

英文说明书 Heart Rate Armband T325 TAKE

材料：100克双胶纸 单色单面印刷 风琴折

切线：_____

折线：_____

正面

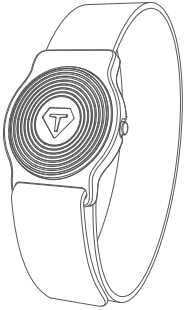
80 mm

60 mm

Heart Rate Armband T325

USER MANUAL

T325



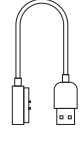
English Version v1.0

1. Product Introduction

Thank you for purchasing our ANT+ & BLE heart rate armband. This product is one of our company's heart rate monitors. It transmits real-time heart rate data through BLE or ANT+ to heart rate receivers, sports, and health apps, helping you scientifically manage your exercise intensity. This user manual will help you use the product more effectively. Please keep it for future reference.
※ (This product is intended for sport purposes only and is not meant to replace medical advice.)

2. Product Accessories

Heart Rate Armband

Charging Cable

User Manual

3.Basic Parameters

Product size: 33.6*33.6*9.0mm

Device weight: 8.1g (without strap or accessories).

Power: 75mAh Rechargeable lithium battery

Input: DC 5V 100mA

Working Time: Up to 30 hours

Water resistance: IP67

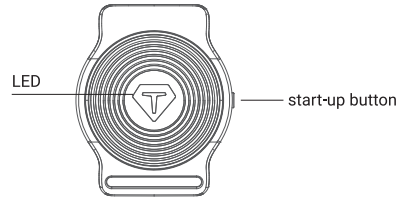
Working temperature: 0°C~40°C

Transmission: ANT+ and BLE

4.Function and Operation

Turning on: Press the start-up button. The LED light will flash blue quickly. After detecting the heart rate, the LED light will flash blue slowly.

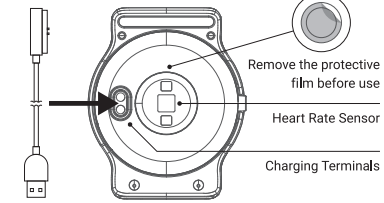
Turning off: Hold the start-up button. The LED light will flash red and vibrate before entering the shutdown state.



LEDstart-up button

Heart rate alarm: If the heart rate exceeds the threshold (default: 180 bpm), the sensor will vibrate continuously 3 times.

Power:
a. Low Power Alert: The LED light flashes red and green alternately, and the sensor vibrates. Each reminder is spaced three minutes apart.
b. Charging: The LED light will pulse green and will stay on with green when fully charged.

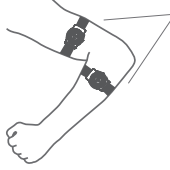


Magnetic Charging Cable

Connect to a USB DC 5V power adapter or a computer's USB port.

This product has a built-in battery. Do not dispose of the product in fire. Please choose an adapter that meets the rated voltage of the device to charge the device to avoid damage to the device.

Wearing: Wear the armband on your upper arm or forearm before use. It should fit snugly to prevent movement but should not be so tight that it restricts circulation.



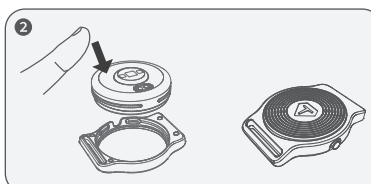
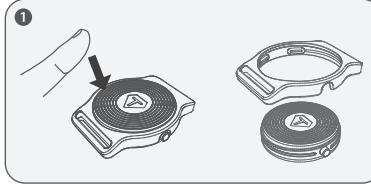
Wearing Position

Connection:
a. Compatible with most third party fitness Apps (TakeBeat, Suunto, Polar, Peloton, Timex, Samsung, Fitbit, etc.).
b. ANT+ connection to fitness equipments (sports watch, bike computer, etc.), detailed method reference to the corresponding equipment setting instructions;
c. This product's Bluetooth and ANT+ transmission can function simultaneously.

5.Heart Rate Sensor Disassembly

Press the front of the sensor to take out the sensor (Figure 1);

Align the sensor with the accessory and install it, ensuring the buttons are in the correct position (Figure 2).



6.Applicable models

 iOS 9.0 version and above, iPhone 5s and above.

 Any Bluetooth 5.0 enabled Android device with Android 4.3 and above.

7.Disclaimer
● The information contained in this manual just for reference. The product described above may be subject to alteration owing to the manufacturer's continuing research and development plans, without making an announcement in advance.
● We shall not bear any legal responsibility for any direct or indirect, incidental, or special damages, losses, or expenses arising from or in connection with this manual or the product it describes.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Qualified Certificate

Product: Armband Heart Rate Monitor

Model: TAKE T325

Inspectors: _____

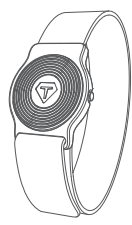
折法：风琴折

封面

TAKE T325

USER MANUAL

ANT+ & BLE Heart Rate Armband



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