

# User Guide



Product Name : smart watch Product Model : PG222

**Please read the instruction manual carefully before you use it for correct installation and quick use, and the product should prevail in kind!**

## **Product Configuration:**

- 1. smartwatch \*1
- 2. charging cable \*1
- 3. user manual \*1

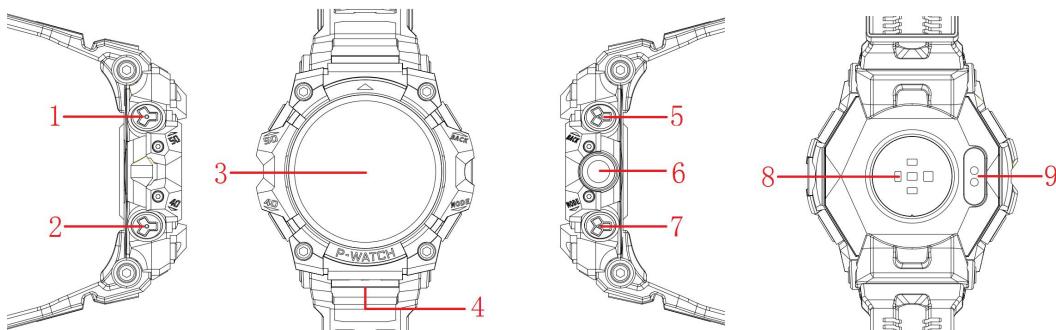
## **wear correctly**

The watch is best worn behind the ulnar styloid, adjusted to fit the wrist according to the adjustment holes and fasten the wristband clasp; the sensor should be close to the skin to avoid movement.

## **Charging the watch**

Please make sure the watch has normal power for the first time use, if the low power can't turn on the watch normally, please connect the charger to charge the watch.

## **Product Overview**



1. MIC 2. air vent 3. display screen 4. speaker 5. return key 6. electric hand torch 7. Power button 8. pulse rate 9. Magnetic charging contacts

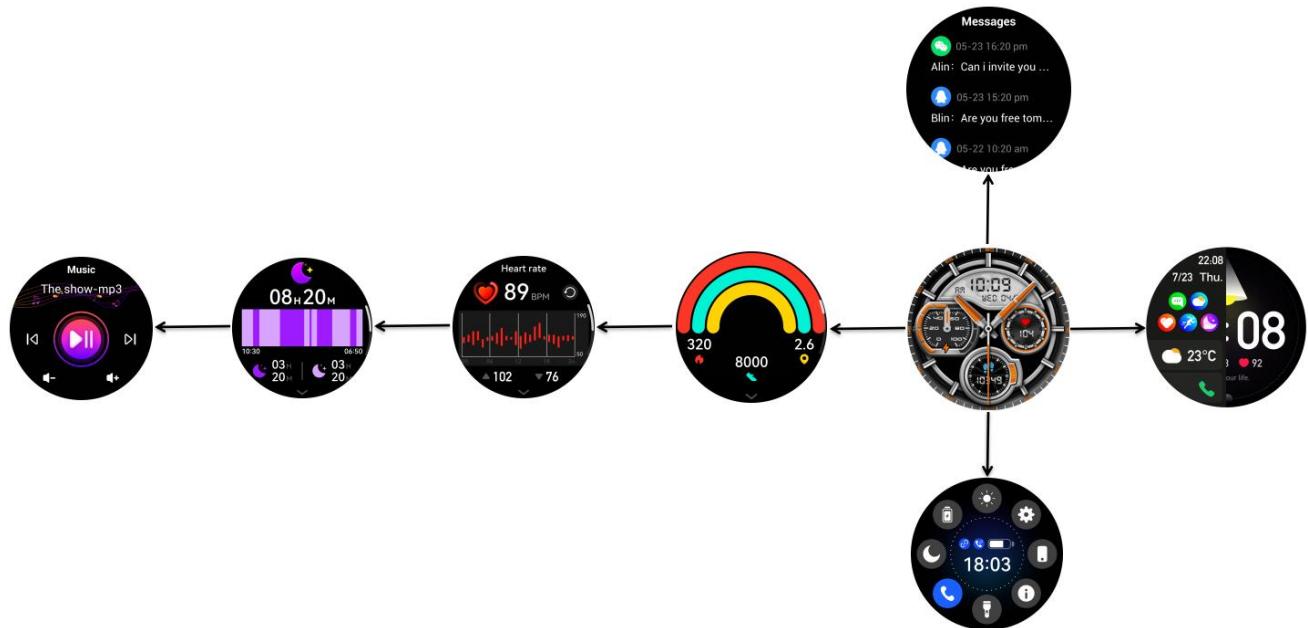
### Key Definition

**Power button:** Long press for about 3 seconds to turn on/off; under the dial interface, short press to enter the main menu; under the non-dial interface, short press to return to the dial interface, and under the main menu interface, double tap to switch the menu style.

**Return key:** Short press to rest the screen in the dial interface, long press to enter the sport mode, short press to return to the dial interface in other interfaces, short press to light up the screen when the screen is resting, and you can change the function of the buttons in the settings.

### slide operation

- Swipe left on the dial screen to access the widgets;
- The dial screen swipes to the right to access the split screen function;
- The dial screen swipes down to access the control centre;
- The dial screen swipes up to access message notifications.



