

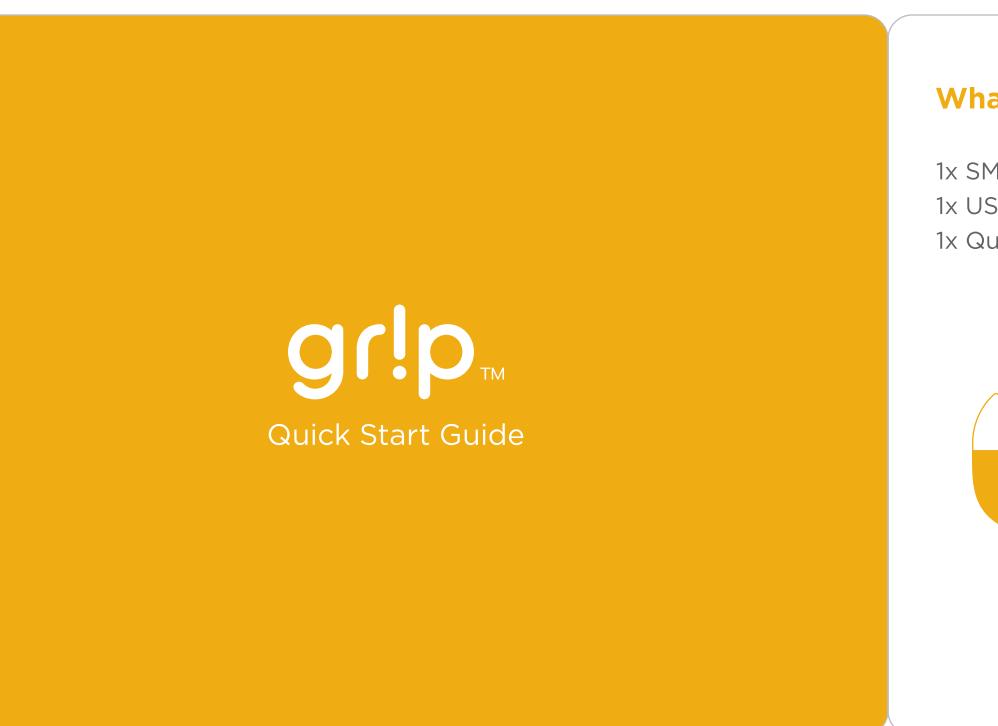
**QUICK START GUIDE — SM****Accordion Fold**

Product: Quick Start Guide  
Material: Matte Paper — 80 lb Text  
Printing: Double-sided  
Style: Accordion Fold  
Details: Rounded Corners — 0.125 Inches  
Color: CMYK  
Dimensions: 5.125 (W) x 3.75 (H) Inches

—  
Part Number: 05-040-05  
Description: Quick Start Guide, SM  
Revision: C



CO / M32 / Y100 / K5

**FRONT****BACK**

**Set up with your phone**

- 1. Download and install the gr!p mobile app:**
  - Apple App Store for iPhones
  - Google Play Store for Android phones
- 2. Account Setup:**
  - If you already have a gr!p account, log in to your account.
  - If you do not have a gr!p account, tap the "Get Started" button to begin the account setup process. A series of steps will assist you throughout the process.
- 3. Pair gr!p device:**
  - Enable Bluetooth on your smartphone and open/sign-in on the Umajin app.
  - With your SM gr!p device, press anyone of the figure plungers down to turn on the device, this will automatically put the device in pairing/advertising mode.
  - In the Umajin app, once your device is connected, you will be prompted to start your baseline testing and begin your care plan.

**How to use**

**Charging the gr!p Device**

- Charging: Alternating pulses between battery indicator color and blue for pairing.
- Charged: Pulses battery indicator color then alternates with blue LED for pairing.

**Sleep Mode**

- The device will go to sleep mode ONLY when you disconnect it from the app.
- Wake up or turn on the device by pressing any figure plunger.

