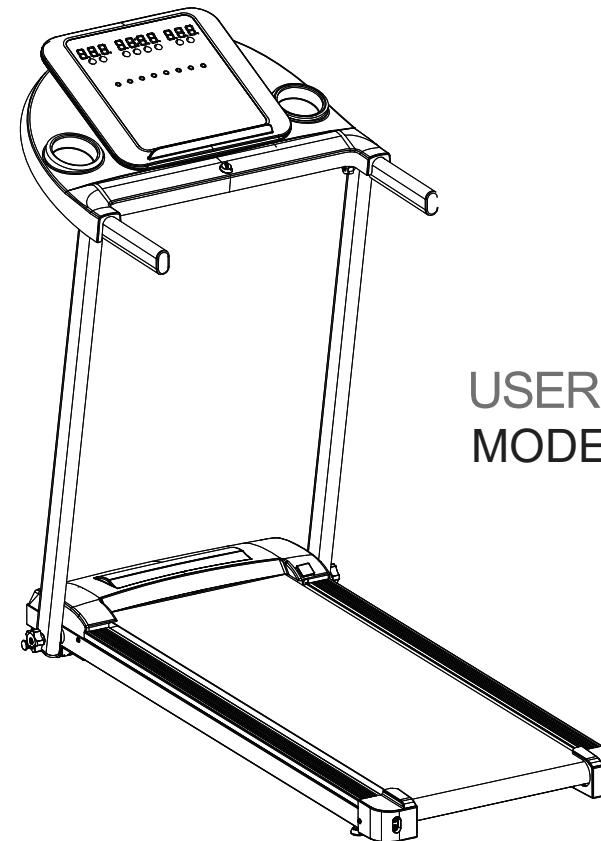


IMPORTANT: Read all instructions carefully before using this product. Retain this owner's manual for future reference.  
The specifications of this product may differ from the photos and are subject to change without notice.

Version: 1.0



MADE IN CHINA



# Treadmill

USER MANUAL  
MODEL: M4438

RHYTHM FUN

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## Specification:

Model: M4438

Color: Black

Running area: 41.7 x 15 inches

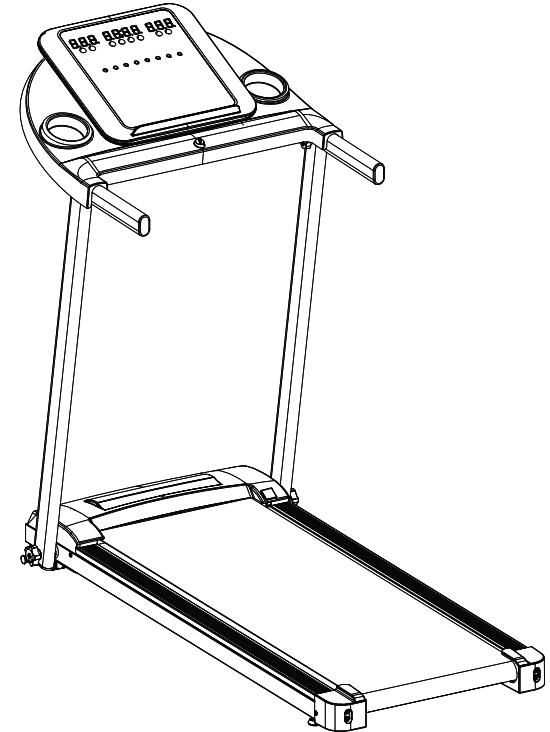
Horse power: 2.5 HP

Speed: 0.5-8.0 MPH

Shock absorption: AIR

Max weight: 300 LBS

Note: The physical object shall prevail



# 1/ CUSTOMER SERVICE

## IMPORTANT: FOR RHYTHM FUN ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

[support@rhythmfunfitness.com](mailto:support@rhythmfunfitness.com)

Response Time: 12-24 Hours.

**Hot line: 1-844-977-0007**

Emailing us with the Order ID will be the best method to receive a response during peak business hours.

