

Magical Therapy Light User manual



Model: WL23

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1. Introduction

To get the best out of your new appliance, please read this user manual carefully before using it for the first time. Take particular note of the safety precautions. We also recommend that you keep the manual for future reference, so that you can remind yourself of the functions of your appliance.

2. Notes

Please read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.

Safety notes



Warning

- Before use, ensure that all packaging materials are removed and that there is no visible damage to the device or accessories. When in doubt, do not use the appliance and contact your dealer or the customer service address provided.
- Do not subject the equipment to heavy shocks to avoid risk of damage to the lamp.
- Connect the appliance only to the mains voltage listed on the type plate; Check if the voltage indicated on the equipment corresponds to the local mains voltage before you connect the equipment to avoid risk of electrocution or permanent damage to the equipment.
- Water and electricity are a dangerous combination. Keep the appliance dry and away from water. Do not dip the device into water.
- Do not use it in wet rooms such as a bathroom, laundry room, or pool area.
- Keep children away from packaging materials (risk of suffocation).
- The output power cord of the adaptor must be placed in a proper way, which the risk of stumbling or strangulation is completely excluded.
- Do not cover up or pack away the appliance while it is warm.
- Always unplug the appliance after use and in case of a power failure to avoid risk of damage to the equipment, and allow the device to cool down before touching it.
- Do not touch the appliance with wet hands while it is plugged in; do not allow any water to be sprayed onto the appliance. The appliance must be operated only when it is completely dry.
- Ensure that you only insert and remove the mains part with dry hands and that you only touch the ON/OFF button with dry hands.
- Keep the mains cable away from hot objects and naked flames.
- This appliance is not intended for use by children. Children should be supervised to ensure that they do not play with the equipment to avoid the risk of fire and burns.
- Do not use the device if it shows signs of damage or does not function properly. In these cases, contact Customer Services.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- To ensure the device is completely switched off, disconnect the power supply from the main power outlet.
- Disposal of the device shall be according to local regulations.
- Do not make any changes to the device without the manufacturer's permission.
- Only operate the device with the power adapter provided.

3. Device description

A. ON / OFF Switch (OFF: red / ON: green)

B. Bluetooth display (blue)

C. Illumination Screen

D. LCD touch screen

1. White light brightness adjustment

2. Playlist Loop Repeat

3. Single Track Repeat

4. Timer Adjustment

5. Sleep Aid Music

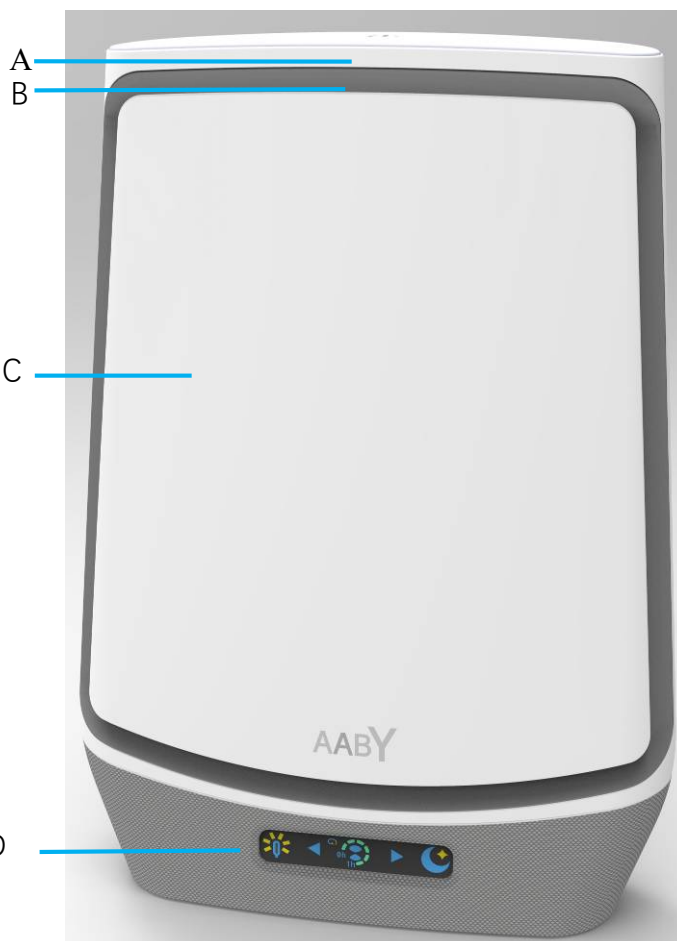
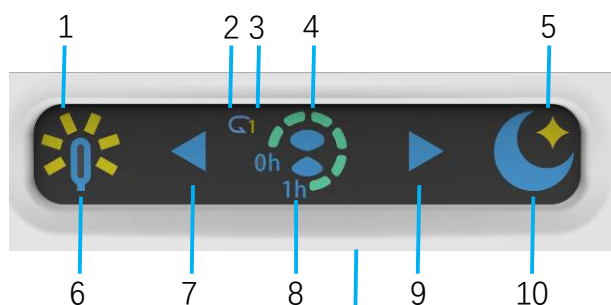
6. Light therapy

