

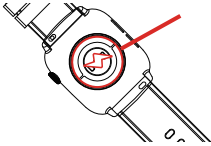
智能手表使用说明

INSTRUCTIONS FOR SMART WATCH



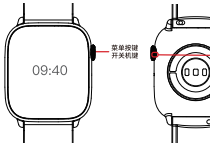
手表充电与激活

将磁吸充电器与手表背面对准贴合，直到手表屏幕出现充电提示，当手表提示电量低时，请及时充电，该设备属于一体机，后壳和电池不可拆卸。



*收到手表后，请速不开机状态，请充电10分钟后以上再运行手表激活。

手表外观



手表客户端下载

扫描下方二维码下载并安装手机客户端

扫描下方二维码
扫描下方二维码

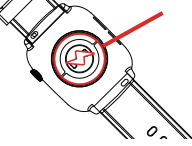
智能手表使用说明

INSTRUCTIONS FOR SMART WATCH



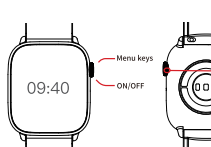
WATCH CHARGING AND ACTIVATION

Align and fit the magnetic charger with the back of the watch until the charging prompt appears on the watch screen. When the watch is low, charge. The device is an all-in-one machine.



*After receiving the watch, please charge it for more than 10 minutes before activating the watch.

WATCH APPEARANCE



MOBILE PHONE CLIENT DOWNLOAD

Scan the QR code below to download and install the mobile phone client



App only
Scan QR Code and Download

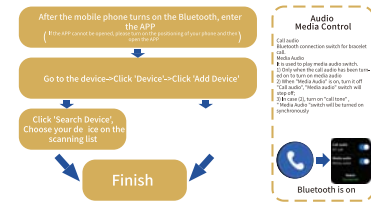
手表连接



手表触控



Connect the smart watch



Touch



手表功能简介

表盘切换
在主屏幕长按2秒，进入表盘切换界面，左右滑动切换待选表盘，单击选定表盘。

控制中心
功能概述:免打款、翻腕亮屏、亮度、设置、查找手机、省电模式、系统信息。

运动数据
显示当天记录的步数、距离、卡路里数据，最近7天的步数数据，可在APP设置目标步数、距离、卡路里。

运动
运动模式选择:8+1种,(健走、跑步、登山、骑行、跳绳、篮球、羽毛球、足球、瑜伽(作为可推送替换运动)),点击图标开始运动,可支持在APP端110+种运动推送。

手表功能简介

音乐
手表与APP连接后,可控制手机音乐播放器的暂停与开始,音量调节以及歌曲切换。

天气
手表与APP连接后,此天气界面会显示实时天气温度以及天气类型。

闹钟
手表和APP连接后,可以设置单次闹钟、循环闹钟,最多可设置5个闹钟。

秒表
点击开始按钮计时开始,点击暂停按钮计时暂停,点击复位按钮计时归零。最多可保存99条数据。

计时器
计时功能中,系统内置了常用计时时长,用户可点击对应时长快速计时,也可点击自定义按钮进行时间设置,点击开始按钮计时开始,点击暂停按钮计时暂停,点击复位按钮计时归零。

手表功能简介

久坐提醒
可在APP(设备>久坐提醒)开启,开启后可设置开启、结束时间、勿扰时段。

计算器
数值输入是在7位数字上限(不处理负数的输入),计算的结果在上限8位数字内,结果超出计算值,则用“—”显示无法计算。

日历
显示当前年月日,下滑显示日历。

常用联系人
常用联系人需要在app端增加常用联系人栏设置添加,设置的常用联系人将自动同步到设备,最多可添加10位联系人。

信息
手表和APP连接后,在APP端打开相关信息的推送,手表端可收到相应的消息推送,最多可保存最近15条消息。

蓝牙数据传输

与手机连接时,手表会通过蓝牙与手机及时同步部分数据,包括天气、通知消息、运动健康数据等。连接断开或关闭蓝牙后,将不会同步这些数据。

注意:

- 请勿在潮湿有水的环境下充电。
- 请定期用干净的绒布清洁手表背面和无线充电器表面,确保手表和无线充电器表面完全接触以保证正常充电。
- 本产品不配备电源适配器,在保证家人及财产安全,在充电时,可使用电脑USB接口或选用输出不超过5V=1A的电源适配器。请通过正规渠道购买电源适配器,杜绝使用低质、伪劣的。电源适配器,避免引起爆裂或起火。

