

142.5MM

105MM

Notes:

1. Do not use until 30 minutes after a meal.
2. Not suitable for using when pregnant or on period.
3. The product is not washable, it can be cleaned by a rag.
4. Charge the battery in time in order to extend battery life.
5. Stop using it immediately when feel uncomfortable.
6. It is recommended to wear boxing gloves when using.
7. Unauthorized disassembly of the product is prohibited.

Warranty Policy:

Warranty within 1 year from purchase (Disassembling the product by oneself is not covered by the warranty)

Product Name	
Purchase date	
Purchase address	
contact number	
Fault description	



Intelligent Music Boxing Target

INSTRUCTION MANUAL



Please read the manual before use

Product Introduction:

Boxing is a fighting sport in which two opponents of similar physique and ability use gloves to cover their fists and fight against each other. It is both an amateur and a professional sport, and during boxing training, boxing targets are usually used to train the speed and strength of the athletes. Due to the fleeting gaps of opponents in boxing matches, compared to strength training, what is more important is the players' offensive and defensive reaction abilities. The product uses electronic control lights to guide the training of people's reaction abilities, and uses sound effects to indicate whether they have accurately hit the target point, thereby efficiently exercising people's overall coordination and sensing abilities.

Product parameters:

Product Name: Music Boxing Target Power: 5W
Working voltage: 3.7V Product size: 40 * 40 * 5.8cm
Product net/gross weight: 2kg/2.5kg
Power supply equipment (self provided): Input 100-240V
Output DC5V --1A (2A)

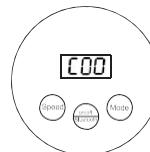
Charging instructions:

Use power supply equipment (self prepared): input 100-240V
The output DC5V--1A (2A) is charged through the supplied wire link.
Consider allocation close to a wall socket when installing a boxing target.
The socket is not more than 15 meters away from the machine interface.



- ① Power on
- ② Bluetooth

Socket

Operating instructions:

On/off: Press and hold for 3 seconds to turn on and off
Adjust volume: Press and hold the speed mode button at the same time, then press and hold the speed button to increase the volume, and press and hold the mode button to decrease the volume

* : After booting up, short press to start/stop Bluetooth function. When the background music stops, you can connect to Bluetooth through the Bluetooth device

Speed | The gear adjustment cycle increases, and the display window shows H01-H09, indicating that the light is changing faster and faster. The default startup mode is H01.

Mode | The mode adjustment button displays P01-P09 in the window, indicating that there are 9 programs that can change themselves. The training area division corresponding to each mode.

C00 | Accuracy statistics, counting will be done when hitting correctly, from C00 to C99 and then resetting back to C00.

Installation instructions:

1. The first installation method is to tear off the adhesive attached to the back of the machine and directly stick it to the position to be installed. The adhesive should be divided into several sections at the back, and the adhesive range should be selected according to the position to be pasted. This is similar to the ceramic tile surface, where the outermost circle is sufficient. (As shown in Figure 1)



2. The second installation method is to directly stick the sticker on the back of the machine after tearing off the Velcro needle surface of the accessory. Pay attention to the parallel direction of the machine when pasting (As shown in Figure 2)



3. Stick the Velcro needle surface and the matte surface together to find the corresponding position on the wall. Once the position is determined, tear off the sticker behind the matte surface and stick it to the wall (as shown in Figure 3)

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1)This device may not cause harmful interference.
- (2)This device must accept any interference received, including interference that may cause undesired operation.