7. Previous track [number] / Volume down

8. Timer

9. Next track [number] / Volume up

10. Sleep Aid red light



4. Initial use

Remove the packaging. Check the device for damage or malfunction. If you notice your device is damaged or malfunctioned, please do not use the device and contact customer services or supplier.

Positioning the device

Place the device vertically on a flat, level, stable, hard surface. The optimized distance between the user and the device is between 20cm-40cm (7.8-15.7 in). Light sources are most effective at this distance.

Power source connection

- To prevent damage to the device, the device must only be used with supplied power adapter.
- Insert the round adapter plug output into the back of the device and connect the power adapter to local mains outlet.
- After using the device, make sure the device is in off status (Red LED on the top of the device indicate device is in standby mode) before unplugging the adapter from the electrical outlet, then disconnecting the round adapter plug output at the back of the device.



Note:

- Connect the device only to the mains voltage listed on the power adapter plate.
- Avoid placing the power cords in a way that might trip over people and animals.

5. Operation

5.1	Place the device in a flat, level, stable, hard surface; connect the adapter to the round adapter plug output into the back of the device and the power adapter into a standard AC electrical outlet; check whether the red indicator light of the On/Off switch is on and in standby mode.
5.2	Touch the ON/OFF switch on the top of the device, the indicator light turns green, the LCD touch screen, and the Bluetooth indicator lights up; the device is now in standby mode; you can select the desired function; you may turn off the device at any time if you needed, by touching the On/Off switch on the top of the device. Note: a: the LCD touch screen will turn off automatically if it does not perform any function within 30 seconds; the device is still in standby mode, if you touch the LCD touch screen again, the LCD touch screen will light up. b: The Bluetooth indicator lights up for 3 seconds and then goes out. The Bluetooth indicator light will stay on, once the Bluetooth device is successfully connected to the device.
5.3	Lighting and phototherapy features on LCD: White LEDs are well known for its high efficiency, energy saving, UV free, non-flickering, long lasting, pure, soft color temperature and brightness in lighting; and the usage time and its brightness can be adjusted according to the actual user needs; while turning on the device for work and study, you can also enjoy the benefits from the white light therapy at the same time. Touch the light therapy icon on the LCD touch screen  to turn on the white light therapy; at this time, the blue part in the middle of the light therapy icon  flashes and displays (flashes for 2 seconds, dims for 1 second; simultaneously in loops; indicating the current status of the device is in white light therapy mode); while white light lights up, the brightness is set to the brightest level as defaults; users can adjust the brightness by touching the light therapy icon. At the same time, timer is set as defaults for a 1 hour countdown cycle, the six green segments of the timer  is lit, and the middle blue part of the timer adjustment icon flashes  and displays (flashes for 2 seconds, dims for 1 second; simultaneously in loops; indicating that the countdown is in progress); users can touch the timer adjustment icon to make adjustments according users' preferences. During the light therapy process, you can select sleep-aid music simultaneously (touch the sleep-aid music icon  to enjoy built-in music), or connect your mobile phone through Bluetooth to enjoy your own choices of music. reference 5.4 and 5.5. After the therapy cycle is completed, the light on the Illumination Screen goes out, and the light therapy icon and timer icon return to normal display. After 30 seconds, the LCD touch screen icons go out and the entire device enters standby mode. <u>Note:</u> a: Light therapy icon : The six yellow segments indicate the brightness. When you turn on the device for the first time, the six yellow segments will light up (device is set to maximum brightness as default). The brightness will decrease by one level at a time when you touch the therapy icon each time. When it comes to the minimum level, the brightness will increase by one level at a time once again when you touch the therapy icon; the device memorized the brightness level that previously when device remains in standby mode; when disconnected the power adapter from the electrical outlet the device will restore back to initial settings: maximum brightness. b: Timer Adjustment icon : default as 1 hour countdown, divided into six green segments, each segment represents 10 minutes, the corresponding green segment goes off every 10 minutes of the countdown cycle; the user can adjust the timer, by touching the timer adjustment icon, each touch will decrease the timing by one segment (decreased by 10

