



Ultrasonic Massager Operating Manual



Scans and downloads the SOFTMOSHI
APP with a browser

www.softmoshi.com

Shenzhen Health Rehold Technology Co.,Ltd

Warning

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

Warning

This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.

Warning

It is prohibited for skin parts with various injuries, patients equipped with cardiac pacemakers, artificial stents and artificial valves, and patients with severe heart failure, respiratory failure, coma, and a history of severe skin allergies; It is forbidden to massage pregnant women, infants and young children.

The device has a heating surface, so people who are not sensitive to heat must be careful when using it.

Technical parameters

Lithium battery:

Charger:3000mAh, Main engine:500mAh

Power supply: 5V ==2A

BLE Version: 5.2

Product Size: 15*7*3.64cm

Main engine weight: 44 ± 10g

Ambient temperature: + 5° C ~ + 40° C

Ultrasound Power : 6W

Product profile

This product is based on ultrasonic waves with a frequency greater than 1MHz for relieving muscle tension, inflammation and pain.

Pain soothing effect: The tiny mechanical vibration generated by ultrasound acts on muscles to help relax tense muscles, the vibration can also increase blood flow to local tissues to help improve blood circulation, while stimulating nerve endings to produce analgesic effects, thereby relieving muscle tension and pain.

Inflammation relief effect: The ultrasonic shoulder and neck massager adopts a high-performance ultrasound generation device and an intelligent temperature control algorithm to ensure that the energy enters the human body and generates a temperature rise of 2-5° C, so as to achieve the purpose of optimizing local circulation and promote the generation of anti-inflammatory factors.

Product profile

This product is based on ultrasonic waves with a frequency greater than 1MHz for relieving muscle tension, inflammation and pain.

Pain soothing effect: The tiny mechanical vibration generated by ultrasound acts on muscles to help relax tense muscles, the vibration can also increase blood flow to local tissues to help improve blood circulation, while stimulating nerve endings to produce analgesic effects, thereby relieving muscle tension and pain.

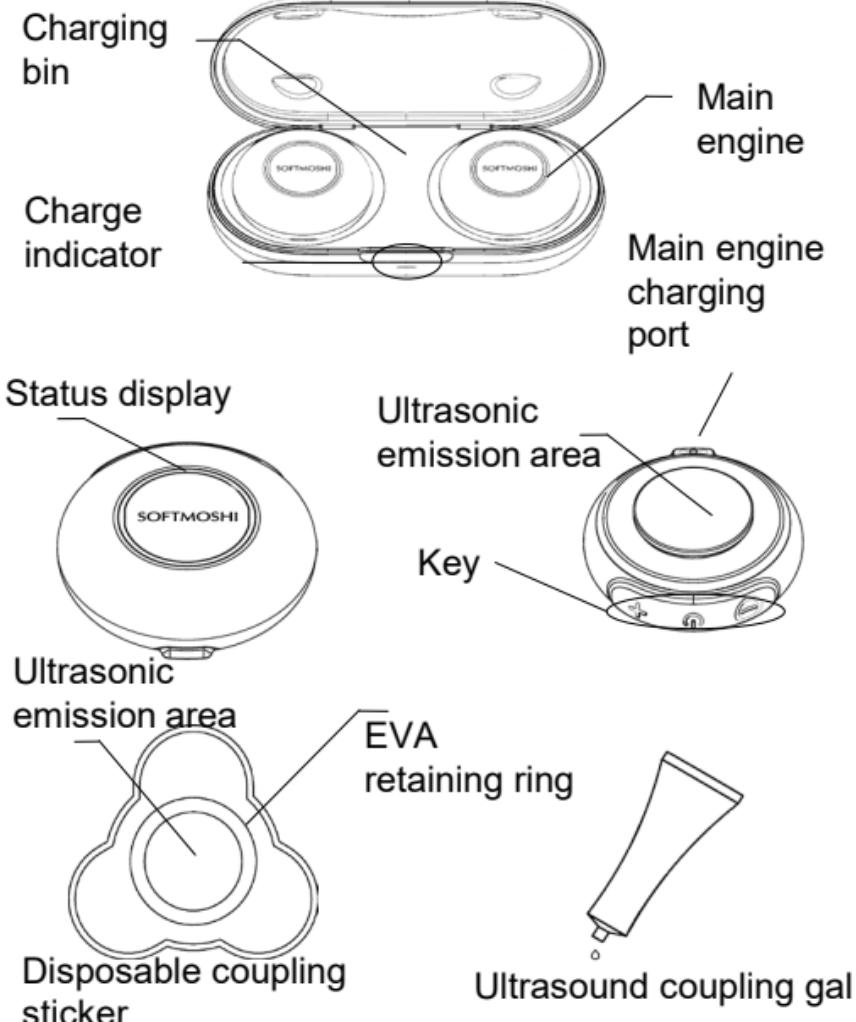
Inflammation relief effect: The ultrasonic shoulder and neck massager adopts a high-performance ultrasound generation device and an intelligent temperature control algorithm to ensure that the energy enters the human body and generates a temperature rise of 2-5° C, so as to achieve the purpose of optimizing local circulation and promote the generation of anti-inflammatory factors.