**PLEASE DO NOT RETURN THIS PRODUCT WITHOUT ASKING OUR CUSTOMER SERVICE FIRST.**

# 2/ SAFETY INSTRUCTIONS

**DANGER** -To reduce the risk of electric shock: Unplug from the power outlet immediately after use and before cleaning.

**WARNING** - To reduce the risk of burns, fire, electric shock, or injury to persons:

1. Never leave the appliance plugged in unattended. Remove the plug from the outlet when not in use.
2. Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
3. Children, disabled or handicapped persons must be closely supervised when using this equipment on or near them.
4. This equipment should only be used for its intended purpose as described in this manual. Do not use attachments not recommended by the manufacturer.
5. DO NOT operate this equipment if the cord or plug is damaged, not working properly, dropped or damaged, or dropped in water. Return the unit to a service centre for inspection and repair.

6. Do not carry the unit by the power cord or use the power cord as a handle.

7. Keep the cord away from heated surfaces.

8. Never operate the unit with the air vents blocked. Keep vents free of lint, hair, and similar items.

9. Never drop or insert any object into any opening.

10. Do not use outdoors.

11. Do not operate where aerosol(spray) products are being used or where oxygen is being administered.

12. Caution - To reduce the risk of injury from moving parts  
-Unplug before servicing.

13. Warning -To reduce the risk of Electric shock  
-Unplug before cleaning or servicing.

14. Warning -Risk of personal injury - Keep children under the age of 13 away from walking treadmill.

15. To disconnect, turn all controls to the position, then remove plug from outlet.

16. Connect the unit to the correct outlet only. See grounding instructions.

17. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this walking treadmill.

18. The maximum weight capacity for this product is 300 lbs/136kg. Do not EXCEED MAXIMUM WEIGHT CAPACITY.

## FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

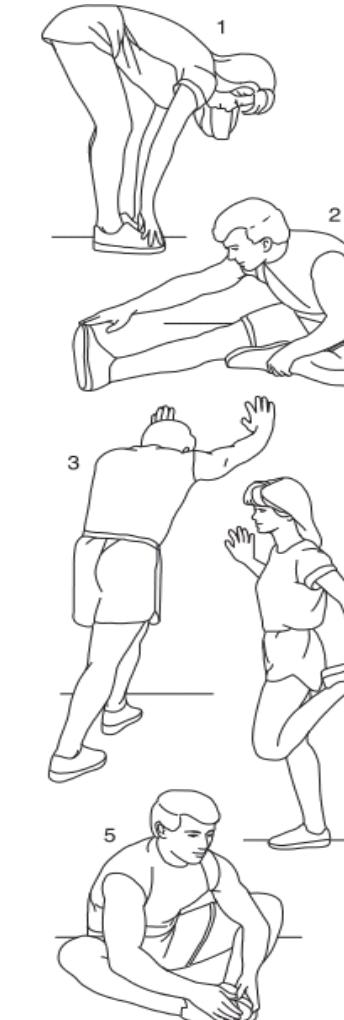
However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

### RF Exposure Statement

To maintain compliance with FCC's RF Exposure guidelines, This equipment should be installed and operated with minimum distance of 20cm the radiator your body. This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.



### 1. Stretch down:

Bend your knees slightly with your body stretch down slowly, let your back and shoulders relax, and try to extend your hands to touch your toes. Hold for 10-15 seconds and take a break for a few seconds. Repeat 3 times.

### 2. Hamstring stretch:

Sit down on a clean cushion, straighten one leg and place the other leg inward towards the thigh and snug on the inside of the straightened leg. In the meantime, try to touch the toes of your straightened leg with the hand at the same side. Hold for 10-15 seconds and take a break for a few seconds.

### 3. Calf and Achilles Tendon Stretches:

Place both hands against the wall while standing with one foot behind the other, keeping your back leg straight and both heels planted on the ground while leaning against the wall. Hold for 10-15 seconds and take a break for a few seconds. Repeat 3 times for each leg.

