

60mm

USER MANUAL



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Product Components

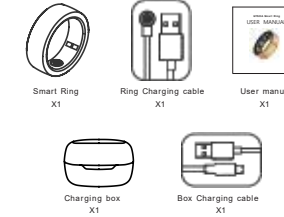
- ① Transparent Resin
- ② Oxygen/Heart Rate Sensor
- ③ Charging port
- ④ Test Status Indicator

Wear the sensor on the inside of your finger
Heart rate and blood oxygen measurements are more accurate



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Packing List



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APP Download

Search and download SmartHealth APP at Appstore or googlePlay, or scan the QR code to download it



User Registration

1. Register your user account with your mobile number or email address
2. Receive your verification code
3. Set your password
4. Set your personal information



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Connect your Ring

1. Remove the attached plastic film from the charging port of your ring
2. Charge your ring for 2-3 seconds to see the red light flash to activate your ring
3. Activate the Bluetooth of your mobile phone
4. Open the homepage of SmartHealth APP, and click the ring icon in the upper right corner, find your ring from the device list, and then connect it. So, the color of homepage ring icon will turn to green



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Main APP Functions

1.Health Settings for health tracking

- ① Click "Mine" at homepage
- ② Click your ring
- ③ Click health settings
- ④ Activate health monitoring
- ⑤ Set the interval to activate your ring to measure your blood pressure, heart rate and SpO2 intermittently
- ⑥ Set Step Target, Sleep Target and Blood Pressure Calibration to evaluate your daily health performance



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Main APP Functions

2. Measure your health proactively

- ① Click "HR" at homepage to measure your heart rate
- ② Click "BP" at homepage to measure your blood pressure
- ③ Click "SpO2" at homepage to measure your SpO2

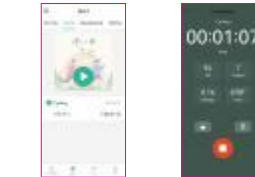


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Main APP Functions

3. Track your health when sport exercises

- ① Click "Sport" to show all sport exercises
- ② Click one sports type when you start to exercise to track your health



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Main APP Functions

4. Review your sleep report

- ① Click "Sleep" at homepage
- ② Review your daily, weekly and monthly sleep report, recording your time duration of deep sleeping, light sleeping and awake time slot

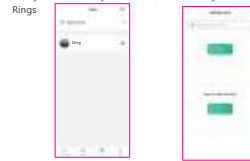


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Main APP Functions

5. Family Care

- ① Click "Care" at homepage
- ② Click adding care icon in the upper right corner
- ③ Add your family members or your friends by inputting their usernames. So, you can review the health reports of your family members or your friends, recorded by GYSOA Smart Rings

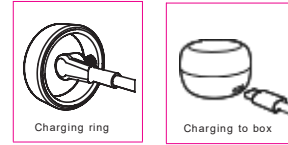


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Charging Models

1. Charging by charging cable

2. Charging by charging box, and charge your charging box by Type-C Cable



3. Check the charging progress or remaining power at My Equipment page of Smart Health APP

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<p>FCC Caution :</p> <p>This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.</p> <p>Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.</p> <p>Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.</p> <p>This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not</p> <p>-12-</p>	<p>occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:</p> <ul style="list-style-type: none">-Reorient or relocate the receiving antenna.-Increase the separation between the equipment and receiver.-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.-Consult the dealer or an experienced radio/TV technician for help. <p>The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.</p> <p>-13-</p>
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