

User Instructions

Please read the instructions before use:

- The company reserves the right to modify the content of this notice without notice. According to normal, some functions are different in specific software versions.
- The product should be charged for more than 2 hours before use, but avoid charging for a long time in unmanned environment when charging.
- Please suck the magnetic charging cable and automatically absorb to the bracelet charging port.
- Please use the input voltage: 5V/1A or 5V/2A charging head, and cooperate with the original charging cable provided by the manufacturer.
- Please use the USB port of the computer or mobile phone charger correctly; if the product temperature rises too high during the charging process, please stop charging.
- Before using the product, download the login application to the mobile phone and set personal information.

App download login

- The download method of the app "Onwear Pro":

1. Apple phone can be downloaded in the App Store.

2. Android phones can be downloaded on Google Play Store.

3. Or scan the QR code in the watch to download the app (compatible: iOS12.0 above /android6.0 or more).

- Install the APP, please register and log in according to the interface prompt. You need to open the Bluetooth.

- In the device interface, select the Bluetooth name LQ06 for binding to use the watch normally.

- After the watch linked APP, before using the GPS mode, please update the Star Calendar data so that the watch can shorten the positioning time. The Star data data is updated every 3 days.

More function introduction:



Telephone

Phone function: dial -up, contact, call records, you need to link BLE and BT to use



Motion data

Swipe the touch screen from the right to the left, enter the sports data interface, and check the data of the day: the number of steps, distance, calories.



Information

After the watch is connected to the mobile app, the newly popped information of the mobile phone will be pushed to the watch end simultaneously. The watch will store multiple pieces of information.



Language assistant

After the watch is connected to the mobile phone app, light the voice ball to wake up the voice assistant.



Heart rate monitoring

Heart rate measurement: The bottom green light starts to measure, and the measurement is completed in about 30 to 60 seconds. At this time, the measurement value is based on PPG technology measurement.



Blood oxygen monitoring

Blood oxygen measurement: The red light at the bottom starts to measure, and the measurement is completed in about 30 to 60 seconds. At this time, the measurement value is based on PPG technology measurement.



Stress monitoring

Pressure measurement: The bottom green light starts to measure, and the measurement is completed in about 30 to 60 seconds. At this time, the measurement value is based on PPG technology measurement.



Sleep monitoring

Display the sleep monitoring status of the day, the data is updated every day, and the specific data can be used to the APP to view.



Motion mode

Watches support a variety of sports modes. You can set your favorite sports mode through the APP. GPS supports sports mode: walking, running, riding, climbing and other outdoor sports modes.



Alarm clock

Find the alarm function in the list and add alarm

clock according to the corresponding settings.



Weather

After the watch is connected to the mobile app, the weather will automatically synchronize to the watch end.



Secondary watch

Package time -click the triangle to start, click the pause again, and click the left button after the pause is restored.



Timer

The timer function -After selecting the corresponding time, open the timer, and the timer end the vibration reminder.



Music

Music function-After connecting the app, open the music player to control the playback of music.



Camera

After the watch is connected to the phone, turn on the camera, click to take a picture, and the photo will be saved in the phone.



Respiratory training

Choose the corresponding time and follow the interface to inhale and exhale to achieve the purpose of practice.



Female health

Women's Health: APP on the link needs to set the gender to women in the app. According to the prompts of physiological health, the watch will prompt the corresponding state.



Dial switch

On the dial interface, you can enter the switch dial interface by long pressing the dial. The dial supports knob switching. Long pressing on the dial interface will enter the dial switching interface. Note that you need to click the icon on the dial to enable this function (the watch has multiple built-in dials).



Style Mode

Style mode: Style mode can be selected in the watch settings, supporting multiple mode selections



Turn off

Long press the button for 3 seconds to turn on. The watch will automatically turn on when charging. Click the shutdown icon to shut down.



System message

View information about the Bluetooth name, MAC address, firmware version number and other information of the watch.



Restore Factory

It is confirmed that the restoration of the factory setting will clear all personal data.

Please read this manual first to ensure safety and correct use:

- The data of this product is for health management reference only. Please do not be used as a medical data. If you find that the physical data is abnormal, it should be based on hospital testing.
- The waterproof level of the watch is IP68. You can use it normally in life scenarios such as hand washing and rain. Do not place the watch in hot water. Do not perform underwater keys or deep dives. Do not contact the watch to corrode Sex liquid to prevent damage to the watch. The

waterproof function is not permanent and effective, and the protection function may decrease due to daily wear.

- Dalogs such as water stains and sweat may stimulate the skin. After exercise, you can properly adjust the loose strap or take off the watch for a period of time, let the skin breathe and rest, and clean the watch in time, dry it before wearing it.
- It is forbidden to use the car charger to charge (the car voltage is unstable when the car is ignited).
- It is forbidden to use fast charge multi -port chargers charging mobile phones and watches.

Product parameters

Waterproof level: IP68

Sensor: 3 axis g-sensor

Battery capacity: 400mAh

Synchronous method: Bluetooth

Differential rate: 466*466 AMOLED

Show screen: 1.43AMOLED

Working hours: about 5-7 days

Work temperature: $-10^{\circ}\text{C} \sim 50^{\circ}\text{C}$

Packing list: host, charging cable

Compatible system: iOS 12.0 or more, Android 6.0 or more

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.