### 4. Quadriceps Stretch:

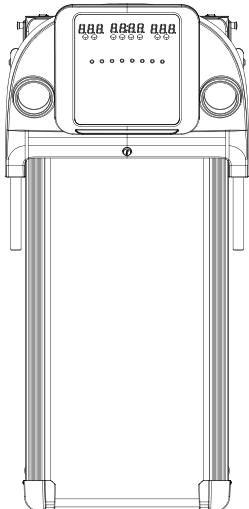
Hold your body steady with your left hand holding against the wall and right hand reaching back to grab your right heel and pull it slowly towards your hips, until you feel the muscle tightness a front side of your thigh. Hold for 10-15 seconds and take a break for a few seconds. Repeat several

### 5. Inner thigh Stretch:

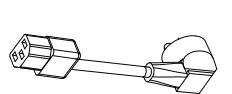
Sit on the floor with your two feet holding against each other and your knees pointing to the opposite directions, grab your feet with your hands and pull them toward your groin. Hold for 10-15 seconds and take a break for a few seconds. Repeat 3 times.

# 3/ PRODUCT ACCESSORIES

Please carefully check whether the contents of the package are complete and intact  
If there is any missing and damage, please contact the seller.



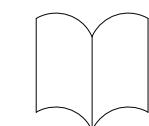
**Accessories**



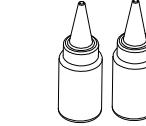
Power Cord x 1



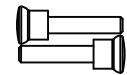
