# **USER'S MANUAL**

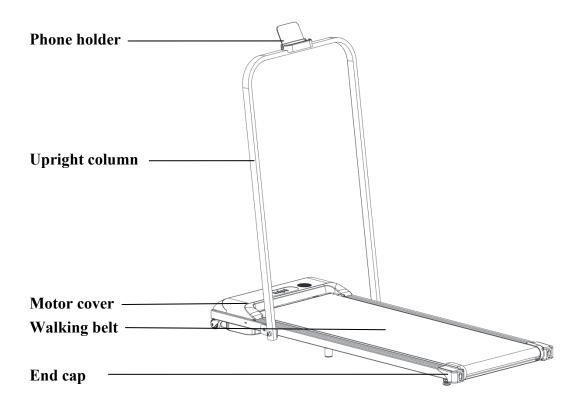


Note: Following the principles of sustainable development, we may modify machines when necessary and will not notify again. It all depends on the actual product.

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# 1. Product Brief



Main parameters and parts list												
No.	Parameters Names	Description			nes Description No. Parameters Nam		Parameters Names	Description				
1	Input voltage	90-240V(50-60Hz)			90-240V(50-60Hz)			5	Expand dimensions	1195*540*1020mr		20mm
2	2 Motor power 1.5		1.5HP			6	Max user weight	80KC	j			
3	Running surface	380*1000mm			7	Function	Walking					
4	4 Speed 1.0-10ki		km/h									
Packing list												
No.	. Name		Units	Qty		No.	Name		Units	Qty		
1	1 Complete machine		set	1		2	Accessories Bag		set	1		
Accessory bag list												
No. Name		Units	Qty		No.	Name		Units	Qty			
1 Screw M5*10		pcs	2		5	M8 Nut		pcs	2			
2 Screw M8*16		pcs	2		6	Remote		pcs	1			
3 Allen key 5mm		pcs	1		7	User's manual		pcs	1			
4	4 Phone holder		pcs	1		8	Adjustable foot pad		pcs	2		
						9	Silicone oil		pcs	1		

## 2. Security Precautions and Warning

In order to ensure your safety and avoid accidents, Please read the instructions carefully before use.

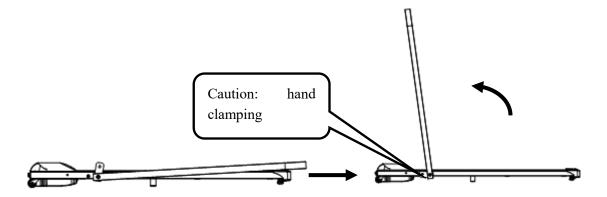
**Safety Instructions:** This product was designed and manufactured with many safety concerns, but please follow the instructions below to avoid injury. We will not be responsible for any consequences arising from abnormal operations.

- ◆ The walking machine must be placed on a flat ground; the walking machine should be placed indoors to avoid moisture, and water should not be splashed on the walking machine. Do not place any foreign objects on the walking machine. There should be a safe use space of 0.5m(500mm) in the front and on both sides and 1m x 1m (1000mm\*1000mm) at the end, which is convenient for emergency jumping off. (Emergency jump: while holding the handrails to support your body, step on the side rail with your feet and jump off the walking machine from one side.)
- **♦** The power plug must be grounded reliably, and the socket must have a dedicated circuit and avoid sharing with other electrical equipment;
- ◆ If the power cord is damaged, in order to avoid danger, it must be replaced by professionals from the manufacturer, its maintenance department or professionals from similar departments;
- ◆ Please keep the lubricating oil(if have) in the accessories bag out of the reach of children. If it is accidentally swallowed or split in the eyes, please rinse with water and seek medical help in time;
- **♦** This product is not suitable for disabled people and children; if you feel unwell or mentally handicapped or lack common sense, it is prohibited to use it unless under the supervision or guidance of a person responsible for your safety. ----If not followed, there may be a risk of injury.
- ◆ Do not use the walking machine in a dusty space, and keep a certain humidity in the room to avoid strong static electricity, otherwise it may interfere with the normal work of the electronic watch and the controller; please use the original accessories, and it is strictly forbidden to replace them without permission.
- ◆ Keep your hands away from all moving parts, and it is forbidden to put your hands and feet in the space under the running belt.

