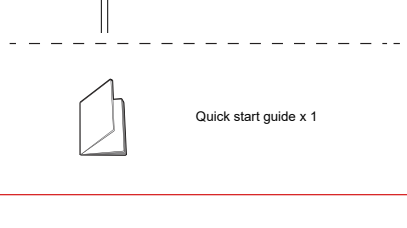


# AF25 Smart Watch

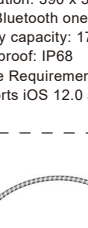
## Quick Start Guide

All pictures in this guide are for illustration purposes only. Actual product may vary due to product firmware and app upgrades

This quick start guide will support you getting started using your smart watch.



## PACKAGE CONTENTS



Smart watch with bands x 1



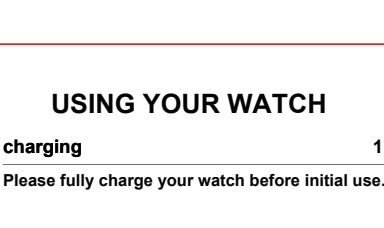
Wireless charger x 1



Quick start guide x 1

## PACKAGE CONTENTS

Product Name: AF25  
Main body size: 42.6\*42.6\*10.75mm  
Watch weight (including strap): 41.6g  
Resolution: 390 x 390(Pixel)  
Dual Bluetooth one-key link: Bluetooth 5.3+Bluetooth 3.0  
Battery capacity: 170mAh  
Waterproof: IP68  
Device Requirements:  
Supports iOS 12.0 and Android 5.1 or above



① Power button:  
Long press to turn on and off the watch;  
Lock screen status, short press to turn on the screen;  
Rotate to directly switch dials and pages



② Replacement Strap  
Strap can be removed or attached to the watch.  
③ Slide the spring-loaded pin and press it  
③ Heart Rate Sensor Zone & Wireless charging area

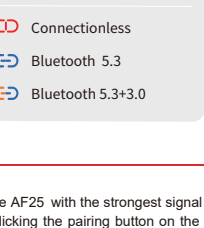
## USING YOUR WATCH

### charging

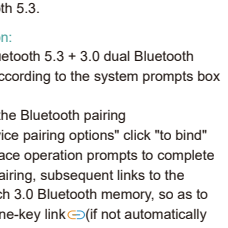
1

Please fully charge your watch before initial use.

① Insert the USB plug of the charging cable into a USB charger.



② Attach the other end to the charging contacts on the back of the watch.



### Setting Up Your AF25

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The first step is to download and install the Altafit APP indicated on User manual and shown on the watch. Enter the APP and create an account to sync info. The app allows you to check data analysis every day and to personalize some functionalities.

#### Connect AF25 to your smartphone

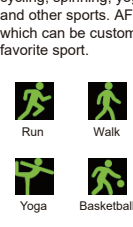
Altafit APP supports the operating system of iOS 11.0 and Android 5.3 or above, and BT 5.3&3.0. It is available for more than 150 mobile devices.

1. Turn on Bluetooth on your mobile device;

2. Download the Altafit APP

3. How to pair the watch for iOS users:

First step: Open APP>device>add new device> choose AF25



Altafit

#### Bluetooth connection status:

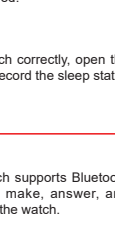
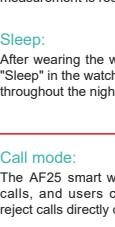
Connectionless  
Bluetooth 5.3  
Bluetooth 5.3+3.0

4. In the search list, select the AF25 with the strongest signal and confirm the pairing by clicking the pairing button on the watch screen as prompted by your phone. The Bluetooth icon on the watch will be blue in color, indicating that you are connected to Bluetooth 5.3.

