

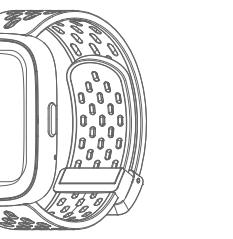
**INSTRUCTION MANUAL**

使用說明

**MOMAX****1-Wear**

Smart Watch

智能手錶



SW1S

SW1S Manual NewSize\_aw

背面

以便識別。

2.在應用程式中，您可以設置鬧鐘的延遲時間和延遲次數別提醒。

2.測量壓力時，請保持手臂和手腕靜止，耐心等候測量完成。

**2.9 睡眠**

您可以查看最近的睡眠記錄和每個睡眠階段的狀態。

支援七天的天氣查看，您可以查看今天的當前天氣，以及今天和接下來六天的最高和最低氣溫值。

**2.10 週期追蹤**

1.當手錶連接到應用程式時，您可以控制手機音樂播放器，執行「下一曲」、「上一曲」、「播放/暫停」。

2.此功能可以在應用程式設置中顯示或隱藏。

**2.11 呼吸**

1.打開應用程式呼吸功能，選擇所需的持續時間。

2.點擊開始，然後根據動頻率和動畫指示調整您的呼吸，這將幫助您放鬆。

**2.12 時鐘**

• 計時器

您可以將手錶用作計時器。

• 定時器

您可以在手錶上設置一個預設時間的定時器。

當計時器到期時，它會通知您，您也可以自訂計時器的持續時間。

• 閻鐘

手錶允許您添加、刪除以及開啟或關閉閑。您還可以通過應用程式設置閻並為每個閻分配戴

4.提醒訊息

**Getting started/ 入門指南****Watch**

1. Open the package and check its contents.
2. Charge the smartwatch to activate it and turn it on for first use. To charge, simply connect the magnetic charging cable to the charging port located on the back of the watch.
3. Search for "Momax Wear" in the App Store or Google Play to download and install the app.
4. Register & Log in to the app and enter your personal information, including your height and weight.
5. In the "Device" interface, tap the "+" icon in the upper right corner, select the appropriate product category, and your phone will start searching. From the list of devices found, choose your smartwatch to pair it. Alternatively, you can link the device directly by scanning its QR code using the scanning function.

**App**

1. Open the "Momax Wear" app, enable Bluetooth, and grant GPS location permission.
2. Wake up the Watch's screen and bring it close to your phone.
3. In the App Store or Google Play, search for "Momax Wear" and download the app.
4. Register and log in to the app, entering your personal information, including your height and weight.
5. In the "Device" interface, tap the "+" icon in the upper right corner, select the appropriate product category, and your phone will start searching. From the list of devices found, choose your smartwatch to pair it. Alternatively, you can link the device directly by scanning its QR code using the scanning function.

**手錶**

1. 開封後，手錶將自動記錄您的數據。
2. 您可以使用智能手錶測量您的心率、SpO2 和壓力。此外，它還可以全天候監測您的心率和睡眠。
3. 您還可以通過掃描功能直接掃描裝置的 QR 碼來鏈接設備。

**SW1S Manual NewSize\_aw****背面****Basic Operations/ 基本操作****1. Wear the Watch Correctly:** Ensure that your watch is positioned at least one finger's width above your wrist bone, with the sensor on the back touching your skin.**2. Screen Operation:** The SW1S features a full touch screen, allowing for operations such as short taps, swipes left/right, and swipes up/down.**3. Button Operation:** The SW1S has one physical button. The button supports "short press" and "long press".**4. Enter the Binding Process:****1. 開封後，手錶將自動記錄您的數據。****2. 您可以使用智能手錶測量您的心率、SpO2 和壓力。此外，它還可以全天候監測您的心率和睡眠。****3. 您還可以通過掃描功能直接掃描裝置的 QR 碼來鏈接設備。****Introduction/ 介紹****Watch**

1. After pairing, The watch will automatically record your data.
2. Charge the smartwatch to activate it and turn it on for first use. To charge, simply connect the magnetic charging cable to the charging port located on the back of the watch.
3. You can manually measure your heart rate, SpO2, and stress using the smart watch. Additionally, it can monitor your heart rate and sleep throughout the day. You can choose to operate it manually or set it to automatically monitor your health continuously.
4. To start an exercise: Open the sports app on the watch, tap the icon for the type of sport, set your goal, and then begin exercising.

