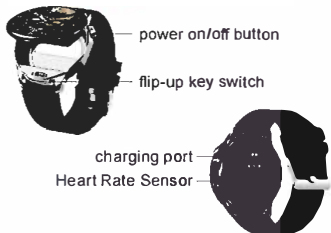


## SMART WATCH



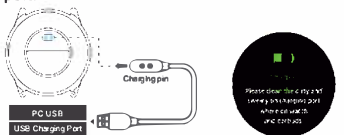
## Watch Quick Description



**Note:** The heart rate sensor needs to be in full contact with the skin when testing heart rate/blood pressure/blood oxygen

### Charging and Activation

Before using the watch for the first time, you need to charge the watch for more than 3 hours to ensure that the charging is activated; use the equipped magnetic charger to attach to the metal contacts on the back of the watch, and plug the other end of the charger into a USB charging head or computer USB port.



Watch Charging Schematic

Charging Schematic

## Switch on/off method:

Switch on: Long press the on button to switch on,  
or charge to switch on.

Switch off: Long press the on button to switch off the device.

## Watch Client Download

Scan the QR code below to download and install the watch client



APP only

Open the mobile client to set up personal information



Switch to the 'Devices' page and click 'Bind Devices'



Click on your device in the scanned devices list



Binding complete

Inside the other options you can determine the MAC address in the About option to make sure that your device watch is bound successfully, after the Every time you open the client. The watch will automatically connect to your mobile phone. The data can be synchronised by scrolling down on the client data page.

## Binding the watch

Please select your device in the list: search for the "T98" device and click on it to bind it (please charge it fully when you use it for the first time).

# T98

F4:AE:5E:44:99:F8

Connected

83% 

REMOVE



## Watch operating instructions

### Main interface operation diagram





## Campaign information

The watch records and displays the number of steps you take every day. Calories burned and mileage information. More detailed analysis and data logging can be viewed in the client.



## sleep

The watch records and displays your total hours of sleep last night as well as deep sleep, Length of light sleep. More detailed analysis and data logging can be viewed in the client.



## pulse rate

Tap the heart rate icon. The current heart rate value can be measured. More detailed analysis and data logging can be viewed in the client.



## Exercise

A variety of exercise modes are available, the Includes: walking, running, cycling, basketball, football, badminton and jumping rope. More detailed analysis and data logging can be viewed in the client.



## Oximetry

Click on the oximetry icon. The current blood oxygen value can be measured. More detailed analysis and data logging can be viewed in the client.



## Weather Information

The weather page displays the current weather, air quality information and the status of tomorrow. Weather information needs to be connected to the client before the data can be obtained. If disconnected for an extended period of time, the Weather information will not be updated.



## Push Messages

The watch can receive and display message notifications pushed from your mobile phone. Push item switch can be set in the client. The Watch Messages page stores a record of recent messages.



## Camera control

After connecting the mobile phone, The watch can be used as a remote control for your mobile phone's camera. After opening the camera on your phone Tap on the watch camera control page to trigger your phone's camera shutter. Delayed photo time can be set to 0, 3 and 10 seconds.



## Smart Alarm Clock

The smart alarms for the watch can be set in the client. Up to 3 alarms can be set. The watch will display the alarm icon and vibrate when the time is set.



## Other Functions

Silent mode is included among the watch's other features, Brightness Adjustment, Restore factory settings, Shutdown operation.

### **C: Answer/hang up incoming calls**

When the headset has an incoming call in the base of the watch, it will be automatically connected when it is taken out from the watch, when the headset is in the watch for a long time, the incoming call needs to be answered manually, double-click the button to answer the call, double-click the button to hang up the call, and the headset will be switched off when it is put back to the watch during the call.

If the other party does not hang up the phone will automatically switch to the mobile phone to answer.

### **D: Music Operation**

Double click for pause/play, long press 2 seconds for previous/next song, triple click for volume +/-.

### **E: Ai voice assistant and making calls**

The headset has been connected to the Wireless state four clicks on the touch key to activate the iPhone mobile phone's Siri and Android mobile phone's voice assistant, can be operated through the voice assistant to make a phone call, check the weather, navigation maps and other functions. Activate the voice must be in the mobile phone in the standby interface or the main interface of the time to be effective.

### **Precautions for use:**

1. The measurement results of this product are for reference only and are not intended for any medical use or basis. Please follow your doctor's instructions, do not rely on the measurement results of self-diagnosis and treatment.
2. We reserve the right to modify the content of this manual without notice. It is normal for some functions to differ in the corresponding software version.
3. Please be careful to use the factory settings, the factory settings will lead to the loss of APP content settings and watch history data.

### **WARNING:**

This app is not a medical device. Data obtained during the use of this app is for reference only, and should not be used for clinical diagnosis, medical research, diagnostic, or treatment purposes.



## FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.