Remote control interface

SPEED DOWN

SPEED UP

SPEED-4

SPEED-2

MENU

START/ STOP/PAUSE

1．START:Press the button in standby or pause mode，Start running the treadmill。

STOP:Long Press the button while the treadmill is running or pause mode，Stop the treadmill。

PAUSE:Short Press the button while the treadmill is running，Stop the treadmill。

2. MENU：

A.Rest is displayed in standby mode,Press the key to switch cycle:redy mode→time counter mode→range reversal mode→Calorimeter mode→Standby mode.

B.In working condition ,Press the key to switch cycle:0.00→（time）T:00:00→（distance）D:0.00→（calorie）C:0000→（speed）S:0.00

3. SPEED UP and SPEED DOWN :

A. Rest is displayed in standby mode,Press the key to adjust the parameter settings,Long press to adjust quickly

B. In working condition,short press key to adjust the speed change ,Long press to adjust quickly

4. SPEED-2:In working condition,press key to adjust the speed to 2.0。

5. SPEED-4:In working condition,press key to adjust the speed to 4.0。

6. User Manual

Please add the required statement below into the user

manual as required per 15.21

 CAUTION: Any changes or modifications not expressly approved could void the user's authority to operate the equipment.