

# **SMART WATCH USER GUIDE**

# Smart Bluetooth Call Watch User Guide

Thank you for choosing our company's smart call watch. Please read this manual carefully before use and keep it for future use. You can comprehensively understand the use of the watch, appreciate its practical functions and simple operating methods by reading this manual. Our company reserves the right to modify the content of this manual without prior notice.

This product supports waterproof wearing for daily use. Special attention should be paid to swimming, hot showers, or saunas to prevent water from entering. If water enters due to not following the instructions, our company cannot provide warranty services. (If the watch's sound is abnormal due to water ingress, you can gently shake the watch to eject the speaker hole and let the sound return to normal.)

## Packaging List:

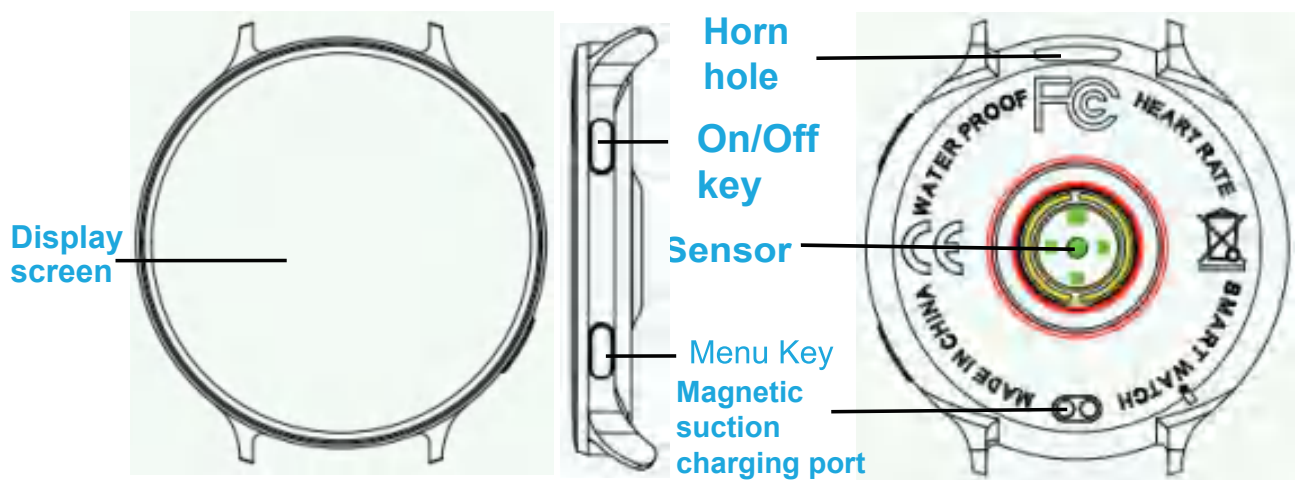
Watch host×1pcs

Magnetic suction charging wire×1pcs

Watch strap (pre installed)×1pcs

Usage Guide×1pcs

## Product Overview:

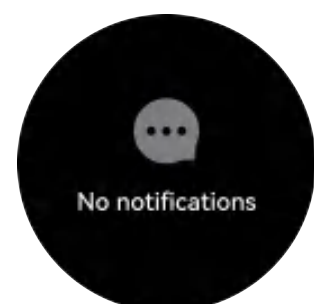


To make the measurement more accurate, please wear the watch on the wrist and avoid the wrist bone; Wear it snugly to the skin but not too tight.

## Touch and buttons:

❖Glide: Enter Control Center

Right swipe: Enter the notification center



❖ Slide up: Enter the widget to preview watch information.



❖ Continuous left sliding: enter the shortcut menu, daily activities, heart rate, blood oxygen, sleep, stress, weather, music, etc.



❖ Long press the standby interface when the screen is on: enter the dial switch. Turn on/off button: Press and hold the power button for 5 seconds in the off state to turn on the device. If it cannot be turned on, please charge it and try again. Press and hold for 5 seconds in power on mode to enter the shutdown option. Short press to return to the standby interface in power on mode, then press again to enter the application list.

## Connect your phone:

Reminder: Many functions of this product, such as information reminders, calls, etc., need to be connected to the watch Bluetooth through the GloryFitPro app on the phone. It is recommended to set the app to be permanently in the background to keep the watch and phone Bluetooth connected.



