



Welcome to your new  
**SLEEP MACHINE**

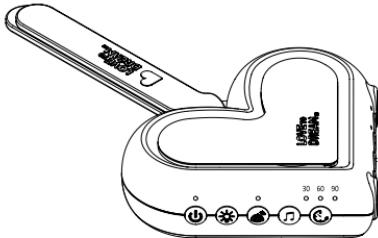


USER MANUAL

Designed in Australia. Made in China.

# What's In The Box

1 x Sleep Machine  
1 x USB-A to USB-C cable  
1 x User Manual



## Sleep Machine Features

- 9 soothing sounds.
- Personalised record function, record your own calming 30 second sound for your little one, no one can soothe your baby like you!
- Night Light: Warm white & red light.
- Breathing Light.
- Cry Detection: When baby cries your Sleep Machine will respond with your selected soothing sound.
- 22 hours Battery Time. Time is approximate and based on audio being played continuously at 50%. Additional settings will use battery faster.
- Timer Mode auto off (30/60/90 minutes) for Night Light & Soothing Sound Mode.
- **Bluetooth** Play your little one's favourite, stories, songs and sounds as they grow.
- Volume: Total 16 Levels.
- Built-in Li-ion rechargeable battery, capacity: 1400mAh/3.7V.
- USB Type C Input Port (DC 5V).
- Easy hang silicone strap.
- Plastic components are 100% recycled.



## Before using this product, please read these important safety instructions.

This manual has all the features and operation information necessary to safely use your new Sleep Machine. Please review this manual thoroughly to ensure correct operation of this product. Please keep this manual for future reference.

### Placement

- Place the Sleep Machine on a flat surface.
- Ensure it is at least 2 metres (6.6 feet) away from your child when in use.
- Do not place the unit next to your baby's ears, such as in a bassinet, crib, or pram.

### Volume

- Loud volumes can disrupt sleep. Use the unit as background sound at a low volume setting, never in the foreground.

### Charging the Sleep Machine

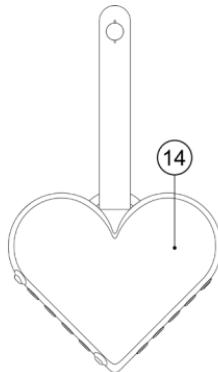
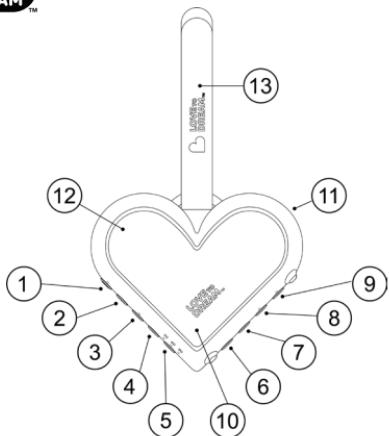
- Fully charge the Sleep Machine prior to first use.
- Charge the battery by connecting the USB-A end of the USB cable to a suitable power source and the USB-C end of the cable to the Sleep Machine.
- The Sleep Machine has a built-in rechargeable battery for cordless usage. A power supply is not included, instead, to charge the battery, connect the USB-A end of the cable to a suitable USB-A socket, such as a USB power adaptor, a computer or a portable charger. Plug the USB-C end of the cable into the USB-C socket in the Sleep Machine. The USB-C port is for charging only.

### Battery Indication Lights

- **Low Battery:** Red Flashing Light.
- **Battery Charging:** Red Light on.
- **Full Battery:** Warm White Light on.

### Cautions

- Use charging cable supplied to charge the Sleep Machine.
- Do not cover the Sleep Machine when in use or charging.
- Never place or attach the Sleep Machine inside the baby's bassinet, cot, car seat, pram or playpen.
- The Sleep Machine does not contain any replaceable components. Do not attempt to open the Sleep Machine. There are no user adjustable components inside.
- Do not use the Sleep Machine if it is damaged.
- Please keep away from wet, damp and high temperature conditions. Do not immerse the Sleep Machine in water, use near water, or handle with wet hands.
- This is not a toy. Do not let your baby play with the Sleep Machine.
- Keep the Sleep Machine out of reach of your baby. Make sure the Sleep Machine and the USB cable are out of reach of children while charging.
- Store cable away from children.
- Do not use for any other purpose other than the intended use.
- Never drop or insert objects into any opening on the Sleep Machine.
- Avoid dropping the Sleep Machine or treating it roughly.
- Disconnect the power source of the Sleep Machine when it is unused for an extended period of time or when moving the Sleep Machine.
- Do not leave the Sleep Machine connected to the power supply once charged.
- Avoid putting the Sleep Machine near heating appliances and devices that generate electrical noise (for example, motors or fluorescent lamps).
- Do not expose the Sleep Machine to direct sunlight.
- Clean with a soft dry cloth.

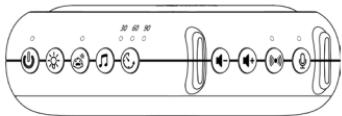


1.  On/Off Button	8.  <b>Bluetooth</b> ® Button
2.  Night Light Button	9.  Record Button
3.  Cry Detection Button	10. Speaker
4.  Soothing Sound Button	11. USB Type C Input Port (DC 5V)
5.  Timer Button (30/60/90 Minutes)	12. Record Microphone
6.  Volume Down Button	13. Silicone Strap
7.  Volume Up Button	14. Night Light

# To Use

## 1. On/Off

- To power on the device long press  button for 2 seconds. The indication light will turn on.



