

取扱説明書 Instruction manual SMART WATCH

English

① Matters needing attention ①

Reminder:

Please note that this product requires downloading an app and connecting to Bluetooth through the app. It cannot be connected solely to Bluetooth.

- The measurement results of this product are for reference only and are not intended for any medical use or basis. Please follow medical guidance and do not use these measurement results for diagnosis or treatment.
- Please do not charge in a damp or water soaked state.
- Before use, please charge the smartwatch and ensure it is fully charged. Ensure that the pins of the two magnetic charging cables are consistent with the two charging contacts on the body and plug the charging cables into the USB adapter (5v 1A adapter). Please confirm that the metal contacts are free of dust, oxidation, and impurities. When charging, a charging icon will be displayed on the screen of the smartwatch. If you haven't used your smartwatch for a long time, please charge it once a month.
- This product is not equipped with a power adapter. To ensure the safety of family and property, a computer USB interface or a power adapter with an output of no more than 5V 1A can be used for charging. Please purchase power adapters through legitimate channels and prevent the use of low-quality or counterfeit power adapters to prevent explosions or fires.
- Do not wear it while taking a shower, and do not expose the smartwatch to high temperatures, as it may damage its waterproof function.
- Do not place the watch in a high-temperature environment.

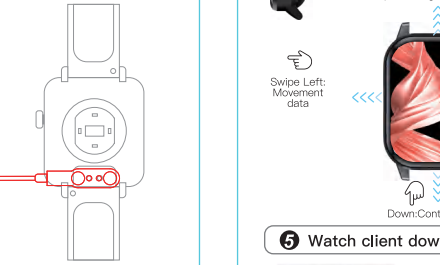
② Packaging Overview

- A. Smart watch host* 1
B. Watch strap * 1
C. Magnetic USB charging cable* 1
D. Instruction manual * 1
E. Packaging box * 1

*本製品を使用する際には必ずマニュアルをお読みください。
*Please read this manual before using this product

③ Charging and activation

- Press the circular button for a long time to turn on the device
- Align the magnetic charger with the magnetic hole on the back of the watch until the charging prompt appears on the watch screen.
- When the watch reminds you that the battery level is too low, please charge it in a timely manner. This device belongs to an all-in-one device, and the back cover and battery cannot be removed.

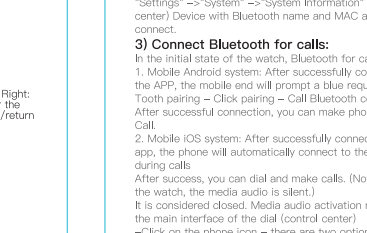


④ Watch operation instructions

- On the watch dial page**
go to Settings – Screen Display – Switch dial or go to APP – dial settings dial center. You can select more dials online, and the first dial in the dial center can be customized
- On the menu page**
press the circular button on the dial to enter the menu page. After entering the menu page, press the circular button twice in a row to switch menu styles, and press the single button to return to the main dial page
- Function page**
Click on the application icon on the menu page to enter the corresponding function, right-click to return, and press the circular button to return to the main dial

Circular button

- Press and hold the circular button for a long time to turn on the device
- Press and hold the circular button in the shutdown state to pause the timer
- Press the circular button once on the dial page to enter the menu, and quickly press the circular button twice to switch menu styles



⑤ Watch client download and connection

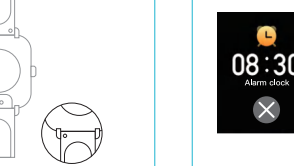


Scan the QR code above to download the client

- Download the "FitCloudPro" app**
Download and install on your phone, scan the QR code on the manual, or scan the built-in two on the phone, or directly search for "FitCloudPro" in the app store to download
- Connect the watch**
1) **Scan code connection:**
After enabling Bluetooth on the phone, enter the APP (note: if the APP cannot be opened,...),

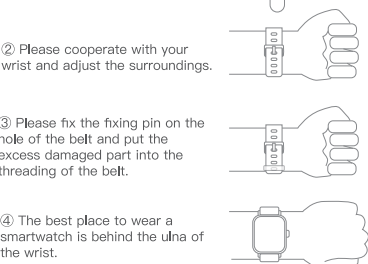
⑥ Wearing Method of Wrist Strap (replacement)

If it is a wrist guard with fixed metal, fix the pad of the metal buckle (buckle) on top, first insert the right side of the spring rod into the hole on the upper right side of the main body, and use your nails to pull the telescopic rod to the right. (See Figure 1)



The wristband is located under the body of the device
Shrink the rod and place the left part of Band on the main body. Finally, release the rod and insert the left part of the rod into the main body. The installation is complete. (See Figure 2).
Attention: Remove the hair guard clip and pull the spring rod of the strap to easily remove it. It can be used from 141 to 250 millimeters around the wrist.

- Please wrap the strap around your wrist and thread the fixed hole ball rod through the metal piece.**
- Please cooperate with your wrist and adjust the surroundings.**
- Please fix the fixing pin on the hole of the belt and put the excess damaged part into the threading of the belt.**
- The best place to wear a smartwatch is behind the ulna of the wrist.**



⑦ Introduction to Watch Functions



Alarm clock

After connecting the watch to the app, you can set a single alarm, a loop alarm, and up to 5 alarms on the app.

Stopwatch
Click the start button to start the timer, click the pause button to pause the timer, click the reset button to reset the timer to zero. Up to 99 pieces of data can be saved.



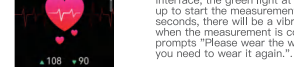
Breathing exercise
In breathing training, there is a choice between 1 minute and 2 minutes. The user clicks on the corresponding time to perform breathing training. After clicking start, follow the icon in the breathing training to zoom in and inhale, and zoom out and exhale.



Blood pressure
When entering the blood pressure measurement interface, a green light will be emitted at the bottom to start testing for 30-60 seconds. When the measurement is completed, there will be a vibration reminder.



Weather
After connecting the watch to the app, the weather interface will display real-time weather temperature and weather type.



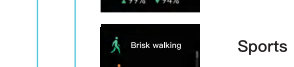
Information
After connecting the watch to the app, open the relevant information push on the app, and the watch can receive the corresponding message push. It can save up to the last 15 messages.



Women
After the watch is connected to the APP, women's health reminders can be activated on the APP to view women's health reminders on the watch.

Heart rate
When entering the heart rate measurement interface, the green light at the bottom lights up to start the measurement. After about 40 seconds, there will be a vibration reminder when the measurement is completed. It prompts "Please wear the watch correctly, you need to wear it again."

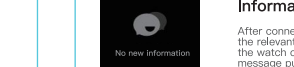
Blood oxygen
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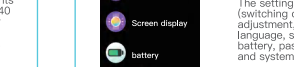
Sports
Sports mode options: brisk walking, running, mountaineering, strength training, cycling, basketball, swimming, badminton, football, yoga, table tennis, skipping rope, tennis, baseball, golf, volleyball, skiing. In the mobile application, there are a total of 111 sports modes to choose from.



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FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

.....

- English:

This device complies with Industry Canada licence-exempt RSS standard(s).

Operation is subject to the following two conditions: (1) This device may not cause interference, and (2) This device must accept any interference, including interference that may cause undesired operation of the device.

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- French:

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

- (1) l'appareil ne doit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radio électrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.