ZICOWAY - H5

Smart Watch

User Manual

First of all, thank you very much for purchasing and using our smart watch products. You can fully understand the functions and simple operation methods of the watch by reading this manual. Our company reserves the right to modify the contents of this manual without any notice. It is normal for some functions to be different in the corresponding software version. This product is not a medical device. The health data and suggestions provided are for reference only and are not used as a diagnostic and treatment device.
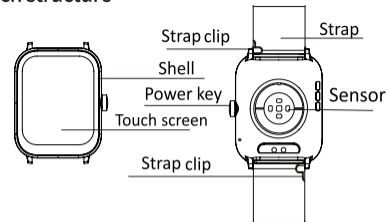
Instruction for Use
Warm Reminder: This product needs to download the APP,connect to Bluetooth through the APP, and cannot connect to Bluetooth alone.
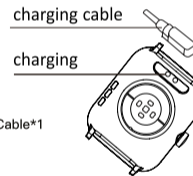
Please note
1.Smart watches can measure heart rate and blood oxygen,but can not be used for any medical functions;
2.Charging: Please charge your smartwatch before use and make sure it is fully charged, Please make sure that the 2 ejector pins of the magnetic charging cable are aligned with the 2 charging contacts of the main unit, and plug the charging cables into the USB adapter (adapter 5V 2A). Make sure that the metal contacts are free of dust, oxidation, and impurities.While charging, a charging icon will appear on the smartwatch's screen. If you don't use your smartwatch for along time, please charge it once a month.
3. Do not use a power adapter with an output current of more than 2A for charging, otherwise, the smartwatch will be damaged.
4. Do not shower with hot water or place the smartwatch under high temperature; otherwise, the water resistance of the smartwatch will be damaged.
5. Do not charge when wet or with water.

Watch structure

Strap clip
Strap
Shell
Power key
Sensor
Touch screen
Strap clip

Package List
 A.Package Box*1
 B.Smart Watch*1
 C.User Manual*1
 D.Magnetic USB Charger Cable*1
 E. Silicon Strap*1

charging cable
charging

Watch operation instructions
Button function: press the side button or raise your wrist to wake up the screen, press and hold the screen for 3 seconds to switch the watch face on the home page.
Touch gesture: Slide up to enter the message; Slide down to enter the menu interface, the menus are: Bluetooth switch, menu style, do not disturb mode, mute switch, brightness adjustment, raise wrist to light up the screen, find phone, flashlight, settings.

App installation and Bluetooth connection
Please search " GloryFit " in My app or Google Play on Android devices or APP Store on iPhone; or scan the QR code below to download and install the application.There will be various permission reminders during the installation process, click to agree to all of them.

Mobile phone system requirements:

The model hardware must support Bluetooth BLE 4.0, and the mobile phone system must be Android 5.0 and above, and the Apple mobile phone iOS 10.0 and above.

Bind the smartwatch:
Click on the selection of bind device and then fnd the device you want to connect to. If there are multiple devices in the vicinity, select the MAC address of the smartwatch you want to bind.If the smartwatch is successfully tied to the phone, theBluetooth icon will display at the top of the smartwatch.

Product Parameters

Main chip: RTL8763 EWE
Battery type: Polymer battery
Bluetooth: BLE 5.2
Use time: 5-7days
Charging method: magnetic USB cable

Screen size: 1.83 inches
Waterproof level: IP68
Battery capacity: 260mAh
Operating temperature:-10-50°C

Functions Description
1.Replace the Watch Face
   Long press the main page for 3 seconds to enter the watch face replacement page or download the replacement face on the app.
2.Control Center
   Slide down to enter control center.There are:Bluetooth Switch,Interface Style,Do not disturb mode.Mute Switch,Brightness Adjustment,Raise wrist to light up screen, Find my phone,Torch light,Settings.
3.Brightness Adjustment
   Slide down to the control center and click the brightness adjustment icon to adjust the brightness of your device.
4.Do Not Disturb Mode
   Slide down to the control center and click the Do not disturb icon to confirm that do not disturb mode is on.
5.Find My Phone
   Slide down to the control center, click Find my Phone icon,and your phone will alarm to alert you.
6.System
   Slide down to enter control center,slide left to enter second page click the Settings,click System to check the system version
7.Settings
   Slide down to enter control center,slide left to enter second page click Settings to enter function settings.
8.Information
   Slide up to the control center, click audio icon, open audio mode.
9.Sport Data
   Slide left once to view exercise data and record steps calories and distance.
10.Call
   Slide left twice to enter the phone call function interface This function requires connecting to audio Bluetooth.When dialing, you can enter the phone number and dial as needed.Long press keyboard 7 and 9.enter*and #
11.Heart Rate
   Slide left three times to enter the heart rate interface start measuring and display heart rate data.

