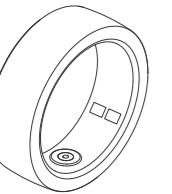
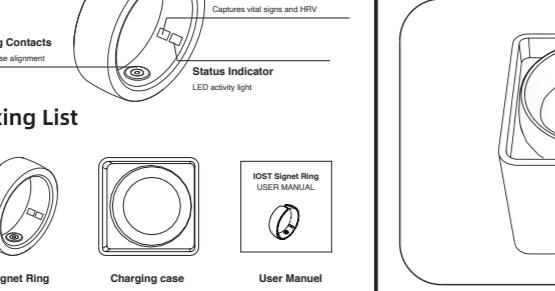


# IOST Signet Ring

## USER MANUAL



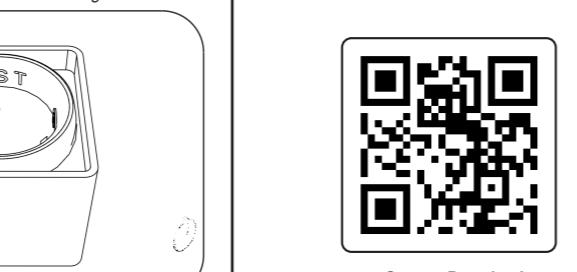
### IOST Signet Ring



### Powering On

Simply place your ring in the charging case to begin.

\*If the case needs power, connect it using the included

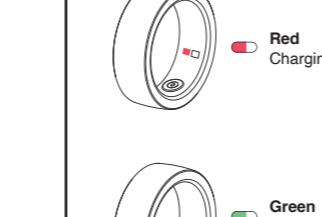


-1-

-2-

### IOST Signet App

Scan the QR code or search "IOST Signet" on Google Play or the App Store.

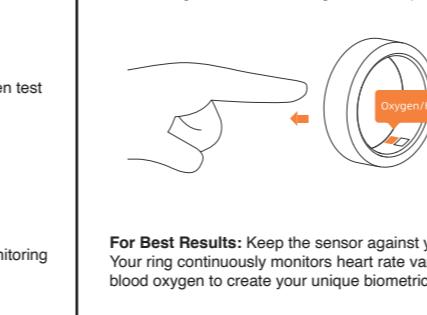


-3-

### Status Indicators

A red light pulses while charging and stays off when complete.

- 1. Keep sensors clean and dry
- 2. Find your perfect fit—not too tight, not too loose
- 3. Clean after workouts
- 4. Charge every 5-7 days for continuous monitoring



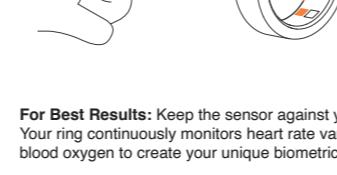
-4-

-5-

### Finding the Right Fit

Place your Signet Ring on your index or middle finger. The fit should be snug but comfortable, with the sensor maintaining skin contact throughout the day.

- 1. Keep sensors clean and dry
- 2. Find your perfect fit—not too tight, not too loose
- 3. Clean after workouts
- 4. Charge every 5-7 days for continuous monitoring



-6-

-7-

### Daily Care

Dimensions: 60 x 60 mm

Biometric Sensors: Heart rate, HRV, SpO<sub>2</sub>, accelerometer

Battery Life: 5-7 days per charge, 20 days with case

Charging: Magnetic charging case with USB-C

Water Resistance: IP68



-8-

-9-

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-8-

-9-

### FC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment must be tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into a outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.