#### \* Bluetooth 3.0 connection:

iPhone users support Bluetooth 5.3 + 3.0 dual Bluetooth one-key link (match according to the system prompts box operation)

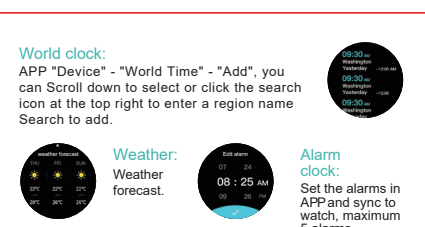
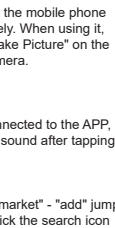
Android initial set up: In the Bluetooth pairing interface, in the "call service pairing options" click "to bind" and then follow the interface operation prompts to complete the Bluetooth 5.3 + 3.0 pairing, subsequent links to the phone will be on the watch 3.0 Bluetooth memory, so as to achieve dual Bluetooth one-key link (if not automatically connected to Bluetooth 3.0, please manually search for Bluetooth watch model "AF25" on the phone)



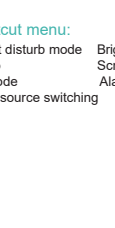
### Watch Interfaces

3

#### Quick Settings



#### Notifications

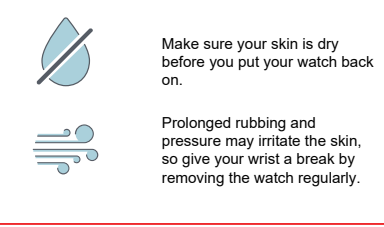


### Functions

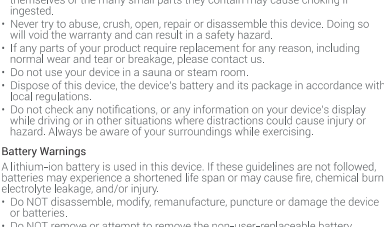
4

#### Sports:

AF25 watch supports up to 100+ sports modes, fitness, leisure, competition classes, ball games, dance classes, including: running, walking, treadmill, mountaineering, cycling, spinning, yoga, basketball, football, badminton and other sports. AF25 watch supports sports customization, which can be customized in more than 100 sports modes favorite sport.

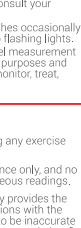


Sports customization: APP "sports" - "custom" - "add" to jump to sports category page, click the sport name to add.



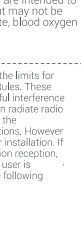
#### Heart rate:

Wearing AF25 correctly, not too tight or loose, make sure no green light leak, open the "Heart Rate" application in the watch application, automatically measure the heart rate after entering the application.



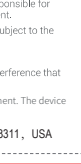
#### Stress:

After wearing the watch correctly, open the "stress" in the watch; check how much psychological pressure you are feeling.



#### Blood pressure:

Wear the watch in a right way, and open the menu-blood pressure, measure it manually.



#### Activity:

After wearing the watch correctly, open the "step counting" in the watch; display the number of steps, calories, distance and other parameters of the day's exercise.



#### SpO2:

After wearing the watch correctly, open the "SpO2" in the watch; manual blood oxygen measurement is required.



#### Sleep:

After wearing the watch correctly, open the "Sleep" in the watch; record the sleep status throughout the night.



#### Call mode:

The AF25 smart watch supports Bluetooth calls, and users can make, answer, and reject calls directly on the watch.



#### Notices :

You can view the text messages in the mobile phone and the real-time information pushed to the watch.



#### Music :

Control the music player of mobile phone to play the music, as well as song switching and volume adjustment.



#### Camera :

Control the camera on the mobile phone to take pictures remotely. When using it, please click "Device-Take Picture" on the APP to turn on the camera.



#### Find phone:

When the watch is connected to the APP, the phone will make a sound after tapping it.



#### Stock market

APP "device" - "stock market" - "add" jump search on the page, click the search icon at the top right to enter the stock name to search and add.



#### World clock:

APP "Device" - "World Time" - "Add", you can Scroll down to select or click the search icon at the top right to enter a region name Search to add.



#### Weather:

Weather forecast.



