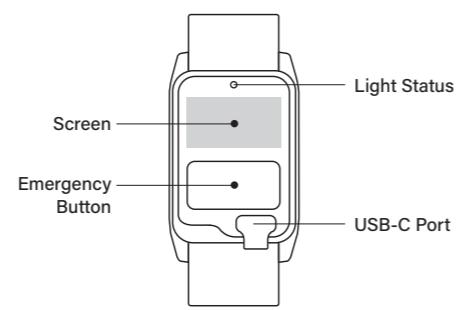


## 1 Product



※ Screen Wake-up: After holding a stationary position for 3 seconds, lightly tap the screen to wake it up.

## 2 Download APP

Search MY COMPANION BAND



Download on the  
App Store

Apple and the Apple logo are trademarks of Apple Inc.

Android App on  
Google Play

Google Play and the Google Play logo are trademarks of Google Inc.

For the FACILITY users please use an Android phone to download the app for registration.

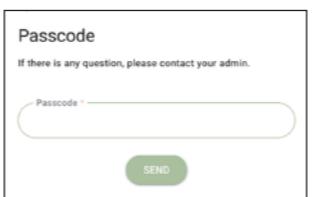


Landing Page - Android      Landing Page - iOS

## 3 Connect Device

### Facility

Select "FACILITY", and for subsequent registration and setup, please contact the administrator.



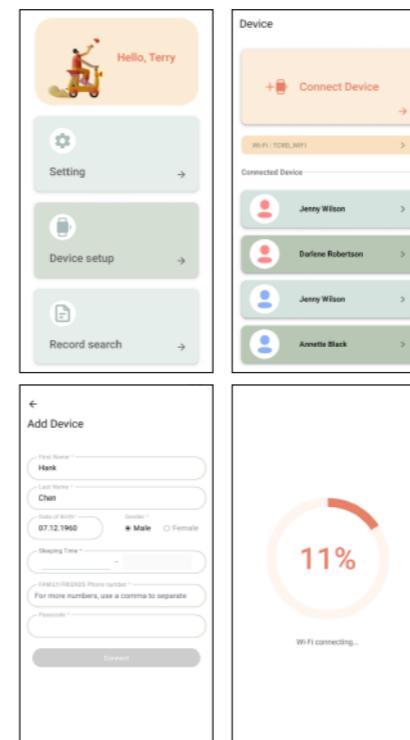
### At Home

1. Register Account : Select "AT HOME", create a new account, and fill in personal details. After entering the phone number, an SMS will be sent to the phone for verification, and registration will be completed upon confirmation.

2. Set up Wi-Fi : After logging in, go to the main menu, select "Device Setup" → "Wi-Fi Setup", enter the Wi-Fi name and password, and save.

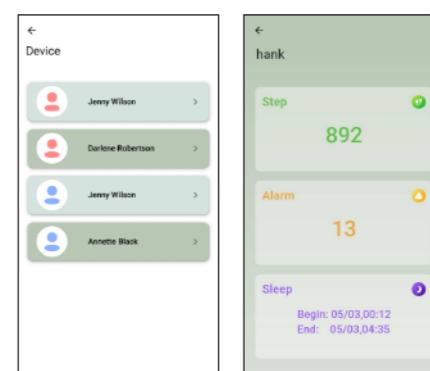
3. Connect Device : Select "Connect Device", choose the corresponding device from the device list to connect.

4. Device Setup : Enter personal details, set sleep time and emergency contact phone numbers. After confirmation, press "Connect". Wait for the device to successfully connect to Wi-Fi.



## Family / Friends

After logging in, you can view family members' activity records, including step count, alarm occurrences, times, and sleep/wake-up times.



## 4 Function



12345 Mar 01 11:20 AM

12345 Mar 01 EMERGENCY

12345 Mar 01 EMERGENCY

When the app is not connected (device is not activated), the screen will display the last four digits of the MAC address and battery level.

After device connecting to the app, the screen will display time/ steps/ battery level. The step count for the day will reset at 00:00 the next day.