Safety Lock x 1



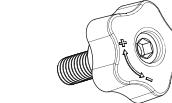
User Manual x 1



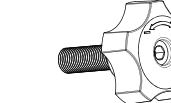
Lubricating Oil x 2



Incline Bolt x 2



Control Panel  
Fixing Knob x 2

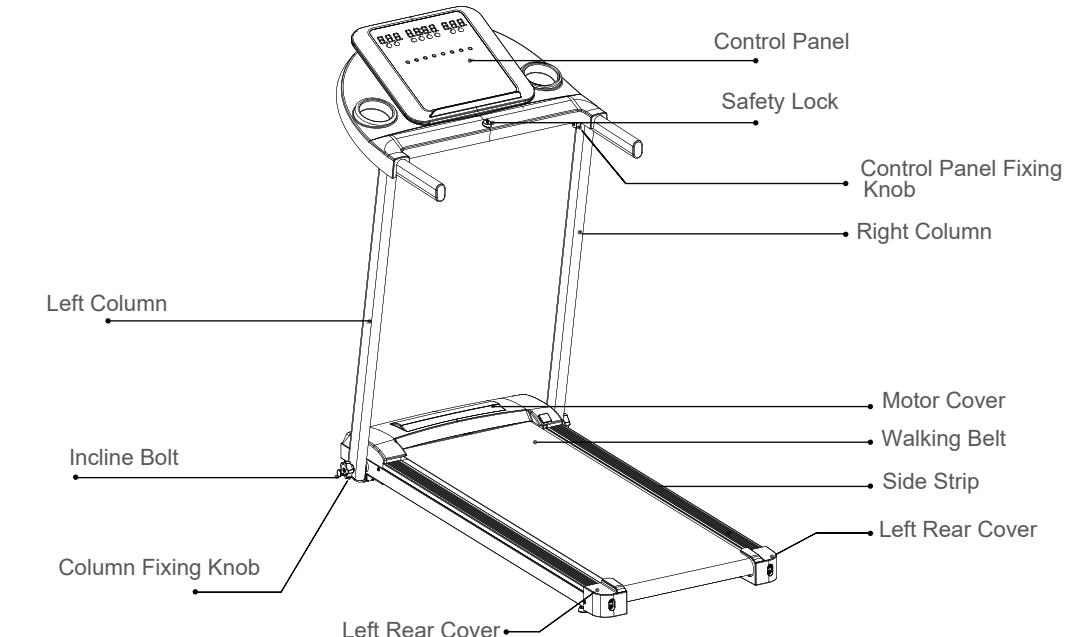


Column Fixing Knob x 2



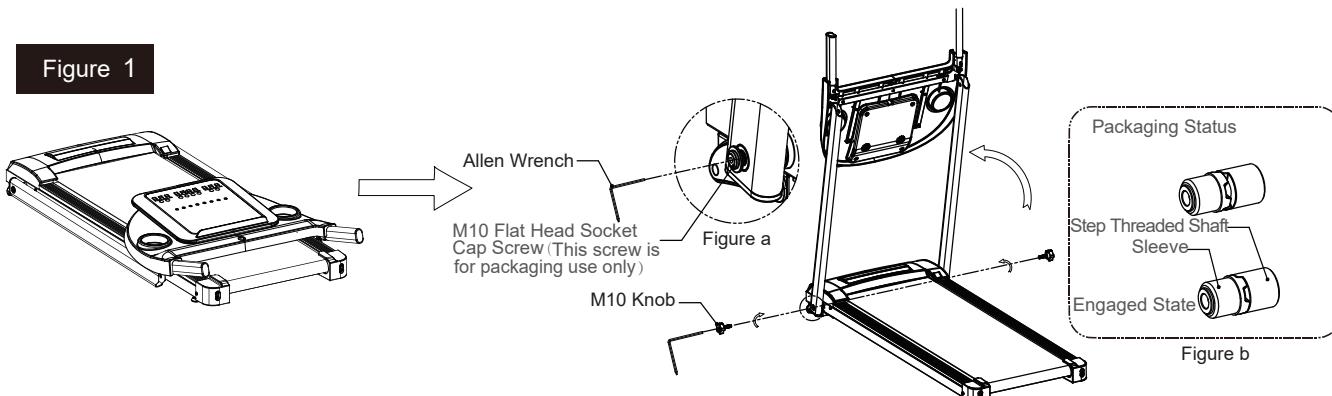
Allen Wrench x 1

# 4/ PRODUCT INTRODUCTION



# 5/ TREADMILL INSTALLATION

Figure 1

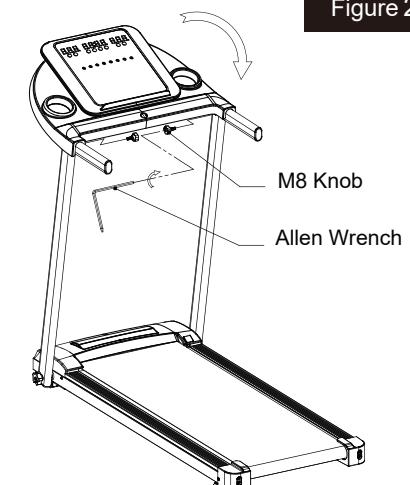


Step 1: Carry out the machine from the package by two persons and place it lightly on a flat floor.

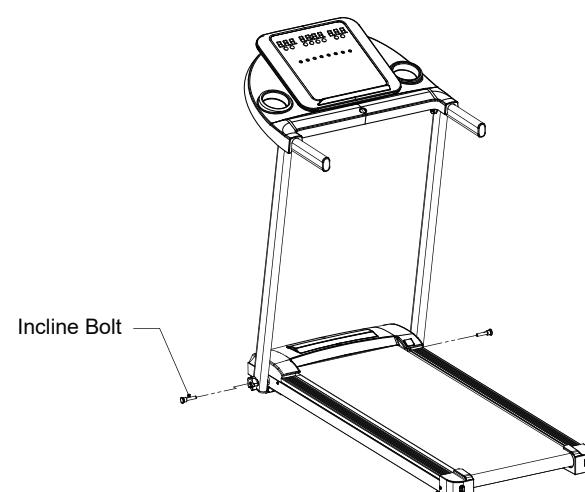
Step 2: Loosen the M10 Flat Head Socket Cap Screw with an Allen Wrench (as shown in Figure a), lift the column the position shown in the figure above, and then replace the screws on the left and right sides with M10 knobs and tighten them (the Allen Wrench can be used to assist in locking the knobs) until the step headed shaft is engaged with the sleeve (as shown in Figure b), and the installation of the column and the treadmill is completed.