	minutes). Until the timer icon displays shows "", the device is in non-timing status and remains on without time limited; Once the timing adjustment icon "" is touched again the device will resume back to 1 hour session (with six green segments lighted up around the timing adjustment icon "") c: for time recommaned for the best light therapy experience and distance between user and the device, reference to point 5.6, 5.7, 5.8.
5.4	Sleep-aid features on LCD: Touch the Sleep Aid Music icon "" continuously, to achieve three functional modes: "", built-in sleep aid music; "", sleep aid red light plus built-in sleep aid music; "", sleep aid red light. There are 11 built-in sleep aid music, please reference to point 11). 5.4.1 Sleep aid music a: Touch the Sleep Aid Music icon "" once to play the built-in sleep aid music. In this mode, the star icon "" flashes and displays (flashes for 2 seconds, dims for 1 second; simultaneously in loops; indicating that the built-in sleep aid music is now playing). The built-in sleep aid music will be played in a default sequence through the timing cycle. The blue part in the middle of the timer adjustment icon flashes "" and displays (flashes for 2 seconds, dims for 1 second; simultaneously in loops; indicating that countdown is in progress). The user can adjust the timer as needed; reference to point 5.3. b: Use the two triangle icons " Previous track [number] / Volume down icon "" Next track [number] / Volume up "" to select between tracks and adjust the volume; each time you touch Previous track / Volume down icon "", the volume decreases by one level; each time you touch Next track / Volume up icon "", the volume increases by one level; touch and hold (about 2- 3 seconds) Previous track [number] / Volume down icon "" to play the previous track; touch and hold (about 2-3 seconds) Next track / Volume up icon "" to play the next track. When switching between the built-in music, the device will prompt the track number. (For the track number and music title, reference to point 11). c: The user can switch to single loop playback by touch and hold the timer adjustment icon "". Once, a yellow "1" mark appeared on the "Music Loop Repeat" icon, it will show as: "", which means the single loop playback is now on; touch and hold the timer icon, the playback will switch back to the full track loop; d: Once the countdown session is completed, the music will stop, both the sleep aid icon and timer icon return to normal display. After 30 seconds, the LCD touch screen icons go out and the entire device enters into standby mode. Note: After the session ends, the device will be set as defaults to the last song's playback position while the device stays in standby mode. This means that the next time you use the device (without unplugging the device from the electrical outlet), playback will start from where the last session ended. If the device is unplugged from the electrical outlet, it will revert to the initial track position. 5.4.2 Sleep aid music + sleep aid red light

	Touch the Sleep Aid music icon "" for the second time, it will switch to built-in sleep aid music + sleep aid red light therapy, i.e. the device plays sleep aid music, and the red light lights up; Sleep Aid music icon "" flashes and displays (flashes for 2 seconds, dims for 1 second, simultaneously in loops; indicating that the current status is in sleep aid music + sleep aid red light); at the same time, the default time cycle is set as 1 hour session, and the blue part in the middle of the timer adjustment icon flashes "" and displays (flashes for 2 seconds, dims for 1 second, simultaneously in loops; indicating that timing is in progress), the user can adjust the timer; reference to point 5.3. During this period, users can switch between different music tracks and adjust the volume. When the session is completed, music and sleep aid red light will be turned off, both the sleep aid icon and timer adjustment icon return to solid. After 30 seconds, the LCD touch screen icons go out and the entire device enters standby mode. 5.4.3 Sleep aid red light Touch the sleep aid icon for the third time to switch to sleep aid red light therapy, the device's red light lights up; the sleep aid red light icon "" flashes and displays (flashes for 2 seconds, dims for 1 second, simultaneously in loops; indicating that the current status is sleep aid red light) ;At the same time, the default is set as 1 hour session, and the blue part in the middle of the timer adjustment icon flashes "" and displays (flashes for 2 seconds, dims for 1 second, simultaneously in loops; indicating that timing is in progress), the user can adjust the timer; reference to point 5.3. When the session is completed, the sleep aid red light is turned off, both the sleep aid icon and timer adjustment icon returns to solid. After 30 seconds, the LCD touch screen icons go out and the entire device enters standby mode.
5.5	Bluetooth features Users can connect the device to their mobile phones via Bluetooth, allowing the device to function as a music player and plays music from users' mobile devices. 5.5.1 After the device is connected to the power adapter, the Bluetooth function is turned on simultaneously, and the Bluetooth indicator lights up for 3 seconds and then goes out. 5.5.2 When the device pairs with the mobile devices via Bluetooth, the indicator light turns on (blue). Once the connection is successfully established, a voice prompt will announce: "Bluetooth connected," and the indicator light will remain on. 5.5.3 Go to the mobile devices' music player and the device can play music from the mobile devices. 5.5.4 When the device is used as a music player, the device LCD screen lights up. The device no longer perform timing function, but users can adjust the volume and switch music either through the device or the mobiles. 5.5.5 After the device is connected to the mobile device through Bluetooth, the user can operate and use the light therapy and sleep aid features; when light therapy paired with mobile devices' music, or sleep aid red light paired with mobile devices' music, the device will refer to the light therapy and sleep aid modes for timing. 5.5.6 When the device is playing built-in music, even the device is connected to Bluetooth and the mobile devices which are not playing music, the built-in music playback will continue; until the mobile devices' music playback starts. The device will switch to mobile devices' music playback. 5.5.7 When the mobile devices disconnect from Bluetooth or is too far from the device to connect, a voice prompt: "Bluetooth Disconnected" is announced.
5.6	Light therapy recommendations Sit, within 20cm to 40cm (7.8-15.7 in) from the device. You can engage in normal activities while using it. Such as reading, writing, making phone calls, and more.