**Battery Level Indicators**

- Full Charge (Green)
- Half Charge (Yellow)
- Low Charge (Red)
- Bluetooth Pairing (Blue)

**Product features**

- Handheld device for strengthening hand muscles
- Pairs to smartphone for added functionality
- Offers interactive hand therapy exercises with real-time feedback
- Track and share progress over time with a hand therapist
- Works for both right and left hands
- Comes in two different sizes "SM and LM"

**Technical specifications**

Bluetooth	5.0
Battery Life	14 days
Charging Type	USB-C
Compatible	iPhone and Android
Product Dimensions	103.5 x 65.25 x 36.5 mm (SM)

**Device Description**  
Smart hand therapy and exercise device

**Intended Use**  
To increase flexion and the extension range of motion of the joints of the fingers and hand.

**Indications for Use**  
For use in the home or clinical setting.

**Instructions for Use**  
Open wounds on hand or fingers

**REF** Catalog number

**SN** Serial number

**REF** Date of manufacture

**REF** Manufacturer

**REF** Recycle the lithium-ion battery

**REF** Protect from heat and radioactive sources

**REF** Do not dispose of in the trash

**REF** LinkedIn @orthopm

**REF** Twitter @ortho\_orthopm

**REF** Facebook @OrthoPm

**REF** Scan QR code to download the GRIP mobile app.

**mighty**

## QUICK START GUIDE

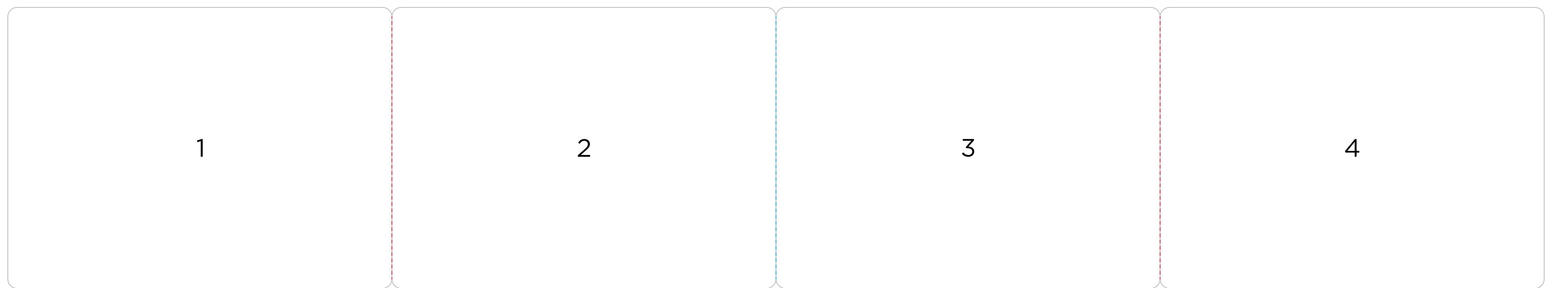
### Accordion Fold

— Dieline

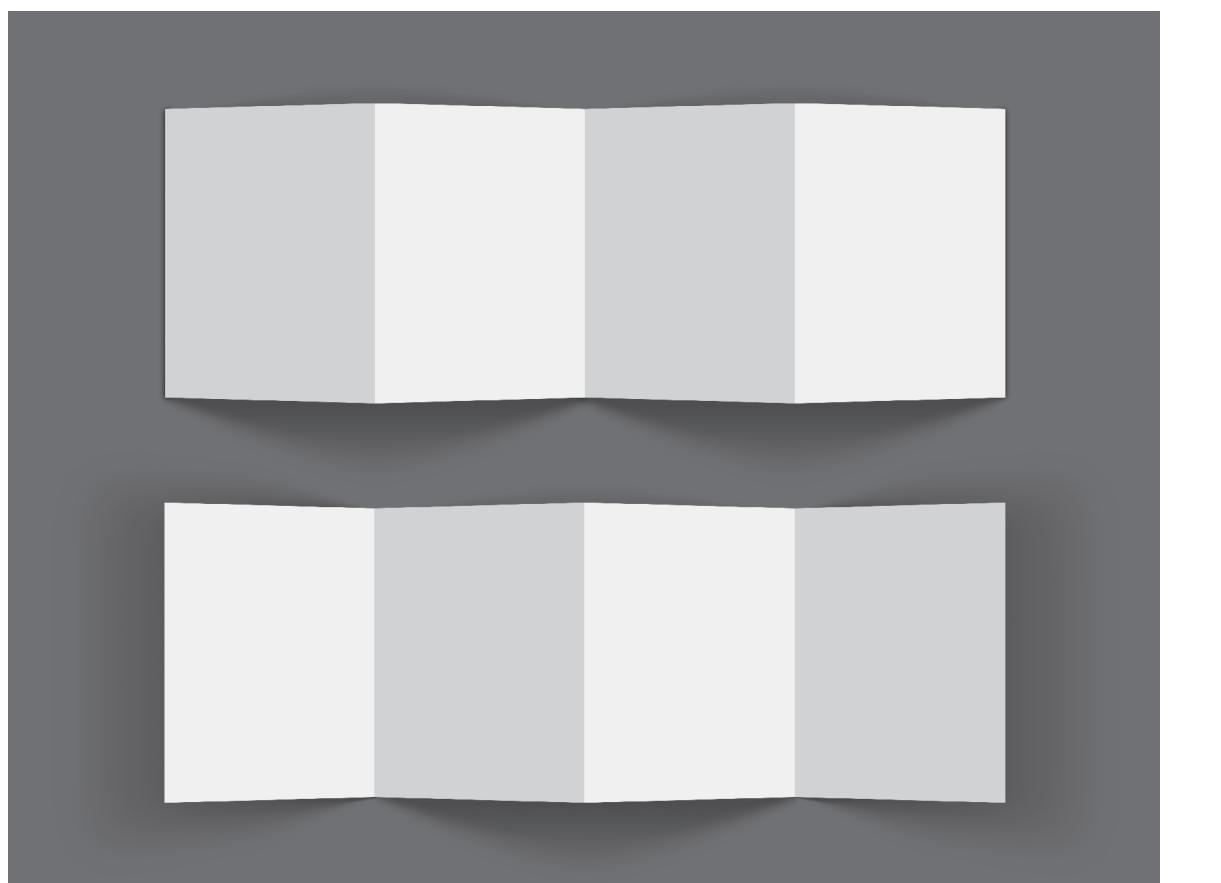
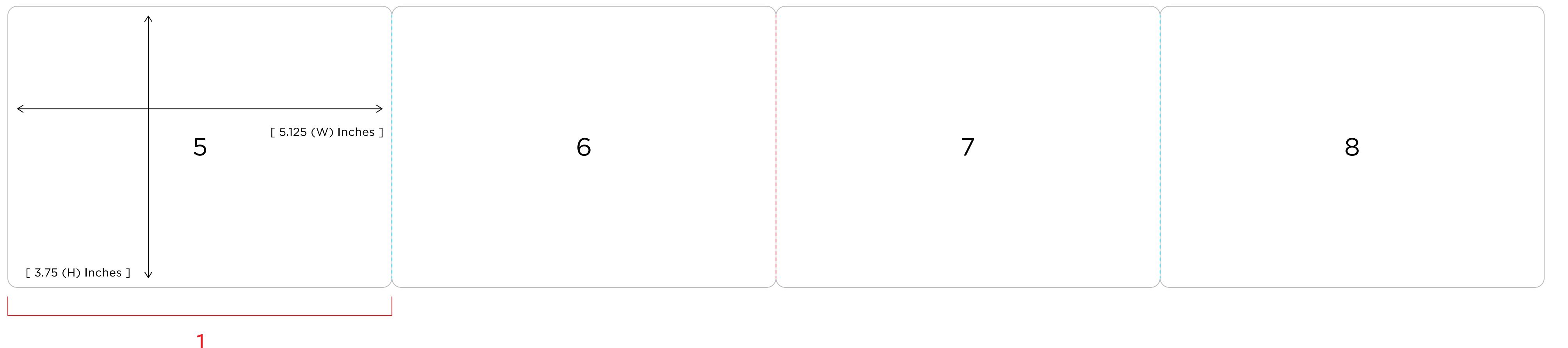
--- Valley Fold

--- Mountain Fold

FRONT



BACK



Please create the actual die-line with all the details that are shown from the reference die-line on the right.

1. Rounded corners — 0.125 Inches