# 5/ TREADMILL INSTALLATION

Figure 2



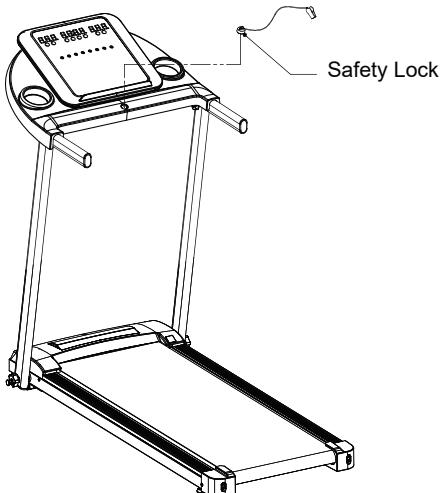
Step 3: Turn the panel clockwise, insert the M8 knobs into the left and right holes as shown in the diagram and tighten.



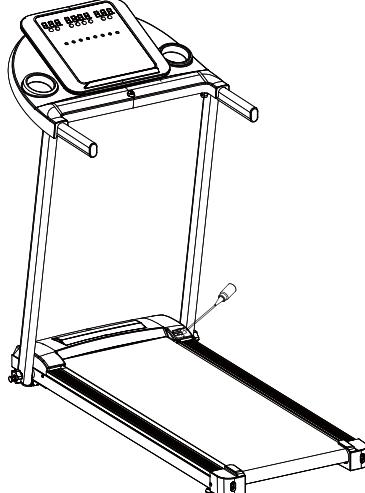
Step 4: Insert incline bolt into each of the three adjustments at the same position on the left and right.

## 5/ TREADMILL INSTALLATION

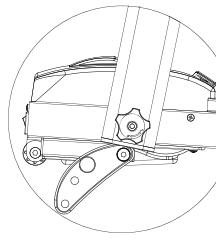
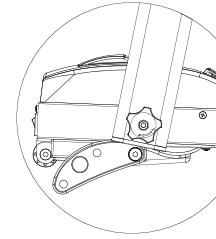
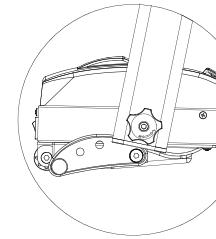
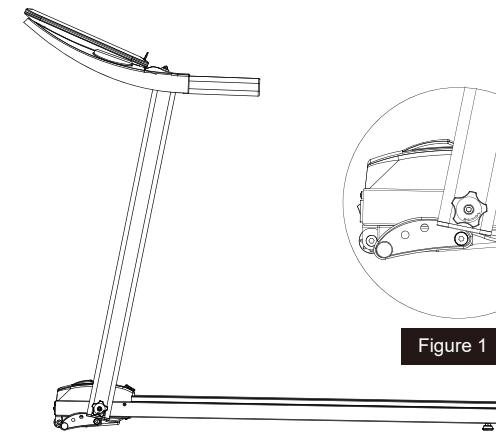
Step 5: Place the safety lock in the position shown in the illustration.



Step 6: After complete installation, plug in the power cord and turn the switch on, then lightly press the start button on the panel with your finger to start the treadmill.



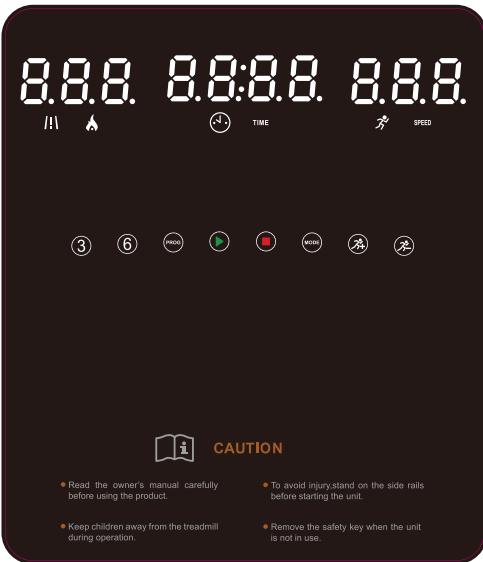
## 6/ INCLINE ADJUST



Lift the treadmill to a certain Angle, pull out the bolt according to the Figure 1,2,3, and then insert into the hole (1.2.3) position according to the appropriate slope.

Note: Make sure that the holes on both sides are consistent and fixed.