## GloryFitPro

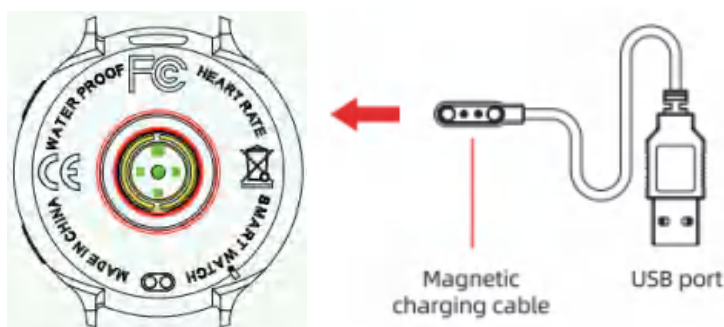
**Scan the code or search for GloryFitPro in the app market to download and install the app.**

After turning on the watch, select the language → enter the "Use GloryFitPro" interface → display the APP download connection QR code. When the mobile phone does not have an app installed, you can scan the code to download it. After the app is installed on the phone, you can enter the watch selection bar of the app, select add watch, scan this QR code for pairing → click on confirm pairing on the watch → wait for about 15 seconds, in the pop-up Bluetooth pairing request dialog box, check "allow to obtain phone book and call record permissions", select the pairing button, and the pairing is completed.

You can also long press the QR code on the watch to directly enter the dial interface, then click on the watch menu in the mobile app, search for the Bluetooth of the watch (short press the button on the standby interface, find Settings>About>Watch Name in the list that appears), and directly connect and pair. The process is the same as above.

Attention: Before pairing, please ensure that the battery is sufficient, at least 20% or more, to avoid pairing failure due to insufficient battery. During pairing and connection, ensure that the Bluetooth of the phone is turned on and within a valid connection distance from the watch (recommended within 30cm). This watch requires Android version 5.0 and above, and iOS version 9.0 and above.

## Charging:



Place the magnetic charging wire near the charging port of the bottom shell, and it will automatically engage (pay attention to adjusting the direction). Insert the other end into a regular charging head until the charging indicator appears on the watch screen. This watch belongs to high-precision watches and has waterproof and dust-proof treatment. Please do not disassemble it yourself, and please pay attention to the following matters:

1. Do not open or strike the watch case and screen severely.
2. The handling of watches and batteries must comply with local environmental protection regulations.
3. Charging time of about 2 hours.

An adapter with a rated output of DC 5V/1A or 5V/0.5A is required.

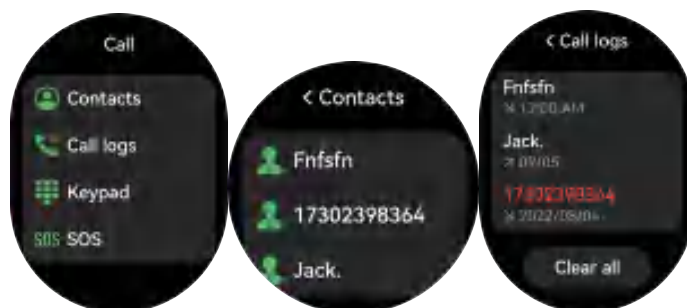
Please keep the charging port clean and dry before charging to prevent metal contact corrosion or other hazards.

## Major function:

### 1. Bluetooth calling

After connecting to the Bluetooth of the phone, you can make calls through the watch. Users can dial on the watch, or select a contact to make a call after adding a frequently used contact, or enter the call history interface to call back.

After activating the call reminder, when the phone calls, users can mute, answer, or hang up the call on their watch Work. After connecting the watch to the phone, you can add frequently used contacts to the watch in the app. (When you don't need to use the watch for Bluetooth calls, you can actively turn off the Bluetooth call and only keep the BLE Bluetooth connection, which can reduce power consumption and increase the watch's standby time. In the standby interface, slide down to the control center, click on the phone icon in the upper left corner, and you can turn off or turn on the Bluetooth call).