Product profile

Deep relief effect: the first wearable ultrasonic ultrasound massager, the sonic massage penetrates 6-10cm deep into the tissue, and the treatment area reaches 6cm². It is suitable for deep muscle tension and shoulder and neck soreness caused by maintaining the same posture for a long time.

Tissue repair effect: Ultrasound can stimulate muscle cell activity, increase the permeability of cell membranes, make it easier for nutrients to enter cells, and at the same time help metabolic waste be excreted, accelerate the repair process of damaged tissues, and help muscle and other soft tissue damage recover.

Structure and composition

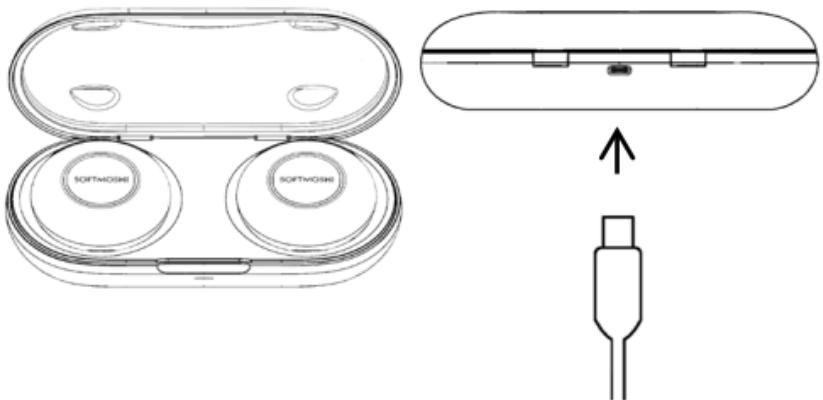


Part name	Function
Main engine	Ultrasonic energy emitter
Charging bin	Charge the main engine
Charge indicator	Flash: The main engine is being charged
Status display	Green-Charging, Flash-Emission energy, Red-Underpowered, Yellow-Temperature alarm
Main engine charging port	Getting electricity from the charging case
Energy emission region	Energy emission window, no air
Key	Reduce output energy, Emit energy or stop emitting, Increase energy output, Set up Bluetooth pairing, Disconnect Bluetooth pairing, Save preference settings

Part name	Function
EVA retaining ring	The hydrogel is firmly fixed with the host. Pay attention to cleaning after use to prevent the glue from sticking on the host
Ultrasound coupling gal	Ultrasonic transmission medium to prevent ultrasonic transmission in the air
Coupling sticker	The medium for ultrasound transmission prevents the ultrasound from spreading in the air and holds the host in place at the painful site
Attention	Hydrogels are used in fixed mode and coupling gal are used in moving mode

KEY	
	<p>After a short press, the device powers on, and you can control the ultrasonic output using this button.</p> <p>Press and hold for more than 3 seconds to turn off.</p>
	<p>After a short press, Increase energy output.</p> <p>Press and hold this button for more than 3 seconds to pair and bind them via Bluetooth.</p>
	<p>After a short press, Reduce output energy.</p> <p>After pressing and holding this button for 3 seconds, the currently set time and intensity will be saved.</p>
<p>After the two devices are paired via Bluetooth, the smartphone can control both of them simultaneously.</p>	

Charging



Yellow light	Charging bin is greater than 60%
Yellow flash	Charging bin is being charged
White light	The main engine is being charged.
White flash	Charging bin is low on power

For charging this product, please ensure that the output voltage of the adapter does not exceed 5V.