# 7/ TREADMILL OPERATION



## ▶ Start key - - Start the motor

### Operation instructions:

- 1.The electronic meter is in full manual operation mode, press this key to start the motor
- 2.In the Countdown mode, press this key to start the motor
- 3.In the P program mode setting state, press this key to start the motor

## ■ Stop key - - Motor stops running

### Operation instructions:

1. The electronic meter is in operation, press this key to stop the motor

## ㊂ Speed + key - - Speed value adjustment during runtime, and parameter value adjustment during parameter setting

### Operation instructions:

- 1.When the electronic meter is in operation, adjust the speed at 0.1 MPH and the long press at 0.5 MPH
- 2.In the parameter setting state, you can adjust the size of the set parameter value

## ㊂ Speed - key - - Speed value adjustment during runtime, and parameter value adjustment during parameter setting

## ㊂ MODE Mode key - - Selection of Countdown mode

### Operation instructions ( refer to page14-15) :

- 1.The electronic meter is in full manual operation mode, press this key to enter the countdown mode setting
- 2.In the standby state, select the time countdown / distance countdown / calorie countdown, and set the corresponding parameters through the "speed +" and "speed-" keys

 Program mode key - - Selection of P mode

Operation instructions:

1.The electronic meter is in full manual operation mode, and press this key to enter the P mode setting

2.In standby operation, you can select P1 to P12 in turn, after the selection is completed

Set the corresponding parameters through the Speed + and Speed- keys

③ key 3 - - Quick adjust speed during running time

Operation instructions:

Press this button to adjust the speed to 3 MPH

⑥ key 6 - - Quick adjust speed during running time

Operation instructions:

Press this button to adjust the speed to 6 MPH

 **Bluetooth Function**-Built-in Bluetooth function

Operation instructions: Open the Bluetooth function of the mobile phone, link to the treadmill, and play music

## 8/ SPORT MODE

### A: Manual mode function

Enter the manual mode: After the full display on the electronic watch, enter the full manual operation mode, and press the start key to enter the manual operation mode.

Operation description: The initial running speed is 0.5 MPH, time, distance, calorie window from zero positive count, by press the speed key to adjust the running speed value.

Exercise for more than 100 minutes the treadmill stops automatically.

### B: Countdown mode function

1. Enter the time countdown mode: In full manual operation mode, press the  mode key to select the time inversion mode, the time window displays 10:00 minutes and flashing the running time set by speed + / -key, set range 5:00~60:00 minutes, press the start key to enter the time Countdown mode.

Operation description: The initial running speed is 0.5 MPH, the time window starts counting according to the set running time, the distance and calorie window start counting from zero, press the speed adjustment key to adjust the size of the running speed value. When the set time is counting to zero, the electronic meter begins to slowly stop running.

2. Enter the distance countdown mode: In full manual operation mode, press the countdown mode key to select the distance countdown mode. At this time, the distance window displays 1.0 miles and flashes. You can set the required running distance through the speed + / -key, setting the range of 1.0-99.0 miles. Press the start key to enter the distance countdown mode.

Operation description: The initial running speed is 0.5 MPH, the distance window starts to count from the set distance, the time and calorie window count from zero, and press the speed adjustment key to adjust the running speed value. When the set distance returns to zero, the electronic meter begins to slowly stop running.

3. Enter the calorie countdown mode: In the full manual operation mode, press the countdown mode key to select the calorie countdown mode. At this time, the calorie window displays 50 kcal and flashes. Through the speed + / -key, set the required range of 20-990 kcal, and press the start key to enter the calorie countdown mode.

Operation description: The initial running speed is 0.5 MPH, the calorie window starts counting from the set calorie, the time and distance window starts counting from zero, press the speed adjustment key to adjust the size of the running speed value. When the calorie counting is set to zero, the electronic meter begins to slowly stop running.

## 9/ PROGRAM MODE

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### C: Program Mode and function

Enter program mode: In full manual operation mode, press P program mode to select a program mode in P1-P12, the time window displays 30:00 minutes and flash shows the running time required by speed + / -key, set the range from 5:00 to 60:00 minutes, press the start key to enter the operation of time countdown counting mode.

