

# SmartWatch operation instructions

## Properly worn

The bracelet is best worn after the styloid process of the ulna. Adjust the wrist size according to the adjustment hole; Buckle up the wrist strap.

Sensors should be tightly attached to the skin to avoid movement.

## Charging the watch

Ensure that the watch's battery level is normal during initial use. If it cannot be turned on due to low battery, please connect a charger to charge the device, and the watch will automatically turn on

## 1. Requirement of phones



Android 4.2 or above



IOS 8.0 or above

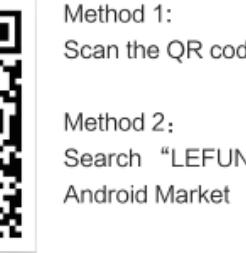


Support BT4.0

## 2. Before Use

Please make sure that the electricity of the wristband is sufficient before your first use. If the electricity is too low to boot up, please charge for it first.

## 3. Download "LEFUN HEALTH" APP



### Method 1:

Scan the QR code (For Android users)

### Method 2:

Search "LEFUN HEALTH" from Apple Store or  
Android Market

## 4. Bind APP

Long touch the key to boot up, please make sure the BT of your phone is open

— Open "LEFUN HEALTH" APP in your phone — Click the menu bar on the top left corner — Click "Device name / connection status" — Choose MAC IMEI which matches with your band.

## 5. Smart Band Operation

After the wrist band is connected successfully, it will sync the time and date from your phone.

APP can sync the motion state, such as Pedometer, Sleep monitor, Heart rate monitor, Blood pressure, etc.

## 6. Functions

- Home page: Display time, date and power, etc

- Smart alarm clock: Set clock in APP, it will shake to remind in time.

- Pedometer: Count your steps in a day, clear in 24 hours automatically, you can check the history steps in APP.

- Calories: Count the consumption of calories, clear in 24 hours automatically, you can check the history in APP.

- Mileage: Count the mileage, clear in 24 hours automatically, you can check the history in APP.

- Heart rate monitor: Switch to the interface of Heart Rate Monitor, it will test automatically, and save the dates in APP.

- Blood Pressure Monitor: Switch to the interface of Blood Pressure monitor, it will test automatically, and save the dates in APP.

- Sleep Monitor: Open the function of sleep detection in Band, detect your sleeping status in 24 hours. Save the dates in APP.

- Sedentary reminder: In "Band function setting", Turn on the function of Sedentary reminder and setting the time, it will shake in time.

- Drinking remind: In "Band function setting", Turn on the function of drinking reminder and setting the time, it will shake in time.

- Smart anti-lost: In "Band function setting", Turn on the function of smart anti-lost, band will shake when the phone is over the distance of bluetooth

- Message notification: After match successfully, when the phone receive the message of QQ, wechat, SMS, the band will bright and shake.

- Incoming call remind: After match successfully, when there is incoming call, band will show the contact message to remind.

- Shake for selfies: In "Band function setting", open this function, then click "Shake for selfie" in menu bar, shake the band to take photo.

- Search device: Click "Search device" in the menu bar, band will shake to remind.

The company reserves the right to make changes to the specification without notice.

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.