	•Every once in a while, take a quick look at the light, as light therapy effect is achieved by the eye/retina receiving the light. • White light therapy is based on your own needs; however, the best results are achieved when the therapy is conducted for at least 7 consecutive days as recommended. •The most effective time of day for light therapy is from 6 a.m.to 6 p.m., and we recommend using it in the morning. •Do not look directly at the light source when using it, as this can over-stimulate the retina. •Start with shorter exposure times and gradually increase over the course of a week. Note: After the first use, eye pain and headaches may occur. As the nervous system gradually adapts to the new stimulation, these discomforts will subside in subsequent light therapy sessions.												
5.7	Light Therapy important instruction When using the device at maximum brightness, maintain a distance of 20-40 cm (7.8-15.7 in) between your face and the light. The duration of application depends on the distance. <table><tr><th>Lux</th><th>Distance</th><th>Application duration</th></tr><tr><td>10.000</td><td>approx. 20 cm / 7.78 in.</td><td>0,5 hour</td></tr><tr><td>5.000</td><td>approx. 30 cm / 11.81 in.</td><td>1 hour</td></tr><tr><td>2.500</td><td>approx. 40 cm / 15.75 in.</td><td>2 hours</td></tr></table>	Lux	Distance	Application duration	10.000	approx. 20 cm / 7.78 in.	0,5 hour	5.000	approx. 30 cm / 11.81 in.	1 hour	2.500	approx. 40 cm / 15.75 in.	2 hours
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5.8	Enjoying phototherapy over longer periods Repeat the use of the device in the season's lack of sunlight for at least 7 successive days, or even longer, depending on your individual needs, because the white LED light is designed to simulate natural sunlight sources. If possible, conduct the treatment in the morning hours.												
5.9	Caution! 5.9.1 Having shut down the device manually or automatically, please unplug the power part from the power socket. 5.9.2 The device remains hot after use. Allow the device to cool down before storing it in a dry place, out of the reach of children.												

6. Cleaning and care of the device

Clean the device with a dry cloth or a slightly damp cloth before and after use.

Important

- Before you clean the device, always switch it off, unplug it and let it cool off.
- Do not wash the device in a washing machine!
- Do not use abrasive detergents and do not immerse the device in water!
- Use a slightly damp cloth to clean the device. Ensure that no water penetrates inside the device!
- Do not touch the device with wet hands while it is plugged in; do not allow any water to be sprayed onto the device. The device must be operated only when it is completely dry.

7. Storage

If you are not going to use the device for an extended period of time, disconnect it and store it in a dry place, out of the reach of children.

Follow the storage instructions under the “Technical specifications”.

8. Disposal

For environmental reasons, do not dispose of the device in the household waste at the end of its useful life. Dispose of the device at a suitable local collection or recycling point.

Dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment). If you have any questions, please contact the local authorities responsible for waste disposal.



