USE MANUAL

Charging and Activation

Before using the watch for the first time, please ensure it is fully charged. If the charging icon does not appear, please keep charging for 10 minutes.

1. Use the included magnetic charging cable to attach it to the metal contact points on the back of the watch, then charge it.

2. This product does not come with a power adapter. To ensure safety, you can use a computer USB interface or a power adapter with an output not exceeding 5V =: 1A when charging. Please purchase a power adapter through legitimate channels and avoid using low-quality or counterfeit adapters to prevent damage to the watch, explosions, or fires.

3. Do not charge in a humid environment. Regularly clean the watch body with a dry cloth to ensure the cleanliness of the magnetic charging port and the magnetic charging cable for normal charging.



Buttons and Touch

1. Long-press button to turn on /off the watch. Click to turn off/on the screen.
2. Single-click button to access the function menu. Click on other interfaces to return
Double click on the function menu interface to switch UI style.
3. Long-press button to turn on /off the flashlight; Short press the button to switch
between strong light, burst, and SOS modes.



Swipe Right: Function Menu

Swipe Down: Control Center

App Download and Connection



1. Download and install the 'Da Fit' app.
You can scan the QR code in this manual, scan the QR code on the watch, or directly search for 'Da Fit' in the app store to download.

2. Connect the smartwatch.
After turning on Wireless on your phone, enter the app (note: if you cannot open the app, please enable location services on your phone, then open the app) and click 'Device' -> 'Add Device' -> Bind the corresponding device that appears in the search (look for the relevant item in 'Settings' -> About' to find the Wireless name and MAC address of the device on the watch) -> Click 'Connect.'

3. Connect WirelessCalling/Audio Wireless.
In the Initial state of the watch, Wireless calling is turned off by default, so calling and music functions are unavailable. Slide down to the 'Control Center' on the watch face, enter the 'Settings' menu, click the 'Calling' icon, and turn on calling and audio Wireless to enable these functions.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices). This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.

warning statement: e device has been ev

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.