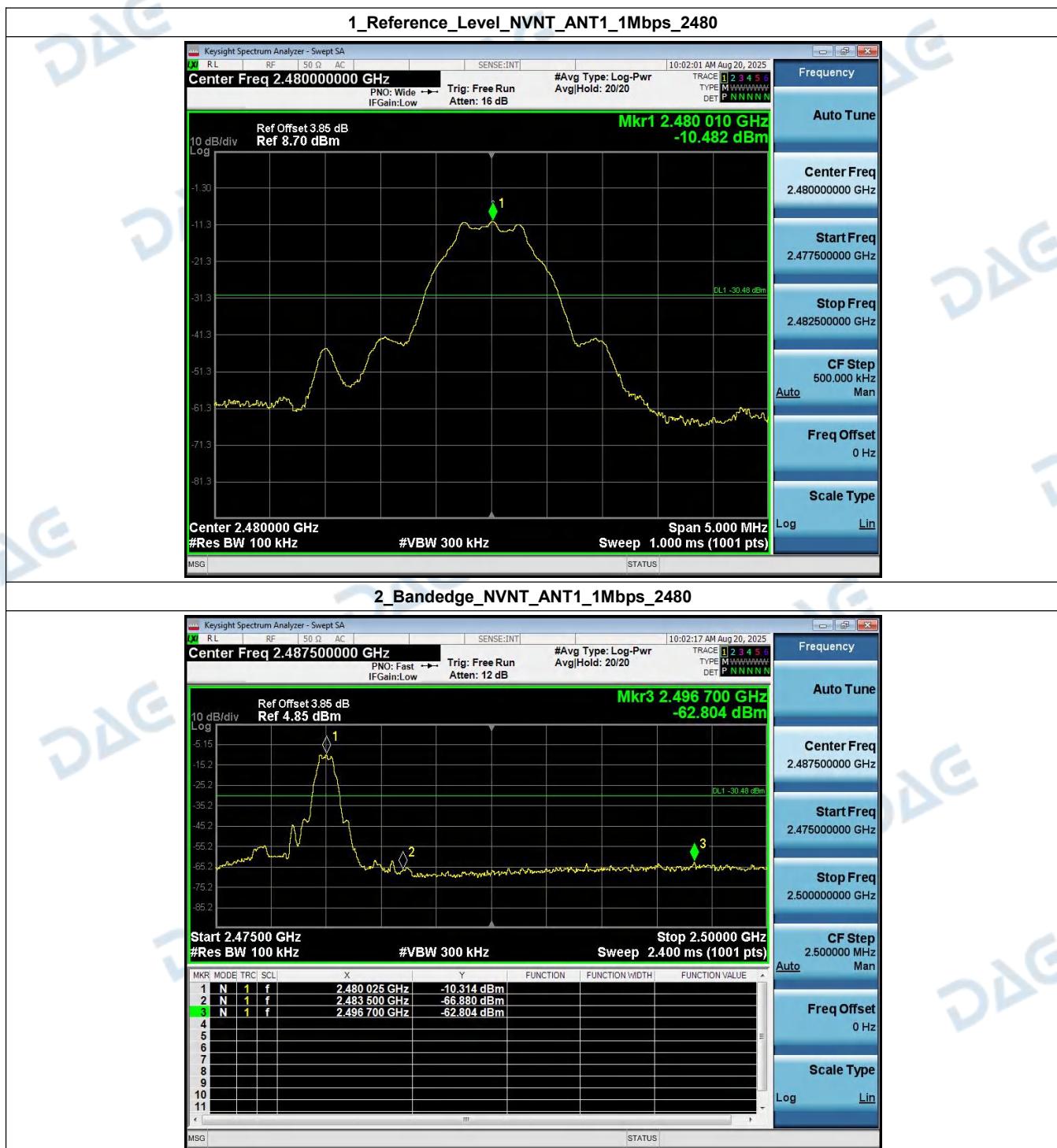




6. Bandedge

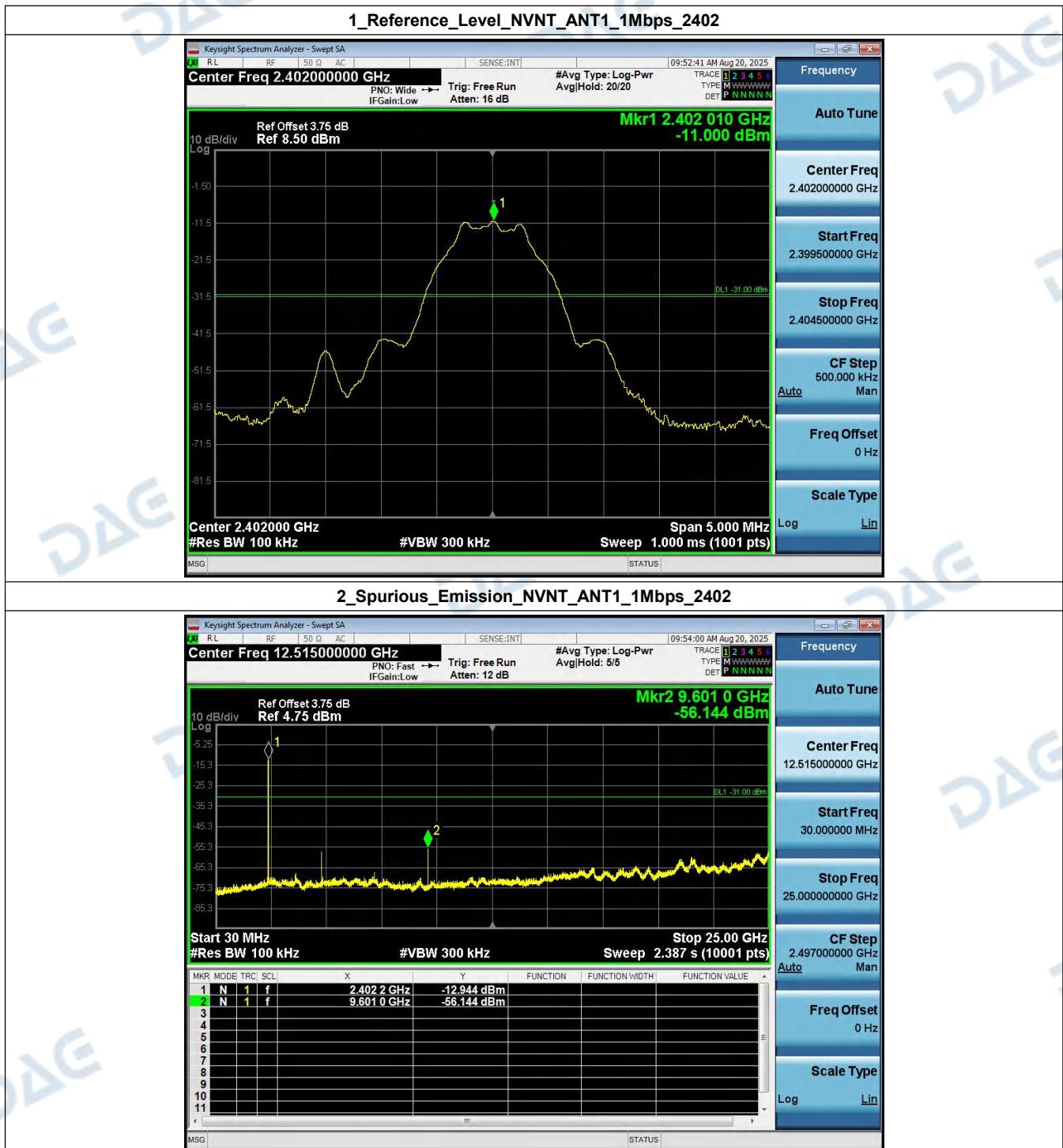
Condition	Antenna	Modulation	TX_Frequency (MHz)	Max. Mark_freq(MHz)	Ref_level(dBm)	Spurious level(dBm)	limit(dBm)	Result
NVNT	ANT1	1Mbps	2402.00	2399.205	-11.000	-54.513	-31.000	Pass
NVNT	ANT1	1Mbps	2480.00	2496.700	-10.482	-62.804	-30.482	Pass