Operation description: The initial running speed according to the program mode corresponding speed, the time window by the set time countdown count, calories and distance window from zero, press the speed adjustment key, can adjust the size of the running speed value, when the set time countdown to zero, the electronic watch began to slowly stop running. divide 10 segments according to the setting time, and the speed of each segment is shown in the figure:

# 10/ PROGRAM MODE

MPH	1 segment	2 segment	3 segment	4 segment	5 segment	6 segment	7 segment	8 segment	9 segment	10 segment
P1	0.5	1	1.5	1.5	0.5	1	1	1.5	1	1
P2	0.5	1	1.5	1.5	1	1	1.5	2	1	1
P3	0.5	1	1	1.5	1.5	1	1	1	1	0.5
P4	1	1	1.5	1.5	2	1	2	3	1	1
P5	0.5	1	2	1.5	2.5	1	2	2.5	1	0.5
P6	1	1	3	1.5	1.5	2	1	1	1	0.5
P7	2	2.5	3	3	2.5	2.5	2	1.5	3	1.5
P8	1.5	2.5	2	2	1.5	2	2	1.5	1.5	1
P9	1.5	2.5	1.5	2	1	1.5	2	1	1.5	1.5
P10	2	2	1.5	3	3	2.5	3	3	1.5	1.5
P11	2	2.5	3	3	2.5	2.5	4	1.5	3	1.5
P12	1.5	2.5	3	3	3	2.5	2.5	2.5	1.5	1.5

# 11/ CARE AND MAINTENANCE

## A. Symptom: walk belt off centered or slips

Centering walk belt process as follow:

1. Power off appliance and unplug the power cord
2. Manual centering process as follow:  
If the walk belt has shifted to left, use the hex tool to turn the left idler roller screw clockwise 1/4 of a turn(refer to figure 1)  
If the walk belt has shifted to right, use the hex tool to turn the right idler rollerscrew clockwise 1/4 of turn(refer to figure 2).  
3. Appliance MUST work 1-2mintutes. Repeat manual centering process until the walk belt is centered.

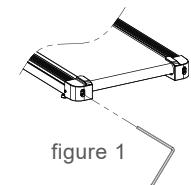


figure 1

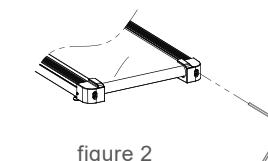


figure 2

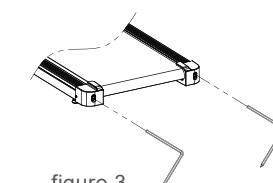


figure 3

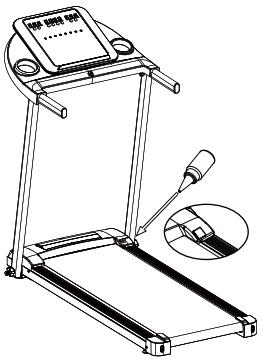
Belt slip correcting process as follow :

1. Power off appliance before operation.
2. Using the hex tool, turn both idler roller screws clockwise 1/2 of turn(refer to figure 3).
3. After corrected, please attempts to walking 1-2 minutes under 1.0 mph speed setting. Repeat until the walk belt is properly tightened.

Attention:

1. To prevent any injury, don't place any debris around appliance before maintenance process.
2. MUST use associated hex tool.
3. Take care at maintenance process. Do not pinch fingers.

## B. For the belt lubrication process, follow the instructions below to lubric



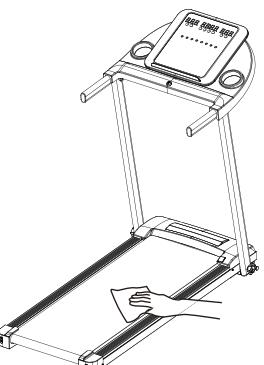
1. Power off appliance and unplug cord.
2. The treadmill leaves the factory with lubricating oil.
3. Usually you still need check the treadmill for lubricating oil before use.
4. Check the treadmill lubricating oil frequently after use to help keep the treadmill in its best use condition.

Attention: When the treadmill uses 50 miles, please add lubricating oil in time.

