

## Lefy: Link for Excitement, Empowering Vitality, Shaping Health

We firmly believe that health is humanity's most valuable asset, and exercise is the best way to achieve it. Therefore, we are dedicated to leading the public towards a healthier and happier life through innovative products and services.

Our mission is to provide comprehensive and professional health and fitness solutions for fitness enthusiasts and health-conscious individuals. From high-quality wearable health and fitness products, personalized workout plans, and scientific nutrition guidance to AI-powered services, we strive to meet the diverse needs of different groups in the area of health and fitness.

In the future, Link for Excitement will continue to innovate, expand its business fields, and work with outstanding global partners to promote the development of the health industry. We are convinced that through our efforts, more people will experience the joy and vitality of life, as we together create a better tomorrow.

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### Thank You for Choosing Ring X

Before using the ring, please carefully read this pamphlet and the accompanying documents. Use the ring, the app, mini-program, public account services, Lefy services, and any other related services with caution, as failure to follow the instructions may result in product damage, malfunction, or even injury.

### Support and Inquiries

If you have any questions regarding starting or using the ring, app, mini-program, public account services, or other Lefy services, or if you have any product-related concerns, please refer to the FAQ at [www.lefytech.com](http://www.lefytech.com).

### Safety Information

Please note that Lefy services are not intended for diagnosing, treating, curing, or preventing any disease or medical condition. Information and guidance provided by Lefy services are for reference only and should not replace the services of health professionals or physicians. If you have any medical concerns or plan to make any changes to your health, sleep, or activity based on Lefy services, always consult your doctor. Never ignore or delay seeking professional medical advice due to information from Lefy services.

We are not liable for any health issues resulting from the information or guidance provided by Lefy services. If you choose to make changes to your health, sleep, or activity based on Lefy services, you agree to assume all risks. It is important to be sensitive to your body's responses. For example, if you experience unexpected, recurrent, or prolonged pain, fatigue, or discomfort due to changes in health, sleep, or activity, consult a physician before continuing with these changes.

Be cautious when moving or handling heavy items, ensuring that the ring or any other Lefy products worn do not get caught in fixed structures or heavy objects. If your finger swells or becomes irritated due to the ring or any other Lefy product, remove it immediately. If symptoms persist after 2-3 days without using Lefy products, consult a dermatologist.

#### Usage, Care, and Maintenance

Finger size may vary throughout the day, making it difficult to remove the ring at times. If the ring gets stuck:

- Wet your finger with cold water and mild soap, then slowly twist the ring to remove it.
- Raise your hand above your heart to lower blood pressure, then attempt to remove the ring.
- In an emergency or if discomfort occurs and you're unable to remove the ring, seek medical attention immediately.

Clean the ring using a soft cloth or by washing your hands with mild soap and water.

The Ring X may wear out with showering, bathing, swimming, and snorkeling.

Avoid wearing the ring during heavy-duty activities such as strength training, shoveling, or handling heavy tools, as well as when carrying objects made of metal, ceramic, or stone. Additionally, avoid friction between the ring and other rings or objects made of metal, ceramic, stone, or diamonds. The Ring X can get scratched and may also scratch softer metal jewelry or items it comes into close contact with, such as gold, silver, or aluminum phone cases. Some ceramic phone cases with soft coatings may also get scratched.

Keep the ring away from children. This product is not intended for individuals under the age of 18. If you suspect a child has swallowed the ring, seek medical attention immediately.

Do not expose the ring to excessive heat, such as inside vehicles or under the sun.

Do not pierce the ring or its battery.

Avoid handling batteries or using devices and machinery containing batteries while wearing the Ring X. In some cases, if both the cathode and anode of another battery touch the ring, a short circuit may occur, similar to a standard metal ring. This could present a potential electric shock hazard. Take appropriate precautions to avoid such situations.

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#### Safety and Product Information

##### Specifications:

- Outer Surface Material: Titanium, 18K Gold, or Ceramic, depending on the specific model.
- Inner Surface Material: High-density Ceramic.
- Memory Capacity: It is recommended to sync the ring's data daily to the Lefy app. The ring can store data for up to one week, depending on the type and frequency of usage.
- Battery: Rechargeable lithium-ion polymer battery, ranging from 15mAh-27mAh (depending on ring size), non-replaceable.
- Battery Life: Typically between 3-7 days, depending on the enabled functions, type, and frequency of use.

