

## SMART PILLOW

## User manual



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## WHAT'S IN THE BOX

- X1 Pillow and air pump box
- X1 Side arm circumference soft ruler
- X1 Type-C Charging Cable
- X1 User manual

## HOW IT WORKS &amp; KEY FEATURES

## PRINCIPLE

The device inflates the internal airbags of the pillow to adjust its height upon detecting snoring, which turns the head to widen the airway and achieve the function of stopping snoring.

## FEATURES

## Snoring Recognition and Learning:

The smart pillow is equipped with an algorithm that accurately captures snoring sounds and self-learns to adapt to the user, enhancing the precision of detection.

## Pressure Sensing Technology:

The pillow uses a head pressure sensor to precisely locate the head, providing essential data for effective snoring mitigation.

## Sleep Posture Recognition and Adaptation:

The smart pillow recognizes sleep posture through algorithms and automatically adjusts to protect the cervical spine and maintain an unobstructed airway.

## Material and Design:

The pillow is made of memory foam with slow rebound and a cervical spine curve design, offering a breathable and comfortable experience.

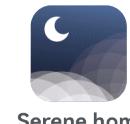
## APP Integration:

Users can customize settings through the APP monitor sleep data, and achieve personalized sleep management.

## HARDWARE OVERVIEW



## DOWNLOAD THE APP



Serene home

Dravel App is available for both iOS and Android OS. Search the name "Serene home", in App Store or Google Play.

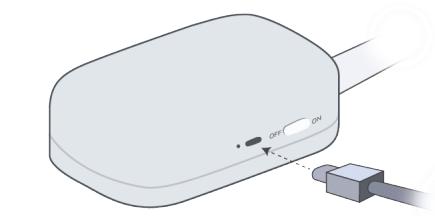
[Download on the App Store](#)

[GET IT ON Google Play](#)

APP Store is a trademark of Apple Inc. registered in the U.S. and other countries. Google Play is a trademark of Google Inc. registered in the U.S. and other countries.

## SETUP &amp; USAGE

## step1 Power Source Connection



Connect to a Type-C power source for device use. The device can operate on charge or battery power.

Note: The device supports both charging and battery operation.

## step2 Power on

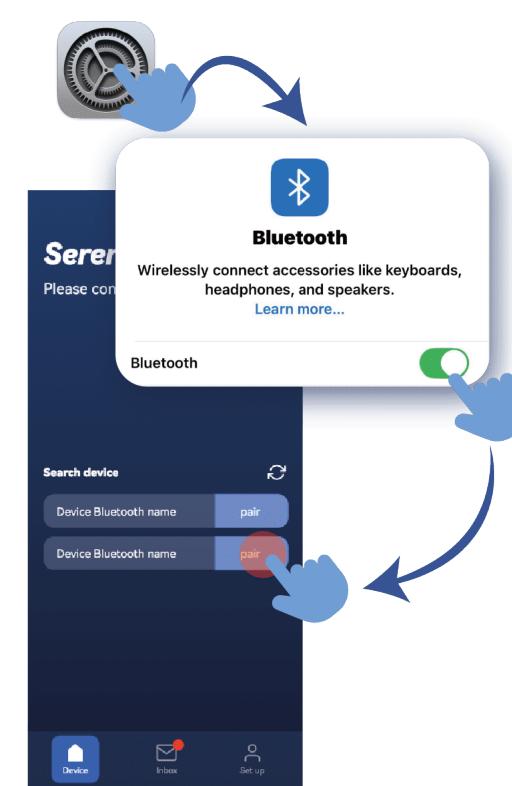


Turn the switch to "on", the indicator light will light up, and the product will start working.

## step3 Air pump box placement

It is recommended to place the air pump box on the ground or on the table.

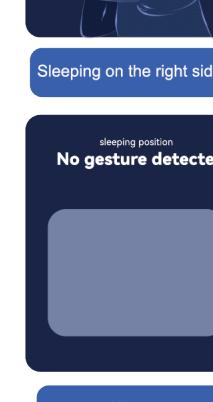
## step4 Device Connection



Turn on Bluetooth in your phone settings, launch the 'SERENE' app, search for and connect to the pillow device. Upon successful connection, the operation interface will be displayed.

## step5 Sleep Position Detection

Lie down flat or on your side on the pillow, the app will display your sleeping position.



## WARRANTY INFORMATION

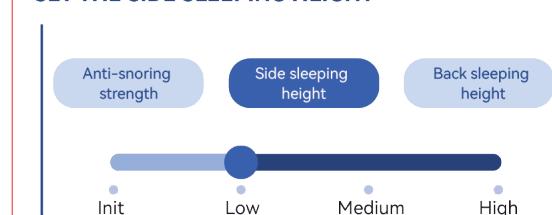
Your Dravel product is protected by 1 year warranty from the purchase date. For more information on repairs, exchanges, and other policies, please contact us.

Please send all inquiries through the Contact Form on our website or contact us through the app. Our professional technicians are committed to replying to all your requests within 24 hours. They would be glad to assist you.

