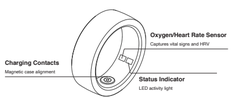
IOST Signet Ring

USER MANUAL

IOST Signet Ring



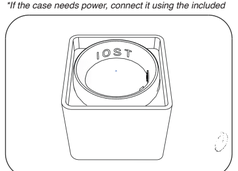
Packing List

IOST Signet Ring **Charging case** **User Manuel**

Powering On

Simply place your ring in the charging case to begin.

**If the case needs power, connect it using the included*



IOST Signet App

Scan the QR code or search "IOST Signet" on Google Play or the App Store.

Scan to Download

Status Indicators

A red light pulses while charging and stays off when complete.

Red
Charging or blood oxygen test

Green
Heart rate and HRV monitoring

Finding the Right Fit

Place your Signet Ring on your index or middle finger. The fit should be snug but comfortable, with the sensor maintaining skin contact throughout the day.

For Best Results: Keep the sensor against your skin. Your ring continuously monitors heart rate variability and blood oxygen to create your unique biometric identity.

Daily Care

1.Keep sensors clean and dry

2.Find your perfect fit—not too tight, not too loose

3.Clean after workouts

4.Charge every 5-7 days for continuous monitoring

Battery Safety

Keep your ring and charging case in a dry environment when charging. Never touch the charging contacts with wet hands or immerse in water. Do not disassemble, modify, or insert foreign objects into the battery. Avoid dropping, squeezing, or puncturing the battery to prevent internal short circuits and overheating.

Daily Care

Dimensions: 60 × 60 mm

Biometric Sensors: Heart rate, HRV, SpO_2, accelerometer

Battery Life: 5-7 days per charge, 20 days with case

Charging: Magnetic charging case with USB-C

Water Resistance: IP68