## 2. Night Light Mode

- The night light can be activated both when the power is turned on and off. When the Sleep Machine is **on**, short press the  button to turn on the night light. When the sleep machine is **off** long press the  button to turn on the light.
- Once the light is turned on, you can cycle through the following light options by short pressing the  button: Warm White Low > Medium > High > Warm White Breathing > Red Light > Red Breathing.

## 3. Cry detection mode

- Short press the  button to start Cry Detection mode (light indicator on). To cancel Cry Detection short press the  button.
- When crying is detected, the device will play the current selected sound for 20 minutes, then the sound will automatically fade out. Cry Detection will automatically be reactivated until the  button is manually pressed off.

- When Cry Detection is activated, the indicator light will be on; when Cry Detection is off, the indicator light will be off. Bluetooth® will not function in Cry Detection mode.

## 4. Soothing Sound

- Short press the  button to turn on this function (the indication light will turn on) then press again to choose your soothing sound of choice:

Order	Sound Name
1	Personalised Recording
2	Hushing
3	Heartbeat
4	Womb Sound
5	Love to Dream Lullaby
6	Forest Birds
7	White Noise
8	Brown Noise
9	Rain

## 5. Timer mode

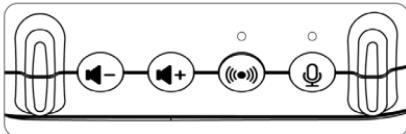
- When Soothing Sound mode and/or night light mode is on, short press the  button to choose a **30 / 60 / 90** minute countdown (the corresponding indicator light will be on). To turn off timer long press the  button.
- This function is available only when the device is active in full On Mode or Night Light Mode & Soothing Sound Mode.
- The timer does not function in Bluetooth® mode and the connection will need to be turned off by disconnecting the Sleep Machine from your device.
- The timer does not function in Cry Detection Mode.
- Timer shutdown: When the countdown reaches the last minute, the Night Light and/or Soothing Sound will gradually dim and turn off after 1 minute.

## 6/7. Volume

- The Sleep Machine has 16 levels of volume. To adjust volume up, short press the  button. To adjust volume down, short press the  button.

## 8. Bluetooth®

- Short press the  button to activate Bluetooth®. The indication light will be flashing when ready to pair.
- When pairing for the first time to your device, the indication light will slowly flash.
- When the indication light becomes static, your device has connected and you will hear the connection bell sound.
- When entering pairing mode, if you are unable to connect to Bluetooth® within 3 minutes, the Sleep Machine Bluetooth® discoverability will be turned off.
- Please reactivate by short pressing .
- If Sleep Machine is already connected to another device, 1 x short press and then 1 x long press to forcefully disconnect the current connection and enter pairing mode. Wait to pair and connect with your Bluetooth® enabled devices.
- The Sleep Machine will appear as "**LOVE TO DREAM**" on your device.



## 9. Recording Mode

- This mode allows you to record your own personalised 30 second soothing sound, song or message to your little dreamer. Nothing can soothe your baby like you do!
- To record, long press and hold the  button to start recording (indication light will be flashing), release the  button and the Sleep Machine will store your recorded sound automatically. The Sleep Machine will play the recorded sound once (indication light be on) for your review.
- Each time you record a new sound, the previous recording will be deleted automatically. Recording will only begin after the erasure is completed, the erasing process takes about 1 second.
- Please note that the recording will automatically stop at 30 seconds, we recommend setting a timer so that you can time your recording to loop seamlessly.
- Soothing Sound Mode, Bluetooth® and Cry Detection Mode will automatically stop when you are in Record Mode.

## 10. Restore Factory Default Settings

- Long press the  button for 8 seconds to restore to factory settings.



For more info on how to use your new Sleep Machine please scan the QR code (left) and follow the link to our website.

## Consumer information



The Sleep Machine should not be disposed of in your household waste or by fire and should be taken to your local municipal waste facility. The appropriate storage and environmentally friendly disposal of equipment at the end of life help prevent potential negative consequences for the environment and our health.

**The Bluetooth®** word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Little Beings Pty Ltd T/A Love to Dream is under license. Other trademarks and trade names are those of their respective owners.

Model: LTD-SM23 Love To Dream Sleep Machine

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

### **LOVE TO DREAM™ Australian Headquarters:**

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The product is protected against unauthorized use. DO NOT modify it without the authorization of the manufacturer, or the user's authority to operate could be voided.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.



## Better Together...

Our sound machine pairs seamlessly with the Love to Dream 3 Stage Sleep System. Together, these products work harmoniously to create a serene and secure sleep environment.

### Stage 1

Newborn & Swaddling  
0-3 months



The innovative Swaddle Up™ has a unique arms up design, allowing babies to sleep in their natural in-utero position and self-soothe with hands.

### Stage 2

Ready to Roll  
3-12 months



Swaddle Up™ Transition Bag and Swaddle Up™ Transition Suit.

### Stage 3

On the Move  
6+ months



Sleep Bag and Sleep Suit.

## Our Gift To You

Visit the Love to Dream™ website for the knowledge and tools you need to help your baby enjoy better sleep, bigger dreams, and a brighter world.

