

Model : LDQJ01

## Bluetooth connection method

Bluetooth name: YXQJ-BT

Turn on the Bluetooth of your mobile phone, find "YXQJ-BT" and click to connect and pair. Once connected successfully, you can synchronize and play the music on your mobile phone.



It will automatically power off if there is no operation and no Bluetooth connection for 5 minutes.

## Matters needing attention

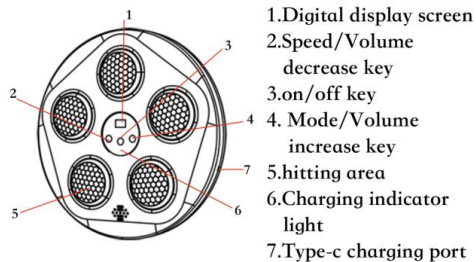
1. Don't use until 30 minutes after a meal
2. It should not be used during pregnancy or menstruation
3. This product is suitable for adults. Children should use it under the supervision and guidance of adults.
4. For beginners, the hitting force should not be too strong to avoid hand injuries. Stop using immediately if you feel that your body is not used to it.
5. It is recommended to wear boxing gloves when using.
6. If the device fails to turn on or is abnormal, please check if the battery is too low. Charge it in time. The charging time should not exceed 8 hours. It is recommended to charge it once every 1-2 months when not in use for a long time.
7. This product is not waterproof. Please use a dry cloth when wiping the boxing device.



Made in China

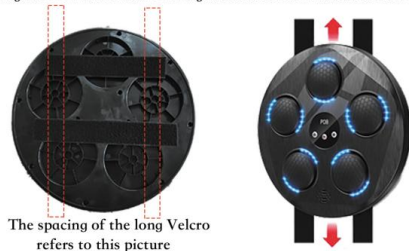
**Instruction for the Music Boxing Machine**  
Please read the instruction before using

## Product introduction



## Installation directions

Installation (adjustable height) :  
Attach two short magic stickers to the back of the machine. Attach two long magic stickers to the wall. The height should be level with the user's shoulders.



## User instructions

User instructions: 3.7V

Key: (Speed/Volume decrease) SPEED key:

1. Short press to adjust the speed, within the range of H01 - H09, with 9 speeds.
2. Long press to reduce the volume, within the range: L00 - L30

(Power on / Play / Pause) ON/OFF Key:

1. Long press for 1 second to power on/off.
2. After Bluetooth connection, short press to play / pause the music.

(Mode/Volume increase) MODE Key:

- 1: Short press to switch modes:
  - ① Fixed rhythm flashing light modes P01 - 09, with nine modes
  - ② Music rhythm modes A10 - A12, with three modes
2. Long press to increase the volume, within the range: L00 - L30

Boxing target:

- 1: There are 5 boxing target positions. According to the position where the light is on, if you hit successfully when the light is on, you can score points.
- 2: Failed hit: No points added, and a failure voice is played. There are 3 types of failure voices.
- 3: Successful hit: A success voice is played and 1 point is added. The score is from C00 - C99. After exceeding C99 points, the score resets to zero.

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable

protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.