










Haina Fu (Shenzhen) Technology Co., Ltd.

Version: A/1

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Product Description

Product Model:	Q01	Customer Model	BM01	Version	Q01-V1.0		
Product Name:	Boxing Target						
Contents							
Power Supply:	Lithium Battery	Specification:	18650 4000mAh Two in Parallel	Nominal Voltage	3.7V	Nominal Capacity	4000mAh with Dual Six-Pin Protection Board
1. Indicator Lights	Ice Blue Light Ring: 1. Flashes twice on Power On; 2. Impact indication in strength display mode; 3. Impact indication in Rotary Mode.						
	Red Light Ring: 1. Flashes twice on Power On; 2. Impact indication in Rotary Mode.						
	Light Ring Flash Duration: Level 1 - 2.0 seconds; Level 2 - 1.8 seconds; Level 3 - 1.6 seconds; Level 4 - 1.4 seconds. Level 5 - 1.2 seconds; Level 6 - 1.1 seconds; Level 7 - 1.0 second; Level 8 - 0.9 seconds.						
	Blue Indicator Light: Bluetooth connection indicator.						
2. Digital Display	1. Flashes twice on Power On; 2. Strength display; 3. Count display; 4. Volume display.						
3. Touch Buttons		1、Press and hold for 2 seconds to Power On; press and hold for 3 seconds to Power Off during operation. 2、During operation, short press to switch Rotary Mode. 3、In force display mode, short press to switch to Rotary Mode.					
		Short press to switch to force display mode.					
	 	Volume Up and Volume Down keys: short press to adjust stepwise; long press for rapid adjustment.					
4. Charging Status	4.1. Charging Method	Type-C USB port input					
	4.2. Charging Voltage	USB 5V (Adapter 2A)					

	4.3. Charging Current	Maximum 2000mA (No operation when battery is fully depleted)
	4.4. Charging Status	When charging in the power-off state, the digital display flashes to indicate charging; once fully charged, the digital display shows FUL.
	4.4 Charging Upper Limit	Max 4.2V
5 Operating Status	5.1 Operating Mode	 5.1.1 Press and hold for 2 seconds to Power On; after powering on, the digital display and light ring flash twice then turn off, the digital display shows 000, and the light ring rotates randomly according to the speed setting (default H01). In operating status, press and hold for 3 seconds to Power Off.  5.1.2 After Power On, the blue light flashes to indicate Bluetooth is waiting for connection; once connected successfully, it remains steadily lit. 5.1.3 After Power On, short press the button to switch the light ring flashing speed; there are 8 levels, displayed as H01 to H08.  5.1.4 In force mode, short press to enter Rotary Mode or, in Rotary Mode, hit the specified position indicated by the aperture. When the  hit location matches the aperture, the digital display increments by 1 and a correct hit sound is emitted. If the hit does not match, the digital display remains unchanged, and an incorrect hit sound is emitted. 5.1.5 In Rotary Mode, short press the button to switch to force display mode. Hit the specified position, and the digital display shows the force value of the hit.  Value. 5.1.6 Short press VOL+ to increase volume; long press VOL+ to rapidly increase volume up to a maximum of V16. Short press VOL- to decrease volume, Press and hold VOL- to quickly decrease the volume; minimum volume is V00.
		5.2 Product Power 5W
		5.3 Charging Time Approximately 3 to 4 hours
6 Bluetooth Name	BM01	
7 Low Battery Protection	3.5V low battery voice prompt; automatic shutdown at 3.2V.	

8	Accessory	
Cables		Charging cable: one end Type-C USB, the other end USB; total length 100 cm (maximum current 2A).
9	Product	Dimensions: 350 mm × 350 mm × 65 mm
Specifications		Device Head Weight: approximately 1120 g
Remarks		Package Contents: main unit, manual, charging cable, adult boxing gloves, children’ s boxing gloves, Velcro straps, photo frame sticker

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.