#### Alarm clock:

Set the alarms in APP and sync to watch, maximum 5 alarms.



#### Settings:

Adjust brightness, Password, Do not disturb settings, Language switch, Menu style, System menu, Standby dial, Raise your hand to light the screen, On screen time, About



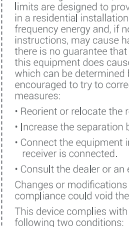
#### Shortcut menu:

Do not disturb mode Set up QR Code Audio source switching Brightness adjustment Screen is always on Alarm clock

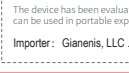


## Important Safety Guide

Some people with allergic skin may react when their skin is exposed to materials used in watches for a long time. This may be caused by allergies, environmental factors, prolonged exposure to irritants such as sweat and soap, or other factors. If you have known skin allergies, please pay special attention when wearing the watch .



Please do not wear your watch too tight.



If your watch gets wet (for example after sweating or showering), clean and dry it thoroughly before putting it back on your wrist.



Make sure your skin is dry before you put your watch back on.



Prolonged rubbing and pressure may irritate the skin, so give your wrist a break by removing the watch regularly.

## Important Safety Instructions

The device contains electrical equipment that may cause injury if not used properly. For example, prolonged contact may contribute to skin allergies for some users. To reduce irritation, please read the safety guidelines on the following pages to ensure proper use and care.

- Do not expose your device to liquid, moisture, humidity or rain while charging; Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
- Consult your doctor before use if you have any preexisting conditions that might be affected by using this device.
- Do not expose your watch to extremely high or low temperatures.
- Do not leave your watch near open flames such as cooking stoves, candles, or fireplaces.
- This product is NOT a toy - never allow children or pets to play with this product. Always store the product out of the reach of children. The devices themselves and the many small parts they contain may cause choking if ingested.
- Never try to abuse, crush, open, repair or disassemble this device. Doing so will void the warranty and can result in a safety hazard.
- If any parts of your product require replacement for any reason, including normal wear and tear or breakage, please contact us.
- Do not use your device in a sauna or steam room.
- Dispose of this device, the device's battery and its package in accordance with local regulations.
- Do not check any notifications, or any information on your device's display while driving or in other situations where distractions could cause injury or hazard. Always be aware of your surroundings while exercising.

#### Battery Warnings

A Lithium-Ion battery is used in this device. If these guidelines are not followed, batteries may experience a shortened life span or may cause fire, chemical burn, electrolyte leakage, and/or injury.

- Do NOT disassemble, modify, remanufacture, puncture or damage the device or batteries.
- Do NOT remove or attempt to remove the non-user-replaceable battery.
- Do NOT expose the device or batteries to fire, explosion, or other hazards.

#### Health Warnings

- If you have a pacemaker or other internal electronic device, consult your physician before using a heart rate monitor.
- The optical wrist heart rate monitor emits green light and flashes occasionally. Consult your physician if you have epilepsy or are sensitive to flashing lights.
- The device, accessories, heart rate monitor, blood oxygen level measurement and related data are intended to be used only for recreational purposes and not for medical purposes and are not intended to diagnose, monitor, treat, cure, or prevent any disease or condition.

- Always consult your physician before beginning or modifying any exercise program.
- The heart rate and blood oxygen level readings are for reference only, and no responsibility is accepted for the consequences of any erroneous readings.
- While the optical wrist heart rate monitor technology typically provides the best estimate of a user's heart rate, there are inherent limitations with the technology that may cause some of the heart rate readings to be inaccurate under certain circumstances, including the user's physical characteristics, fit of the device, and type and intensity of activity.
- The smart watch relies on sensors that track your movements and other metrics. The data and information provided by these devices are intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including step, sleep, distance, heart rate, blood oxygen and calorie data.

#### FCC ID:2BHG8-AF25

NOTE: This equipment has been tested and found to comply with the limits for Class B digital devices, in accordance with section 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Importer: Gienenis, LLC . 1967 NW 22nd St, Oakland Park, FL 33311 , USA