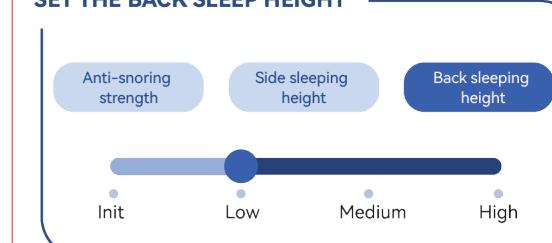


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## SET THE SIDE SLEEPING HEIGHT

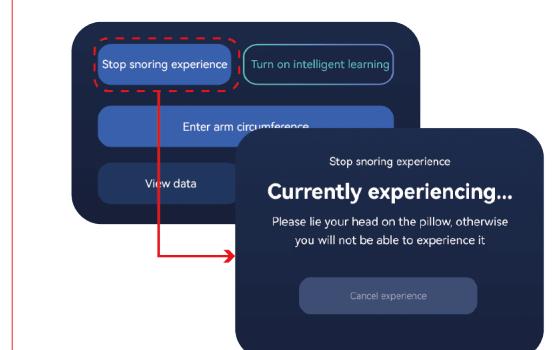
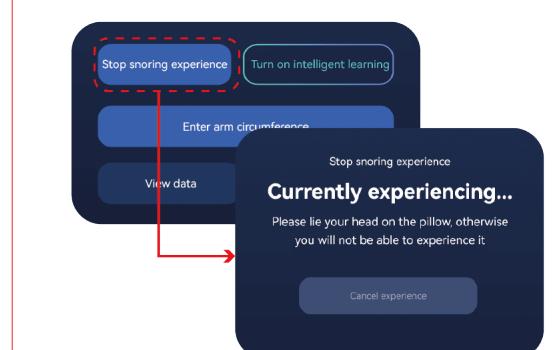


## SET THE BACK SLEEP HEIGHT



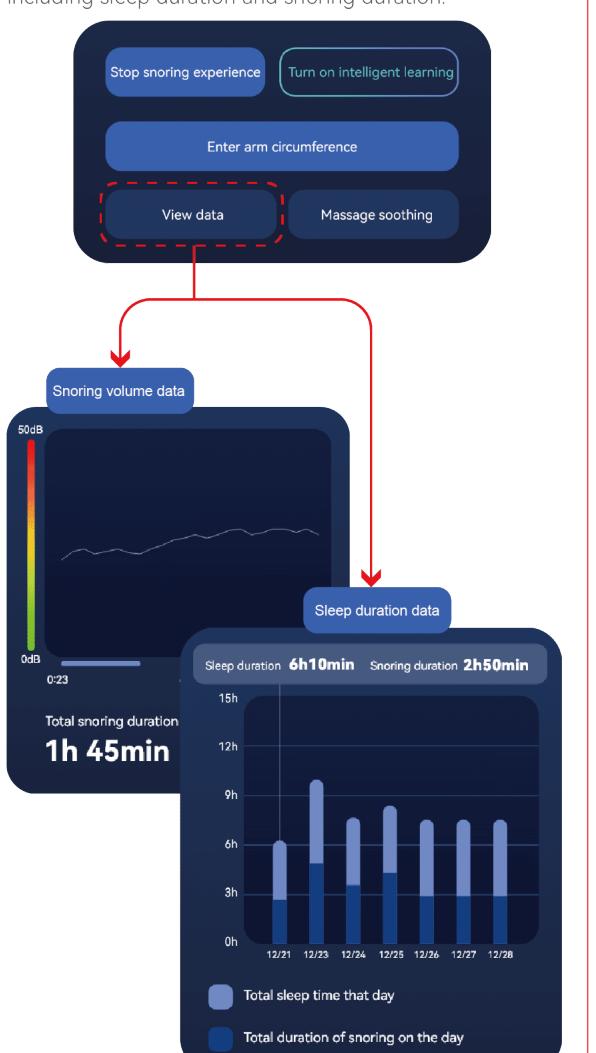
## step7 Anti-snoring Experience

Set the anti-snoring intensity, experience the anti-snoring function, and adjust the intensity to a more suitable level.



## step8 Data Viewing

On the display interface, you can view sleep data, including sleep duration and snoring duration.



## QUESTIONS AND ANSWERS

Q What should I do if the indicator light does not light up when the switch is turned to "on"?

A Connect the charger to charge

Q What should I do if the APP cannot search for the device?

A Restart the device and search for the device again

Q Can this product be used as a treatment?

A This product is an anti-snoring product. Continuous use can effectively reduce snoring symptoms, but it cannot be recommended as a treatment.

## FCC WARNING WORDS

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

—Reorient or relocate the receiving antenna.

—Increase the separation between the equipment and receiver.

—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

—Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement  
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

## TECHNICAL SPECIFICATIONS

## Pillow parameters

Product name: Smart Pillow

Product model: Peace One

Pillow core material: Memory Foam

Size: 24.5in x 17.2in x 3.7in

Weight: 8.28lb

Battery Type: 18650 Lithium Battery



No trampling



No burning



No piercing with sharp objects  
No pulling on the shoulder sensing area  
No soaking of the whole device  
Those with implanted electrodes or pacemakers are prohibited



Children have STRANGLED in cords. Keep this cord out of the reach of children (more than 3 ft (0.9 m) away). Do not remove this tag.



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