注意事项

- 本产品不可用于深度潜水以及长时间泡在水中。另外,本产品不防热水,因为水蒸气会对手表造成影响。
- 本公司保留不做任何通知的情况下,对本说明书内容进行修改的权利,恕不另行通知。部分功能在对应的软件版本中有区别,为正常情况。
- 这个应用程序不是医疗设备,本应用程序使用过程中获得的数据仅供参考,不应用于临床诊断、医学研究、诊断或治疗目的。

FUNCTION INTRODUCTION

Dial switch
Long press for 2s on the home screen to enter the dial switch interface. Slide right and left to switch the dial for selection and click to select the dial.

Control center
Function overview: Do not disturb mode, power saving mode, brightness adjustment, settings, find phone, system information, flashlight, call Bluetooth

Movement data
Display the number of steps, distance, and calories recorded on the day, and the number of steps in the last seven days. You can set the target number of steps, distance, and calories in the APP

Sports
Options for sport patterns: 8+1 types, (walking, running, mountaineering, cycling, rope skipping, basketball, badminton, football, yoga (as a pushable replacement exercise), click the icon to start exercising, support 110+ on the APP side sports push

FUNCTION INTRODUCTION

Alarm clock
Keep the watch connected to the APP, you can set a single alarm clock or a cyclic alarm clock. You can set up to 5 alarm clocks

Stopwatch
Click the start button to start timing. Click the pause button to pause timing. Click the reset button to time to zero. It can save up to 99 pieces of data

Timer
As for the timer function, the system has preset commonly used timing duration, and users can click on the corresponding duration to quickly start timing or click the user-defined button to set the time. Click the Start button to start timing. Click the pause button to pause timing. Click the reset button to time to zero

Information
Open information push on the App and the watch can receive the corresponding message. It can save up to the last 15 pieces of messages

Find my phone
Keep the watch connected to the App and click "Find my phone". The bell rings on your mobile phone and the watch shows that you have successfully found your mobile phone. If the watch is not connected to the APP, the watch will indicate that it is not connected

FUNCTION INTRODUCTION

Calculator
The numerical input is in the upper limit of 7 digits (input of negative numbers is not processed), and the result of the calculation is within the upper limit of 8 digits. If the result exceeds the calculated value, it will be displayed with "—" that cannot be calculated

Calendar
Display the current year, month and day, slide down to display the calendar

Frequent contacts
Frequent Contacts: You need to add them in the frequently used contacts column on the app side. The frequently set contacts will be automatically synced to the device, and up to 10 contacts can be added.

Frequently Asked Questions and Trouble Shooting

Fail to start the watch
Press the power switch for more than 3s. Maybe the battery level is too low. Please charge the battery timely

Wireless data transmission

When connected to a mobile phone, the device will synchronize some data with the mobile phone through wireless in time, including weather, notification messages, sports health data, etc. This data will not be synced when the connection is dropped or wireless is turned off.

Notice:

- Do not charge in a humid and watery environment.
- Please regularly clean the back of the watch and the surface of the wireless charger with a clean flannel to ensure the watch and the wireless charger surface are in full contact to ensure normal charging.
- This product is not equipped with a power adapter. In order to ensure the safety of family members and property, you can use the computer USB interface or choose a power adapter with an output of no more than 5V=1A when charging. Please buy power adapters through regular channels, and avoid using low-quality, fake power adapters to avoid bursting or fire.

Precautions

- The measurement results of this product are only for reference, and are not used for any medical purpose or basis. Please follow the doctor's instructions. Do not self-diagnose and treat with this measurement result.
- The waterproof level of this product is IP68, and it cannot be used for diving swimming or soaking in water for a long time; in addition, this product can not be used in hot water/sauna environment, because water vapor will cause damage to the equipment.
- This app is not a medical device. Data (obtained during the use of this app) is for reference only, and should not be used for clinical diagnosis, medical diagnostic, or treatment research purposes.

FCC Information and Copyright

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates,

uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference

to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does

cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is

encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

15.19 Labelling requirements.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC RF warning statement: the device has been evaluated to meet general RF exposure requirement , The device can be used in portable exposure condition without restriction.