9. Technical specifications

Part number	WL23
Power	100-240V AC 50/60Hz
Dimension (WHD)	260 x 360 x 81mm
Weight	Approx. 1,350 g
Light source	LED
Output	Max. 48W
Display index (CRI)	≥92
Illumination	10,000 LUX (Distance: approx. 23cm)
Color temperature	6,500 kelvin
Wave length	380-780nm
Radiation	The output radiation beyond the visible spectrum (infrared and ultraviolet) is low, harmless to eyes and skin, and complies with IEC62471-1:2006 photobiological safety standards.
Operating conditions	0°C to +35°C, relative humidity: 15 - 90% , Atmospheric pressure: 700hPa-1060hPa
Storage and transportation	-20°C to +50°C, relative humidity: 15 - 90% , Atmospheric pressure: 700hPa-1060hPa
Expected service life	2 years(device and parts)
Product classification	External power supply, Protection class II
Included in package	Device、 power adapter、 user manual

10. Power supply

Model no.	GS	UL
	GJ48WE-2400200V	GJ48WE-2400200U
	MYX-2402000EU	MYX-2402000US
	XSI-2402000HEU	XSI-2402000HUS
input	100-240V ~ 50/60Hz	
Output	24V DC, 2A	

Protection level	Class II
	Polarity of DC voltage connection

11. Built-in tracks (Business licenses provided by Pond5 Inc.)

Track no.	Music titles
1	Relaxing Music Of Nature (Gitar And Djembe)
2	Relaxing Piano Music For Meditation Or Deep Sleep With Sound Of The Nature
3	Mangling Chords, Nature Rain Drops In A Puddle Spa Soundscapes
4	Earth Nature Ocean Beach Sound Design
5	Gentle Rain Meditation 432Hz I Deep Sleep Music
6	Meditation Music & Nature (Rain And Thunders) 432 Hz For Yoga, Spa, Reiki
7	Meditation Music & Nature (Fireplace) 432 Hz For Yoga, Asmr, Spa, Sleep, Relax
8	Pure Relaxation & Meditation Music
9	Meditation Music Relax Calm Quiet Relaxation Background Documentary
10	Zen Garden (Meditation Music Nature Documentary Spa Instrumental)
11	Meditation Music Background Water Relaxing Relaxation Piano Chakra Nature Spa 5

12. Guarantee Terms

The guarantee does not apply:

- 1). The above instructions are not followed.
- 2). The appliance has been interfered with.
- 3). The appliance has been mishandled, subjected to rough treatment, or has suffered any other form of damage.
- 4). Faults have arisen because of faults in your electricity supply. Due to the constant development of our products in terms of function and design, we reserve the right to make changes to the product without prior warning.

13. Questions And Answers

If you have any questions regarding use of the appliance and cannot find the answer in this user guide, Please contact us our customer support.

You can also see contact details if you need to contact us for technical issues, repairs, accessories and spare parts.

14. Manufacturer



Taishan Anson Electrical Appliances Co. Ltd.
Mountain Industrial Estate, DuanFen,
City, 529245 Guangdong, P.R.China
Tel: 0750-5366888
Fax: 0750-5366388
E-mail: infots@anson.com.cn

15. European (EU) Authorized Representative



16. FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator and your body.

ISED Statement

English: This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

The digital apparatus complies with Canadian CAN ICES-3 (B)/NMB-3(B).

French: Cet appareil contient des émetteurs/récepteurs exempts de licence qui sont conformes aux RSS exemptés de licence d'Innovation, Sciences et Développement économique Canada.

L'exploitation est soumise aux deux conditions suivantes :

- (1) Cet appareil ne doit pas provoquer d'interférences.
- (2) Cet appareil doit accepter toute interférence, y compris les interférences susceptibles de provoquer un fonctionnement indésirable de l'appareil.

l'appareil numérique du ciem conforme canadien peut - 3 (b) / nmb - 3 (b).

This device meets the exemption from the routine evaluation limits in section 6.3 of RSS 102 and compliance with RSS 102 RF exposure, users can obtain Canadian information on RF exposure and compliance.

cet appareil est conforme à l'exemption des limites d'évaluation courante dans la section 6.3 du cnr - 102 et conformité avec rss 102 de l'exposition aux rf, les utilisateurs peuvent obtenir des données canadiennes sur l'exposition aux champs rf et la conformité.

This equipment complies with Canada radiation exposure limits set forth for an uncontrolled environment. Cet équipement est conforme aux limites d'exposition aux rayonnements du Canada établies pour un environnement non contrôlé.

RF Exposure Statement

This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

Cet équipement doit être installé et utilisé à une distance minimale de 20 cm entre le radiateur et votre corps.