### Mobile Client Download and Connection

Download 'FitCloudPro' APP to your mobile phone and install it, you can scan the QR code on this manual, scan the QR code on the watch, or search 'FitCloudPro' in the APP mall directly to download.



APP Download QR Code

System requirements: Android 9.0 and above; iOS10.0 and above; Bluetooth 4.0 support.

### Device connection

For the first time use, you need to connect the APP for calibration, and the watch will automatically synchronise the time after successful connection.

1. Scan code connection: After the mobile phone turns on the Bluetooth, enter the APP (Note: If the APP can not be opened, please open the positioning and then open the APP) click on the device - → click on the binding device - → click on the scanning code binding (scanning the QR code on the watch).
2. Manual connection: After the phone opens the Bluetooth, enter the APP (Note: If you encounter the APP can not open the situation, please open the positioning and then open the APP) click on the device - → click on the binding device - → click on the search device (to find the watch slides down the control centre 'settings' - → 'system' in the corresponding Bluetooth name and MAC address of the device) - → click on the connection. '→' system information 'in the corresponding Bluetooth name and MAC address of the device) -> click to connect.
3. Connecting Bluetooth for Calling: The Bluetooth for calling is off in the initial state of the watch, and the call and music functions can not be used at this time. Slide down to open the control centre, click on the phone icon, turn on the audio mode, open the Bluetooth in the mobile phone system (with the mobile phone Bluetooth turned on), find the corresponding Bluetooth name and click on connect. After successful connection, you can use the call and music function normally.

Note: If the watch has been connected by other mobile phones, please unbind and restore factory settings on the watch side. Keep within 5 metres distance from your mobile phone during Bluetooth calls, otherwise the call quality will be affected.

### Function Introduction

**Dial:** The watch has built-in multiple dials, you can long press and slide the screen to choose your favourite dials in the dial interface; you can download the dials to the watch local display in the APP dial market after connecting the APP; you can customize the dials by uploading pictures in the APP.

**Dialling:** Connect your mobile phone to dial out and make calls on the watch side.

**Contact Person:** Connect APP to add frequently used contacts.

**Heart rate and blood pressure detection:** Please wear the watch and keep your wrist steady when measuring, the measurement results are automatically recorded in APP.

**Sleep:** It automatically enters sleep monitoring mode at night and the data is updated in APP at the same time.

**Movement:** Provides a variety of exercise modes to choose from, and more exercise modes can be pushed on the APP.

**Pedometer:** View the day's exercise steps, calories and distance.

**Music:** After the watch and APP are connected, you can control the pause and start of your mobile phone's music player, volume adjustment and song switching.

**Alarm clock:** After the watch and APP are connected, you can set an alarm.

**Taking pictures:** The watch and APP can be connected to remotely control the mobile phone to take photos.

**calendar:** Displays the current year, month, and day, and the upward stroke displays the calendar.

**Setting:** Menu style, screen display, password, vibration, sound, language, etc. can be set.

### **Common Usage Issues**

If any problem occurs during use, please refer to the following terms and conditions to solve the problem, and if the problem persists, please contact your dealer or designated service personnel.

1. Watch won't switch on?

Press the on button for too short a time, please press it for more than 3 seconds, the battery power is too low, please connect the charger to charge it.

2. The watch turns itself off?

Battery power is too low, please connect the charger to charge.

3. The watch is used for a very short period of time?

The battery is not fully charged, make sure you have enough charging time.

4. Why is the watch not receiving push messages?

(1) Confirm that the message push switch is turned on on your mobile phone;  
(2) Confirm that the messages can be displayed normally in the notification bar of your mobile phone, the watch push is pushed by reading the messages in the notification bar of your mobile phone, if there is no message in the notification bar of your mobile phone, the watch will not be able to receive the push. (You need to find the notification settings in the mobile phone settings, and turn on the notification switch of phone/ SMS/ mobile client).

**For more FAQs, please check the APP [My > FAQs].**

### **exemption clause**

1) The heart rate data obtained through this smartwatch is for reference only and should not be used as a basis for medical treatment or diagnosis;

2) Self-diagnosis and treatment can be dangerous, only a medical professional can diagnose and treat high blood pressure and heart and other related conditions, it is recommended to contact your doctor for a more professional diagnosis;

3) The heart rate data provided by this smartwatch may not be completely accurate due to factors such as environmental disturbances, wearing positions, changes in climatic conditions, and a person's physical condition;

4) Do not make medication and treatment adjustments based on the monitoring data provided

by this product, and follow your doctor's instructions when you need to take medication and treatment; we are not legally responsible for the inaccuracy of the monitoring data or the consequences of misuse of the monitoring data and information.

- 5) Any modification, reproduction, distribution, storage or dissemination of part or all of the contents of this manual in any form is strictly prohibited without the prior permission of the Company.
- 6) In no event shall the Company be liable for any direct or indirect damages arising out of any incidental data or otherwise.
- 7) The Company reserves the right to amend this manual without prior notice.

## **FCC Caution:**

**This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:**

**(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.**

**Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.**

**NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.**

**However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:**

- Reorient or relocate the receiving antenna.**
- Increase the separation between the equipment and receiver.**
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.**
- Consult the dealer or an experienced radio/TV technician for help.**

**The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.**