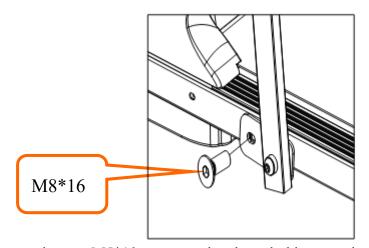
- ◆ Do not place the power cord near hot or moving objects; do not use the product outdoors, in high humidity and sunlight.
- ◆ Unplug the walking machine before moving it. Non-professionals are not allowed to disassemble the machine without authorization, otherwise serious consequences may occur
- ◆ Please check whether the clothing is buttoned or zipped before using the walking machine, or the clothing is too loose.
- ◆ If you feel any abnormality such as discomfort during use, please stop exercising and consult a doctor.
- ◆ This product should not be used for a long time, as long-term use may easily cause the electrical equipment of the walking machine to overheat and cause electrical failure.
- ◆ Use qualified sockets to avoid danger. If the plug and socket are not compatible, do not touch the plug and ask an electrician to handle it.
- ◆ This product is suitable for home use, not for professional training and testing, nor for medical purposes.
- ◆ Do not use it in a state where the outer casing is cracked, cracked and detached (internal structure exposed) or the welded part is cracked.
- ◆ Do not jump up or down on the machine during exercise. ----- May cause injury due to falling.
- ◆ Do not use after eating, when tired, or in poor physical condition. ---- May cause damage to health.
- ◆ Do not allow pins, garbage or moisture to adhere to the power plug. --- May cause electric shock or short circuit, fire. Never use with wet hands!
- ◆ Please unplug the power plug from the outlet when it is not in use. ---- Due to dust and moisture, the insulation will be aged, resulting in leakage fire.
- ◆ The product must be grounded. In the event of malfunction, grounding provides the least resistance path for current to reduce the risk of electric shock.
- ◆ This product is HC grade. If you are in doubt about the correct grounding of this product, please entrust a professional electrician to check it.

## 3. Installation Instructions

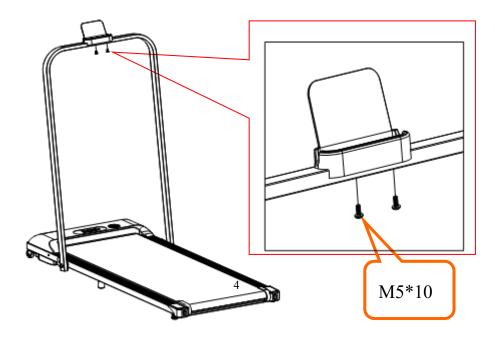
1. Take the walking machine out of the carton and put it flat on a level ground. Lift the upright column up with the direction shown in the picture below:



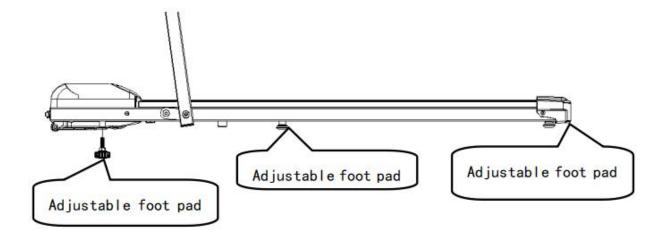
2. Use the Allen key 5mm and screw M8\*16 to tighten the upright column on both sides.



3. Use screwdriver and screw M5\*10 to secure the phone holder onto the upright column.



3. If the treadmill is used on a hard floor (tile), it is not necessary to add the adjusting foot mat below. If the treadmill is used on a soft ground (carpet, wooden floor), it is necessary to add the adjusting foot mat in the accessory bag as shown below to raise the machine. Specific adjustment method: Put the treadmill on the hard plane (floor) and lift the treadmill into the left and right two adjustment pads (accessories bag), and then adjust the middle adjustment pad and the ground without gap, and then put the adjusted treadmill on the soft ground (carpet, wooden floor) to use. Note: If the height of the carpet is more than 13mm, the user will adjust the adjustment pad (in the accessory bag) and the adjustment pad (in the middle) according to the high distance, and it is generally not recommended to use the treadmill on the carpet with a thickness of more than 15mm.



### Adjusting walking pad level with the ground method:

When there is a gap between the machine and the ground, the adjustable foot pads in the middle and back of the machine can be adjusted to make the front and back contact with the ground.

(Note: Adjusting the gap between the adjustable foot pad and the ground will cause the walking pad to be unstable!)

# 4. Using Instructions

1. **Use the walking machine:** Insert the power plug properly and turn on the switch(in red color) When the light is on, you will hear a beep sound, and then the screen will be light up.



2. Remote control: The remote is pre paired with the machine before leaving the factory and can be used directly after you receive it. After the power of the treadmill is turned on, press the start button on the remote to start the walking pad. Use the Speed + and Speed - to control the speed.

If the remote doesn't work, please use the following instruction to pair the remote control:

Long press the Start/Stop button on the remote control for around 7 seconds to perform a one-to-one pairing connection, the continuous buzzer sounds indicates that the pairing is successful, and if there is no continuous buzzer sound, it means the pairing is unsuccessful. After pairing successfully, the remote control can be send to control the walking machine remotely. And you can use it to start, and stop the machine, or increase/decrease the speed.)

#### **Display function**

**Time display:** When the time indicator light is on, it displays the running time.

**Speed display**: When the speed indicator light is on, it displays the current running speed value.

**Distance display**: When the indicator light of distance is on, it will display the accumulated distance.

Calorie display: When the calorie indicator light is on, it will display the accumulated calorie value.

