



FCC RF Exposure

EUT Description: Rowing Machine

Model No.: QM-2530, QM-2530, QM2230

FCC ID: 2BRFN-QM-2530

Equipment type: Portable devices

According to KDB 447498 D01 General RF Exposure Guidance v06 and part 2.1093, Unless specifically required by the published RF exposure KDB procedures, standalone 1-g head or body and 10-g extremity SAR evaluation for general population exposure conditions, by measurement or numerical simulation, is not required when the corresponding SAR Test Exclusion Threshold condition(s), listed below, is (are) satisfied.

For 100 MHz to 6 GHz and test separation distances < 50 mm, the 1-g and 10-g SAR test exclusion thresholds are determined by the following:

$$[(\text{max. power of channel, including tune-up tolerance, mW}) / (\text{min. test separation distance mm})] \cdot [f(\text{GHz})] < 3.0 \text{ for 1-g SAR, and } \leq 7.5 \text{ for 10-g extremity SAR, where } f(\text{GHz}) \text{ is the RF channel transmit frequency in GHz}$$

Power and distance are rounded to the nearest mW and mm before calculation

The result is rounded to one decimal place for comparison

$$\text{EIRP} = \text{E}_{\text{Meas}} + 20 \log(d_{\text{meas}}) - 104.7$$

EIRP is the equivalent isotropically radiated power,

E_{Meas} in dBm is the field strength of the emission at the measurement distance, in dB u V/m

d_{meas} is the measurement distance, in m

conducted power (dBm)	Max tune-up (mW)	Frequency (MHz)	Min. distance (mm)	Calc. thresholds	limit
0.64	1.1588	2402	5	0.3592	3.0
-0.85	0.8222	2440	5	0.1053	3.0
-1.08	0.7798	2480	5	0.2456	3.0

Conclusion: No SAR is required