**App**

1. Open the "Momax Wear" app, enable Bluetooth, and grant GPS location permission.
2. Wake up the Watch's screen and bring it close to your phone.
3. In the App Store or Google Play, search for "Momax Wear" and download the app.
4. Register and log in to the app, entering your personal information, including your height and weight.
5. In the "Device" interface, tap the "+" icon in the upper right corner, select the appropriate product category, and your phone will start searching. From the list of devices found, choose your smartwatch to pair it. Alternatively, you can link the device directly by scanning its QR code using the scanning function.

**手錶**

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**Function Description/ 功能說明****1. Dial**

1. You can switch between watch faces manually on the watch or through the Momax Wear App's watch face settings. The app also allows for customization of the watch face. Additional watch faces are available for download in the "Watch Face Market."
2. Short press to pause/start during exercise.
3. Recent call history is accessible on the watch or through the Momax Wear App's watch face settings.
4. The watch allows you to add, delete, and turn on/off alarms through the app and assign labels to identify each alarm.

**2. Long Press on the Upper Button:**

1. Long press for 8 seconds to restart the device.
2. Long press during exercise to end the activity.
3. Turn on the watch when it is in the off state.

**3. AI Voice**

1. You can manually measure your heart rate using the watch. In the app settings, you can enable or disable the intelligent around-the-clock heart rate monitoring, or view your heart data.
2. In the app, you can set the delay time and the number of times the alarm should be delayed.

**4. Sleep**

1. You can view your most recent sleep record and the status of each sleep stage.
2. When measuring your heart rate, keep your arm and wrist still and wait patiently until the measurement is complete.

**5. Application List**

1. To open the "Momax Wear" application while viewing the watch face, press the physical button. The applications are listed as follows (from top to bottom): Activity, Phone, AI Voice, Sports, Sports Records, Heart Rate, Blood Oxygen, Stress, Sleep, Cycle Tracking, Breathe, Clock, Weather, Music, Camera, Find Phone and Settings.
2. In the app, you can enable or disable the intelligent around-the-clock heart rate monitoring, or view your heart data.

**6. Heart Rate**

1. You can manually measure your heart rate using the watch. In the app settings, you can enable or disable the intelligent around-the-clock heart rate monitoring, or view your heart data.
2. In the app, you can set the delay time and the number of times the alarm should be delayed.

**7. Sleep**

1. You can view your most recent sleep record and the status of each sleep stage.
2. When measuring your heart rate, keep your arm and wrist still and wait patiently until the measurement is complete.

**8. Basic Operations/ 基本操作**

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3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
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**16. Basic Operations/ 基本操作**

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3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
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**17. Basic Operations/ 基本操作**

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3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
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**18. Basic Operations/ 基本操作**

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3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
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**19. Basic Operations/ 基本操作**

1. Wear the Watch Correctly: Ensure that your watch is positioned at least one finger's width above your wrist bone, with the sensor on the back touching your skin.
2. Screen Operation: The SW1S features a full touch screen, allowing for operations such as short taps, swipes left/right, and swipes up/down.
3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
4. Enter the Binding Process:

**20. Basic Operations/ 基本操作**

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2. Screen Operation: The SW1S features a full touch screen, allowing for operations such as short taps, swipes left/right, and swipes up/down.
3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
4. Enter the Binding Process:

**21. Basic Operations/ 基本操作**

1. Wear the Watch Correctly: Ensure that your watch is positioned at least one finger's width above your wrist bone, with the sensor on the back touching your skin.
2. Screen Operation: The SW1S features a full touch screen, allowing for operations such as short taps, swipes left/right, and swipes up/down.
3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
4. Enter the Binding Process:

**22. Basic Operations/ 基本操作**

1. Wear the Watch Correctly: Ensure that your watch is positioned at least one finger's width above your wrist bone, with the sensor on the back touching your skin.
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3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
4. Enter the Binding Process:

**23. Basic Operations/ 基本操作**

1. Wear the Watch Correctly: Ensure that your watch is positioned at least one finger's width above your wrist bone, with the sensor on the back touching your skin.
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3. Button Operation: The SW1S has one physical button. The button supports "short press" and "long press".
4. Enter the Binding Process:

**24. Basic Operations/ 基本操作**

1. Wear the Watch Correctly: Ensure that your watch is positioned at least one finger's width above your wrist bone,