12.Sleep
   Slide left four times to enter the sleep interface.which can display sleep duration data.

13.Blood Oxygen
   Slide left five times to enter the blood oxygen interface,start measuring and display blood oxygen data.

14.Blood Pressure
   Slide left six times to enter the blood pressure interface start measuring and display blood pressure data.

Other Functions

Alarm clock ,Call reminder , Sedentary reminder , Find the watch reminder, Low power reminder , Remote camera (start from APP), Drink water reminder, Timer, Find phone .

Common Problems and Solutions

1. Unstable Bluetooth connection between mobile phone and watch
   Due to the lack of uniformity in the Bluetooth protocols of various mobile phone brands, the Bluetooth connection between mobile phone and watch may be unstable sometimes. You can turn off the Bluetooth of mobile phone and reconnect it again, or restore the watch to factory settings.

2. Unstable heart rate, blood oxygen and blood pressure test data
   After switching to this menu interface, the watch will automatically start testing. During the test, keep the sensor and wrist dry, sweat-free, the watch and the heart balanced, and breathe steadily.

3. What should I do if I can't receive notifications after setting information push?
   The notification function of the watch only synchronizes the notification function of the mobile phone, such as incoming calls and WeChat reminders. If your mobile phone does not receive notifications, the watch side will not receive them either. You need to find the corresponding APP in the mobile phone settings-notification function and turn on the notification permission. Note: If the computer version of WeChat is online at the same time, the mobile phone side will not receive the letter notification. Some mobile phones need to add "GloryFit" to the power saving whitelist to avoid being shut down when the battery is low.

Cautions

1. Why should l wear my smartwatch tightly when measuring my heart rate?
   Using the principle of light reflection, the smartwatch penetrates the skin with a light source and collects the signal reflected on the sensor to calculate the heart rate. If not wear tightly,ambient light will enter the sensor and affect the measurement accuracy.

2. Not recommended to wear in a hot bath:
   the first factor: a hot bath will produce steam due to the high temperature of the bath water, it is easy to produce a lot of steam. Steam is a gas with a small molecule radius, so it can easily penetrate the gap on the intelligent smartwatch casing. When the temperature drops, the water will gradually condense into water droplets, which will cause damage to the circuit board and further damage the smartwatch.

3. When connecting Bluetooth.
   Make sure the Bluetooth of your phone and the smartwatch are turned on. When doing a Bluetooth search, please make sure the smartwatch is not connected to another account number;, when doing a Bluetooth search, please keep the smartwatch and the phone as close as possible.

4. If the user's phone has installed other software, such as Mobile Manager, in order to ensure the normal operation oft he backstage APP, please turn on the phone's message push and allow backstage operation, otherwise it can not push messages.

5. To ensure the accuracy of the test data, after entering the blood oxygen test mode, stay relaxed and still during the test and make sure the smartwatch and your heart are at the same height. Please do not talk during the test.(This function provides data reference for blood oxygen changes before and after human exercise and cannot be used for medical purposes).

6. IP68 waterproof instructions and precautions
   Waterproof in daily life: In daily life, if a cup of water is accidentally splashed onto the watch, you don't have to worry about water ingress for watches that support IP68. You can usually continue to use them after a simple cleaning.

Maintenance and care:

Although the IP68 level has a certain waterproof ability, it is still necessary to avoid water ingress during long-term use. The sweat and waterproof function is not permanent, and the protective performance may decrease due to daily wear. The charging electrode of the body has been treated with anti-corrosion, but due to the strong corrosiveness of sweat and seawater, it is recommended to wipe and clean the charging contacts of the watch in time after sweating/splashing. Do not wear the watch in a hot bath or sauna to ensure your safety and the normal use of the device.

Warning

This product is not a medical device.
This smartwatch and its applications are not intended for diagnosis, treatment or preventive treatment of diseases.
Before changing your exercise and sleep habits, please consult a medical professional to avoid serious injury!
This user manual is for reference only. For smartwatches sold here, please refer to the final product.

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