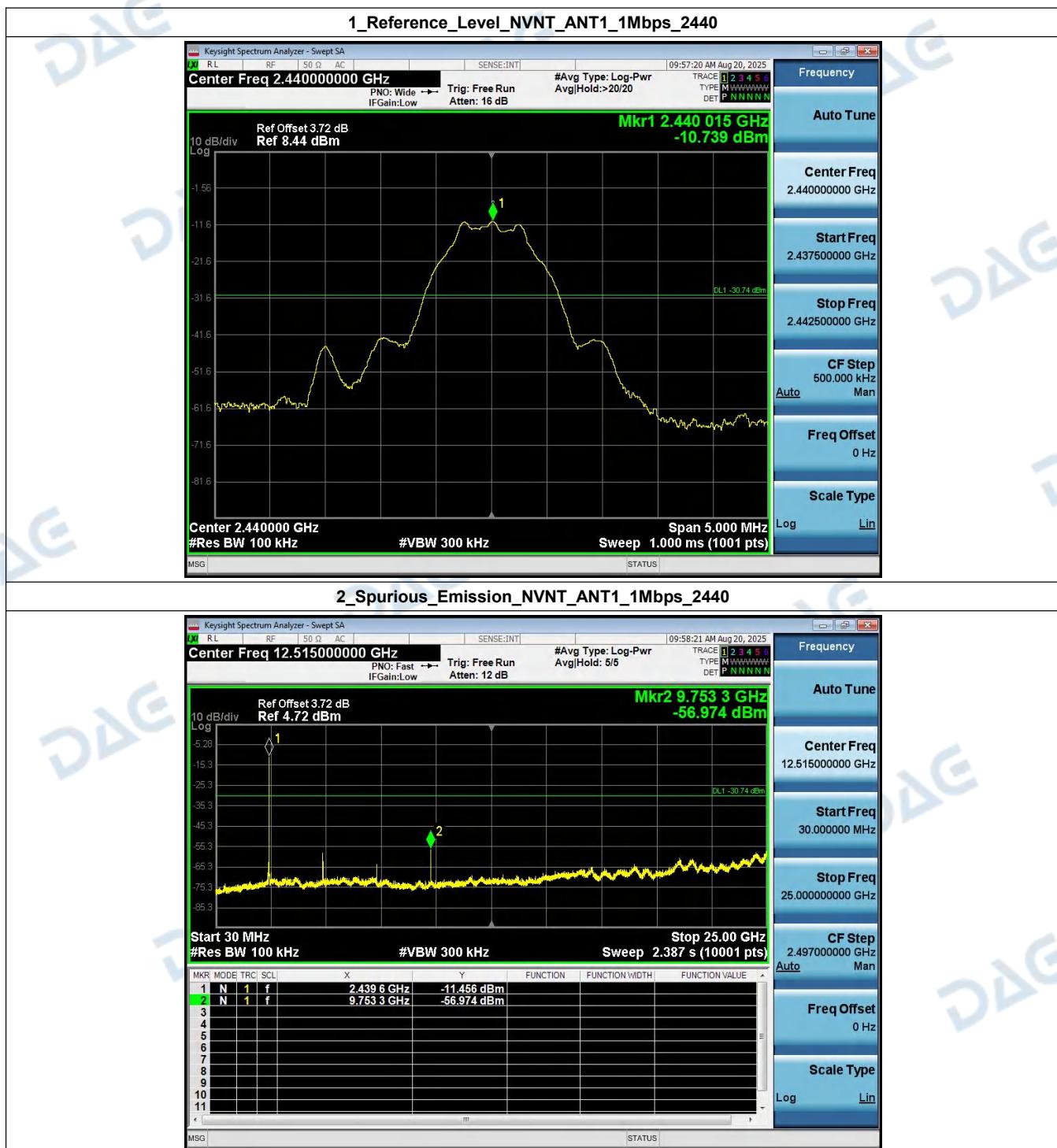


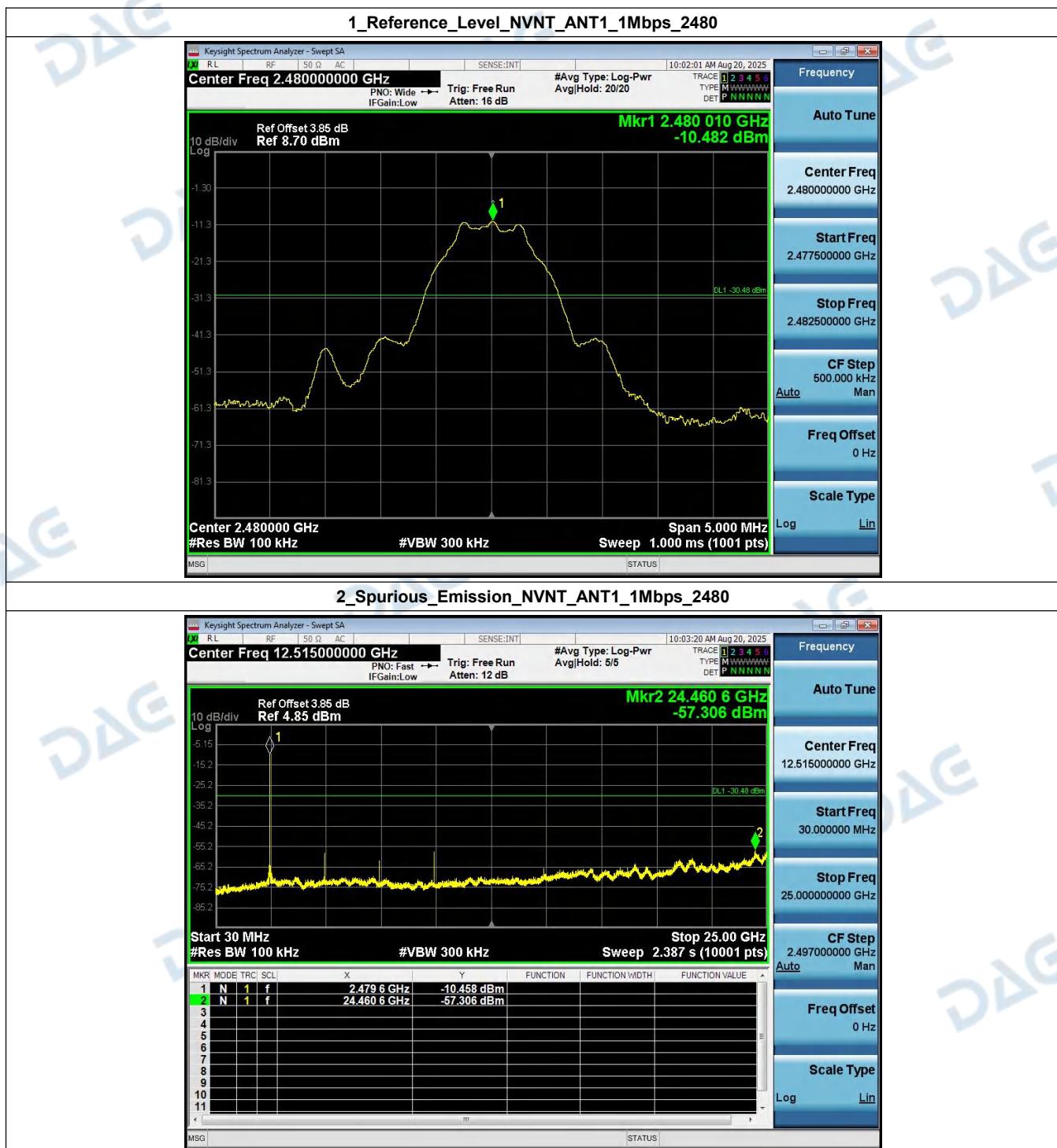


7. Spurious Emission

Condition	Antenna	Modulation	TX_Frequency (MHz)	Ref_level(dBm)	Spurious_level(dBm)	limit(dBm)	Result
NVNT	ANT1	1Mbps	2402.00	-11.000	-56.144	-31.000	Pass
NVNT	ANT1	1Mbps	2440.00	-10.739	-56.974	-30.739	Pass
NVNT	ANT1	1Mbps	2480.00	-10.482	-57.306	-30.482	Pass







***** End of Report *****