- Charging: Wireless charging using the Lefy charger.
- Charging Time: Typically between 30-120 minutes, depending on the initial charge level.
- LEDs: The red and green light-emitting diodes (LEDs) used in the product operate within the visible color spectrum, making them safe for both users and those nearby.
- Connectivity: Bluetooth Low Energy (Bluetooth Smart).
- Software Updates: Automatic software updates via the app.
- Lefy App Availability: Available on App Store, Google Play, app markets, or via the official website link.
- Security: Encrypted Bluetooth communication between the ring and the app.
- Water Resistance: Up to 100 meters/50 meters.
- Charger is not waterproof and is intended for indoor use only. Do not use or store the charger in humid environments such as bathrooms.
- Operating Temperature Range: -10-52°C/14-125°F .
- Charge at room temperature.
- Charger Input Connector and Voltage: USB Type-C connector. USB rated at 5V°.
- The device should be powered by an external 5Vdc power supply compliant with IEC62368-1 standards. The power supply for the device should not exceed 15W after 3 seconds.
- The charger complies with international safety standards for ICT and AV equipment (EN/IEC62368-1).
- Dispose of the ring (and its internal battery) according to applicable local laws and regulations. Special handling may be required. The charger is an electronic device and should follow local electronic product recycling regulations.
- Refer to [www.lefytech.com](http://www.lefytech.com) for instructions on performing a factory reset before disposing of the ring.

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#### Disclaimer

The services are provided "as-is" and "as available" without any warranties of any kind. We and our affiliates, officers, directors, employees, representatives, agents, partners, and licensors disclaim all express or implied warranties in connection with the service and the use thereof, including warranties of merchantability, fitness for a particular purpose, and non-infringement.

Lefy does not guarantee that your use of the service will be uninterrupted, virus-free, or error-free. Recommendations made by Lefy or its representatives, either orally or in writing, do not constitute any warranty. The limited warranty provided by Lefy applies only to the original purchaser, ensuring that the product is free from defects in materials and workmanship for one (1) year from the date of purchase. If local laws provide for a longer warranty period, the warranty will be extended accordingly. Lefy will repair or replace any component that does not meet this limited warranty at no cost to you, except for shipping charges. Refurbished or new products may be used for replacement at Lefy's discretion. This warranty does not cover normal wear and tear, damage caused by misuse, accident, or unauthorized modifications.

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#### Limitation of Liability

Lefy and its affiliates are not liable for any damages, including direct, indirect, incidental, or consequential damages resulting from your use of or inability to use the services. In no event will Lefy's liability exceed 100 RMB.

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#### Intellectual Property

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#### Safety Information

This service is not a medical device. It is not intended to provide medical advice or diagnose, treat, cure, or prevent any disease or medical condition. Consult your doctor before making any health, sleep, or activity adjustments based on the information provided by this service. Lefy is not liable for any health issues that may arise from the use of this information.

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#### Terms of Use

Your use of Lefy products and services is governed by our Terms of Use and Privacy Policy, available at [www.lefytech.com](http://www.lefytech.com). The disclaimers and limitations of liability stem from our Terms of Use, which may change if our terms are revised.

#### FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

Unauthorized changes or modifications to this device could void your authority to operate the

equipment. This device complies with part 15 of the FCC Rules. Operation is subject to two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

This device has been evaluated to meet general RF exposure requirements and can be used in portable exposure conditions without restriction.

## Lefy, Link for Exciting, 激发活力, 塑造健康

我们深信, 健康是人类最宝贵的财富, 而运动是实现这一目标的最佳途径。因此, 我们致力于通过创新的产品和服务, 引领大众走向更健康、更快乐的生活。

我们的使命是为广大健康和运动爱好者提供全面、专业的健康和运动解决方案。从高品质的健康和运动穿戴产品、个性化的运动计划, 到科学的营养指导、AI 智能服务, 我们力求满足不同人群在运动健康方面的需求。

在未来的发展中, **Link for Exciting** 将继续致力于创新, 拓展业务领域, 与全球优秀的合作伙伴共同推动健康事业的发展。我们坚信, 通过我们的努力, 将让更多的人享受到生命的快乐与健康, 共同创造一个更加美好的明天。