### 2. Women's Health





### 3. Music

After connecting to the phone, the watch can be used as a Bluetooth speaker for the phone. Click the side button on the dial interface to enter the menu interface, select "Music", and the user can switch up and down tracks or adjust the volume on the watch music interface. When you want the music sound to be emitted from the watch, you can open the call Bluetooth and turn on media audio in the sound and vibration settings.

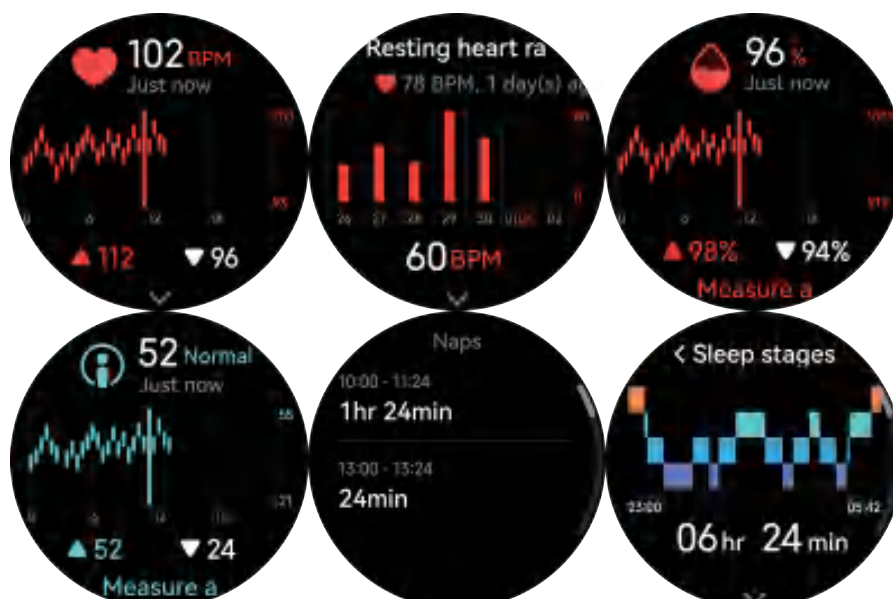


### 4. Motion

Includes 14 categories and over 100 sports modes to choose from.



**5. Health function, which can test heart rate, blood oxygen, stress, monitor sleep, and so on.**



**6. Other functions such as weather, flashlight, timer, world clock, alarm clock, stopwatch, calculator, timer, etc.**

## Security information:

- Please wear the watch about one finger away from the wrist bone. Please use this watch within the temperature range of -10 °C to 50 °C. When the ambient temperature is too high or too low, it may cause the watch to malfunction.
- IP67 waterproof rating, supporting waterproofing for daily use, such as washing hands, faces, clothes, but not suitable for hot showers, saunas, and swimming, and avoiding direct impact of high-speed water flow during water sports; The waterproof function is not permanently effective and may weaken over time. The touch screen of the watch does not support underwater operation. After the watch is soaked in water, please dry the surface water stains with a soft cloth before proceeding with the operation.
- In daily use, it is important to avoid wearing the watch too tightly, ensure that the skin in contact with the watch is dry and breathable, and regularly clean the strap with clean water. If symptoms such as redness and swelling appear on the skin at the contact area, please stop using immediately and consult a doctor.
- When charging a watch, please keep the power adapter, charging dock, and watch in a dry environment. Do not touch the power adapter or charging dock with wet hands. Please use the magnetic charging cable provided with the product to charge with a power adapter that meets the corresponding safety standards. If you do not use this product for a long time, please fully charge the watch, turn it off, and place it in a cool and dry place. Charge it at least once a month.
- Do not disassemble, impact, squeeze or throw the product into fire as it may cause an explosion. The product contains a non removable lithium battery. Please do not replace the battery yourself to avoid damaging the battery or watch. Batteries can only be replaced by authorized service providers and must be replaced with batteries of the same model; Replacing batteries with incorrect models can damage protective measures such as fire, explosion, battery leakage, etc. If the battery experiences severe swelling, do not continue to use it.  
Please do not throw this product into household waste. Dispose of this watch and used batteries in accordance with local laws and regulations.

### FCC Warning:

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

#### FCC STATEMENT

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.
2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

#### FCC Radiation Exposure Statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.