Press the emergency button, and the alarm will sound for 10 seconds. The screen will remain on until the alarm is cleared by facility staff. (for Facility)

Press the emergency button, and the alarm will sound for 10 seconds, then the screen will return to the clock display. (for At-Home)



12345 Mar 01 Fall Down

12345 Mar 01 Fall Down

12345 Mar 01 Low Battery

OTA...

When a fall is detected, the screen will display the status. The screen will remain on until the alarm is cleared by facility staff. (for Facility)

When a fall is detected, the screen will display the status, and the alarm will last for 10 seconds, then the screen will return to the clock display. (for At-Home)

When the battery is low, an alarm will sound for 10 seconds, and the screen will stay on until the device is charged.

When the device is charging, the system will check for the latest firmware version and update automatically.

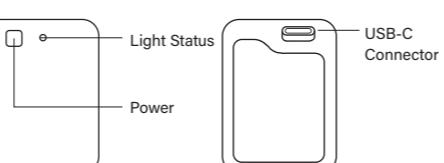
### The following situations will trigger alarm notifications to the app

- Fall detection: The alarm will sound for 10 seconds.
- Pressing the emergency button: The alarm will sound for 10 seconds.
- The user gets out of bed during sleep time.
- Failing to wake up 30 minutes after the set wake-up time.
- No activity in two hours outside of sleep time.
- When the device has low battery, the alarm will sound for 10 seconds.

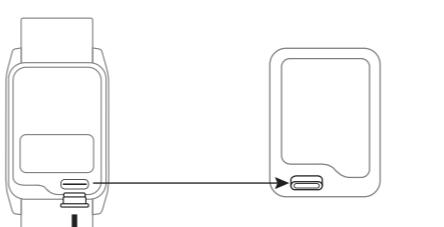
※ Sleep data will be uploaded and updated in the app 1 hour after the wake-up time.

## 5 Battery Charge

1. Please fully charge the power bank. The red light will blink while charging and stay on once fully charged.



2. Open the silicone plug on the device's charging port, connect the power bank, and begin charging.

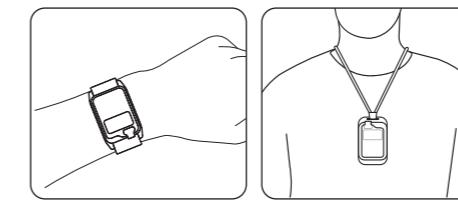


Device Charging Status      Battery Discharge Status  
On Charge : Red Light      Discharging : Green light stays on  
Fully Charged : Green Light      Low Battery : Flashing green light

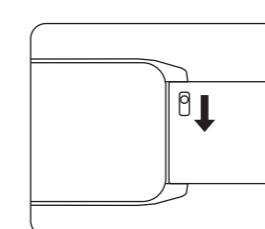
## 6 Wearing Method

1. Two Wearing Methods:  
Watch style and neck-worn style.

※ Choosing the neck-worn style will disable the fall detection feature.

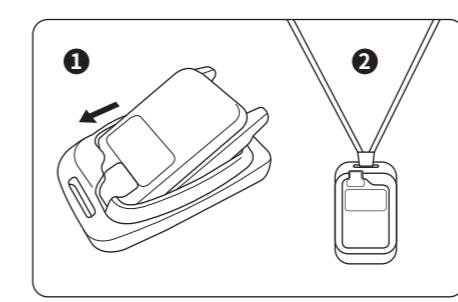


### 2. Watchband Installation Method



You can change the watchband freely.  
Please use a 22mm width band.

### 3. Silicone Case Installation Method



Follow the instructions in Image ① to place the device into the silicone case, then attach the neckband buckle to the silicone case and wear as shown in Image ②.

## 7 FCC WARNING

### Federal Communications Commission Statement

This device complies with FCC Rules Part 15. Operation is subject to the following two conditions:

- This device may not cause harmful interference.
- This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a class B digital device, pursuant to Part 15 of the Federal Communications Commission (FCC) rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by doing one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### FCC RF Exposure

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

To maintain compliance with FCC RF exposure guidelines hold the transmitter and antenna at least 5mm from your body, with the antenna pointed up and away from the body.

## 8 Disclaimer

My Companion Band is not a medical device; all data provided, including fall detection, is for informational purposes only. The manufacturer is not liable for missed alerts, inaccuracies, or any consequences arising from reliance on this feature.