APP manual

+ LOGO 

Connect

< Connect 



connect

GVBT-1M-D684



successful!

Home

1.Click connect

2.Click connect

3.Click Home

+ LOGO 

GVBT-1M-D684



4.Fixed Mode

OR

4.Movement

+ LOGO 

GVBT-1M-D684



APP manual	MODE
Muscle	Fixed mode
Joint	Movement mode
Chronic	Fixed mode
Acute	Movement mode

Muscle pain selected fixed mode, joint pain selected mobile mode, chronic pain selected fixed mode, acute pain selected mobile mode.

Fixed mode

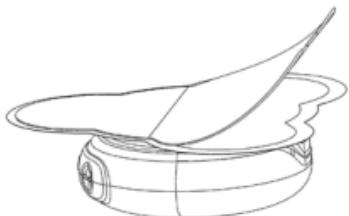
1. Remove the adhesive backing



2. Glue the machine and coupling sticker



3. Remove the PET film



4. connect APP click start



5. Apply to the area of pain



Note: The coupling sticker is recommended to be replaced each time. To avoid cross infection, use caution.

Movement mode

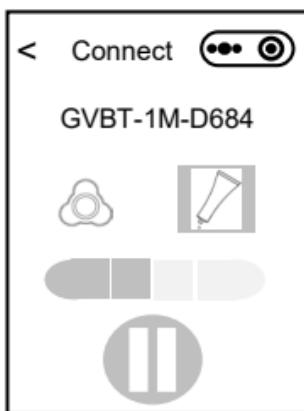
1. Apply the coupling gal to the



3. In the area of pain, move slowly



2. connect APP
click start



Note: The coupling agent should be sufficient to avoid the occurrence of cavities in the uneven joints, resulting in the inability of ultrasonic energy transmission.

Maintenance and Care

To ensure the normal operation of the equipment, please pay attention to the following details:

- 1.Keep the charging port dry/clean and avoid contact with acidic/alkaline liquids to prevent bad contact.
- 2.The ultrasonic emission surface has a high-precision sensor to avoid external force and prevent failure.
- 3.After the fixed mode is used, clean the ultrasonic emission surface to prevent adhesive; Wipe with wet wipes/alcohol cotton.
- 4.After the movement mode is used, clean the ultrasonic emission surface to prevent adhesive; Can be wiped with dry paper towel.
- 5.The designed lifespan of this product is 3 years. Upon expiration, please dispose of this product according to national regulations on the disposal of electronic products.

Accessory list		
No.	Part Name	Quantity
1	Main engine	2
2	Charging case	1
3	Charging cable	1
4	Operating manual	1
5	Certificate of conformity	1
6	Coupling gal	1
7	Disposable coupling sticker	8

Warranty statement

The product attached to this document is guaranteed as follows: If the product is twelve months from the date of purchase, under normal conditions of use due to quality defects damaged, can be repaired free; if the manufacturer confirms that it cannot be repaired, free replacement; repaired or replaced product, Continue to enjoy the warranty during the remaining warranty period. Purchase date by sale the ticket date shall prevail.

The above guarantee does not apply to the following situations:

1. The validity period of the three packs is exceeded;
2. Alteration of the warranty card and product code does not match the product body;
3. Causes caused by misuse, abuse or improper transportation, use, maintenance or storage impaired or damaged;
4. Failure or damage caused by force majeure (such as earthquake, war, fire, etc.) or accident bad;
5. Disconnection or tearing caused by excessive load;
6. Any damage caused by sharp objects;

Warranty statement

7. Products with signs of burning or flooding;
8. Damage caused by unauthorized disassembly;
9. Aging, discoloration, abrasion, reture and other losses occurred during normal use of the product.
10. If the original identification label of the product is changed or damaged, this guarantee will become invalid.