

Smart Watch

Model:CD03



Download APP to add device EN

1. Long press the watch button to turn on and off; turn on the device and use the phone to scan the QR code to download and install the APP; or search for "FitCloudPro" in the Apple Store/Android App Market to download and install. (Compatible systems: Android4.4 and above, Bluetooth 4.0 mobile phones; Apple mobile phones ios9.0 and above.)

2. Open the mobile phone APP, search and select the device to be bound in the APP device list.

Step 1: Turn on the mobile phone Bluetooth:

Step 2, open the mobile phone "FitCloudPro" APP, in the "Device" interface, click "Bind Device" "Select Device" (*Please confirm that the Bluetooth MAC address displayed on the watch is consistent when pairing).

1. Quick function --- operation method

2. Open the control panel --- slide the dial home page from top to bottom

3. Open the information interface --- slide the dial home page from bottom to top
 4. Open the main menu --- single click the button
 5. Open the list interface --- move the dial home page to the left
 6. Quick access to dial change --- long press the dial for 3 seconds, slide left and right to switch the dial
 7. Power on/off --- long press the button for 5 seconds
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Function Description

1. Pedometer: Record the number of steps, distance, calories and other data of the day in detail.
2. Sleep monitoring: can record and display the total sleep time, and can view 7 days of sleep data. (You must wear the bracelet to sleep to detect data).
3. Heart rate detection: measure the current heart rate, record and display the heart rate for 24 hours a day, and automatically monitor the heart rate every 10 minutes.
4. Multi-sports mode: outdoor running, cycling, skipping, badminton, table tennis, tennis, mountaineering, walking, basketball, volleyball, dance, rowing machine, elliptical machine, yoga, aerobics, kayaking, skiing, football, golf, wrestling, fencing and

other sports modes.

5. Blood pressure detection: measure current blood pressure, record and display blood pressure 24 hours a day, and automatically monitor blood pressure once an hour.

6. Blood oxygen detection: measure current blood oxygen, record and display blood oxygen 24 hours a day, and automatically monitor blood oxygen once an hour.

7. Music control: control mobile phone music play/pause/previous song/next song.

8. Camera control: open the mobile phone APP, click/shake the watch in the watch camera control interface to take a photo.

9. Weather forecast: After Bluetooth is connected to the watch, the latest real-time weather forecast can be synchronized on the watch.

10. Female physiological cycle: It needs to be set to female in the personal interface of the APP, and the corresponding cycle icon will be displayed on the watch.

11. Bluetooth call: After the APP is successfully connected to Bluetooth pairing, you can make and receive calls through the watch.

12. Music playback: After successfully connecting to the mobile phone APP, you can play the music on the mobile phone through the watch.

13. Other functions: alarm clock, stopwatch, calculation, sedentary reminder, call reminder, find mobile phone, breathing training, game, online dial, custom dial, theme style switching, brightness adjustment, etc.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.