感谢您选择 **Ring X**。您在使用前, 请先仔细阅读本传单和随附文件, 再使用戒指、APP、小程序、公众号服务、Lefy 服务和任何其他相关服务, 无法按照以下说明可能会造成产品损坏或故障, 甚至是受伤。

## 支持和问题

若您对开始使用或使用戒指、APP、小程序、公众号服务和任何其他 Lefy 服务有任何疑问, 或者若您对产品有任何问题, 请参阅常见问题(FAQ), 网址是 [www.lefytech.com](http://www.lefytech.com)

## 安全资讯

请注意, Lefy 服务不是用来诊断、治疗、治愈或预防任何疾病或医疗病况。Lefy 服务中的资讯和指导仅供参考, 无法取代健康专业人员或医师的服务。若您对医疗病况有任何问题或您打算根据 Lefy 服务的资讯或指导健康、睡眠或活动做出任何改变, 应务必咨询医师。绝对不可因为您从 Lefy 服务中读到的内容而忽略或延迟寻求专业医疗建议。

我们对于可能由于您从 Lefy 服务接收的资讯或指导而导致的任何健康问题, 不具任何责任。若您根据 Lefy 服务对健康、睡眠或活动做出任何改变, 代表您同意对此完全自负风险。对身体反应保持敏感性很重要。例如, 若您因为对健康、睡眠或活动做出改变, 而感到意外、重复或长期的疼痛、疲劳或不适, 建议先咨询医师, 再进行这类改变。

在您自己移动或移动较重物品时，请小心不要让戒指或您穿戴的任何其他 Lefy 产品卡在固定结构或重物上。

若您的手指因为戒指或任何其他 Lefy 产品发生红肿或皮肤刺激，请立即取下。若超过 2-3 天不使用 Lefy 产品后，症状仍然持续，请联络皮肤科医师。

## 使用、照护和保养

一天当中不同的时间会让手指大小不同，有时候可能很难从手指取下戒指。如果戒指卡住：

- \*使用冷水和温和的肥皂弄湿手指，慢慢转动戒指以取下。
- \*举起手，高于心脏，直到血压降低为止，然后尝试取下。
- \*若处于紧急情况 and/或感到不适，若您无法自行取下戒指，请立即就医。

使用柔软的布料或以温和的肥皂和水洗手，以清洁戒指。

Ring X 会因为淋浴、泡澡、游泳和浮潜而磨损。

进行强度训练、使用铲子或其他重型工具或者拿取以金属陶瓷或石材制造的重物时，请试着避免磨损戒指。此外，遇到其他戒指或以金属、陶瓷、石材或钻石制造的物品时，请试着避免磨损戒指。Ring X 可能会被刮伤，本身也可能会刮伤与戒指密切接触的较软金属珠宝或其他物品，例如金、银或铝制手机壳。有些具有软性涂层的陶瓷手机壳也可能被刮伤。

让戒指远离儿童。本产品不适用未满 18 的个人。若您知道或怀疑儿童吞下了戒指，请立即就医。

请勿让戒指暴露在过热的环境中，例如车辆内或太阳下。请勿穿刺戒指或其中的电池。

请避免在戴著 Ring X 时处理电池或使用含有电池的装置和机械。在某些情况下，若另一颗电池的阴极和阳极都碰触到戒指，会有短路风险，类似于标准金属戒指。这会造成潜在的触电危险。请采取适当的谨慎态度，以避免这些情况。