#### **Translation of Error codes**

Error code	Description	Solution
E1	Communication Abnormal: when the power is on, the connection between lower controller and the console is abnormal.	Possible Cause: The communication between the lower controller and console is blocked, check each joints between the controller and console, ensure that each core is fully plugged in. Check the the connection line, replace it if it's damaged.
E2	No signal from motor.	Possible Cause: Check the motor cable to see whether it is connected well or not, if not, connect the motor wire again.

		Check the motor cable to see whether it is damaged or has a burnt smell, if yes, replace the motor.  Check the speed sensor to see whether it is correctly installed or damaged
E5	Over current protection: In working, the lower controller detects the current to be over 6A for more than 3 seconds.	Possible Cause: Overloading leads to excessive current, and the system stops out of self-protection, or some part is stuck, causing the motor to stop. Adjust the walking machine and restart it. Check if there is liquid or burnt smell while the motor is running, if yes, replace the motor; check if the controller has a burned smell, if yes, replace the controller; check the power supply voltage, if it does not match the specifications, change into correct voltage and test the machine again.
E6	Explosion-proof impact protection: the abnormal voltage or motor cause the faulty of circuit that drive the motor.	Possible Cause: Check if the power supply voltage is 50% lower than normal voltage, use the correct voltage and test the machine again; check if the controller has a burnt smell and replace the controller; Check if the motor cable is connected and connect the motor wire again.

## **5. Routine Maintenance**

Warning: Before cleaning or maintaining products, please be sure the power plug of the walking machine is pulled out.

Cleaning: Comprehensive cleaning will extend the using life of the electric walking machine.

Remove dust periodically in order to keep the parts clean. Be sure to clean running belt with both sides of the exposed portion, which will reduce the accumulation of impurities. Make sure to wear clean athletic shoes to avoid carrying the dirty matters into running board and belt. walking machine belts shall be cleaned by a damp cloth with soap. And please pay attention to avoid to wet the electrical components and running belt.

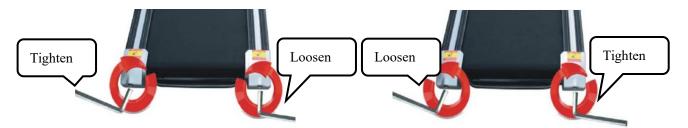
Warning: Make sure power plug disconnect before moving motor cover away, clean the motor at least once a year.

### **Running Belt Alignment**

Put the walking machine flat on the ground. Make the walking machine run at a speed of 6km/h.

If the running belt is closer to the left: rotate the left adjusting bolt with 1/2 turn clockwise, then rotate the right adjusting bolt with 1/2 turn counter-clockwise. (Picture A)

If the running belt is closer to the right: rotate the right adjusting bolt with 1/2 turn clockwise, then rotate the left adjusting bolt with 1/2 turn counter-clockwise. (Picture B)



Picture A: Belt closer to left

Picture B: Belt closer to right

### **Lubrication of Running Belt**

The friction between the running belt and the running board has a significant impact on the service life and performance of the electric treadmill. The running belt of this treadmill adopts advanced automatic refueling technology, allowing you to release your hands and no longer worry about adding lubricating oil to the running belt too often.

The treadmill is pre lubricated when leaving the factory, and with the automatic refueling technology, we suggest to add lubrication oil according to the schedule below:

Lightweight users (using<3 hours per week) once every 10 months;

Heavyweight users (using>7 hours per week) once every 5 months.

#### Tips for extending the lifespan of a treadmill

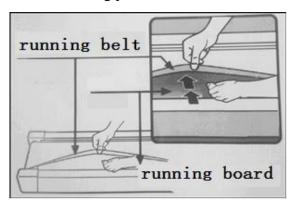
To better maintain your treadmill and extend its lifespan, it is recommended that you turn off the power of the treadmill after continuous use for 1 hour and let the machine rest for 10 minutes before using again.

2. The tightness of the running belt should be appropriate. If the running belt is too loose, there may be slipping during running; If it is too tight, it may reduce the performance of the motor and exacerbate the wear of the roller and running belt.

#### **Applying silicone oil**

Step 1: Lift the running belt slightly.

Step 2: Open the silicone oil bottle, squeeze the silicone oil on the sides of running board, as shown in the following picture:



Walking machine belongs to sports equipment, so it needs proper maintenance and servicing.

The maintenance and servicing suggestions are as follows:

- 1: Frequent inspection is required due to wear and damage; Worn or damaged accessories (such as motor, electrical parts, power cord, walking belt), after maintenance or professional repair, its use safety is consistent with that of the factory.)
- 2: Immediately replace those defective parts and components or leave the equipment idle for repair: (such as power cord)
- 3: Pay special attention to the components that are most vulnerable to wear. (e.g. walking belt)

### **FCC Requirement**

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.