5. Touch the flat surface with the side of the silicone oil to ensure that the surface is dry and fill up the oil.
6. As shown in the picture, pour silicone oil through the refueling hole indicated on the refueling label, add the oil, and turn on the treadmill for a period of time before using.

Attention: No-loading work at 1.0mph speed setting.

## C. Appliance Cleaning



1. Power off appliance and unplug power cord before cleaning.
2. Wipe and clean with damp cloth, Do not clean with acidic or caustic detergents.
3. Do not clean opposite of walk belt.
4. Its normal few black powders residual under appliance after long working.

# 12/ FUNCTION MENU

2.2 12:38 16.3 / 22.6

SPEED

Display Speed  
0.50-8.00MP/H

TIME

Display Time  
0:00-99:59

DIST

Display Distance  
0-99.9

KCAL

Display Calories  
0-999

Setting parameter	Initial Value	Display range
Time(minutes:seconds)	0:00	0:00-99:59
Speed(MPH)	0.50	0.50-8.00
Distance(MI)	0:00	0.00-99.9
Calories(kcal)	0:00	0-999

Tips: The workout data (Distance/Calorie) will be alternated display per 5 seconds.

When the treadmill stops running, if there is no operation for more than 10 minutes will enter the dormant state. The electronic meter automatically closes the display. Press any key to wake up electronic watch, after full display to reenter the initial standby state.

# 13/ TROUBLE SHOOTING

E02: Indicates that the main motor open-circuit phenomenon tips

E02 Common Problems and Solutions	Main motor wires not connected or loose	Reinforce main motor connection wires
	Main motor open circuit, damaged	Replace motor
	Controller open circuit, damaged	Replace the controller

E03: Indicates that the protection information prompt of over-current of the lower control detection motor

E03 Common Problems and Solutions	The treadmill load exceeds the motor's rated operating current	It is recommended to keep the load within the rated operating current of the motor.
	Problems in the assembly structure of the treadmill and motor, resulting in resistance or blockage of the motor	Check whether the treadmill structure is normal
	Failure of lower control current limiting system	Replace the lower control, to be repaired

E05: Indicates that the protection information prompt of over-voltage of the lower control detection motor

E05 Common Problems and Solutions	The user's grid voltage is unstable and the spike voltage is very high	Need to add external filtering regulator
	Wrong setting of wheel diameter value	Reset the wheel diameter value. Try not to exceed the rated voltage of the motor
	Controller is damaged	Replace the lower control, to be repaired

E06: Indicates that the communication between the electronic meter and the electronic control is abnormal.

E06 Common Problems and Solutions	Upper and lower control main connecting wire interface is loose	Reinforce the connecting wire interface
	Damage to the upper and lower control main connection wire	Replace the upper and lower control main connection wire
	Damaged electronic meter	Replace the electronic meter
	Damaged controller	Replace the controller

E07: The safety lock of the electronic meter has not been put in place.

E07 Common Problems and Solutions	Red Gauss magnet detached	Reposition the magnet
	Malfunction of upper meter	Replace the upper meter
	Faulty reed switch on keypad	Replace the keypad

E0C: Indicates that the protection information prompt of the power tube breakdown explosion-proof impulse.

E0C Common Problems and Solutions	Power transistor breakdown, controller is damaged	Replace the controller

# 14 / WARRANTY

## MANUFACTURER'S LIMITED WARRANTY

We warrant to the original purchaser that this product is free from defects in material and workmanship when used for its intended purpose under conditions of installation and operation in accordance with the user's instruction manual.

### Component Warranty

Structural Frame 1 year For Home Use Only

All Other Components 90 days For Home Use Only

### Except for warranty coverage:

RHYTHM FUN does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Installation was incorrect or did not follow your installation guidelines.
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animal;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricanes, earthquakes, lightning or other natural disasters), environmental condition (such as air pollution, mold, mildew, etc.) or staining from foreign substances (such as dirt, grease, oil, etc.)

# 15/ AFTER-SALES

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RHYTHM FUN using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

When ordering replacement parts, please have the following information ready:

1. Order Number
2. Description of Parts  
(Adding photos or videos will help)
3. Part Number
4. Date of Purchase