智能戒指-F01
使用说明书

产品外观功能说明：

佩戴提示：将智能戒指佩戴至手指上，建议佩戴的松紧度要合适;
心率传感器的一侧朝手掌内侧。

手机下载及安装APP：

支持系统：Android 5.0以上，
ISO 9.0及以上
支持蓝牙：BLE 5.0
扫描二维码进行安装APP: JSRing

连接APP使用：

使用之前先将智能戒指充电进行激活。
充电激活之后打开APP，在“设备”界面中选择“添加设备”进行搜索，选择搜索列表中的“F01”进行配对使用。

充电方式：

充电需使用出厂配置的底座充电线，将智能戒指放置底座上，心率传感器的位置对准底座凹槽位置，充电时会亮起红灯，充电过程不可开启测量功能；充电底座要保持干净。

心率传感器使用：本产品支持测量心率、血氧、血压数据，使用时佩戴到松紧度合适的手指上，打开JSRing进入APP，手动选择测量，还可以设置定时测量进行定时自动测量。

计步器：佩戴后会自动进行计步器监测，卡路里计算，默认步行至20步开始累积步数，如果未满20步的同时停顿超4秒会清零。

使用注意事项：

1. 蓝牙连不上怎么办？请重新将智能戒指放置充电底座进 行充电2个小时候重新搜索连接，并将手机端其他蓝牙设备都删除了。

2. 请勿将智能戒指放置温度过高或者超低温的环境下，本产品防水级别能达到IP68. 充电底座不可以进水。

3.充电时请勿使用心率血压血氧功能。请注意保持充电线以及心率传感器的干净、干燥。

Smart Ring-F01
User Manual

Product Appearance and Function Description：

Wearing tips: Wear the smart ring on your finger, and it is recommended to wear it with appropriate tightness;
The side of the heart rate sensor faces the inside of the palm.

Download and install apps on mobile phones:

Supportive system:
Android 5.0 or above， ISO 9.0 and above
Supports Bluetooth：BLE 5.0
Scan the QR code to install the app JSRing

Connect to the APP for use：

Activate the smart ring by charging it before use.
After charging and activation, open the app, select "Add Device" in the "Device" interface to search, and select "F01" in the search list to pair and use.

Charging method:

Charging requires the use of a factory configured base charging cable. Place the smart ring on the base, align the position of the heart rate sensor with the base groove, and a red light will light up during charging. The measurement function cannot be activated during the charging process; The charging base should be kept clean.

Usage of heart rate sensor: This product supports measuring heart rate, blood oxygen, and blood pressure data. When using it, wear it on a finger with appropriate tightness, open JSRing to enter the APP, manually select measurement, and can also set timing measurement for automatic measurement.

Pedometer: After wearing it, the pedometer will automatically monitor and calculate calories. By default, the number of steps accumulated starts at 20 steps, and if you pause for more than 4 seconds before reaching 20 steps
Will clear to zero.

Precautions for use:

1. What if Bluetooth cannot be connected? Please place the smart ring in the charging dock again for 2 hours to recharge and search for connections again, and delete all other Bluetooth devices on the phone.

2. Do not place the smart ring in an environment where the temperature is too high or too low. This product has a waterproof level of IP68. The charging base must not have water ingress.

3. Do not use the heart rate, blood pressure, blood oxygen function during charging. Please pay attention to keeping the charging cable and heart rate sensor clean and dry.

80x80mm

FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.