## 安全 and 产品资讯

## 规格

- \*外侧表面材质：钛金属、18K 金、陶瓷，视具体款式而定。
- \*内侧表面材质：高密度陶瓷
- \*记忆容量：建议每日同步戒指资料于 Lefy APP。戒指最多能够储存 1 周的资料，视戒指使用的类型和频率而定。
- \*电池：充电式 15mAh-27mAh(视戒指大小而定)锂离子聚合物电池，不可更换
- \*电池使用寿命：一般介于 3-7 天之间。根据戒指使用的已启用功能、类型和频率，会有不同的电池使用寿命。
- \*充电：使用 Lefy 充电器进行无线充电
- \*充电时间：一般介于 30-120 分钟之间，视戒指一开始的充电量而定
- \*产品中使用的红色和绿色发光二极管(LED)处于可见的色彩范围。这对使用者和周遭的人都很安全。
- \*连线性：蓝牙低功耗(Bluetooth Smart)
- \*戒指软件可更新性：透过使用應用程式进行自动软件更新
- \*Lefy 應用程式可用性：App Store、Google Play、应用宝或官网链接
- \*安全性：戒指和應用程式之间使用加密蓝牙通讯
- \*戒指的防水性：达 100 公尺/50 米
- \*充电器不防水，只能用于室内。请勿在浴室等潮湿的环境中使用或存放充电器。
- \*操作温度范围：-10-52°C/14-125°F
- \*在室温下进行充电。
- \*充电器输入连接器和电压 USB Type-C 连接器。USB 额定 5V°
- \*设备应由遵守 IEC62368-1 标准的外部 5Vdc 电源供电。可用于设备的电力不得在 3 秒后超过 15W。
- \*充电器遵守适用于 ICT 和 AV 设备的 EN/IEC62368-1 国际安全标准。
- \*应根据适用的当地法律和法规弃置戒指（和内部电池）。可能需要特殊处理方式。充电器是电子装置，应遵守当地的电子产品回收法规。
- \*查看 [www.lefytech.com](http://www.lefytech.com) 中的说明以在弃置戒指之前执行原厂重设。



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## 责任限制

在任何情况下，如因您使用或与之有关的，或无法使用服务或与之有关的任何内容，或其他网站或透过本服务获取的任何服务或物品，Lefy、其附属公司、关联方、管理人员、董事、员工、代表、代理人、合伙人及授权商对此产生或与之有关的任何类型的损害概不负责，包括但不限于任何直接间接、特殊、附属、

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## 安全资讯

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在根据透过本服务提供的资料调整健康、睡眠或活动前，或对于医疗状况有任何问题，应务必咨询医生。Lefy 对于因您透过本服务获悉的资料而可能产生的任何健康问题概不承担责任。倘若您基于本服务对您的健康、睡眠或活动进行任何调整您同意自行承担全部风险。注意您的身体反应非常重要。例如，如果您因调整您的健康、睡眠或活动而感到突发、反复或长期疼痛、乏力或不适，建议在继续这些调整前咨询医生。如果您的生理机能和反应因医疗状况或罕有的自然差异而与普遍的人群有显著的差异，则本服务所载的资讯或会具有误导性。

请注意您佩戴的产品无法依附在固定的结构或重物。如果您在手指佩戴本产品时出现红肿或感到皮肤不适，请立即拆除本产品。如果在停用本产品后症状持续超过 2-3 天，请联络专业的医务人员。

在任何时候，禁止将我们的产品放入口中。Ring X 的产品不是玩具，亦不适用于儿童。儿童不应在无人值守的情况下使用本产品，因为这可能造成窒息的危险。

## 使用条款

您使用 Lefy 产品及服务时受我们的使用条款(见 <https://www.lefytech.com> )的隐私政策的规限。上述的免责声明和责任限制源于我们的使用条款，并且如果我们修订我们的使用条款，则可能会有变动。

## FCC 警告声明

未经合规责任方明确批准的更改或修改可能会使用户操作设备的权力失效。根据 FCC 规则第 15 部分，该设备已进行测试，并被发现符合 B 类数字设备的限制。这些限值旨在提供合理的保护，防止住宅装置受到有害干扰。该设备产生用途并可辐射射频能量，如果不按照说明安装和使用，可能会对无线电通信造成有害的干扰。但是，不能保证在特定的装置中不会发生干扰。如果该设备确实对收音机或电视接收造成有害的干扰，而这种干扰可以通过关机和开机来确定，则鼓励用户尝试通过下列一项或多项措施来纠正干扰：

- \*重新定位或重新定位接收天线。
- \*增加设备和接收机之间的距离。
- \*将设备连接到与接收器连接的电路不同的出口上。
- \*向经销商或经验丰富的无线电/电视技术人员寻求帮助。

此设备符合 FCC 规则第 15 部分。操作须符合以下两个条件：

- (1) 本装置不得造成有害干扰。
- (2) 本装置必须接受接收到的任何干扰，包括可能导致不期望操作的干扰。

该装置已被评估为满足一般的射频曝光要求。本装置可不受限制地在便携式曝光条件下使用。